

**RURAL
HEALTH
WEST**

Annual Conference 2019
HEALTHY COUNTRY HEALTHY LIVES

23 and 24 March 2019 | The Westin Perth



FINAL PROGRAM



Government of **Western Australia**
WA Country Health Service

This conference is proudly delivered by Rural Health West
in partnership with WA Country Health Service
through the Better Medical Care Initiative

Welcome

I am pleased to welcome you to the 2019 Annual Conference – Healthy Country Healthy Lives.

We've lined up some incredible keynote speakers and presenters to share their stories, skills and expertise with delegates over the weekend.

We are delighted to welcome Emeritus Professor Paul Worley, the National Rural Health Commissioner to our conference for the first time. Emeritus Professor Worley has been charged with the significant challenge of developing a National Rural Generalist Pathway. I am certain all delegates will be eager to hear about the progress that has been made and future plans.



Last year, one of the stories making global headlines was the tale of the Thai soccer team trapped in a cave. We watched with bated breath as their rescue unfolded, aided by several local heroes. Experienced Perth cave diver, Craig Challen was one of those heroes and we are pleased that he will be sharing his story with us during the conference.

The ABC's War on Waste program has been confronting TV over the past few years, but has made inroads into changing the behaviours of individuals and organisations in regards to the creation and disposal of waste. Presenter Craig Reucassel will be here to question us on our waste and to challenge us into doing better for the environment.

For inspiration, we need look no further than Steve Plain who suffered a broken neck at Cottesloe Beach in 2014. For many, those injuries would mean the end to any plans involving scaling mountains; for Steve, it meant the start of his Seven Summits journey. We look forward to hearing his talk 'Achieving the Extraordinary'.

We will also be hearing the outcomes of research undertaken by Dr Christine Jeffries-Stokes and Annette Stokes. As part of the Western Desert Kidney Health Project, the two have been looking at links between drinking water in the Western Desert and its impact on chronic disease across the region. Their research could have significant implications for safe drinking water in remote parts of the country.

In addition to these keynote presentations, we welcome speakers from Perth Children's Hospital, PathWest, Harry Perkins Institute of Medical Research, Hollywood Private Hospital and more. We are grateful to our presenters for sharing latest developments, research, techniques and improvements with us.

We hope that you will join us for the various social events and workshops throughout the weekend. The conference is a great opportunity to catch up with former colleagues and your fellow rural doctors.

Thank you for attending and enjoy the conference.

Tim Shackleton

Chief Executive Officer, Rural Health West



The conference is being held on the lands of the Nyoongar people. We respectfully acknowledge these traditional owners who will be asked to welcome delegates to their country.

Welcome

I am pleased to welcome you to the 2019 Annual Conference.

WA Country Health Service is once again proud to partner with Rural Health West to deliver the conference through the 'Better Medical Care' Initiative. Recognising and supporting our country doctors is vitally important to us, as is partnering to deliver excellent medical care across Western Australia.

This year's conference theme *Healthy Country Healthy Lives* focuses on the relationship between our physical health and the health of the environment.

We are pleased to present a variety of speakers with different perspectives who will raise awareness about the environmental challenges to delivering sustainable healthcare in regional areas.

Ensuring rural healthcare is sustainable is critical to the health and wellbeing of our country communities. Your attendance at this conference and your commitment to knowledge sharing and professional development will contribute to promoting Healthy Country and Healthy Lives for future generations.

We hope you join us to celebrate the achievements and contributions of your rural peers at the WA Country Doctors' Awards and Gala Dinner on Saturday evening.

Thank you for attending and enjoy the conference.



Jeff Moffet

Chief Executive, WA Country Health Service

Registration desk

Please visit the registration desk if you have any questions relating to the conference program, venue locations or social events. Located on Function Level Two, the registration desk will be open during the following times:

Saturday 23 March 2019 **7.00am-5.00pm**

Sunday 24 March 2019 **7.30am-1.30pm**

Onsite contact

Katie Kindleysides – Events Coordinator | **M** 0402 103 712

Keynote speakers

The Rural Health West Annual Conference brings together influential and topical speakers to discuss the interplay between the environment, our communities and our health.

Emeritus Professor Paul Worley

Healthy future for rural communities

Emeritus Professor Paul Worley was appointed as Australia's first National Rural Health Commissioner in November 2017. He is passionate about Australia's rural and remote communities and health professionals deserving an evidence-based, sustainable, cost effective and well supported rural health system.



