



Sunday 3 May 2026

0900-1630	Pre-Congress workshops
1700-1900	Welcome Reception (il Mercato Centrale, Melbourne CBD)

Monday 4 May 2026

0730-1730	Registration open (Main Foyer)
0830-1700	Exhibition open (Concourse door 7)
0830-1100	Opening plenary session - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 3 (Doors 9 and 10)
0830-0900	Opening addresses
0900-1000	Keynote address one
Speaker	Professor Sarah Hollingsworth (Holly) Lisanby
1000-1100	Keynote address two
Title	From diagnoses to the person: the future of mental health care
Speaker	Professor Vikram Patel
1100-1130	Morning tea (Exhibition, Concourse door 7)

1130-1300 Concurrent session 1													
Session	Concurrent 1A - IN PERSON AND VIRTUAL ACCESS	Concurrent 1B	Concurrent 1C	Concurrent 1D	Concurrent 1E	Concurrent 1F	Concurrent 1G - IN PERSON AND VIRTUAL ACCESS	Concurrent 1H - IN PERSON AND VIRTUAL ACCESS	Concurrent 1I	Concurrent 1J	Concurrent 1K	Concurrent 1L	Concurrent 1M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 3 (Doors 9 and 10)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Schizophrenia and psychotic illnesses	Forensic psychiatry	Eating and dieting disorders	Leadership and management; organisational psychiatry	Indigenous mental health	Policy and system reform	Policy and system reform and Rapid fire	Lived experience and Psychotherapy and Rapid fire	Addiction and Eating and dieting disorders	Policy and system reform	Adult psychiatry	Gender issues in psychiatry	Adult psychiatry and Neuropsychiatry and neurobiology and Rapid fire
Presentations	Clinical Update Schizophrenia and psychotic illnesses (90 mins)	Are prisons the new asylums? A path from the asylum era to modern forensic psychiatric practice Lachlan Hegarty (20 mins)	Eating disorders: a systems approach to service development and delivery of care Megan Galbally, Lauren Stapleton, Kristine Mercuri, Tina Almukhtar, Leanne Burn, Jacinta Coleman (90 mins)	Learn to lead or best to leave it?: Rethinking leadership in psychiatry training Helena Angel Scott, Henry Davies, Ashna Basu, Dean Stipic, Anthony Llewellyn (60 mins)	Cultural safety in mental health services: weaving together cultural knowledge, research insights, and policy influence Hayley Jackson, NPY Women's Council, Helen Milroy, Thomas Betts, Shraddha Kashyap, Blerida Banushi, Rachel Fishlock (90 mins)	Triage and tribulation: psychiatry in the ED Jacqueline Huber, Adith Mohan, Marshall Watson, Yulia Furlong (90 mins)	Psychiatry and the fourth estate: free speech to empower advocacy Jeffrey Looi, Natasha Robinson, Stephen Robson (60 mins)	Psychiatry could have much to learn from working alongside those who foreground their lived expertise through peer work: a dialogue on experience, challenge and change Priscilla Ennals, Katie Larsen, Nilum Ziffer, Harry Hill, Eli Rafalowicz, Shaun McNamara, Nina Armstrong, Ashwini Padhi (60 mins)	What women want (and need) - Reflections on a novel model of care in a statewide women's mental health service Chloe Stella, Jenny Babb, Melissa Jordan (60 mins)	Stigma and inclusive care: how to change hearts, minds and practice in mental health and addiction Shalini Arunogiri, Nicola Reaveley, Benn Veenker, Dan Lubman (90 mins)	Reducing inequity in preventable cancer outcomes: updating the evidence using Australian population data Grant Sara, Steve Kisely (70 mins)	Women's Psychiatry Network: Elevating women's voices in psychiatry and mental health Tina Rizkallah, Louise Garcia-Rodriguez, Marie Bismark, Kate Wills (90 mins)	What can we learn from psychedelic assisted psychotherapy which might help inform our management of treatment resistant psychiatric disorders more broadly Diana Korevaar, Susan Rossell, David Castle, Claire Finkelstein, Joe Starke, Gil Korman (60 mins)
	Media, police shootings and mental illness: is stigma a problem? Helen Han, Courtney Waugh (20 mins)												Personality, psychopathology and the gut-brain-immune axis Linda Thomas (20 mins)
	Forensic and psychosocial characteristics of adult mental health patients to the Referred Secure Extended Care Unit and predictors of acceptance over a five-year period in Australia Partha Das (20 mins)												
				Leadership experiences and challenges among RANZCP trainees Yoon Kwon Choi (20 mins)									
													Rapid fire Identification and care of substance use disorders in adult mental health services John Reilly (10 mins)

	Concurrent 1A continued	Concurrent 1B continued	Concurrent 1C continued	Concurrent 1D continued	Concurrent 1E continued	Concurrent 1F continued	Concurrent 1G continued	Concurrent 1H continued	Concurrent 1I continued	Concurrent 1J continued	Concurrent 1K continued	Concurrent 1L continued	Concurrent 1M continued
1300-1400	Lunch and posters (Exhibition, Concourse door 7)												

