



Preliminary Program

The CAPE domain of each presentation is represented in the program grid by the below (or variation of the below):

- [C] Culturally Safe Practice
- [A] Addressing Health Inequities
- [P] Professionalism
- [E] Ethics

Sunday 3 May 2026	
0900-1630	Pre-Congress workshops
1700-1900	Welcome Reception (il Mercato Centrale, Melbourne CBD)
Monday 4 May 2026	
0700-0800	Yoga
0715-1730	Registration open (Main Foyer 3)
0800-1730	Exhibition open (Concourse door 7)
0730-0818	Smoking Ceremony (Courtyard)
0830-1100	Opening plenary session - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 2 (Doors 7&8)
0830-0900	Welcome to Country and Opening addresses
0900-1000	Keynote address one
Title	Re-engineering brain health: towards safer and faster-acting solutions for severe mental illness
Speaker	Dr Sarah Lisanby
1000-1100	Keynote address two
Title	From diagnoses to the person: the future of mental health care [CAP]
Speaker	Professor Vikram Patel
1100-1130	Morning tea (Exhibition, Concourse door 7)

1130-1300 Concurrent session 1													
Session	Concurrent 1A - IN PERSON AND VIRTUAL ACCESS	Concurrent 1B	Concurrent 1C	Concurrent 1D	Concurrent 1E	Concurrent 1F	Concurrent 1G - IN PERSON AND VIRTUAL ACCESS	Concurrent 1H - IN PERSON AND VIRTUAL ACCESS	Concurrent 1I	Concurrent 1J	Concurrent 1K	Concurrent 1L	Concurrent 1M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 2 (Doors 7&8)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Presidential symposium	Forensic and adult psychiatry	Eating and dieting disorders	Leadership and management; organisational psychiatry	Indigenous mental health	Policy and system reform	Schizophrenia and psychotic illnesses	Lived experience	Addiction and psychotherapy	Policy and system reform	Adult psychiatry	Gender issues in psychiatry	Adult psychiatry and Neuropsychiatry and neurobiology and Rapid fire
Presentations	80 years of us as a Fellowship: Who we are, what purpose we serve, and where to from here (90 mins)	Media, police shootings and mental illness: is stigma a problem? [A] Helen Han, Courtney Waugh (20 mins)	Eating disorders: a systems approach to service development and delivery of care [AP] Megan Galbally, Lauren Stapleton, Kristine Mercuri, Tina Almkhtar, Leanne Burn, Jacinta Coleman (90 mins)	Learn to lead or best to leave it?: Rethinking leadership in psychiatry training [PE] Helena Angel Scott, Henry Davies, Ashna Basu, Dean Stipic, Anthony Llewellyn (60 mins)	Cultural safety in mental health services: weaving together cultural knowledge, research insights, and policy influence [CA] Thomas Betts, NPY Women's Council, Helen Milroy, Shraddha Kashyap, Annie Lefoe (90 mins)	Triage and tribulation: psychiatry in the ED [CAPE] Jacqueline Huber, Adith Mohan, Marshall Watson, Yulia Furlong, Rahul Gupta (90 mins)	Invited speaker Integrate: international guidelines for the algorithmic treatment of schizophrenia [P] Professor Dan Siskind (45 mins)	Psychiatry could have much to learn from working alongside those who foreground their lived expertise through peer work: a dialogue on experience, challenge and change [P] Priscilla Ennals, Katie Larsen, Nilumi Ziffer, Harry Hill, Eli Rafalowicz, Shaun McNamara, John Bamborough, Suzie Billman, Nina Armstrong, Ashwini Padhi (90 mins)	What women want (and need) - Reflections on a novel model of care in a statewide women's mental health service [A] Chloe Stella, Jennifer Babb, Melissa Jordan (60 mins)	Stigma and inclusive care: how to change hearts, minds and practice in mental health and addiction [CAP] Shalini Arunogiri, Nicola Reavley, Benn Veenker, Dan Lubman (90 mins)	Reducing inequity in preventable cancer outcomes: updating the evidence using Australian population data [A] Grant Sara, Steve Kisely (90 mins)	Women's Psychiatry Network: Elevating women's voices in psychiatry and mental health [CAPE] Tina Rizkallah, Louise Garcia-Rodriguez, Yida Zhou, Marie Bismark, Kate Wills (90 mins)	What can we learn from psychedelic assisted psychotherapy which might help inform our management of treatment resistant psychiatric disorders more broadly [CAPE] Diana Korevaar, Susan Rossell, David Castle, Jonathan Starke, Gilad Korman (60 mins)
		Forensic and psychosocial characteristics of adult mental health patients to the Referred Secure Extended Care Unit and predictors of acceptance over a five-year period in Australia [A] Partha Das (20 mins)											
		Intramuscular clozapine: Is there a case for its wider use in treatment refractory schizophrenia? [AE] Franco Giarraputo (20 mins)											Personality, psychopathology and the gut-brain-immune axis [A] Puru Sagar (20 mins)
		Ups to downs: predictors and outcomes of post-manic/mixed episode depression assessed in electronic health records [A] Chloe Yap (20 mins)		Leadership experiences and challenges among RANZCP trainees [P] Yoon Kwon Choi (20 mins)									Rapid fire Identification and care of substance use disorders in adult mental health services [AP] John Reilly (10 mins)

