Reform & Renewal: TOWARDS HEALING, EQUITY AND TRUST

RANZCP 2026 Congress

The Royal Australian & New Zealand College of Psychiatrists | Your Health in Mind

3-7 May 2026
Melbourne Convention and Exhibition Centre
MELBOURNE, VICTORIA

Presentations listed below are streamed live from the Congress venue in Melbourne and recorded for your viewing
subject to change

Monday 4 May 2026		
0830-1100	**OPENING PLENARY SESSION**	
0900-1000	Keynote address one	
Speaker	Professor Sarah Hollingsworth (Holly) Lisanby	
1000-1100	Keynote address two	
Title	From diagnoses to the person: the future of mental health care	
Speaker	Professor Vikram Patel	
1130-1300	**Concurrent session 1**	
1A	**Schizophrenia and psychotic illnesses**	**Invited speaker** Integrate: international guidelines for the algorithmic treatment of schizophrenia **Professor Dan Siskind** (45 mins) **Invited speaker** Kimberlie Dean (45 mins)
1G	**Psychedelics and psychedelic assisted therapy**	The crux is the crucible: supporting non-ordinary states in psychedelic treatment **Jonathan Starke, Simon Amar, Paul Liknaitzky, Beth Mah, Monica Schweickle, David Spektor, Katie Treble** (60 mins)
1H	**Lived experience and Psychotherapy and Rapid fire**	Psychiatry could have much to learn from working alongside those who foreground their lived expertise through peer work: a dialogue on experience, challenge and change **Priscilla Ennals, Katie Larsen, Nilumi Ziffer, Harry Hill, Eli Rafalowicz, Shaun McNamara, Nina Armstron, Ashwini Padhi** (60 mins) Brain changes, adverse childhood events and evolutionary drives: How developmental neuroscience makes the bio-psycho-social model more meaningful **Gavin Angus-Leppan** (20 mins) **Rapid fire** Can shamanic methods be integrated into modern psychiatric practice? **Jacob Holmes** (10 mins)
1M	**Adult psychiatry and Neuropsychiatry and neurobiology; Rapid fire**	What can we learn from psychedelic assisted psychotherapy which might help inform our management of treatment resistant psychiatric disorders more broadly **Diana Korevaar, Susan Rossell, David Castle, Joe Starke, Gil Korman** (60 mins) Personality, psychopathology and the gut-brain-immune axis **Linda Thomas** (20 mins) **Rapid fire** Identification and care of substance use disorders in adult mental health services **John Reilly** (10 mins)
1400-1530	**Concurrent session 2**	
2G	**Presidential symposium**	**Presidential symposium** (90 mins)
2H	**Leadership and management; organisational psychiatry and PIF**	Should psychiatrists lead the system or serve within it? **Edward Mullen, Lyn Chiem, Ben Bravery, Marie Bismark, Grant Phelps** (60 mins) Pazopanib-induced neuropsychiatric symptoms: a case report **Wendi Zhao** (15 mins) Electroconvulsive therapy as an effective treatment for catatonia in Phelan-McDermid syndrome **Irene Huang** (15 mins)

