

# Reform & Renewal:

## TOWARDS HEALING, EQUITY AND TRUST

RANZCP 2026 Congress



3-7 May 2026

Melbourne Convention and Exhibition Centre  
MELBOURNE, VICTORIA



Presentations listed below are streamed live from the Congress venue in Melbourne and recorded for your viewing  
\*subject to change\*

The CAPE domain of each presentation is represented in the program grid by the below (or variation of the below):

- [C] Culturally Safe Practice
- [A] Addressing Health Inequities
- [P] Professionalism
- [E] Ethics

### Monday 4 May 2026

#### 0830-1100 OPENING PLENARY SESSION

#### 0900-1000 Keynote address one

Title Re-engineering brain health: towards safer and faster-acting solutions for severe mental illness

Speaker Dr Sarah Lisanby

#### 1000-1100 Keynote address two

Title From diagnoses to the person: the future of mental health care

Speaker Professor Vikram Patel

#### 1130-1300 Concurrent session 1

1A	Presidential symposium	RANZCP: Legacy, Leadership, and the Road Ahead (90 mins)
1G	Schizophrenia and psychotic illnesses	<p><u>Invited speaker</u> Integrate: international guidelines for the algorithmic treatment of schizophrenia <b>Professor Dan Siskind</b> (45 mins)</p> <p><u>Invited speaker</u> Schizophrenia and the criminal justice system: an update <b>Kimberlie Dean</b> (45 mins)</p>
1H	Lived experience	Psychiatry could have much to learn from working alongside those who foreground their lived expertise through peer work: a dialogue on experience, challenge and change [P] <b>Priscilla Ennals, Katie Larsen, Nilumi Ziffer, Harry Hill, Eli Rafalowicz, Shaun McNamara, John Bamborough, Suzie Billman, Nina Armstrong, Ashwini Padhi</b> (90 mins)
1M	Adult psychiatry and Neuropsychiatry and neurobiology; Rapid fire	<p>What can we learn from psychedelic assisted psychotherapy which might help inform our management of treatment resistant psychiatric disorders more broadly [CAPE] <b>Diana Korevaar, Susan Rossell, David Castle, Joe Starke, Gil Korman</b> (60 mins)</p> <p>Personality, psychopathology and the gut-brain-immune axis [A] <b>Puru Sagar</b> (20 mins)</p> <p><u>Rapid fire</u> Identification and care of substance use disorders in adult mental health services [AP] <b>John Reilly</b> (10 mins)</p>
1400-1530 Concurrent session 2		
2G	Invited speakers	<p>Global investment in mental health: the Prague agreement <b>Lade Smith</b> (45 mins)</p> <p>Psychiatric genetic research: comprehensive phenotyping, technological advances &amp; trust-based global networking <b>Thomas Schulze</b> (45 mins)</p>
2H	Leadership and management; organisational psychiatry and PIF	<p>Should psychiatrists lead the system or serve within it? [APE] <b>Edward Mullen, Lyn Chiem, Ben Bravery, Marie Bismark</b> (70 mins)</p> <p>Shared reality in therapeutic alliance: Building trust, healing, and equity in Philippine Psychiatry <b>Joan Mae Perez-Rifareal</b> (20 mins)</p>