	Concurrent 1A continued	Concurrent 1B continued	Concurrent 1C continued	Concurrent 1D continued	Concurrent 1E continued	Concurrent 1F continued	Concurrent 1G continued	Concurrent 1H continued	Brain changes, adverse childhood events and evolutionary drives: How developmental neuroscience makes the bio-psycho-social model more meaningful [CA] Gavin Angus-Leppan (20 mins)	Concurrent 1J continued	Concurrent 1K continued	Concurrent 1L continued	Concurrent 1M continued
1300-1400	Lunch and poster session one (Exhibition, Concourse door 7)												
1310-1350	Trainees and early career psychiatrists' social networking lunch (Meeting Room 219)												

1400-1530 Concurrent session 2													
Session	Concurrent 2A	Concurrent 2B	Concurrent 2C	Concurrent 2D	Concurrent 2E	Concurrent 2F	Concurrent 2G - IN PERSON AND VIRTUAL ACCESS	Concurrent 2H - IN PERSON AND VIRTUAL ACCESS	Concurrent 2I	Concurrent 2J	Concurrent 2K	Concurrent 2L	Concurrent 2M - IN PERSON AND VIRTUAL ACCESS
Room	NO SESSION	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream		Adult psychiatry	Adult psychiatry	Adult psychiatry and Rapid fire	Child and adolescent psychiatry	Gender issues in psychiatry	Invited speakers	Leadership and management; organisational psychiatry and PIF	Adult psychiatry	Policy and system reform	Training and education	Lived experience and Mental health and LGBTQIA+ and Rapid fire	Intellectual and developmental disability and ASD, attentional and developmental disorders
Presentations		A pathway out of the revolving door between prison, hospital and homelessness [CAP] Olav Nielssen, Vashti Wilman, Saul Felber, Joanne Maher (90 mins)	Incorporating yoga practice in the psychiatry toolkit [CAPE] Sonia Kumar, Shelukumar Shah, Nishanth Jayarajan, Jennifer Long, Nathan Jacobs (60 mins)	Integrated care for dual diagnosis needs integrated training: current landscape and future potential [CAE] Basanth Kenchaiah, Enrico Cementon, Kavita Seth, Wole Akosile (60 mins)	Therapeutic Residential Care (TRC) for vulnerable children with complex trauma: A mixed-methods case series from Aotearoa New Zealand [CA] Jennifer Hill (20 mins)	Women academics in old age psychiatry - experiences, challenges and successes [CPE] Samantha Loi, Fiona Wilkes, Sharon Reutens, Anne Wand, Nicola Laurenschlager, Carmelle Peisah (90 mins)	Invited speaker Global investment in mental health: the Prague agreement Lade Smith (45 mins)	Should psychiatrists lead the system or serve within it? [APE] Edward Mullen, Lyn Chiem, Ben Bravery, Marie Bismark (60 mins)	Optimising long-acting injectable antipsychotic prescribing and administration practice through multidisciplinary collaboration [P] Nga Tran, Judith Hope, Kazem Madani, Nicholas Mayfield, Barbara Kebernik, Brian Le (60 mins)	Retrospective cross-sectional study on the outcomes and associated factors of bodily restraints in the emergency department for patients with mental health disorders at a metropolitan hospital in Australia [PE] Nadheera Witharana (20 mins)	Transforming psychiatry training: Insights into wellbeing, equity and lived experience [CAPE] Loyola McLean, Setareh Hakimi, Kelsey Josling, Joshua Turner, Caryl Barnes (70 mins)	Are we experiencing a clinical ceiling? Exploring barriers to lived experience-led approaches in the mental health sector [PE] Katie Larsen (20 mins)	Deprescribing in intellectual disability mental health: From guidelines to practice [AP] Shama Parveen, Julian Trollor, Rebecca Koncz, Adrian Keller, Peter Wurth, Madeline Delves (60 mins)
				The Five Fingers of Trauma: Translating neuroscience into actionable classroom care in remote Australia [CA] Deeta Kimber (20 mins)					Trends in bodily restraint practices in the emergency department of Northern hospital-Epping: A pre, during, and post-COVID-19 comparison [C] Yang Yun (20 mins)		Upholding human rights in mental health care [A] Priscilla Brice (20 mins)		
				Temporal trends in youth mental health: Insights and predictions from 20 years of CAMHS service data [A] Cayla Bellagarda (20 mins)			Invited speaker Psychiatric genetic research: comprehensive phenotyping, technological advances fit trust-based global networking Thomas Schulze (45 mins)	Pazopanib-induced neuropsychiatric symptoms: a case report [E] Wendi Zhao (15 mins)		Open dialogue: legal frameworks and risks when using less coercive models of care [PE] Kay Wilson (20 mins)		Is adjustment disorder psychiatry's most dangerous diagnosis? [AP] Robert Kaplan (20 mins)	Scrolling for symptoms: A scoping review of social media's influence on self-diagnosis [A] Todd Huang (15 mins)
		The north Queensland dietary intervention trial (NQDIT): preliminary results and insights from a world's first RCT of ketogenic metabolic therapy in bipolar disorder and schizophrenia [CAE] Calogero Longhitano (20 mins)	Prevention and management of psychotropic side-effects: findings from the second report from the Lancet Psychiatry Physical Health Commission [A] Sean Halstead (20 mins)	Problematic media use among children with psychiatric illnesses: clinical and socio-demographic correlates from a Sri Lankan comparative study [CA] Prabha Vidyatilake (20 mins)				Electroconvulsive therapy as an effective treatment for catatonia in Phelan-McDermid syndrome [E] Irene Huang (15 mins)	MyAccess to Psychological Therapies - Suicide Prevention (MyAPT-SP) Program: A pilot [A] Dayna Faraonio (20 mins)	Digital minds and data boundaries: Governance imperatives for AI and cybersecurity in psychiatry [APE] Nardine Elzahaby (20 mins)	Rapid fire Reforming minds and renewing systems - teaching trauma-informed practice for a fairer future [AP] MJ Yoo (10 mins)	Cass Review does not guide care for trans young people [A] Julia Moore, Cate Rayner (20 mins)	A narrative review of the effects of psychoeducation on children and adolescents with attention deficit hyperactivity disorder [AP] Ali Syed (15 mins)