2M	**Intellectual and developmental disability and ASD, attentional and developmental disorders**	Deprescribing in intellectual disability mental health: From guidelines to practice **Shama Parveen, Julian Trollor, Rebecca Koncz, Adrian Keller, Peter Wurth, Madeline Delves** (60 mins) Scrolling for symptoms: A scoping review of social media's influence on self-diagnosis **Todd Huang** (15 mins) A narrative review of the effects of psychoeducation on children and adolescents with attention deficit hyperactivity disorder **Ali Syed** (15 mins)
1600-1730	**Concurrent session 3**	
3G	**Invited speakers**	**Invited speaker** A new episteme of schizophrenia – the first step to recovery is acknowledging you have a problem **Dr Calum Smith** (45 mins) **Invited speaker** A health lens on harmful behaviour in youth **Dr Annie Parsons** (45 mins)
3H	**Training and education**	Rebuilding trust for a participatory, rights-based, digital future: the case for a new Fellowship program **Simon Stafrace, Andrew Teodorczuk, Greg Spencer** (90 mins)
3M	**Adult psychiatry**	Ozempic, Wegovy, and Mounjaro for better mental health? The latest data on GLP1-RAs in psychiatry **Mark Taylor, Dan Siskind, Markku Lähteenvuo, Robyn Brown** (90 mins)
Tuesday 5 May 2026		
0830-1030	**PLENARY SESSION 1**	
0830-0930	Keynote address three	
Title	Psychiatry and the future of health systems in the polycrisis era: from fragility to tipping points to early warning systems to adaptive capacity to reform and renewal	
Speaker	Professor Jeffrey Braithwaite	
0930-1030	Keynote address four	
Speaker	Professor Norman Sartorius	
1100-1230	**Concurrent session 4**	
4A	**Consultation-liaison psychiatry**	**Clinical Update** Non-pharmacological treatment of persistent pelvic pain **Peta Wright** **(30 mins)** **Clinical Update** Micronutrient supplementation for antenatal depression: effect on mothers and babies **Roger Mulder** **(30 mins)**
4G	**Adult psychiatry**	Debate: Borderline personality disorder v complex PTSD **Daniel Pellen, Jayashri Kulkari, Andrew Chanen** (60 mins)
4H	**Adult psychiatry**	The evolution and utilization of Clozapine across countries: An international perspective **Tetsufumi Kanazawa, Susanna Every-Palmer, Brian O'Donoghue, Hiroyoshi Takeuchi, Tianmei Si** (90 mins)
4M	**Presidential symposium**	**Presidential symposium** (90 mins)
1330-1500	**Concurrent session 5**	
5A	**Addiction**	**Clinical Update** **Shalini Arunogiri** **Dan Lubman** Evidence-based guidelines on the pharmacological management of methamphetamine use disorder **Rebecca McKetin** (90 mins)
5G	**Consultation-liaison psychiatry**	Beyond the beat: rethinking mental health in cardiac care **Megan Galbally, Afnan Khaleque, Hendrik Zimmet, Gaynor Blankley** (70 mins) What is the epidemiology of dental disorders among people with mental illness? **Steve Kisely** (20 mins)

5H	**Adult psychiatry**	Innovations and insights into risk assessment, diagnosis, and treatment of borderline personality disorder **Jillian Broadbear, Sathya Rao, Joy Quek, Melissa Morando** (90 mins)
5M	**Invited speakers**	**Invited speaker** The relational constructs of caring: towards healing, equity and trust **Deidre (De) Backman-Hoyle** (45 mins) **Invited speaker** The role of research in regional and rural communities and what academic work can provide to the broader profession **Professor Michael Berk** (45 mins)
1530-1700	**Concurrent session 6**	
6A	**Invited speakers**	**Invited speaker** Dissociation in childhood and adolescence **Professor Helen Milroy** (45 mins)
6G	**Indigenous mental health**	He Aroha i te Whānau: The significance of Māori birthing practices to achieve healing, equity and mental wellbeing in pregnancy, birth and the postnatal period **Heather Muriwai** (20 mins) He Ara Hou: Reimagining mental health systems through a Māori lens **Phyllis Tangitu** (20 mins) He Ara Whakamua: The role of Māori lived experience leadership in healing, reconciliation, and transformation **Jason Haitana** (20 mins)
6H	**ECT and neurostimulation and neuropsychiatry and neurobiology; Rapid fire**	Electroconvulsive therapy (ECT) for neuropsychiatric syndromes secondary to general medical conditions: A systematic literature review **Claudia Kaye** (20 mins) D-cycloserine augmentation of intermittent theta burst stimulation (iTBS) in depression (COGENT): a multi-site, randomised, placebo- controlled trial **Leo Chen** (20 mins) A biomarker-based approach to bipolar affective disorder **Alby Elias** (20 mins) Homicide offenders with schizophrenia have more severe theory-of-mind deficits than non-violent schizophrenia patients **Ching Yung Amy Liu** (20 mins) **Rapid fire** Circulating Growth Differentiation Factor-15 (GDF-15) levels in depressive disorders- a systematic review and meta-analysis of the association between GDF-15 and depression in adult populations **Aidan Jones-Murphy** (10 mins)
6M	**Psychotherapy**	Psychodynamic interpersonal therapy (PIT) for functional neurological disorder (FND) **Kelsey Josling** (20 mins) Allan Schore's thirty-year contribution: A paradigm shift from meaning to mechanism in psychiatry and psychotherapy **George Halasz** (20 mins) Severe, complex and chronic PTSD: Clinical outcomes from a 4-day intensive trauma treatment **Grant Blake** (20 mins) Implementing a stepped care model for psychotherapeutic treatments in a public mental health service **Kerryn Rubin** (20 mins)