2M	Intellectual and developmental disability and ASD, attentional and developmental disorders	<p>Deprescribing in intellectual disability mental health: From guidelines to practice [AP]  <b>Shama Parveen, Julian Trollor, Rebecca Koncz, Adrian Keller, Peter Wurth, Madeline Delves</b>  (60 mins)</p> <p>Scrolling for symptoms: A scoping review of social media's influence on self-diagnosis [A]  <b>Todd Huang</b>  (15 mins)</p> <p>A narrative review of the effects of psychoeducation on children and adolescents with attention deficit hyperactivity disorder [AP]  <b>Ali Syed</b>  (15 mins)</p>
<b>1600-1730 Concurrent session 3</b>		
3G	Invited speakers	<p><b>Invited speaker</b>  A new episteme of schizophrenia - the first step to recovery is acknowledging you have a problem [A]  <b>Dr Calum Smith</b>  (45 mins)</p> <p><b>Invited speaker</b>  A health lens on harmful behaviour in youth [A]  <b>Dr Annie Parsons</b>  (45 mins)</p>
3H	Training and education	<p>Developing the 2030 Fellowship program: an update on the work of the New Fellowship Task Force [P]  <b>Simon Stafrace, Andrew Teodorczuk, Greg Spencer</b>  (90 mins)</p>
3M	Adult psychiatry	<p>Ozempic, Wegovy, and Mounjaro for better mental health? The latest data on GLP1-RAs in psychiatry [P]  <b>Mark Taylor, Dan Siskind, Markku Lähteenvuo, Robyn Brown</b>  (90 mins)</p>
<b>Tuesday 5 May 2026</b>		
0800-0830	<b>Minister Butler opening remarks and Launch of the Strategic Plan</b>	
0830-1030	<b>PLENARY SESSION 1</b>	
0830-0930	<b>Keynote address three</b>	
Title	Psychiatry and the future of health systems in the polycrisis era: from fragility to tipping points to early warning systems to adaptive capacity to reform and renewal [CAPE]	
Speaker	Professor Jeffrey Braithwaite	
0930-1030	<b>Keynote address four</b>	
Title	Psychiatry 2026 and onwards	
Speaker	Professor Norman Sartorius	
1100-1230	<b>Concurrent session 4</b>	
4A	Presidential symposium	<p>Responsibilities psychiatrists and peak psychiatric organisations hold beyond their borders  (90 mins)</p>
4G	Adult psychiatry	<p>Debate: Borderline personality disorder v complex PTSD [APE]  <b>Daniel Pellen, Jayashri Kulkari, Andrew Chanen</b>  (90 mins)</p>
4H	Adult psychiatry	<p>The evolution and utilization of Clozapine across countries: An international perspective [AP]  <b>Tetsufumi Kanazawa, Susanna Every-Palmer, Brian O'Donoghue, Tianmei Si, Hiroyoshi Takeuchi</b>  (90 mins)</p>
4M	Consultation-liaison psychiatry	<p><b>Clinical Update</b>  Non-pharmacological treatment of persistent pelvic pain [CAPE]  <b>Peta Wright</b>  (30 mins)</p> <p><b>Clinical Update</b>  Micronutrient supplementation for antenatal depression: effect on mothers and babies [A]  <b>Roger Mulder</b>  (30 mins)</p>
<b>1330-1500 Concurrent session 5</b>		
5A	Addiction	<p><b>Clinical Update</b>  The hidden driver: treating trauma and addiction together [AP]  <b>Shalini Arunogiri</b></p> <p>Evolving approaches to the treatment of alcohol use disorder [AP]  <b>Dan Lubman</b></p> <p>Evidence-based guidelines on the pharmacological management of methamphetamine use disorder [A]  <b>Rebecca McKetin</b>  (90 mins)</p>
5G	Consultation-liaison psychiatry	<p>Beyond the beat: rethinking mental health in cardiac care [AP]  <b>Megan Galbally, Afnan Khaleque, Hendrik Zimmet, Gaynor Blankley</b>  (70 mins)</p> <p>What is the epidemiology of dental disorders among people with mental illness? [A]  <b>Steve Kisely</b>  (20 mins)</p>

5H	Adult psychiatry	Innovations and insights into risk assessment, diagnosis, and treatment of borderline personality disorder [AE] <b>Jillian Broadbear, Sathya Rao, Joy Quek, Joseph Fetting</b> (90 mins)
5M	Invited speakers	<b>Invited speaker</b> The relational constructs of caring: towards healing, equity and trust [APE] <b>Deidre (De) Backman-Hoyle</b> (45 mins)  <b>Invited speaker</b> The role of research in regional and rural communities and what academic work can provide to the broader profession [AP] <b>Professor Michael Berk</b> (45 mins)
<b>1530-1700 Concurrent session 6</b>		
6A	Invited speakers	<b>Invited speaker</b> Dissociation in childhood and adolescence [A] <b>Professor Helen Milroy</b> (45 mins)  <b>Invited speaker</b> Holding the centre: supporting families, protecting care, and reducing harm for trans young people [CAE] <b>Joe Ball</b> (45 mins)
6G	Māori mental health	He Aroha i te Whānau: The significance of Māori birthing practices to achieve healing, equity and mental wellbeing in pregnancy, birth and the postnatal period [CA] <b>Heather Muriwai</b> (30 mins)  He Ara Hou: Reimagining mental health systems through a Māori lens [CA] <b>Phyllis Tangitu</b> (30 mins)  He Ara Whakamua: The role of Māori lived experience leadership in healing, reconciliation, and transformation [A] <b>Jason Haitana</b> (30 mins)
6H	ECT and neurostimulation and neuropsychiatry and neurobiology; Rapid fire	Electroconvulsive therapy (ECT) for neuropsychiatric syndromes secondary to general medical conditions: A systematic literature review [PE] <b>Claudia Kaye</b> (20 mins)  D-cycloserine augmentation of intermittent theta burst stimulation (iTBS) in depression (COGENT): a multi-site, randomised, placebo- controlled trial [A] <b>Leo Chen</b> (20 mins)  Homicide offenders with schizophrenia have more severe theory-of-mind deficits than non-violent schizophrenia patients [P] <b>Ching Yung Amy Liu</b> (20 mins)  Psychological safety, Belonging, and help-seeking: A community-led intervention facilitating healing and integration among Karen and Karenni refugees in Victoria, Australia [CA] <b>Emma Tam</b> (15 mins)  Co-occurrence of depression and obstructive sleep apnoea in patients referred to a memory clinic: a retrospective chart review [AP] <b>Catherine Davidson</b> (15 mins)
6M	Psychotherapy	Psychodynamic interpersonal therapy (PIT) for functional neurological disorder (FND) [A] <b>Kelsey Josling</b> (20 mins)  Allan Shore's thirty-year contribution: A paradigm shift from meaning to mechanism in psychiatry and psychotherapy [PE] <b>George Halasz</b> (20 mins)  Severe, complex and chronic PTSD: Clinical outcomes from a 4-day intensive trauma treatment [A] <b>Grant Blake</b> (20 mins)  Implementing a stepped care model for psychotherapeutic treatments in a public mental health service [APE] <b>Kerryn Rubin</b> (20 mins)
<b>1700-1830 Fireside chat with Professor Norman Sartorius and early career psychiatrists</b>		
Speaker	Professor Norman Sartorius and RANZCP President, Dr Astha Tomar	