1600-1730 Concurrent session 3														
Session	Concurrent 3A	Concurrent 3B	Concurrent 3C	Concurrent 3D	Concurrent 3E	Concurrent 3F	Concurrent 3G - IN PERSON AND VIRTUAL ACCESS	Concurrent 3H - IN PERSON AND VIRTUAL ACCESS	Concurrent 3I	Concurrent 3J	Concurrent 3K	Concurrent 3L	Concurrent 3M - IN PERSON AND VIRTUAL ACCESS	
Room	NO SESSION													
Stream		Meeting Room 206 Gender issues in psychiatry, Psychiatry of old age and Rapid fire	Meeting Room 207 Ethics and the law and Rapid fire	Meeting Room 208 Adult psychiatry	Meeting Room 209 Indigenous mental health	Meeting Room 210 Ethics and the law and Rapid fire	Meeting Room 212 Invited speakers	Meeting Room 213 Training and education	Meeting Room 216 Adult psychiatry	Meeting Room 217 Leadership and management; organisational psychiatry and policy and system reform; Rapid fire	Meeting Room 218 Policy and system reform	Meeting Room 219 Youth mental health and Rapid fire	Meeting Room 220 Adult psychiatry	
Presentations		The 100-women study: characteristics of women with severe mental illness [A] Lillian Ng (20 mins)	Charting the course: Relational ethics as a compass for practice [CAPE] Izaak Lim, Matira Taikato, Karen Jones, Tra-III Dowie (60 mins)	Clinical updates on psychiatric epidemiology and practice [CAPE] Jeffrey Looi, Tarun Bastiampillai, Steve Kisely (90 mins)	Improving outcomes for Aboriginal and Torres Strait Islander young people who experience youth detention: Outcomes of a five-year research program to develop, implement and evaluate a culturally competent model of service [CA] Penny Dale, Ed Heffernan, Marshall Watson (90 mins)	The Emergency Psychiatry Network presents: Zero tolerance and the care paradox [APE] Jacqueline Huber, Daniel Fleming, Jonathan Karro, Melanie Turner, Sammy Walker, Sophie Adams, Sana Qadar (60 mins)	Invited speaker A new episteme of schizophrenia - the first step to recovery is acknowledging you have a problem [A] Dr Calum Smith (45 mins)	Rebuilding trust for a participatory, rights-based, digital future: the case for a new Fellowship program [P] Simon Stafrace, Andrew Teodorczuk, Greg Spencer (90 mins)	Challenging the current use of Community Treatment Orders in Australia [CAE] Tessa Zirnsak, Steve Kisely, Penelope Weller, Sharon Lawn, Penelope Weller (70 mins)	Quo Vadis? An internal flight into leadership [CPE] Nardine Elzahaby, Jenny Randles, Kerryn Rubin, Kausik Goswami (60 mins)	The mental health impacts of immigration detention on asylum seekers and refugees: How Australia leads the world [A] Suresh Sundram, Kyli Hedrick, Letizia Affaticati, Bafreen Sherif (70 mins)	Youth psychiatry update [CAP] Daniel Pellen, James Scott, Korinne Northwood, Aswin Ratheesh (60 mins)	Ozempic, Wegovy, and Mounjaro for better mental health? The latest data on GLP1-RAs in psychiatry [P] Mark Taylor, Dan Siskind, Markku Lähteenvuo, Robyn Brown (90 mins)	
		Raising consciousness: the intersections of gender equity and psychiatry [PE] Natalie Scollay, Lillian Ng, Ria George (20 mins)												
		Impact of Dementia: aware and solutions for Equity in Aotearoa (IDEA): successes, challenges, and preliminary insights [A] Gary Cheung (20 mins)	Rapid fire Empowering the village: the use of secondary consults for an infant and child service [A] Victor Senthinathan (10 mins)								Rapid fire Comparing determinants of appointment absenteeism in ADHD and autism: a cross-service analysis from two tertiary child mental health settings in Sri Lanka [CAPE] Prabha Vidyatilake (10 mins)			
	Rapid fire Understanding clinical and systemic patterns in the Cairns community older persons mental health service: a retrospective quality assurance audit [A] Aathi Selvanayagam (10 mins)	Rapid fire Complete audit cycle examining nutritional deficiencies (iron, vitamin D, and B12) in secure forensic rehabilitation mental health inpatients over 2 years to examine the impact of improvements to diet, clinical education, clinical vigilance and supplementation [A] Benjamin Smith (10 mins)						Psychiatrists with health impairments: A ten-year cohort study of health impairment notifications to Ahpra [P] Marie Bismark (20 mins)		Access to stable integrated social housing with psychosocial support is associated with significant improvements in recovery and quality of life over time: A trajectory analysis paper Gill Callister (20 mins)		Rapid fire Down syndrome regression disorder - an autoimmune disease? [AP] Robert Waugh (10 mins)	Incorporating neurodiversity assessment in a youth enhanced community mental health service [CAPE] Sonia Kumar (20 mins)	