1400-1530 Concurrent session 2													
Session	Concurrent 2A	Concurrent 2B	Concurrent 2C	Concurrent 2D	Concurrent 2E	Concurrent 2F	Concurrent 2G - IN PERSON AND VIRTUAL ACCESS	Concurrent 2H - IN PERSON AND VIRTUAL ACCESS	Concurrent 2I	Concurrent 2J	Concurrent 2K	Concurrent 2L	Concurrent 2M - IN PERSON AND VIRTUAL ACCESS
Room	NO SESSION	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream		Adult psychiatry	Adult psychiatry	Adult psychiatry	Child and adolescent psychiatry	Gender issues in psychiatry	Presidential symposium	Leadership and management; organisational psychiatry and PIF	Adult psychiatry	Policy and system reform	Training and education	Lived experience and Mental health and LGBTQIA+ and Rapid fire	Intellectual and developmental disability and ASD, attentional and developmental disorders
Presentations		A pathway out of the revolving door between prison, hospital and homelessness Olav Nielssen, Naidene Jones, Vashti Wilman, Saul Felber, Joanne Maher, Katherine Boorman (60 mins)	Incorporating yoga practice in the psychiatry toolkit Sonia Kumar, Shelukumar Shah, Nishanth Jayarajan, Jennifer Long, Nathan Jacobs (60 mins)	Integrated care for dual diagnosis needs integrated training: current landscape and future potential Basanth Kenchiah, Enrico Cementon, Kavita Seth, Wole Akosile (60 mins)	Therapeutic Residential Care (TRC) for vulnerable children with complex trauma: A mixed-methods case series from Aotearoa New Zealand Jennifer Hill (20 mins)	Women academics in old age psychiatry - experiences, challenges and successes Samantha Loi, Fiona Wilkes, Sharon Reutens, Anne Wand, Nicola Laurenschläger, Carmelle Peisah (90 mins)	Presidential symposium (90 mins)	Should psychiatrists lead the system or serve within it? Edward Mullen, Lyn Chiem, Ben Bravery, Marie Bismark, Grant Phelps (60 mins)	Optimising long-acting injectable antipsychotic prescribing and administration practice through multidisciplinary collaboration Nga Tran, Judith Hope, Kazem Madani, Nicholas Mayfield, Barbara Kebenik, Brian Le, Dominika Baetens (60 mins)	Retrospective cross-sectional study on the outcomes and associated factors of bodily restraints in the emergency department for patients with mental health disorders at a metropolitan hospital in Australia Nadheera Witharana (20 mins)	Transforming psychiatry training: Insights into wellbeing, equity and lived experience Loyola McLean, Setareh Hakimi, Kelsey Josling, Joshua Turner, Caryl Barnes (70 mins)	Are we experiencing a clinical ceiling? Exploring barriers to lived experience-led approaches in the mental health sector Katie Larsen (20 mins)	Deprescribing in intellectual disability and mental health: From guidelines to practice Shama Parveen, Julian Troller, Rebecca Koncz, Adrian Keller, Peter Wurth, Madeline Delves (60 mins)
					The Five Fingers of Trauma: Translating neuroscience into actionable classroom care in remote Australia Deeta Kimber (20 mins)				Trends in bodily restraint practices in the emergency department of Northern hospital-Epping: A pre, during, and post-COVID-19 comparison Yang Yun (20 mins)		Upholding human rights in mental health care Priscilla Brice (20 mins)		
						Temporal trends in youth mental health: Insights and predictions from 20 years of CAMHS service data Cayla Bellagarda (20 mins)		Pazopanib-induced neuropsychiatric symptoms: a case report Wendi Zhao (15 mins)		Open dialogue: legal frameworks and risks when using less coercive models of care Kay Wilson (20 mins)		Is adjustment disorder psychiatry's most dangerous diagnosis? Robert Kaplan (20 mins)	Scrolling for symptoms: A scoping review of social media's influence on self-diagnosis Todd Huang (15 mins)
								Electroconvulsive therapy as an effective treatment for catatonia in Phelan-McDermid syndrome Irene Huang (15 mins)	MyAccess to Psychological Therapies - Suicide Prevention (MyAPT-SP) Program: A pilot Dayna Faraonio (20 mins)	Digital minds and data boundaries: Governance imperatives for AI and cybersecurity in psychiatry Nardine Elzahaby (20 mins)	Rapid fire Reforming minds and renewing systems - teaching trauma-informed practice for a fairer future MJ Yoo (10 mins)	Cass Review does not guide care for trans young people Julia Moore, Cate Rayner (20 mins)	A narrative review of the effects of psychoeducation on children and adolescents with attention deficit hyperactivity disorder Ali Syed (15 mins)
											Rapid fire Mental illness, adaptation and stigma: an intriguing relationship James Le Bas (10 mins)		
1530-1600	Afternoon tea (Exhibition, Concourse door 7)												

