



# Indigenous youth mental health: the benefits of flexible and collaborative engagement

Perth, November 2021



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# Acknowledgement of Country

We would like to acknowledge that we are on Whadjuk Noongar Boodjar and pay our respects to Elders past and present and those emerging leaders. We are committed to making a positive contribution to the wellbeing of Aboriginal and Torres Strait Islander young people, by providing services that are welcoming, safe, culturally appropriate and inclusive.





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# what we'll cover today

- A bit about the context in which we do our work
- Experiences of an ACCHS as a lead agency for a mainstream youth mental health service
- The experience and wisdom of what works from the perspectives of our lead GP, and Aboriginal Outreach Worker



Our Context

**KAMS as lead agency for a mainstream service**



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“No Wrong Door” approach.

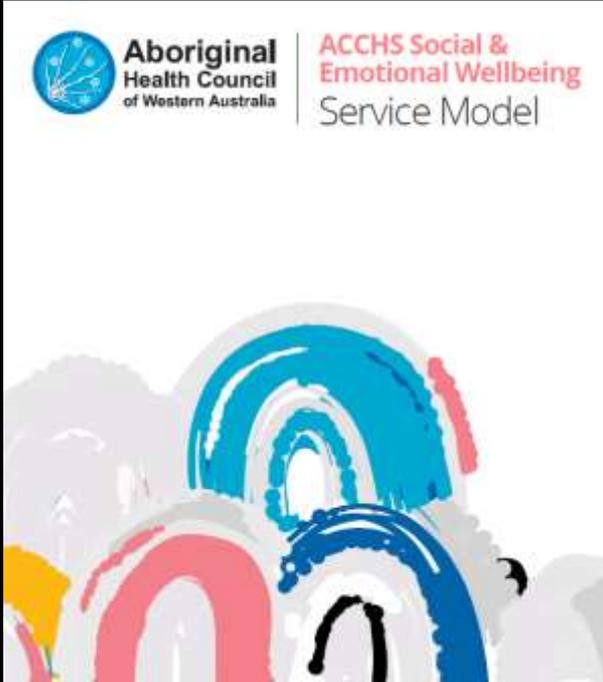
Last financial year the service provide 2,278 occasions of service.

Nearly 50% of this service is to young people who identify as Aboriginal or Torres Strait Islander.



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# Social and Emotional Wellbeing Framework and Service Model



# Dr Melody Miolin



# Mr Stewart Jan



















Healthy



16 years old

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# WARM REFERRAL

- ▲ Self-knowledge
- ▲ Issues with partner
- ▲ Drug use / Alcohol
- ▲ Home life / Family history

Large yellow sticky note with handwritten notes.

Graps  
Family involved  
Other services needed  
& connected

Graps & skills  
Self-knowledge  
Self-knowledge

Self-knowledge  
Self-knowledge  
Self-knowledge

Graps  
Self-knowledge  
Self-knowledge  
Self-knowledge

Parents  
Graps in  
Connection  
& Knowledge

Parents in school  
Parents in school  
Parents in school  
Parents in school

Handwritten notes on a yellow sticky note.

Get  
Mental Healthcare  
Plan -> Think  
to get support  
and then  
workbook  
-> Camp Sea

Graps  
Graps

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**Thank you**

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