Presentations	NO SESSION	Rapid fire Circulating Growth Differentiation Factor-15 (GDF-15) levels in depressive disorders- a systematic review and meta-analysis of the association between GDF-15 and depression in adult populations [P] Aidan Jones-Murphy (10 mins)	Concurrent 3C continued	Concurrent 3D continued	Concurrent 3E continued	Rapid fire Australasian psychiatrists' and psychologists' perspectives on psychotherapy for people with schizophrenia - a qualitative exploration of current therapy provision and barriers to referral, using Grounded Theory [A] Natalya Godbold (10 mins)	Concurrent 3G continued	Concurrent 3H continued	Concurrent 3I continued	Rapid fire Emergency mental health presentations in autism spectrum disorder (ASD): A case control study [AP] Isuri Wimalasiri (10 mins)	The current sociology of psychiatry: alienation, hegemony and the internet [P] Robert Kaplan (20 mins)	Rapid fire Hospital-in-the-home for severe OCD: a case series from a youth psychiatric program [CA] Vlad Marinvo (10 mins)	Concurrent 3M continued
		Rapid fire The impact of dialectical behaviour therapy on suicidality and self-harm behaviour in people with autism spectrum disorder: a systematic review [A] Siu Ki Ng (10 mins)											
1630-1915	College Ceremony (Plenary 2, Doors 7&8)												
1915-2015	College Ceremony Refreshments (Main Foyer 2&3)												
Tuesday 5 May 2026													
0630-0730	Yoga												
0730-1700	Registration open (Main Foyer 3)												
0730-1700	Exhibition open (Exhibition, Concourse door 7)												
0800-0830	Minister Butler and RANZCP President and CEO releasing Strategic Plan 2026-2030 - IN PERSON AND VIRTUAL ACCESS												
Room	Plenary 2 (Doors 7&8)												
0830-1030	Plenary session 1 - IN PERSON AND VIRTUAL ACCESS												
Room	Plenary 2 (Doors 7&8)												
0830-0930	Keynote address three												
Title	Psychiatry and the future of health systems in the polycrisis era: from fragility to tipping points to early warning systems to adaptive capacity to reform and renewal [CAPE]												
Speaker	Professor Jeffrey Braithwaite												
0930-1030	Keynote address four												
Title	Psychiatry 2026 and onwards												
Speaker	Professor Norman Sartorius												
1030-1100	Morning tea (Exhibition, Concourse door 7)												

1100-1230 Concurrent session 4														
Session	Concurrent 4A - IN PERSON AND VIRTUAL ACCESS	Concurrent 4B	Concurrent 4C	Concurrent 4D	Concurrent 4E	Concurrent 4F	Concurrent 4G - IN PERSON AND VIRTUAL ACCESS	Concurrent 4H - IN PERSON AND VIRTUAL ACCESS	Concurrent 4I	Concurrent 4J	Concurrent 4K	Concurrent 4L	Concurrent 4M - IN PERSON AND VIRTUAL ACCESS	
Room	Plenary 2 (Doors 7&8)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220	
Stream	Residential symposium	Addiction	Perinatal and infant psychiatry and Rapid fire	Training and education and Psychotherapy	Cultural diversity, ethnicity and competence	Lived experience	Adult psychiatry	Adult psychiatry	Adult psychiatry	ASD, attentional and developmental disorders	Intellectual and developmental disability psychiatry	Ethics and the law and Rapid fire	Consultation-liaison psychiatry	
Presentations	Responsibilities psychiatrists and peak psychiatric organisations hold beyond their borders (90 mins)	Involuntary treatment for substance use disorders in Victoria - an audit of people treated under the Severe Substance Dependence and Treatment Act from 2011-2023 [AE] Tom English (20 mins)	Advancing expertise and care: Developing an Advanced Training Certificate in Perinatal Psychiatry for RANZCP [AP] Megan Galbally (20 mins)	Psychiatric publishing: weathering the currents of change [CAPE] Jeffrey Looi, Samantha Loi, Judith Hope, Steve Kisely, Gin Malhi (60 mins)	Different perspectives in culture and mental health [CAPE] Carlos Zubarán, Vlasios Brakoulias, Ernest Hunter (90 mins)	The multifaceted AI psychiatry relationship: a symposium [CAPE] Louis Eveve, Marc Jurblum, Charles Chan, Kevin Yu Chen Hou (90 mins)	Debate: Borderline personality disorder v complex PTSD [APE] Daniel Pellen, Jayashri Kulkarni, Andrew Chanen (90 mins)	The evolution and utilization of Clozapine across countries: An international perspective [AP] Tetsufumi Kanazawa, Susanna Every-Palmer, Brian O'Donoghue, Tianmei Si, Hiroyoshi Takeuchi (90 mins)	Unanswered questions in the management of schizophrenia: What, when, for how long? [P] Digvijay Goel, Shailesh Kumar, Nagesh Pai, Mohan Isaac (90 mins)	Late diagnosed autistic adults [APE] Emma Radford, Sandra Radovini, Georgina Clarke, Elle Perry, Sheran Kay, Jess Dumble, Avalon McWha (90 mins)	Diagnosis, monitoring and treatment of bipolar disorder in people with intellectual developmental disabilities [A] Richard Porter, Jennifer Torr (90 mins)	Psychiatry, human rights and mental health law: Current debates and issues [CAPE] Panos Karanikolas, Piers Gooding, Steve Kisely, Neeraj Gill (70 mins)	<u>Clinical Update</u> Non-pharmacological treatment of persistent pelvic pain [CAPE] Peta Wright (45 mins)	
		Craving and depression in the crosshairs: Pilot data on sublingual ketamine in dual-diagnosis patients (TRD and AUD) [P] Ranjini Rao (20 mins)	From survival mode to BETTER: A polyvagal and developmentally informed toolkit for psychiatric practice [CAP] Deeta Kimber (20 mins)											
		The impacts of adverse childhood experiences and resilience on psychopathology and addictive behaviour in Chinese patients with substance use disorder [P] Simon SY Lui (20 mins)	Reimagining parent-infant attachment: The Composite Caregiving Questionnaire (CCQ) as an accessible tool in early perinatal interventions [CAPE] Nghiep Tran (15 mins)											
		New models of psychiatric care: Benefits, barriers and better pathways forward [AP] Sampath Arvapalli (20 mins)	Rapid fire Bringing genetics to mental health: integrating genetic counselling into a mental health program at Monash Health, Australia [A] Joanne Isbister (10 mins)	Understanding the climate and ecological crisis and climate/eco distress from psychological and psychoanalytic perspectives [CAPE] Charles Le Feuvre (20 mins)										<u>Clinical Update</u> Micronutrient supplementation for antenatal depression: effect on mothers and babies [A] Roger Mulder (45 mins)