Wednesday 6 May 2026		
0700-0800	Breakfast seminar session: The Psychedelic Consultancy - Want to become an authorised prescriber of MDMA or psilocybin-assisted therapy?	
0830-1030	PLENARY SESSION 2	
0830-0930	Keynote address five	
Title	Peers and psychiatrists: how do we make space for each other?	
Speaker	Dr Louise Byrne	
0930-1030	Keynote address six	
Title	Concepts and other tools for tackling complexity in research and in implementation of evidence	
Speaker	Professor Gabriele Bammer	
1100-1230	Concurrent session 7	
7A	Presidential symposium	RANZCP 2026: A future-ready profession and a fit-for-purpose College (90 mins)
7G	Adult psychiatry	Exercise is vital medicine for people with mental disorders [AE] Nicole Korman, Megan Teychenne, Mike Trott, Katherine Moss (90 mins)
7H	Adult psychiatry	<b>Clinical Update</b> Emotion dysregulation: phenomenological and diagnostic complexities [CP] Nagesh Pai (45 mins)  <b>Clinical Update</b> Dysregulated emotions [P] Sathya Rao (45 mins)
7M	Lived experience and psychiatry	Embedding lived and living experience in education. Reflections and lessons from a multi-disciplinary team [CAP] Ingrid Ozols AM, Kirsty Rosie, Michelle Kehoe, Phyllis Chua (60 mins)  The stories we tell ourselves: Challenging the preferred narrative of our own mental health [PE] Kieran Allen, Jasmine Elliott (30 mins)
1330-1500	Concurrent session 8	
8G	Policy and system reform and Rapid fire	Psychiatry and the fourth estate: free speech to empower advocacy [APE] Jeffrey Looi, Natasha Robinson, Stephen Robson (60 mins)  <b>Rapid fire</b> History and the nature of diagnosis [P] Stephen Rosenman (10 mins)  <b>Rapid fire</b> The creeping erosion of psychiatric professionalism [P] David Menkes (10 mins)  <b>Rapid fire</b> Public trust under the spotlight: psychiatry and the media [APE] Natalie Puchalski (10 mins)
8H	Invited speakers	<b>Invited speaker</b> The perils of diagnosis in the age of the internet [AP] Dr Matthew MacFarlane (45 mins)  <b>Invited speaker</b> Oh hi Psychiatry, what's brought you in to see me today? Hannah Whittaker-Komatsu (45 mins)
8M	Invited speakers	<b>Invited speaker</b> Trust and distrust in and of psychiatry [E] Professor Karen Jones (45 mins)  <b>Invited speaker</b> Chronobiological monitoring and treatment in mood disorders [A] Professor Richard Porter (45 mins)

Thursday 7 May 2026		
0900-1030 Concurrent session 9		
9A	Policy and system reform	The Emergency Department Mental Health Steering Group recommendations to the RANZCP -policy position and advocacy for an ailing public health system [CAPE] Jacqueline Huber, Yoon Kwon Choi, Sammy Walker, Marshall Watson, Francesca Valmorbida McSteen, Yulia Furlong (90 mins)
9G	Psychedelics and psychedelic assisted therapy	The crux is the crucible: supporting non-ordinary states in psychedelic treatment [CAPE] Jonathan Starke, Simon Amar, Paul Likhaitzky, Beth Mah, Monica Schweickle, David Spektor, Katie Treble (90 mins)
9H	Training and education and Indigenous mental health	Debate: Artificial intelligence is appropriate for use in psychiatry training [CAPE] Louis Ereve, Nargessadat Mazloumi, Michael Weightman, Paari Palaniswami, Marc Jurblum, Rob Selzer (90 mins)
9M	Training and education	Demystifying Balint Groups: History, reflections and research [PE] Rajan Nishanth Jayarajan, Rebecca Wild, Briony Hamill, Bornika Banerjee (70 mins)  Mathematically modelling the biopsychosocial framework for precision medicine in psychiatry [APE] Athula Polonowita (20 mins)
1100-1200	Listening to Voices Performance	
1200-1345	PLENARY SESSION 3	
1330-1345	Congress closing address	