1600-1730 Concurrent session 3														
Session	Concurrent 3A	Concurrent 3B	Concurrent 3C	Concurrent 3D	Concurrent 3E	Concurrent 3F	Concurrent 3G - IN PERSON AND VIRTUAL ACCESS	Concurrent 3H - IN PERSON AND VIRTUAL ACCESS	Concurrent 3I	Concurrent 3J	Concurrent 3K	Concurrent 3L	Concurrent 3M - IN PERSON AND VIRTUAL ACCESS	
Room	NO SESSION	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220	
Stream		Gender issues in psychiatry, Psychiatry of old age and Rapid fire	Ethics and the law and Rapid fire	Adult psychiatry	Indigenous mental health	Ethics and the law and Rapid fire	Invited speakers	Training and education	Adult psychiatry	Leadership and management; organisational psychiatry and policy and system reform; Rapid fire	Policy and system reform	Youth mental health and Rapid fire	Adult psychiatry	
Presentations	The 100-women study: characteristics of women with severe mental illness Lillian Ng (20 mins)	Charting the course: Relational ethics as a compass for practice Izaak Lim, Matira Taikato, Karen Jones, Tra-ill Dowie (60 mins)	Clinical updates on psychiatric epidemiology and practice Jeffrey Looi, Tarun Bastiampillai, Steve Kisely (90 mins)	Improving outcomes for Aboriginal and Torres Strait Islander young people who experience youth detention: Outcomes of a five-year research program to develop, implement and evaluate a culturally competent model of service Penny Dale, Ed Heffernan, Marshall Watson (90 mins)	The Emergency Psychiatry Network presents: Zero tolerance and the care paradox Jacqueline Huber, Daniel Fleming, Jonathan Karro, Rebecca Hope, Melanie Tait, Sammy Walker, Sophie Adams (60 mins)	Invited speaker A new episteme of schizophrenia - the first step to recovery is acknowledging you have a problem Dr Calum Smith (45 mins)	Rebuilding trust for a participatory, rights-based, digital future: the case for a new Fellowship program Simon Stafrace, Andrew Teodorczuk, Greg Spencer (90 mins)	Challenging the current use of Community Treatment Orders in Australia Tessa Zirnsak, Steve Kisely, Penelope Weller, Sharon Lawn (70 mins)	Quo Vadis? An internal flight into leadership Nardine Elzahaby, Kausik Goswami, Jenny Randles, Kerryn Rubin (60 mins)	The mental health impacts of immigration detention on asylum seekers and refugees: How Australia leads the world Suresh Sundram, Kyli Hedrick, Letizia Afaticati, Bafreen Sherif (70 mins)	Youth psychiatry update Daniel Pellen, James Scott, Korinne Northwood, Aswin Ratheesh (60 mins)	Ozempic, Wegovy, and Mounjaro for better mental health? The latest data on GLP1-RAs in psychiatry Mark Taylor, Dan Siskind, Markku Lähteenvu, Robyn Brown (90 mins)		
	Raising consciousness: the intersections of gender equity and psychiatry Natalie Scollay, Lillian Ng, Ria George (20 mins)													
	Impact of Dementia mate wareware and solutions for Equity in Aotearoa (IDEA): successes, challenges, and preliminary insights Gary Cheung (20 mins)	Rapid fire Public trust under the spotlight: psychiatry and the media Natalie Puchalski (10 mins)												
	Rapid fire Understanding clinical and systemic patterns in the Cairns community older persons mental health service: a retrospective quality assurance audit Aathi Selvanayagam (10 mins)	Rapid fire Empowering the village: the use of secondary consults for an infant and child service Victor Senthinathan (10 mins)				Invited speaker Psychiatrists with health impairments: A ten-year cohort study of health impairment notifications to Ahpra Marie Bismark (20 mins)	Invited speaker A health lens on harmful behaviour in youth Dr Annie Parsons (45 mins)		Access to stable integrated social housing with psychosocial support is associated with significant improvements in recovery and quality of life over time: A trajectory analysis paper Gill Callister (20 mins)	Rapid fire Down syndrome regression disorder - an autoimmune disease? Robert Waugh (10 mins)			Incorporating neurodiversity assessment in a youth enhanced community mental health service Sonia Kumar (20 mins)	

Presentations	NO SESSION	Rapid fire Circulating Growth Factor-15 (GDF-15) levels in depressive disorders- a systematic review and meta-analysis of the association between GDF-15 and depression in adult populations Aidan Jones-Murphy (10 mins)	Rapid fire Complete audit cycle examining nutritional deficiencies (iron, vitamin D, and B12) in secure forensic rehabilitation mental health inpatients over 2 years to examine the impact of improvements to diet, clinical education, clinical vigilance and supplementation Benjamin Smith (10 mins)	Concurrent 3D continued	Concurrent 3E continued	Rapid fire Australian psychiatrists' and psychologists' perspectives on psychotherapy for people with schizophrenia - a qualitative exploration of current therapy provision and barriers to referral, using Grounded Theory Natalya Godbold (10 mins)	Concurrent 3G continued	Concurrent 3H continued	Concurrent 3I continued	Rapid fire Emergency mental health presentations in autism spectrum disorder (ASD): A case control study Isuri Wimalasiri (10 mins)	Concurrent 3K continued	Rapid fire Hospital-in-the-home for severe OCD: a case series from a youth psychiatric program Vlad Marinov (10 mins)	Concurrent 3M continued
		Rapid fire The impact of dialectical behaviour therapy on suicidality and self-harm behaviour in people with autism spectrum disorder: a systematic review Siu Ki Ng (10 mins)											

Tuesday 5 May 2026

0800-1700 Registration open (Main Foyer)

0830-1700 Exhibition open (Exhibition, Concourse door 7)

0830-1030 Plenary session 1 - IN PERSON AND VIRTUAL ACCESS

Room Plenary 3 (Doors 9 and 10)

0830-0930 Keynote address three

Title Psychiatry and the future of health systems in the polycrisis era: from fragility to tipping points to early warning systems to adaptive capacity to reform and renewal

Speaker Professor Jeffrey Braithwaite

0930-1030 Keynote address four

Speaker Phylesha Brown-Acton

1030-1100 Morning tea (Exhibition, Concourse door 7)