Presentations	Concurrent 4A continued	Concurrent 4B continued	Growing minds feeling good: a family-focused digital intervention for reducing antipsychotic-associated weight gain and cardiometabolic risk in children and adolescents with neurodevelopmental disorders [A] Catherine McHugh, Patrick Hawker (20 mins)	Rapid fire The politics of explanation in psychiatry [P] Stephen Rosenman (10 mins)	Concurrent 4E continued	Concurrent 4F continued	Concurrent 4G continued	Concurrent 4H continued	Concurrent 4I continued	Concurrent 4J continued	Concurrent 4K continued	Long term outcomes of adolescent ADHD symptoms: a birth cohort study [A] James Foulds (20 mins)	Concurrent 4M continued
1230-1330	Lunch and poster session two (Exhibition, Concourse door 7)												
1240-1320	Faculty and Section member forums												
	Faculty of Addiction Psychiatry (Meeting Room 206)												
	Section of Private Practice Psychiatry (Meeting Room 207)												
	Section of Leadership and Management (Meeting Room 208)												
	Section of Social and Cultural and Rehabilitation Psychiatry (Meeting Room 209)												
	Section of Electroconvulsive Therapy and Neurostimulation (Meeting Room 210)												
	Section of Youth Mental Health (Meeting Room 212)												
	Faculty of Forensic Psychiatry (Meeting Room 217)												
	Section of Psychiatry of Intellectual and Developmental Disabilities (Meeting Room 218)												
	Section of Philosophy and Humanities (Meeting Room 219)												
	Faculty of Consultation-Liaison Psychiatry (Meeting Room 220)												