Dr Christine Jeffries-Stokes and Ms Annette Stokes

Kupi: drinking water and chronic disease in remote Australia

Dr Christine Stokes (pictured right), is a paediatrician who has been working in clinical practice and research in the Goldfields. Along with senior Wongutha woman, Ms Annette Stokes, Christine is the Chief Investigator for the Western Desert Kidney Health Project. The project has drawn attention to environmental contaminants as a potentially significant contributor to chronic disease.



Dr Craig Challen SC OAM

Conversations with Craig Challen

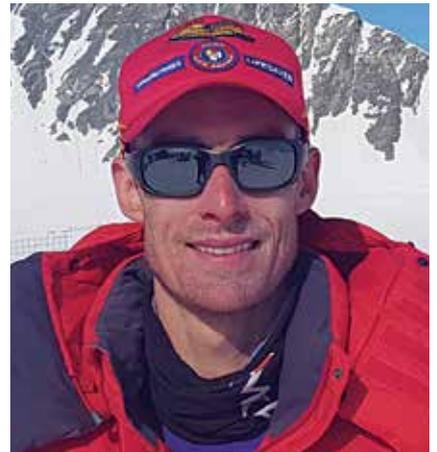
In July 2018, respected cave diver and retired veterinarian Dr Craig Challen was called to help on a rescue mission in Thailand to rescue a soccer team of 12 boys and their coach from flooded caves. He was chosen for this mission based on his technical expertise and experience diving some of Australia's deepest wrecks. Dr Challen repeatedly risked his life as the children were swum, one-by-one, through the dark and narrow flooded caves. He was awarded the Star of Courage for his unwavering and selfless bravery. Earlier this year, Craig became a 2019 WA Australian of the Year dual recipient.



Mr Steve Plain

Achieving the extraordinary

Overcoming an almost fatal injury, Mr Steve Plain's incredible completion of the Seven Summits in record time has landed him the Australian Geographic Adventurer of the Year award. Mr Plain will share the highs and lows of achieving his goal of reaching summits on each continent.



Mr Craig Reucassel

War on medical waste

Mr Craig Reucassel will share his *War on Waste* journey and address how we can make our country healthy and preserve the environment for future generations. He is best known for his work with *The Chaser* and going through your bins on the TV program *War on Waste*.



WORLD-CLASS CARDIOLOGY. RURAL HEARTLAND.



STATEWIDE
**TELEHEALTH
PROVIDER**

Through outreach programs, regional health services, public health contracts, telehealth and on-call support, Perth Cardio is delivering world-class cardiology healthcare to more West Australians than ever before.

To connect your area with the leaders in cardiology, visit perthcardio.com.au or call **08 6314 6858**.



LEADERS IN CARDIOLOGY



PERTH
CARDIOVASCULAR
INSTITUTE

Program

Please note: the program may be subject to change without notice.

Saturday 23 March 2019

PRE-CONFERENCE WORKSHOP

TIME	ROOM	EVENT	SPEAKER/PRESENTER
7.00am	WATTLE	CPR	Medical Training Solutions
8.30am	PRE-FUNCTION 3	REGISTRATION – welcome tea and coffee	

OPENING PLENARY

9.00am	GRAND BALLROOM 3	Conference opening	
		<i>Welcome to Country</i>	Rod Garlett
		<i>Rural Health West Welcome</i>	Tim Shackleton Chief Executive Officer
		<i>WA Country Health Service Welcome</i>	Jeff Moffet Chief Executive
9.30am	GRAND BALLROOM 3	Opening address from the National Rural Health Commissioner <i>Healthy future for rural communities</i>	Emeritus Professor Paul Worley Australian Government Department of Health
10.00am	GRAND BALLROOM 3	Keynote speakers <i>Kupi: drinking water and chronic disease in remote Australia</i>	Dr Christine Jeffries-Stokes and Ms Annette Stokes Western Desert Kidney Health Project
10.30am		MORNING TEA	
MORNING PLENARY			
11.00am	GRAND BALLROOM 3	Keynote speaker <i>Conversations with Craig Challen</i>	Dr Craig Challen SC OAM

Thanks to Bayer, Boehringer Ingelheim and the Royal Australian College of General Practitioners for their support.