1100-1230 Concurrent session 4													
Session	Concurrent 4A - IN PERSON AND VIRTUAL ACCESS	Concurrent 4B	Concurrent 4C	Concurrent 4D	Concurrent 4E	Concurrent 4F	Concurrent 4G - IN PERSON AND VIRTUAL ACCESS	Concurrent 4H - IN PERSON AND VIRTUAL ACCESS	Concurrent 4I	Concurrent 4J	Concurrent 4K	Concurrent 4L	Concurrent 4M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 3 (Doors 9 and 10)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Consultation-liaison psychiatry	Addiction	Child and adolescent psychiatry and Perinatal and infant psychiatry and Rapid fire	Training and education and Psychotherapy	Cultural diversity, ethnicity and competence	Lived experience	Adult psychiatry	Adult psychiatry	ASD, attentional and developmental disorders	Intellectual and developmental disability psychiatry	Ethics and the law and Rapid fire	Presidential symposium	
Presentations	Clinical Update Non-pharmacological treatment of persistent pelvic pain Peta Wright (30 mins)	Involuntary treatment for substance use disorders in Victoria - an audit of people treated under the Severe Substance Dependence and Treatment Act from 2011-2023 Tom English (20 mins)	Growing minds feeling good: a family-focused digital intervention for reducing antipsychotic-associated weight gain and cardiometabolic risk in children and adolescents with neurodevelopmental disorders Catherine McHugh (20 mins)	Psychiatric publishing: weathering the currents of change Jeffrey Looi, Samantha Loi, Judith Hope, Steve Kisely, Gin Malhi (60 mins)	Different perspectives in culture and mental health Carlos Zubaran, Vlasisos Brakoulias, Ernest Hunter (90 mins)	The multifaceted AI psychiatry relationship: a symposium Louis Erevé, M Jurblum, Charles Chan, D Grocott, K Yu Chen Hou (90 mins)	Debate: Borderline personality disorder v complex PTSD Daniel Pellen, Jayashri Kulkarni, Andrew Chanen (60 mins)	The evolution and utilization of Clozapine across countries: An international perspective Tetsufumi Kanazawa, Susanna Every-Palmer, Brian O'Donoghue, Hiroyoshi Takeuchi, Tianmei Si (90 mins)	Unanswered questions in the management of schizophrenia: What, when, for how long? Digvijay Goel, Sonia Kumar, Nagesh Pai, Mohan Isaac (90 mins)	Late diagnosed autistic adults Emma Radford, Sandra Radovini, Georgina Clarke, Elle Perry, Sheran Kay, Jess Dumble, Avalon McWha (90 mins)	Diagnosis, monitoring and treatment of bipolar disorder in people with intellectual developmental disabilities Richard Porter, Jennifer Torr (90 mins)	Psychiatry, human rights and mental health law: Current debates and issues Panos Karanikolas, Piers Gooding, Chris Maylea, Steve Kisely, Neeraj Gill (70 mins)	Presidential symposium (90 mins)
	Clinical Update Micronutrient supplementation for antenatal depression: effect on mothers and babies Roger Mulder (30 mins)	Craving and depression in the crosshairs: Pilot data on sublingual ketamine in dual-diagnosis patients (TRD and AUD) Ranjini Rao (20 mins)	Advancing expertise and care: Developing an Advanced Training Certificate in Perinatal Psychiatry for RANZCP Megan Galbally (20 mins)	The impacts of adverse childhood experiences and resilience on psychopathology and addictive behaviour in Chinese patients with substance use disorder Simon SY Lui (20 mins)	From survival mode to BETTER: A polyvagal and developmentally informed toolkit for psychiatric practice Deeta Kimber (20 mins)								
	New models of psychiatric care: Benefits, barriers and better pathways forward Sampath Arvapalli (20 mins)	Reimagining parent-infant attachment: The Composite Caregiving Questionnaire (CCQ) as an accessible tool in early perinatal interventions Nghiep Tran (15 mins)	Understanding the climate and ecological crisis and climate/eco distress from psychological and psychoanalytic perspectives Charles Le Feuvre (20 mins)										Rapid fire The politics of explanation in psychiatry Stephen Rosenman (10 mins)

Presentations	Concurrent 4A continued	Concurrent 4B continued	Rapid fire Bringing genetics to mental health: integrating genetic counselling into a mental health program at Monash Health, Australia Joanne Isbister (10 mins)	Concurrent 4D continued	Concurrent 4E continued	Concurrent 4F continued	Concurrent 4G continued	Concurrent 4H continued	Concurrent 4I continued	Concurrent 4J continued	Concurrent 4K continued	Concurrent 4L continued	Concurrent 4M continued
1230-1330	Lunch and posters (Exhibition, Concourse door 7)												

1330-1500 Concurrent session 5													
Session	Concurrent 5A - IN PERSON AND VIRTUAL ACCESS	Concurrent 5B	Concurrent 5C	Concurrent 5D	Concurrent 5E	Concurrent 5F	Concurrent 5G - IN PERSON AND VIRTUAL ACCESS	Concurrent 5H - IN PERSON AND VIRTUAL ACCESS	Concurrent 5I	Concurrent 5J	Concurrent 5K	Concurrent 5L	Concurrent 5M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 3 (Doors 9 and 10)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Addiction	ASD, attentional and developmental disorders and Eating and dieting disorders	Policy and system reform and Leadership and management; organisational psychiatry; Rapid fire	History and philosophy of psychiatry	Cultural diversity, ethnicity and competence	Rapid fire - Adult psychiatry	Consultation-liaison psychiatry	Adult psychiatry	Private practice psychiatry	ASD, attentional and developmental disorders	Intellectual and developmental disability psychiatry	Ethics and the law and History and philosophy of psychiatry	Invited speakers
Presentations	<u>Clinical Update</u> Shalini Arunogiri Dan Lubman Evidence-based guidelines on the pharmacological management of methamphetamine use disorder Rebecca McKitin (90 mins)	The development of a neurodevelopmental service in rural Victoria Raghavendar Baburaj (20 mins)	A novel methodological approach for testing the explicit and implicit rules of mental health system design: a case study related to chemical restraint Jason Thompson (20 mins)	Literary salon at the Congress Ajay Vijayakrishnan, Ravi Bhat, Vaidy Swaminathan, Suresh Yadav (50 mins)	Making meaning: Narrative threads across cultures and contexts Yoshi Bandara, Helena Niu, Mangat Jay McGregor (90 mins)	Going troppo: Heatwaves and mental illness in South Western Sydney Matthew Barton (10 mins)	Beyond the beat: rethinking mental health in cardiac care Megan Galbally, Afnan Khaleque, Hendrik Zimmet, Gaynor Blankley (70 mins)	Innovations and insights into risk assessment, diagnosis, and treatment of borderline personality disorder Jillian Broadbear, Sathya Rao, Joy Quek, Melissa Morando (90 mins)	Can next generation technologies enable psychiatrists to deliver personalised, safe and scalable mental health care before private health insurers create havoc by implementing data-driven managed care plans? Gary Galambos, William Pring, Stephane Verhaeghe (90 mins)	A different point of view: integrating neurodevelopment into youth mental health Edward Mullen, Catherine Cox, David Coghill, Rebecca Dailey (90 mins)	Meeting the mental health needs of autistic people: the psychiatrist's role Rebecca Koncz, Lydia Meem, James Smith, Josef McDonald, Melanie Johnston (70 mins)	Medico-legal roundtable for psychiatrists Owen Bradfield, Kate Hughes, Marie Bismark, Chris Spain (45 mins)	<u>Invited speaker</u> The relational constructs of caring: towards healing, equity and trust Deidre (De) Backman-Hoyle (45 mins)
	GP ADHD shared care program: A child & adolescent mental health services (CAMHS) initiative Michaela Baulderstone (20 mins)	Does IPMHA deliver value for investment? Sarah Appleton (20 mins)											<u>Invited speaker</u> The role of research in regional and rural communities and what academic work can provide to the broader profession Professor Michael Berk (45 mins)
	Cardiovascular risk factors and serious health events in individuals with eating disorders: A systematic review Kate Murphy (20 mins)	From chaos to coordination: Optimising mental health flow in one of Queensland's busiest emergency departments Muthur Anand (20 mins)											
	To feed or not to feed: Models of care in refeeding medically unstable patients with eating disorders Carol Silberberg (20 mins)	Implementing integrated and recovery-oriented models of care at Monash Health Tristan Vasquez (20 mins)	The current sociology of psychiatry: alienation, hegemony and the internet Robert Kaplan (20 mins)										