1330-1500 Concurrent session 5													
Session	Concurrent 5A - IN PERSON AND VIRTUAL ACCESS	Concurrent 5B	Concurrent 5C	Concurrent 5D	Concurrent 5E	Concurrent 5F	Concurrent 5G - IN PERSON AND VIRTUAL ACCESS	Concurrent 5H - IN PERSON AND VIRTUAL ACCESS	Concurrent 5I	Concurrent 5J	Concurrent 5K	Concurrent 5L	Concurrent 5M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 2 (Doors 7&8)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Addiction	ASD, attentional and developmental disorders and Eating and dieting disorders	Policy and system reform and Leadership and management; organisational psychiatry; Rapid fire	History and philosophy of psychiatry	Cultural diversity, ethnicity and competence	Rapid fire - Adult psychiatry	Consultation-liasion psychiatry	Adult psychiatry	Private practice psychiatry	ASD, attentional and developmental disorders	Intellectual and developmental disability psychiatry	Ethics and the law and History and philosophy of psychiatry	Invited speakers
Presentations	<p>Clinical Update The hidden driver: treating trauma and addiction together [AP] Shalini Arunogiri</p> <p>Evolving approaches to the treatment of alcohol use disorder [AP] Dan Lubman</p> <p>Evidence-based guidelines on the pharmacological management of methamphetamine use disorder [A] Rebecca McKetin (90 mins)</p>	<p>The development of a neurodevelopmental service in rural Victoria [CAP] Raghavendar Baburaj (20 mins)</p> <p>GP ADHD shared care program: A child & adolescent mental health services (CAMHS) initiative [AP] Michaela Baalderstone (20 mins)</p> <p>Cardiovascular risk factors and serious health events in individuals with eating disorders: A systematic review [CA] Kate Murphy (20 mins)</p> <p>To feed or not to feed: Models of care in refeeding medically unstable patients with eating disorders [APE] Carol Silberberg (20 mins)</p>	<p>A novel methodological approach for testing the explicit and implicit rules of mental health system design: a case study related to chemical restraint [PE] Jason Thompson (20 mins)</p> <p>Does IPMHA deliver value for investment? [A] Sarah Appleton (20 mins)</p> <p>From chaos to coordination: Optimising mental health flow in one of Queensland's busiest emergency departments [P] Muthur Anand (20 mins)</p> <p>Implementing integrated and recovery-oriented models of care at Monash Health [AP] Tristan Vasquez (20 mins)</p>	<p>Literary Salon: <i>Mother Mary Comes to Me</i> by Arundhati Roy [CPE] Ajay Vijayakrishnan, Ravi Bhat, Vaidy Swaminathan, Suresh Yadav (90 mins)</p>	<p>Making meaning: Narrative threads across cultures and contexts [CA] Yoshi Bandara, Mangatjay McGregor, Helena Niu (90 mins)</p>	<p>Going troppo: Heatwaves and mental illness in South Western Sydney [A] Matthew Barton (10 mins)</p> <p>Intramuscular clozapine: a systematic scoping review of clinical feasibility, safety, and efficacy [APE] Noori Dhaliwal (10 mins)</p> <p>Impacts of glucagon-like peptide-1 receptor-agonist (GLP-1 RA) treatment for metabolic disturbances & weight gain in patients on clozapine/olanzapine: A systematic review [A] Hilary Fernando (10 mins)</p> <p>Perceptions of sleep disorders in patients with psychosis among Australian and New Zealand psychiatrists and registrars Alana Greenberg (10 mins)</p>	<p>Beyond the beat: rethinking mental health in cardiac care [AP] Megan Galbally, Afnan Khaleque, Hendrik Zimmel, Gaynor Blankley (70 mins)</p> <p>What is the epidemiology of dental disorders among people with mental illness? [A] Steve Kisely (20 mins)</p>	<p>Innovations and insights into risk assessment, diagnosis, and treatment of borderline personality disorder [AE] Jillian Broadbear, Sathya Rao, Joy Quek, Joseph Fetting (90 mins)</p>	<p>Can next generation technologies enable psychiatrists to deliver personalised, safe and scalable mental health care before private health insurers create havoc by implementing data-driven managed care plans? [CAPE] Gary Galambos, William Pring (90 mins)</p>	<p>A different point of view: integrating neurodevelopment into youth mental health [AP] Edward Mullen, Rebecca Dailey, David Coghill (90 mins)</p>	<p>Meeting the mental health needs of autistic people: the psychiatrist's role [CA] Rebecca Konz, Lydia Meem, James Smith, Josef McDonald, Melanie Johnston (90 mins)</p>	<p>Medico-legal roundtable for psychiatrists [PE] Owen Bradfield, Kate Hughes, Marie Bismark, Chris Spain (70 mins)</p>	<p>Invited speaker The relational constructs of caring: towards healing, equity and trust [APE] Deirdre (De) Backman-Hoyle (45 mins)</p> <p>Invited speaker The role of research in regional and rural communities and what academic work can provide to the broader profession [AP] Professor Michael Berk (45 mins)</p>

Presentations	Concurrent 5A continued	Concurrent 5B continued	<p>Rapid fire Prevalence of obstructive sleep apnoea in an older persons' mental health unit: associations with depression, other psychiatric conditions, and cognitive impairment to inform screening [AP] Isabella Stapledon (10 mins)</p>	Concurrent 5D continued	Concurrent 5E continued	<p>Concurrent long-acting injectable olanzapine and first-generation antipsychotic in treatment-resistant psychosis with substance use: a retrospective analysis of 13 consumers over 36 months [A] Amelia James (10 mins)</p> <p>High dose antipsychotic prescribing in a South London community mental health team: a clinical audit using current guidelines [AP] Benjamin Koetsier (10 mins)</p> <p>Evidence based recommendations for safe tapering and withdrawal of antipsychotic medication [PE] Jonathan Li (10 mins)</p> <p>Clozapine and pulmonary embolism - an overlooked risk: a look at the pharmacovigilance data [A] Rupert Nelson (10 mins)</p>	Concurrent 5G continued	Concurrent 5H continued	Concurrent 5I continued	Concurrent 5J continued	Concurrent 5K continued	Concurrent 5L continued	Concurrent 5M continued
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RANZCP 2026 Congress
Preliminary Program

Presentations	Concurrent 5A continued	Concurrent 5B continued	Concurrent 5C continued	Concurrent 5D continued	Concurrent 5E continued	Concurrent 5F continued	Concurrent 5G continued	Concurrent 5H continued	Concurrent 5I continued	Concurrent 5J continued	Concurrent 5K continued	Concurrent 5L continued	Concurrent 5M continued
1500-1530	Afternoon tea (Exhibition, Concourse door 7)												