GOLD SPONSOR



SILVER SPONSOR



BARISTA CART SPONSOR





**Women's
& Breast
IMAGING**



Caring commitment to women's health

*A service designed
by women for women*

WHY REQUEST WOMEN'S & BREAST IMAGING?

Women's & Breast Imaging has been serving the WA community for more than three decades and is completely committed to providing quality diagnostic imaging and related services, specifically for women.

Our team of specialists are highly skilled technical staff who are dedicated to delivering the highest level of clinical excellence and accuracy possible.

Our focus is on patient care. All of our sonographers and radiographers are female to help you feel more at ease.

- **3D MAMMOGRAPHY**
- **BREAST ULTRASOUND**
- **IMAGE GUIDED BIOPSY**
- **GYNAECOLOGICAL SERVICES**



Dr Maria Vanessa Atienza-Hipolito FRANZCR

DIRECTOR/ BREAST IMAGING SPECIALIST

Freecall 1800 632 766

T 9383 2799 E INFO@WBI.NET.AU A 103 FORREST STREET, COTTESLOE

WWW.WBI.NET.AU



**Women's
& Breast
IMAGING**

Caring commitment to women's health

Please note: the program may be subject to change without notice.

Saturday 23 March 2019

CONCURRENT SESSIONS

TIME	ROOM	EVENT	SPEAKER/PRESENTER
11.45am	GRAND BALLROOM 3	Bronchiectasis in children	André Schultz Perth Children's Hospital
	EUCALYPT	Climate change: battling the conditions in the emergency department	Mark Monaghan WA Country Health Service
	WISTERIA	Climate change and health	George Crisp Onslow Road Family Practice
	WATTLE	Microbiome: gut health	Nadine Perlen and Fiona Murray Pier Street Medical and Physical Nutrition
	KARRI	Indigenous breast cancer: bringing treatment to regional and remote communities	Andrew Redfern Fiona Stanley Hospital

12.30pm LUNCH

1.15pm	GRAND BALLROOM 3	Keynote speaker <i>Achieving the extraordinary</i>	Mr Steve Plain Project 7in4
--------	-------------------------	--	---------------------------------------

CONCURRENT SESSIONS

2.00pm	MALLEE	Orthopaedic innovations and controversies	Ben Jeffcote Hollywood Private Hospital
	EUCALYPT	Groundwater quality: a primer for rural health professionals	Sarah Bourke The University of Western Australia
	WISTERIA	Multi-resistant organisms, anti-microbial resistance, one health, anti-microbial stewardship	Michael Leung PathWest Laboratory Medicine
	WATTLE	Child protection: what's not child abuse?	Louise Houlston Perth Children's Hospital
	KARRI	Involuntary treatment of drug and alcohol conditions in New South Wales	Scott Clark Western NSW Local Health District

3.00pm AFTERNOON TEA

Program

Please note: the program may be subject to change without notice.

Saturday 23 March 2019

CONCURRENT SESSIONS

TIME	ROOM	EVENT	SPEAKER/PRESENTER
3.30pm	MALLEE	Developmental and behavioural paediatrics: review and update in medications	Pradeep Rao Perth Children's Hospital and The University of Western Australia
	EUCALYPT	Dialectical Behaviour Therapy workshop	Cathryn Prendergast and Stuart McCormack Hollywood Private Hospital
	WISTERIA	Transcranial Magnetic Stimulation	Davinder Hans Hollywood Private Hospital
	WATTLE	Clinical photography workshop <i>Maximum 20 participants</i>	Lynette Rodriguez Wound Innovations
	KARRI	Thunderstorm asthma and other environmental lung hazards: detection and management for the rural GP	Peter Kendall Albany Health Campus
4.15pm	MALLEE	WA Syphilis Update	Sally Murray St John of God Healthcare
	EUCALYPT	Dialectical Behaviour Therapy CONTINUED	Cathryn Prendergast and Stuart McCormack Hollywood Private Hospital
	WISTERIA	Clinical clearance of acute presentations: how to safely rule out diagnoses and avoid imaging and emergency department referral	Anand Senthil Specialist Emergency Physician
	WATTLE	Clinical photography workshop <i>Maximum 20 participants</i> REPEAT	Lynette Rodriguez Wound Innovations
	KARRI	Are you ready for the youth quake?	Helen Wright The Rural Clinical School of Western Australia, The University of Western Australia, and the Child and Youth Health Network
5.00pm	CLOSE OF DAY ONE		
6.30pm	WA Country Doctors' Awards 2019		SOLD OUT