Presentations	Concurrent 5A continued	Concurrent 5B continued	Rapid fire Prevalence of obstructive sleep apnoea in an older persons' mental health unit: associations with depression, other psychiatric conditions, and cognitive impairment to inform screening Isabella Stapledon (10 mins)	Concurrent 5D continued	Concurrent 5E continued	Concurrent long-acting injectable olanzapine and first-generation antipsychotic in treatment-resistant psychosis with substance use: a retrospective analysis of 13 consumers over 36 months Amelia James (10 mins)	High dose antipsychotic prescribing in a South London community mental health team: a clinical audit using current guidelines Benjamin Koetsier (10 mins)	Evidence based recommendations for safe tapering and withdrawal of antipsychotic medication Jonathan Li (10 mins)	Clozapine and pulmonary embolism - an overlooked risk: a look at the pharmacovigilance data Rupert Nelson (10 mins)	Concurrent 5H continued	Concurrent 5I continued	Concurrent 5J continued	Concurrent 5K continued	Concurrent 5L continued	Concurrent 5M continued
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Presentations	Concurrent 5A continued	Concurrent 5B continued	Concurrent 5C continued	Concurrent 5D continued	Concurrent 5E continued	Concurrent 5F continued	Concurrent 5G continued	Concurrent 5H continued	Concurrent 5I continued	Concurrent 5J continued	Concurrent 5K continued	Concurrent 5L continued	Concurrent 5M continued
1500-1530	Afternoon tea (Exhibition, Concourse door 7)												

1530-1700 Concurrent session 6													
Session	Concurrent 6A - IN PERSON AND VIRTUAL ACCESS	Concurrent 6B	Concurrent 6C	Concurrent 6D	Concurrent 6E	Concurrent 6F	Concurrent 6G - IN PERSON AND VIRTUAL ACCESS	Concurrent 6H - IN PERSON AND VIRTUAL ACCESS	Concurrent 6I	Concurrent 6J	Concurrent 6K	Concurrent 6L	Concurrent 6M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 3 (Doors 9 and 10)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Invited speakers	Adult psychiatry and Rapid fire	Training and education and PIF	Psychotherapy, Private practice psychiatry and Cultural diversity, ethnicity and competence; Rapid fire	Psychotherapy	Addiction	Indigenous mental health	ECT and neurostimulation and neuropsychiatry and neurobiology	Consultation-liaison psychiatry	Child and adolescent psychiatry	Intellectual and developmental disability psychiatry	ECT and neurostimulation	Psychotherapy
Presentations	Invited speaker Dissociation in childhood and adolescence Professor Helen Milroy (45 mins)	Challenges and complications encountered in the management of borderline personality disorder Beatrice Swan (20 mins)	Investing in the future of academic psychiatry: the role of the RANZCP Foundation and Committee for Research in supporting emerging researchers Jonah Hughson, Jacqueline Huber, Sean Halstead, (60 mins)	<p>Spatial therapeutics: Early lessons of a virtual reality augmented psychodynamic psychotherapy frame Marc Jurblum (20 mins)</p> <p>View from the inside: understanding and managing the treatment needs of people experiencing personality disorder and supporting the clinicians who care for them Jillian Broadbear, Sathyra Rao, Julian Nesci, Jaime Martin (90 mins)</p> <p>Exploring the role of the College in the use of outcome measures in routine clinical care Jonah Hughson (20 mins)</p>	<p>Beyond the ivory tower: Providing care where it's needed for people with co-occurring mental health and substance use disorders Lea Foo, Max Hankin, Ryan D'Cunha, Andrea Fischer, Carlotta Standen, Sarah Garry, Andrea Walker (90 mins)</p>	<p>He Arahi i te Whānau: The significance of Māori birthing practices to achieve healing, equity and mental wellbeing in pregnancy, birth and the postnatal period Heather Muriwai (20 mins)</p>	<p>He Ara Hou: Reimagining mental health systems through a Māori lens Phyllis Tangitu (20 mins)</p>	<p>Electroconvulsive therapy (ECT) for neuropsychiatric syndromes secondary to general medical conditions: A systematic literature review Claudia Kaye (20 mins)</p>	<p>How psychiatrists can help clear the confusion: a delirium update Andrew Teodorczuk, Anita Nitchingham, John Hopkins, Ajay Macharouthu, Bharathi Kowalenko, Kumudu Rathnayaka, Tanya Dus (90 mins)</p>	<p>Working together to build access to child and adolescent psychiatry in the Asia-Pacific Melanie Johnston, Valsamma Eapen, Paul Robertson, Nick Catherine Franklin, Kitty-Rose Foley, Katie Brooker (90 mins)</p>	<p>Adapting psychiatric care for individuals with intellectual and developmental disability Laura McCosker, Salam Hussain, Shanthi Sarma, Deepak Garg, Shane Gill (90 mins)</p>	<p>Building equity and excellence in interventional psychiatry: Models of care, modalities, training, and future directions Kelsey Josling (20 mins)</p>	<p>Psychodynamic interpersonal therapy (PIT) for functional neurological disorder (FND) Allan Schore's thirty-year contribution: A paradigm shift from meaning to mechanism in psychiatry and psychotherapy George Halasz (20 mins)</p>
	International invited speaker Professor Norman Sartorius (45 mins)	The association between clozapine and haemopoietic malignancy: A systematic review James Esposito (20 mins)	Psychological safety, Belonging, and help-seeking: A community-led intervention facilitating healing and integration among Karen and Karenne refugees in Victoria, Australia Emma Tam (15 mins)	Small network, big impact: how diaspora organisations foster cultural psychiatry and mentorship Inoka Wimalaratne (20 mins)		<p>He Ara Whakamua: The role of Māori lived experience leadership in healing, reconciliation, and transformation Jason Haitana (20 mins)</p>		<p>A biomarker-based approach to bipolar affective disorder Alby Elias (20 mins)</p>				<p>Severe, complex and chronic PTSD: Clinical outcomes from a 4-day intensive trauma treatment Grant Blake (20 mins)</p>	<p>Implementing a stepped care model for psychotherapeutic treatments in a public mental health service Kerryn Rubin (20 mins)</p>
	Encountering physical multimorbidity in persons living with schizophrenia: incidence, clinical impacts and management implications for psychiatric care Sean Halstead (20 mins)	Co-occurrence of depression and obstructive sleep apnoea in patients referred to a memory clinic: a retrospective chart review Catherine Davidson (15 mins)	Anti-migrant sentiments, allostatic load and the welfare of the Australian psychiatric workforce Sarangan Ketheesan (20 mins)					<p>Homicide offenders with schizophrenia have more severe theory-of-mind deficits than non-violent schizophrenia patients Ching Yung Amy Liu (20 mins)</p>					