1530-1700 Concurrent session 6															
Session	Concurrent 6A - IN PERSON AND VIRTUAL ACCESS	Concurrent 6B	Concurrent 6C	Concurrent 6D	Concurrent 6E	Concurrent 6F	Concurrent 6G - IN PERSON AND VIRTUAL ACCESS	Concurrent 6H - IN PERSON AND VIRTUAL ACCESS	Concurrent 6I	Concurrent 6J	Concurrent 6K	Concurrent 6L	Concurrent 6M - IN PERSON AND VIRTUAL ACCESS		
Room	Plenary 2 (Doors 7&8)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220		
Stream	Invited speakers	Adult psychiatry and Rapid fire	Training and education and PIF	Psychotherapy, Private practice psychiatry and Cultural diversity, ethnicity and competence; Rapid fire	Psychotherapy	Addiction	Māori mental health	ECT and neurostimulation and neuropsychiatry and neurobiology	Consultation-liaison psychiatry	Child and adolescent psychiatry	Intellectual and developmental disability psychiatry	ECT and neurostimulation	Psychotherapy		
Presentations	<p>Invited speaker Dissociation in childhood and adolescence [A] Professor Helen Milroy (45 mins)</p> <p>Invited speaker Holding the centre: supporting families, protecting care, and reducing harm for trans young people [CAE] Joe Ball (45 mins)</p>	<p>Challenges and complications encountered in the management of borderline personality disorder [A] Beatrice Swan (20 mins)</p>	<p>Investing in the future of academic psychiatry: the role of the RANZCP Foundation and Committee for Research in supporting emerging researchers [CAPE] John Allan, Nicola Warren, Jacqueline Huber, Sean Halstead (90 mins)</p>	<p>Spatial therapeutics: Early lessons of a virtual reality augmented psychodynamic psychotherapy frame [APE] Marc Jurblum (20 mins)</p>	<p>View from the inside: understanding and managing the treatment needs of people experiencing personality disorder and supporting the clinicians who care for them [A] Jillian Broadbear, Sathya Rao, Julian Nesci, Jaime Martin (90 mins)</p>	<p>Beyond the ivory tower: Providing care where it's needed for people with co-occurring mental health and substance use disorders [A] Lea Foo, Max Hankin, Carlotta Standen, Sarah Garry, Andrea Walker, Ryan D'Cunha (90 mins)</p>	<p>He Aroha i te Whānau: The significance of Māori birthing practices to achieve healing, equity and mental wellbeing in pregnancy, birth and the postnatal period [CA] Heather Muriwai (30 mins)</p>	<p>Electroconvulsive therapy (ECT) for neuropsychiatric syndromes secondary to general medical conditions: A systematic literature review [PE] Claudia Kaye (20 mins)</p>	<p>How psychiatrists can help clear the confusion: a delirium update [APE] Andrew Teodorczuk, Anita Nitchingham, John Hopkins, Ajay Macharouthu, Bharathi Balasundaram (90 mins)</p>	<p>Working together to build access to child and adolescent psychiatry in the Asia-Pacific [CAP] Valsamma Eapen, Paul Robertson, Nick Kowalenko, Kumudu Rathnayaka, Tanya Dus (90 mins)</p>	<p>Adapting psychiatric care for individuals with intellectual and developmental disability [APE] Melanie Johnston, Catherine Franklin, Kitty-Rose Foley, Katie Brooker (90 mins)</p>	<p>Building equity and excellence in interventional psychiatry: Models of care, modalities, training, and future directions [CAPE] Salam Hussain, Shanthi Sarma, Deepak Garg, Shane Gill (90 mins)</p>	<p>Psychodynamic interpersonal therapy (PIT) for functional neurological disorder (FND) [A] Kelsey Jostling (20 mins)</p>		
<p>The association between clozapine and haematological malignancy: A systematic review [A] James Esposito (20 mins)</p>		<p>Exploring the role of the College in the use of outcome measures in routine clinical care [CAPE] William Pring (20 mins)</p>		<p>He Ara Hou: Reimagining mental health systems through a Māori lens [CA] Phyllis Tangitu (30 mins)</p>										<p>D-cycloserine augmentation of intermittent theta burst stimulation (iTBS) in depression (COGENT): a multi-site, randomised, placebo-controlled trial [A] Leo Chen (20 mins)</p>	<p>Allan Schore's thirty-year contribution: A paradigm shift from meaning to mechanism in psychiatry and psychotherapy [PE] George Halasz (20 mins)</p>
<p>Restrictive interventions in an adult psychiatric inpatient unit: a retrospective analysis following the implementation of the Mental Health and Wellbeing Act 2022 [E] Becky Zhong (20 mins)</p>		<p>Small network, big impact: how diaspora organisations foster cultural psychiatry and mentorship [CA] Inoka Wimalaratne (20 mins)</p>		<p>He Ara Whakamua: The role of Māori lived experience leadership in healing, reconciliation, and transformation [A] Jason Haitana (30 mins)</p>										<p>Homicide offenders with schizophrenia have more severe theory-of-mind deficits than non-violent schizophrenia patients [P] Ching Yung Amy Liu (20 mins)</p>	<p>Severe, complex and chronic PTSD: Clinical outcomes from a 4-day intensive trauma treatment [A] Grant Blake (20 mins)</p>
<p>Rapid fire Anxiety sensitivity and interoceptive accuracy in somatic symptom disorders from the HICCUPS study [A] Phil Tully (10 mins)</p>	<p>Anti-migrant sentiments, allostatic load and the welfare of the Australian psychiatric workforce [CA] Sarangan Ketheesan (20 mins)</p>	<p>Psychological safety, Belonging, and help-seeking: A community-led intervention facilitating healing and integration among Karen and Karenni refugees in Victoria, Australia [CA] Emma Tam (15 mins)</p>	<p>Implementing a stepped care model for psychotherapeutic treatments in a public mental health service [APE] Kerryn Rubin (20 mins)</p>												