WA COUNTRY DOCTORS' AWARDS 2019

Congratulations to all recipients and finalists

LONG SERVICE AWARD RECIPIENTS

Sponsored by



40 years of service

Dr Thomas Buckley
Dr Raymond Cockerill
Dr Hugh Connolly
Dr Aubrey Francis
Dr Anthony Higham
Dr Graham Jacobs
Dr Robert Watt

30 years of service

Dr Peter Bairstow
Dr Wayne Bradshaw
Dr Sally Cornelius
Dr Alan Kerrigan
Dr Andrew Lill
Dr Peter Rae
Dr Graham Velterop
Dr David Waycott
Dr Jonathan Williams

20 years of service

Dr Leanne Abas
Dr Bradley Atkinson
Dr Stephen Bingham
Dr Wynand Breytenbach
Dr Susan Chapman
Dr Richard Clingen
Dr Pieter De Klerk
Dr Peter Lines
Dr Scott McGregor
Dr Toby McLeay
Dr Brenda Murrison
Dr Sharnee Rutherford
Dr Robert Seton
Dr Katherine Templeman

SPECIAL AWARD FINALISTS

Special awards

GP of the Year Award

Finalists

- Dr Coert Erasmus
- Dr Andrew Kirke
- Dr Peter Van Maarseveen

Sponsored by



Medical Leadership Award

Finalists

- Dr David Atkinson
- Dr Clare Huppatz
- Dr James Turner

Sponsored by



Procedural GP/District Medical Officer of the Year Award

Finalists

- Dr Batsirayi Chiureki
- Dr Peter Ginbey
- Dr Ian Taylor

Sponsored by



Rising Star/New/Emerging Doctor of the Year Award

Finalists

- Dr Kelly Ridley
- Dr Harmeet Singh
- Dr Richard Taylor

Sponsored by



Metropolitan-based Specialist Bush Champion Award

Finalists

- Dr Roland Main
- Dr Merrilee Needham
- Dr Stephanie Schlueter

Sponsored by



Specialist of the Year (non-GP) Award

Finalists

- Dr Anand Deshmukh
- Dr Carolyn Masarei
- Dr Tony Mylius



Xarelto 10 mg
Tablet representative only

10mg OD now PBS listed for extended prevention of recurrent VTE*¹

*Following completion of 6–12 months of therapy

The only NOAC with the flexibility of tailoring dosage in extended VTE treatment^{†1-3}

†Following completion of 6 to 12 months of therapy, based on physician's assessment of patient's risk, XARELTO 10 mg or 20 mg OD may be considered



NOAC: Non-vitamin K oral anticoagulant; OD: once daily; VTE: venous thromboembolism.

PBS Information: Authority Required (STREAMLINED). Refer to PBS Schedule for full authority information.

PLEASE REVIEW THE FULL PRODUCT INFORMATION (PI) BEFORE PRESCRIBING. APPROVED PI AVAILABLE AT WWW.BAYERRESOURCES.COM.AU/RESOURCES/UPLOADS/PI/FILE9466.PDF OR UPON REQUEST FROM BAYER AUSTRALIA LTD.

Minimum Product Information. XARELTO® (rivaroxaban) INDICATIONS: Prevention of venous thromboembolism (VTE) in adult patients who have undergone major orthopaedic surgery of the lower limbs (elective total hip replacement, treatment for up to 5 weeks; elective total knee replacement, treatment for up to 2 weeks); 10 mg tablet once daily. Prevention of stroke and systemic embolism in patients with non-valvular atrial fibrillation and at least one additional risk factor for stroke; 20 mg tablet once daily (15 mg for patients with CrCl 30-49 mL/min). Treatment of deep vein thrombosis (DVT) and pulmonary embolism (PE) and for the prevention of recurrent DVT and pulmonary embolism (PE); 15 mg tablet twice daily for 3 weeks, followed by 20 mg tablet once daily. Following completion of six to twelve months therapy, based on an individual assessment of the risk of recurrent DVT or PE against the risk for bleeding, dose reduction to 10 mg Xarelto once daily may be considered. In combination with aspirin, for the prevention of major cardiovascular events (composite of stroke, myocardial infarction and cardiovascular death) in patients with coronary artery disease (CAD) and/or peripheral artery disease (PAD); 2.5 mg tablet twice daily in combination with 100 mg aspirin. Xarelto 15 mg and 20 mg tablets should be taken with food. Xarelto 2.5 mg and 10 mg may be taken with or without food. Tablets may be crushed and administered orally (mixed with water or applesauce) or given through gastric tubes. See full PI for details. **CONTRAINDICATIONS:** Hypersensitivity to rivaroxaban or to any of the excipients, clinically significant active bleeding, lesions at increased risk of clinically significant bleeding and patients with spontaneous impairment of haemostasis, significant hepatic disease which is associated with coagulopathy, dialysis or severe renal impairment with a creatinine clearance < 15 mL/min for