Presentations	Concurrent 6A continued	Rapid fire Anxiety sensitivity and interoceptive accuracy in somatic symptom disorders from the HICCUPS study Phil Tully (10 mins)	Concurrent 6C continued	Rapid fire STEM Sudan: A community-led education platform for displaced sudanese Alexander Campbell (10 mins)	Concurrent 6E continued	Concurrent 6F continued	Concurrent 6G continued	Concurrent 6H continued	Concurrent 6I continued	Concurrent 6J continued	Concurrent 6K continued	Concurrent 6L continued	Concurrent 6M continued
1900-late RANZCP Faculty and Section members dinners													
Wednesday 6 May 2026													
0800-1600 Registration open (Main Foyer)													
0830-1530 Exhibition open (Exhibition, Concourse door 7)													
0830-1030 Plenary session 2 - IN PERSON AND VIRTUAL ACCESS													
Room	Plenary 3 (Doors 9 and 10)												
0830-0930	Keynote address five												
Title	Peers and psychiatrists: how do we make space for each other?												
Speaker	Dr Louise Byrne												
0930-1030	Keynote address six												
Title	Concepts and other tools for tackling complexity in research and in implementation of evidence												
Speaker	Professor Gabriele Bammer												
1030-1100	Morning tea (Exhibition, Concourse door 7)												

1100-1230 Concurrent session 7													
Session	Concurrent 7A - IN PERSON AND VIRTUAL ACCESS	Concurrent 7B	Concurrent 7C	Concurrent 7D	Concurrent 7E	Concurrent 7F	Concurrent 7G - IN PERSON AND VIRTUAL ACCESS	Concurrent 7H - IN PERSON AND VIRTUAL ACCESS	Concurrent 7I	Concurrent 7J	Concurrent 7K	Concurrent 7L	Concurrent 7M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 3 (Doors 9 and 10)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Adult psychiatry	Military and veterans' mental health and Child and adolescent psychiatry	Adult psychiatry	Adult psychiatry	Adult psychiatry	Leadership and management; organisational psychiatry	Invited speakers	Presidential symposium	Neuropsychiatry and neurobiology	Policy and system reform	Indigenous mental health	History and philosophy of psychiatry	Invited speakers
Presentations	<u>Clinical Update</u> Emotion dysregulation: phenomenological and diagnostic complexities Nagesh Pai (45 mins)	Serving those who serve: Taking a service history with military personnel or veterans Diana McKay (20 mins)	Hepatitis C screening and treatment in Victorian public mental health settings: Time for action Partha Das, Keri Alexander, Joseph Doyle, Amanda Wade, Vinay Menon (90 mins)	Exercise is vital medicine for people with mental disorders Nicole Korman, Megan Teychenne, Mike Trott, Katherine Moss (90 mins)	Focussing on improving functional outcomes Frances Dark, Julia Lappin, Stephen Parker (90 mins)	Leadership for Change - Inverting the triangle Kerryn Rubin, Kate Andrews, Elise Pointer (90 mins)	<u>Invited speaker</u> The perils of diagnosis in the age of the internet Dr Matthew MacFarlane (45 mins)	Presidential symposium (90 mins)	From lived experience to the lab and back to the clinic and lived experience: addressing diagnostic and care challenges in dementia and psychiatric disorders in The Markers in Neuropsychiatric Disorders Study Dhamidhu Eratne, Yasmin Tan, Dennis Velakoulis, Matthew Kang, Milla McLean (90 mins)	Addressing multimorbidity in mental and behavioural healthcare: the Multimorbidity Quality Improvement Strategy in Queensland Health mental health alcohol and other drugs services Victoria Howes, Michael Lam, John Reilly, Sjaan Gomersall, Olivia Falvey, Michelle Gilmore, Matthew Reeves (90 mins)	The drive for change, our hope for Aboriginal people in mental health using the pillars of the RANZCP Reconciliation Action Plan to embed cultural governance Josephine Gray, Kath Ryan, Katie Papertalk (20 mins)	Moonlighting: Living the double life of psychiatrist and creative artist Izaak Lim, Anne Buist, Beatrice Dowsett, Jennifer Harrison (90 mins)	<u>Invited speaker</u> Trust and distrust in and of psychiatry Professor Karen Jones (45 mins)
	<u>Clinical Update</u> Dysregulated emotions Sathya Rao (45 mins)	Rwanda - The forgotten deployment Peter Wheatley (20 mins)	Effect of transcranial direct current stimulation (TDCS) on cognitive function, symptoms, and functioning in children and adolescents with attention deficit hyperactivity disorder: a randomized controlled study Bichitra Patra (20 mins)				<u>Invited speaker</u> Oh hi Psychiatry, what's brought you in to see me today? Hannah Whittaker-Komatsu (45 mins)						<u>Invited speaker</u> Chronobiological monitoring and treatment in mood disorders Professor Richard Porter (45 mins)