Wednesday 6 May 2026		
0830-1030	PLENARY SESSION 2	
0830-0930	Keynote address five	
Title	Peers and psychiatrists: how do we make space for each other?	
Speaker	Dr Louise Byrne	
0930-1030	Keynote address six	
Title	Concepts and other tools for tackling complexity in research and in implementation of evidence	
Speaker	Professor Gabriele Bammer	
1100-1230	Concurrent session 7	
7A	Adult psychiatry	**Clinical Update** Emotion dysregulation: phenomenological and diagnostic complexities **Nagesh Pai** (45 mins) **Clinical Update** Dysregulated emotions **Sathya Rao** (45 mins)
7G	Invited speakers	**Invited speaker** The perils of diagnosis in the age of the internet **Dr Matthew MacFarlane** (45 mins) **Invited speaker** Oh hi Psychiatry, what's brought you in to see me today? **Hannah Whittaker-Komatsu** (45 mins)
7H	Presidential symposium	**Presidential symposium** (90 mins)
7M	Lived experience and psychiatry	Embedding lived and living experience in education. Reflections and lessons from a multi-disciplinary team **Ingrid Ozols AM, Kirsty Rosie, Michelle Kehoe, Phyllis Chua** (60 mins) The stories we tell ourselves: Challenging the preferred narrative of our own mental health **Kieran Allen, Jasmine Elliott** (20 mins) The road ahead: A redesign of the Specialist Training Program **Kathryn Hertrick** (10 mins)
1330-1500	Concurrent session 8	
8G	Policy and system reform and Rapid fire	Psychiatry and the fourth estate: free speech to empower advocacy **Jeffrey Looi, Natasha Robinson, Stephen Robson** (60 mins) **Rapid fire** History and the nature of diagnosis **Stephen Rosenman** (10 mins) **Rapid fire** The creeping erosion of psychiatric professionalism **David Menkes** (10 mins)
8H	Adult psychiatry	Exercise is vital medicine for people with mental disorders **Nicole Korman, Megan Teychenne, Mike Trott, Katherine Moss** (90 mins)
8M	Invited speakers	**Invited speaker** Trust and distrust in and of psychiatry **Professor Karen Jones** (45 mins) **Invited speaker** Chronobiological monitoring and treatment in mood disorders **Professor Richard Porter** (45 mins)

Thursday 7 May 2026		
0900-1030	Concurrent session 9	
9A	Policy and system reform	The Emergency Department Mental Health Steering Group recommendations to the RANZCP –policy position and advocacy for an ailing public health system **Jacqueline Huber, Yoon Kwon Choi, Sammy Walker, Marshall Watson, Francesca Valmorbida McSteen, Yulia Furlong, Song Chan** (60 mins) Prevent, de-escalate or innovate? - Practical approaches when it comes to managing behaviour in our workplace environments **Agnew Alexander** (20 mins)
9G	Training and education	How to start out in research - a guide for trainees and new supervisors **Aswin Ratheesh** (90 mins)
9H	Training and education and Indigenous mental health	Debate: Artificial intelligence is appropriate for use in psychiatry training **Louis Ereve, R Selzer, Kevin Yu Chen Hou, M Weightman, P Palamiswami, Marc Jurblum** (60 mins) "Loog Afdaimbud Dem Propuwai" - Teaching community hands-on trauma informed care **Deeta Kimber** (20 mins)
9M	Training and education	Demystifying Balint Groups: History, reflections and research **Rajan Nishanth Jayarajan, Rebecca Wild, Briony Hamill, Bornika Banerjee** (60 mins) Mathematically modelling the biopsychosocial framework for precision medicine in psychiatry **Athula Polonowita** (20 mins)
1100-1245	PLENARY SESSION 3	
1230-1245	Congress closing address	