Xarelto 2.5 mg and 10 mg or < 30 mL/min for Xarelto 15 mg and 20 mg, concomitant treatment with strong inhibitors of both CYP 3A4 and P-glycoprotein, Pregnancy, Lactation. **PRECAUTIONS:** Increased bleeding risk such as general haemorrhagic risk (see PI for list), bronchiectasis or history of pulmonary bleeding, renal impairment, hepatic impairment, surgery and interventions, spinal/epidural anaesthesia or puncture, patients with prosthetic valves (no clinical data), haemodynamically unstable PE patients or patients who require thrombolysis or pulmonary embolectomy, lactose intolerance. **INTERACTIONS WITH OTHER MEDICINES:** Care to be taken if concomitantly used with medicines affecting haemostasis; concomitant administration with NSAIDs, platelet aggregation inhibitors, Selective Serotonin Reuptake Inhibitors, Selective Norepinephrine Reuptake Inhibitors, other anticoagulants. **ADVERSE EFFECTS:** Please refer to PI for a complete list. Very common and common adverse reactions (≥ 1%) include post procedural haemorrhage, increased transaminases, gingival bleeding, constipation, diarrhoea, nausea, pyrexia, oedema peripheral, contusion, pain in extremity, headache, dizziness, haematuria, menorrhagia, epistaxis, haematoma, anaemia, rectal haemorrhage, fatigue and ecchymosis, haemoptysis, pruritus, conjunctival haemorrhage, abdominal pain, dyspepsia, gastrointestinal haemorrhage, syncope, hypotension, increased gamma-glutamyltransferase, tachycardia, vomiting, asthenia, wound haemorrhage, subcutaneous haematoma and rash. **DOSAGE AND ADMINISTRATION:** see INDICATIONS above. **BASED ON PI DATED:** 24 Dec 2018. **References:** 1. Xarelto (rivaroxaban). Product Information. 24 Dec 2018. 2. Eliquis (apixaban) Product Information. 12 Dec 2018. 3. Pradaxa (dabigatran) Product Information. 21 Aug 2018.



Bayer Australia Ltd. ABN 22 000 138 714, 875 Pacific Highway, Pymble NSW 2073. Xarelto® is a registered trademark of Bayer Group, Germany. AU-XAR-00864-02-2019. SSW. BAY0034. Feb 2019.

Program

Please note: the program may be subject to change without notice.

Sunday 24 March 2019

TIME	ROOM	EVENT
7.30am	CASSIA	Rural Doctors Association of Western Australia Annual General Meeting Breakfast Pre-registration required – see registration desk if you wish to attend.

CONCURRENT SESSIONS

TIME	ROOM	EVENT	SPEAKER/PRESENTER
8.00am	WATTLE	Mastering Difficult Colleague Interactions FULL	Scott Clark Cognitive Institute
9.00am	GRAND BALLROOM 3	Detecting subtle STEMIs on ECG: advanced ECG interpretation techniques to detect subtle signs of cardiac ischaemia based on new evidence	Anand Senthil Specialist Emergency Physician
	EUCALYPT	Young people, ethics and the law AMA – Youth Friendly Doctor (Module 1 – Workshop 1) 	Fiona Sluchniak Sexual Assault Resource Centre
	WISTERIA	Anaphylaxis Management Maximum 15 participants ONLY FOR GP ANAESTHETISTS	Paul Sadleir Sir Charles Gairdner Hospital
	MALLEE	Practice Management Workshop	Caroline Archer, Adele Allan and John Pakios WA Primary Health Alliance
	KARRI	Understanding drug use and mental health	Paul Dessauer Peer Based Harm Reduction WA



This activity is accredited for Category 2 points, as part of the RACGP Quality Improvement & Continuing Professional Development Program in the 2017-19 triennium. Activity number – 150710.