	Concurrent 7A continued	Concurrent 7B continued	Concurrent 7C continued	Concurrent 7D continued	Concurrent 7E continued	Concurrent 7F continued	Concurrent 7G continued	Concurrent 7H continued	Concurrent 7I continued	Concurrent 7J continued	Wungen Kartup: An Indigenous-specific mental health service model to improve social and emotional wellbeing outcomes for Aboriginal and Torres Strait Islander Peoples Dharmenderi Sathaseelan (20 mins)	Concurrent 7L continued	Concurrent 7M continued
1230-1330 Lunch and posters (Exhibition, Concourse door 7)													
1330-1500 Concurrent session 8													
Session	Concurrent 8A	Concurrent 8B	Concurrent 8C	Concurrent 8D	Concurrent 8E	Concurrent 8F	Concurrent 8G - IN PERSON AND VIRTUAL ACCESS	Concurrent 8H - IN PERSON AND VIRTUAL ACCESS	Concurrent 8I	Concurrent 8J	Concurrent 8K	Concurrent 8L	Concurrent 8M - IN PERSON AND VIRTUAL ACCESS
Room	NO SESSION	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream		International leaders	Youth mental health and Rapid fire	Training and education	Adult psychiatry	Policy and system reform	Adult psychiatry	Adult psychiatry	Neuropsychiatry and neurobiology	Veteran mental health	Leadership and management; organisational psychiatry	Trainee assessments	Lived experience and psychiatry
Presentations		Mental disorders in sovereign citizen offenders remanded by court in Singapore Derrick Yeo (20 mins)	The relationship between social media use and social anxiety: A systematic review and meta-analysis Daniel Debattista (20 mins)	Demystifying peer review as a gateway to psychiatric research - An interactive panel discussion with Australasian Psychiatry's Early Career Group Michael Taran, Jeffrey Looi, Michael Weightman, Katelyn Tadd (60 mins)	Obsessive Compulsive Disorder (OCD): Enigma wrapped in a riddle! Digvijay Goel, Sonia Kumar, Nagesh Pai, Mohan Isaac (90 mins)	"Learn globally inspire locally": Implementing evidence informed practice across Australia and Aotearoa Elizabeth Moore, Melanie Turner, Paul Fung, Ava Carter (90 mins)	Invited speaker Integrate: international guidelines for the algorithmic treatment of schizophrenia Professor Dan Siskind (45 mins)	Addressing health inequalities in mental health through targeted prevention and intervention Jackie Curtis, Julian Trolor, Rebecca Koncz, Ava Carter, Sarah Farrand, Gary Galambos (90 mins)	Contemporary OCD care: Bridging science and clinical practice Janardhana Narayanaswamy, Vlasis Brakoulis, Scott Blair-West, Charana Perera, Ben Wadham, Edwin Elcock, Omer Shareef, Ashlea White, Harry McConnell (90 mins)	The Good, the Bad, and the Ugly: Military trauma, neurobiology, cultural competency, and the complex landscape of veteran mental health John Allan, Simon Staface, Beth Kotze (90 mins)	Negotiations with governments: Lessons learned from various jurisdictions Victor Storn, Pramudie Gunaratne, Ingrid Ozols AM, Anthony Llewellyn, Brad Hayhow, Phyllis Chua, Georgia Ramsden, Andrew Teodorczuk (90 mins)	Advancing the RANZCP Fellowship: Integrating curriculum, assessment, and supervision reform Kirsty Rosie, Michelle Kehoe, Phyllis Chua (60 mins)	Embedding lived and living experience in education. Reflections and lessons from a multi-disciplinary team Teodorczuk (90 mins)
		Shared reality in therapeutic alliance: Building trust, healing, and equity in Philippine Psychiatry Joan Mae Perez-Rifareal (20 mins)	The Youth Service Integration Resource Kit: Transforming youth mental health care systems through service integration Jackie Curtis (20 mins)				The north Queensland dietary intervention trial (NQDIT): preliminary results and insights from a world's first RCT of ketogenic metabolic therapy in bipolar disorder and schizophrenia Calogero Longhitano (20 mins)						

