



Government of **Western Australia**
WA Country Health Service



From Insight to Impact: Embedding Lived Experience into clinical care

Introductions

WACHS is leading the way with Lived Experience integration into Clinical services

- WACHS embedded Lived Experience leadership into the Mental Health executive forum
- Appropriate support structures embedded for all 'designated' Lived Experience roles.
- Central Office Senior Lived Experience role to support workforce development and all Lived Experience Coordinators
- Lived Experience Coordinators placed in leadership all regions to support Peer Workforce on the ground
- Regular education/information regarding Lived Experience Peer Work provided to clinical teams, new staff and leadership.
- The WACHS Lived Experience (Peer) Workforce are the strongest example of best practice anywhere in WA Health.

Result: South West Mental Health have the strongest example of best practice in Lived Experience Workforce integration anywhere in WA Health

Recognising Champions & Allies in Clinical Leadership

- *Paula Chatfield*
- *Debbie Easter*
- *Samir Heble*
- *Hayden Wilson*
- *& many more*

What does Peer Work look like in the South West?

The team provides a diverse mix of Lived Experience expertise, including

- Mental Health (MH) consumer
- Alcohol and Other Drug/MH consumer
- Family/carer/significant other

Embedded in:

- Community teams across the South West, providing outreach across older adult, adult, youth and Infant, Child and Adolescent Mental Health teams
- Acute Psychiatric Unit 7 days per week
- Emergency Department alongside Psychiatric Liaison team
- Bunbury Hospital alongside Clinical Liaison team
- Hospital in the Home (HITH)

South West Lived Experience Team in Practice

In addition to active roles providing 1:1/consumer and family peer support within teams, we facilitate co-delivery of:

- *South West Mental Health induction day with clinical educators.*
- *Recovery Principles training*
- *Courageous Boundaries training*
- *In partnership with Pathways, family support and education groups*
- *In partnership with Richmind, Hearing Voices groups*
- *Drumbeat to Recovery*

Panel Discussion

**Mark, Alisha, Belinda, Louisa, Adam,
Cameron, Daniel & Jon**

Defining Lived Experience (Peer) Work

Peer Work roles are not only informed by an individual's experience with challenge, support or even 'recovery', rather it's how those experiences are contextualised in relation to the wider lived experience movement and universal issues of marginalisation and loss of identity/ citizenship.

Ultimately, lived experience work is about how experiences are understood and applied to benefit others.

- Byrne et al. 2019



Rachel Pittaway
South West Lived Experience Coordinator

Jess Brentnall
Senior Program Officer Lived
Experience – Central Office

Thank you

The artwork in this publication is the work of Leeann Kelly-Pedersen