This activity is accredited by ACRRM in the 2017-19 triennium. Activity number – 15687.





Do you or your practice provide any kind of care for patients in their last 12 months of life?

We are conducting 10-minute online surveys with GPs across Western Australia to explore any kind of care they provide to their patients in the last 12 months of life.

All participants receive \$90 reimbursement for taking part in this project.

If you are interested in finding out more about this study or being sent the online survey link, please contact me at:

angus.cook@uwa.edu.au

or

phone **(08) 6488 7805**

Professor Angus Cook, The University of Western Australia

Program

Please note: the program may be subject to change without notice.

Sunday 24 March 2019

10.30am **MORNING TEA**

TIME	ROOM	EVENT	SPEAKER/PRESENTER
11.00am	GRAND BALLROOM 3	Iron deficiency and iron infusions in children	Tina Carter Perth Children's Hospital
	EUCALYPT	Young people, ethics and the law <i>AMA – Youth Friendly Doctor</i> (Module 1 – Workshop 1)  CONTINUED	Fiona Sluchniak Sexual Assault Resource Centre
	MALLEE	Practice Management Workshop CONTINUED	Caroline Archer, Adele Allan and John Pakios WA Primary Health Alliance
	WATTLE	Mastering Difficult Colleague Interactions CONTINUED FULL	Scott Clark Cognitive Institute
	KARRI	Dental emergencies for the rural medical practitioner FULL	Jenny Ball Australian Dental Association and The University of Western Australia Dental School

CLOSING PLENARY

12.00pm	GRAND BALLROOM 3	Keynote speaker <i>War on medical waste</i>	Mr Craig Reucassel
1.10pm	GRAND BALLROOM 3	Thank you and Farewell	Tim Shackleton Rural Health West Chief Executive Officer

1.15pm **CLOSE OF CONFERENCE**



**RURAL
HEALTH
WEST**

Aboriginal Health Conference 2019

6 and 7 July 2019 | Parmelia Hilton Perth

KIDS ON COUNTRY



CALL FOR ABSTRACTS NOW OPEN



Government of Western Australia
WA Country Health Service

This conference is proudly delivered by Rural Health West in partnership with WA Country Health Service through the Better Medical Care Initiative

Are you a health practitioner, researcher, policy or health professional, educator or community representative with a passion for Aboriginal health?

Rural Health West welcomes submissions about projects with a focus on the health and wellbeing of our younger Aboriginal population, including:

- Research projects – with evidence-based research
- Projects of interest – new projects and innovations which may not be research based
- Special interest stories – shared experiences with a positive impact

CALL FOR ABSTRACTS CLOSES ON FRIDAY 5 APRIL 2019

For more information visit ruralhealthwest.com.au/conferences or contact the Events team on telephone **08 6389 4500** or email events@ruralhealthwest.com.au

RESPIMAT®

Easy to inhale¹⁻⁴

Releases the same dose with every use, independent of patient's inspiratory effort^{4,5}

Please review Product Information before prescribing. Full Product Information is available at www.boehringer-ingenheim.com.au/respiratoryPI. Further information is available from Boehringer Ingelheim Pty Ltd.

PBS Information: SPIRIVA Respimat. COPD:

Restricted benefit. Bronchospasm and dyspnoea associated with chronic obstructive pulmonary disease. Refer to PBS Schedule for full restricted benefit information.