Presentations	NO SESSION	Concurrent 8B continued	MST Psych: Integrating youth and adult mental health support to keep families safely together Yara Khedr, Doliza Reyes-Bibbs (20 mins)	The road ahead: A redesign of the Specialist Training Program Kathryn Hertrick (20 mins)	Concurrent 8E continued	Concurrent 8F continued	Intramuscular clozapine: Is there a case for its wider use in treatment refractory schizophrenia? Franco Giarraputo (20 mins)	Concurrent 8H continued	Concurrent 8I continued	Concurrent 8J continued	Concurrent 8K continued	Concurrent 8L continued	The stories we tell ourselves: Challenging the preferred narrative of our own mental health Kieran Allen, Jasmine Elliott (20 mins)				
			Rapid fire Operational defiance disorder: breaking the rules to build a team based mental health clinic for kids and families Oliver Robertson (10 mins)														
1500-1530 Afternoon tea (Exhibition, Concourse door 7)																	
1530-1730 RANZCP Annual General Meeting, Plenary 3 (Doors 9 and 10)																	
1830-2300 Congress Gala dinner (Plaza Ballroom, Melbourne CBD)																	
Thursday 7 May 2026																	
0830-1245 Registration open (Main Foyer)																	
0900-1030 Concurrent session 9																	
Session	Concurrent 9A - IN PERSON AND VIRTUAL ACCESS	Concurrent 9B	Concurrent 9C	Concurrent 9D	Concurrent 9E	Concurrent 9F	Concurrent 9G - IN PERSON AND VIRTUAL ACCESS	Concurrent 9H - IN PERSON AND VIRTUAL ACCESS	Concurrent 9I	Concurrent 9J	Concurrent 9K	Concurrent 9L	Concurrent 9M - IN PERSON AND VIRTUAL ACCESS				
Room	Plenary 3 (Doors 9 and 10)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220				
Stream	Policy and system reform	Adult psychiatry	Training and education	Addiction	Adult psychiatry	Training and education	Psychedelics and psychedelic assisted therapy	Training and education and Indigenous mental health	Neuropsychiatry and neurobiology	Training and education	Policy and system reform, Gender issues in psychiatry and Psychiatry of old age	History and philosophy of psychiatry	Training and education				
Presentations	The Emergency Department Mental Health Steering Group recommendations to the RANZCP - policy position and advocacy for an ailing public health system Jacqueline Huber, Yoon Kwon Choi, Sammy Walker, Marshall Watson, Francesca Valmoribida McSteen, Yulia Furlong, Song Chan (60 mins)	Does non-attachment contribute to psychological health? Jyotsna Agrawal (20 mins)	Australasian Psychiatry: reading and publishing in your journal - an interactive panel discussion with attendees Jeffrey Looi, Judith Hope, Samantha Loi, Sharon Reutens, Fiona Wilkes, Michael Taran (60 mins)	Impact of a novel addiction medicine service on the inpatient management of alcohol use disorder in alcohol related liver disease in Western Australia Kavindya Perera (15 mins)	Australian and New Zealand Journal of Psychiatry (ANZJP) Grading of Recommendations, Assessment, Development, and Evaluations (GRADE) Guidelines for the Management of Schizophrenia Shuichi Suetani, Nicola Warren, Sean Halstead, Brian O'Donoghue, Sharon Lawn, Nicole Korman (90 mins)	Total wellbeing: succeeding with individual, team and organizational approaches to overcome burnout Andrew Teodorczuk, Rhys Thomas, Nicole Tregoning, Justin Wong (90 mins)	The crux is the crucible: supporting non-ordinary states in psychedelic treatment Jonathan Starke, Simon Amar, Paul Lkinaitzky, Beth Mah, Monica Schweickle, David Spektor, Katie Treble (60 mins)	Debate: Artificial intelligence is appropriate for use in psychiatry training Louis Ereve, R Selzer, Kevin Yu Chen Hou, M Weightman, P Palamiswami, Marc Jurblum (60 mins)	Innovations in the treatment of Functional Neurological Disorder Samantha Loi, Matthew Kang, Dhamidhu Eratne, Nicole Grant, Stuart Holdsworth, Lauren Chiu, Emma Radford (90 mins)	Surviving the Scholarly Project: Insights and experiences to success Toby Winton-Brown, Chiranth Bhagavan, Lana Higson, Adith Mohan, (70 mins)	The inaugural symposium from the RANZCP Planetary Health and Mental Health Advisory Group Calogero Longhitano, Cybele Dey, Netsanet Jayasekera, Maxwell Marrows, Eishitha Bandara (90 mins)	Are we speaking in tongues? Language and communication in psychiatry Yoshi Bandara, Evelyn Bian, Anusha Jayarajan, Rebecca Wild, Briony Hamill, Bornika Banerjee (60 mins)	Demystifying Balint Groups: History, reflections and research Rajan Nishanth				
	Effectiveness of an app-based yoga intervention as an add-on treatment for mild to moderate depression: A randomized controlled study Suvarna Jyothi Kantipudi (20 mins)		Trauma-informed assessments as a pathway to equitable mental healthcare Kit Kline (20 mins)										Jayarajan, Rebecca Wild, Briony Hamill, Bornika Banerjee (60 mins)				

Presentations	<p>Prevent, de-escalate or innovate? - Practical approaches when it comes to managing behaviour in our workplace environments</p> <p>Agnew Alexander (20 mins)</p>	<p>Adaptive leadership challenge: improving patient care through reducing restrictive interventions in a metropolitan acute inpatient unit, Australia</p> <p>Chamali Wanigasekara (20 mins)</p>	<p>Becoming rurally ready: Enhancing rural preparedness skills for trainees in rural locations</p> <p>Megan Barrett (20 mins)</p>	Concurrent 9D continued	Concurrent 9E continued	Concurrent 9F continued	<p>Navigating the psychedelic landscape in Australia: from regulation to clinical implementation</p> <p>Monica Schweikle (20 mins)</p>	<p>"Loog Afdaimbud Dem Propuwai" - Teaching community hands-on trauma informed care</p> <p>Deeta Kimber (20 mins)</p>	Concurrent 9I continued	<p>Far away, so close! How group video supervision of the RANZCP Psychotherapy Written Case delivers where it's needed</p> <p>Matthew Roberts (20 mins)</p>	<p>An integrative review of community-based psychosocial interventions for hoarding and squalor</p> <p>Yun Ming Yong (20 mins)</p>	Concurrent 9L continued	<p>Mathematically modelling the biopsychosocial framework for precision medicine in psychiatry</p> <p>Athula Polonowita (20 mins)</p>
1030-1100 Morning tea (Main Foyer)													
1100-1245 Plenary session 3 - IN PERSON AND VIRTUAL ACCESS													
Room	Plenary 3 (Doors 9 and 10)												
1100-1145	Margaret Tobin Oration												
1145-1230	Senior Research Award												
1230-1245	Congress closing address												