SPIRIVA® RESPIMAT® (tiotropium bromide) solution for inhalation 2.5 microgram/actuation. **INDICATIONS:** COPD: Long term maintenance treatment of bronchospasm and dyspnoea associated with chronic obstructive pulmonary disease (COPD). Prevention of COPD exacerbations. Asthma: Add-on maintenance bronchodilator treatment in patients aged 6 years and older with moderate to severe asthma. **CONTRAINDICATIONS:** Hypersensitivity to tiotropium bromide, atropine or its derivatives, or to any of the excipients. **PRECAUTIONS:** Should not be used for: treatment of acute episodes of bronchospasm, relief of acute symptoms, first-line treatment for asthma. Immediate hypersensitivity reactions, narrow-angle glaucoma, prostatic hyperplasia, bladder-neck obstruction, urinary retention, micturition difficulties, dry mouth, inhalation-induced bronchospasm, recent myocardial infarction (<6 months), unstable or life-threatening cardiac arrhythmia within past year, hospitalisation for heart failure within past year, moderate to severe renal impairment (CrCL ≤ 50 mL/min), pregnancy, lactation, children 1-5 years. Avoid solution or mist entering eyes. **INTERACTIONS:** Co-administration with anticholinergic drugs. **ADVERSE EFFECTS:** Common: Dry mouth, usually mild. Others, see full PI. **DOSAGE:** For oral inhalation. 5 µg tiotropium given as two puffs once daily, at the same time each day. Do not exceed recommended dose. Cartridges to be used only with RESPIMAT inhaler. May 2018. **REFERENCES:** 1. Kardos P *et al.* 15th Annual Congress of the European Respiratory Society 2005, Copenhagen. Poster (Abstract 2213). 2. Hodder R *et al.* *Int J COPD* 2009;4:381-90. 3. Schürmann W *et al.* *Treat Respir Med* 2005;4:53-61. 4. Wachtel H *et al.* *Pulm Ther* 2017;3:19-30. 5. Dalby R *et al.* *Int J Pharm* 2004;283:1-9. SPIRIVA® and RESPIMAT® are registered trademarks of Boehringer Ingelheim Pty Ltd. ABN 52 000 452 308. 78 Waterloo Road, North Ryde, NSW 2113. PC-AU-100342. BIRE15795W. February 2019.

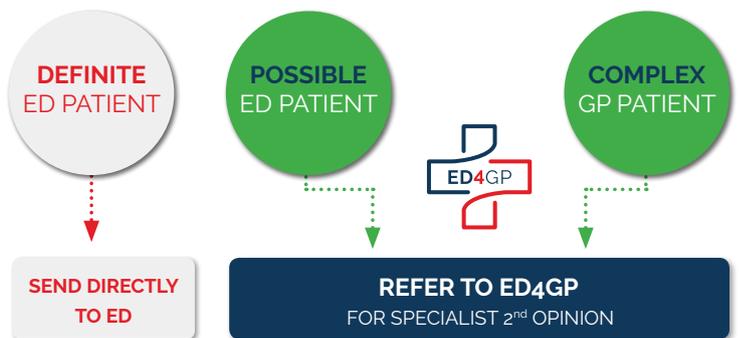


Rapid Specialist 2nd Opinion in *real-time* via Telehealth



Founded by a dual trained Specialist Emergency Physician and GP, ED4GP provides *real-time* support to GPs consulting patients with acute and sub-acute clinical presentations.

Who to refer



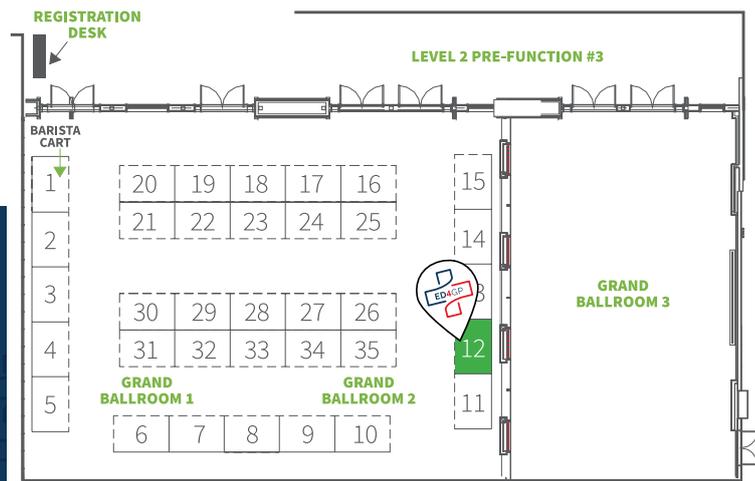
I hope you enjoy our presentations on:

Saturday 23 March, 4.15pm–5.00pm	Risk Management: Clinical Clearance of Acute Presentations
Sunday 24 March, 9.00am–10.30am	Advanced ECG Interpretation: Detecting Subtle STEMIs
Sunday 24 March, 3:20pm–4:20pm	Basic ECG Interpretation: Systematic approach with special tips & tricks (At Rural Pathways for Doctors-in-Training & Students Workshop)

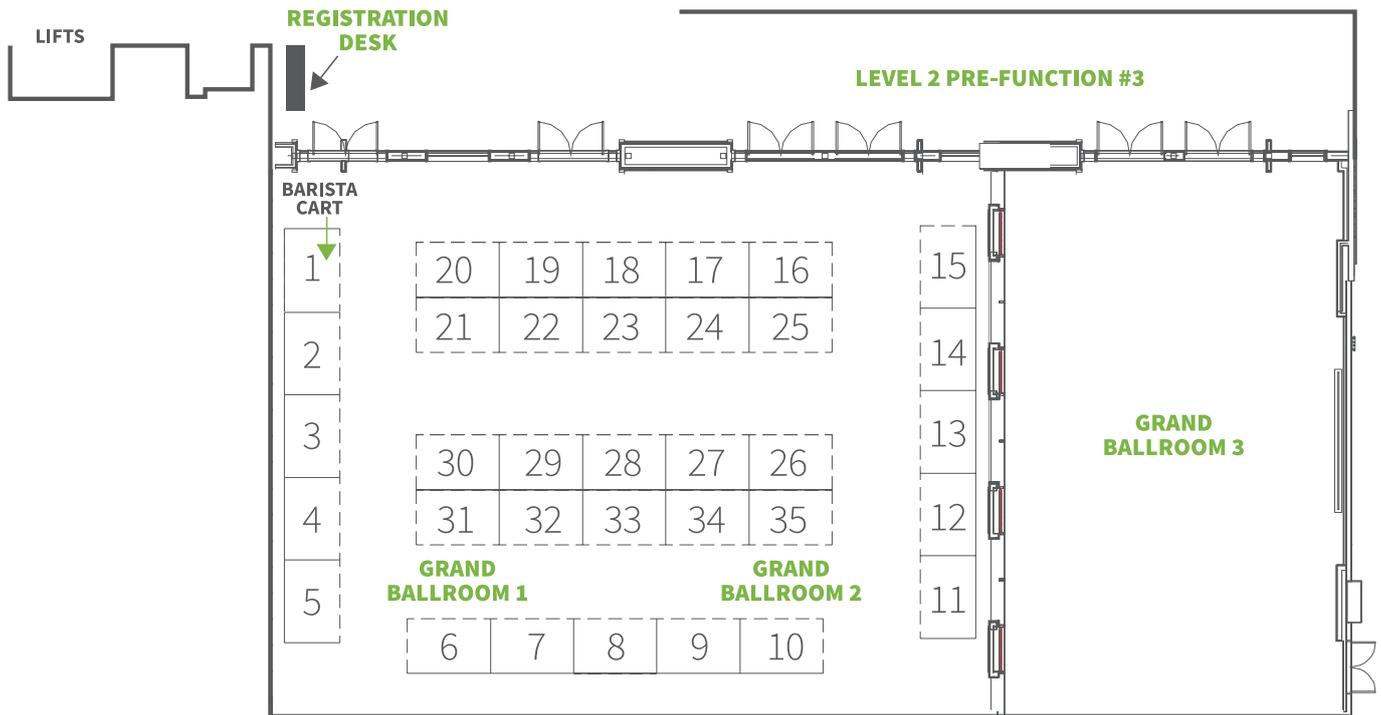
I look forward to seeing you there,

Dr Anand Senth
 (MBBS, MAppFin, GradCertPubHlth, FRACGP, FACEM)
 ED4GP Managing Director & Specialist Emergency Physician

You can find us at booth #12



Exhibition floor plan



Exhibitors

Booth	Exhibitor	Booth	Exhibitor
1	Royal Australian College of General Practitioners	18	Rural Health West
2 and 3	Bayer Australia Ltd	19	HESTA
4	Remote Vocational Training Scheme	20	Perth Cardiovascular Institute
5	MDA National	21	Seqirus
6	Indivior	22	Mundipharma
7 and 8	Eli Lilly Australia	23	Aspen Pharmacare Australia Pty Ltd
9	ModMed	24	MSD
10	Black Dog Institute	25	Diabetes WA
11	Western Diagnostic Pathology	26	Independent Living Centre of WA
12	ED4GP	27	BP Medical
13	The Rural Clinical School of Western Australia	28	Boehringer Ingelheim
14	Rural Doctors Association of Australia and Rural Doctors' Association of Western Australia	29	WA Cervical Cancer Prevention Program
15	GlaxoSmithKline	30	Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine
16	MIGA	31	BOQ
17	WA Country Health Service	32	Abbott Nutrition
		33	WA Primary Health Alliance
		34	PathWest Laboratory Medicine WA
		35	Fujifilm SonoSite

Venue floor plan