Presentations	Concurrent 6A continued	Use of technologies to achieve equitable mental health services in remote areas Zui Narita (20 mins)	Concurrent 6C continued	Rapid fire STEM Sudan: A community-led education platform for displaced sudanese [CA] Alexander Campbell (10 mins)	Concurrent 6E continued	Concurrent 6F continued	Concurrent 6G continued	Co-occurrence of depression and obstructive sleep apnoea in patients referred to a memory clinic: a retrospective chart review [AP] Catherine Davidson (15 mins)	Concurrent 6I continued	Concurrent 6J continued	Concurrent 6K continued	Concurrent 6L continued	Concurrent 6M continued
1700-1830	Fireside chat with Professor Norman Sartorius and early career psychiatrists												
Room	Meeting Room Z20												
Speaker	Professor Norman Sartorius and RANZCP President, Dr Astha Tomar												
1700-1800	RANZCP Foundation networking function (Main Foyer 3)												
1700-1800	RCPsych members reception, Plenary Café (Main Foyer 3)												
1800-1845	Registrar speed mentoring (Meeting Room 210)												
1900-2100	Welcome Aboard (Ludlow Bar and Dining Room)												
1900-late	RANZCP Faculty and Section members dinners												
Wednesday 6 May 2026													
0700-0800	Yoga												
0700-0800	Breakfast seminar session: The Psychedelic Consultancy - Want to become an authorised prescriber of MDMA or psilocybin-assisted therapy? (Meeting Room 212, Level 2) - IN PERSON AND VIRTUAL ACCESS												
0800-1600	Registration open (Main Foyer 3)												
0800-1530	Exhibition open (Exhibition, Concourse door 7)												
0830-1030	Plenary session 2 - IN PERSON AND VIRTUAL ACCESS												
Room	Plenary 2 (Doors 7&8)												
0830-0930	Keynote address five												
Title	Peers and psychiatrists: how do we make space for each other?												
Speaker	Dr Louise Byrne												
0930-1030	Keynote address six												
Title	Concepts and other tools for tackling complexity in research and in implementation of evidence												
Speaker	Professor Gabriele Bammer												
1030-1100	Morning tea (Exhibition, Concourse door 7)												

1100-1230 Concurrent session 7													
Session	Concurrent 7A - IN PERSON AND VIRTUAL ACCESS	Concurrent 7B	Concurrent 7C	Concurrent 7D	Concurrent 7E	Concurrent 7F	Concurrent 7G - IN PERSON AND VIRTUAL ACCESS	Concurrent 7H - IN PERSON AND VIRTUAL ACCESS	Concurrent 7I	Concurrent 7J	Concurrent 7K	Concurrent 7L	Concurrent 7M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 2 (Doors 7&8)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Presidential symposium	Military and veterans' mental health and Child and adolescent psychiatry	Adult psychiatry	Adult psychiatry	Adult psychiatry	Leadership and management; organisational psychiatry	Invited speakers	Adult psychiatry	Neuropsychiatry and neurobiology	Policy and system reform	Indigenous mental health	History and philosophy of psychiatry	Lived experience and psychiatry
Presentations	Psychiatry leadership over the years: what has changed (90 mins)	Serving those who serve: Taking a service history with military personnel or veterans [CP] Diana McKay (20 mins)	Hepatitis C screening and treatment in Victorian public mental health settings: Time for action [APE] Yodith Tekabe, Katherine Thomas, Joseph Doyle, Amanda Wade, Vinay Menon, Cathy Ngo (90 mins)	Addressing health inequalities in mental health through targeted prevention and intervention [CAP] Jackie Curtis, Julian Trollor, Rebecca Koncz, Ava Carter, Grant Sara (90 mins)	Focussing on improving functional outcomes [CAPE] Frances Dark, Julia Lappin, Stephen Parker (90 mins)	Leadership for Change - Inverting the triangle [CAP] Kerryn Rubin, Kate Andrews, Elise Pointer (90 mins)	Invited speaker The perils of diagnosis in the age of the internet [AP] Dr Matthew MacFarlane (45 mins)	Clinical Update Emotion dysregulation: phenomenological and diagnostic complexities [CP] Nagesh Pai (45 mins)	From lived experience to the lab and back to the clinic and lived experience: addressing diagnostic and care challenges in dementia and psychiatric disorders in The Markers in Neuropsychiatric Disorders Study [CAPE] Dhamidhu Eratne, Yasmin Tan, Dennis Velakoulis, Matthew Kang, Milla McLean (90 mins)	Addressing multimorbidity in mental and behavioural health care: the multimorbidity quality improvement strategy in mental health alcohol and other drugs services of Queensland health [AP] Michael Lam, Victoria Howes, Sjaan Gomersall, Olivia Falvey, Michelle Gilmore, Matthew Reeves (90 mins)	The drive for change, our hope for Aboriginal people in mental health using the pillars of the RANZCP Reconciliation Action Plan to embed cultural governance [CA] Josephine Gray, Kath Ryan, Katie Papertalk (20 mins)	Moonlighting: Living the double life of psychiatrist and creative artist [CAPE] Izaak Lim, Anne Buist, Beatrice Dowsett, Jennifer Harrison (90 mins)	Embedding lived and living experience in education. Reflections and lessons from a multi-disciplinary team [CAP] Ingrid Ozols AM, Kirsty Rosie, Michelle Kehoe, Phyllis Chua (60 mins)
		Rwanda - The forgotten deployment [PE] Peter Wheatley (20 mins)						Clinical Update Dysregulated emotions [P] Sathya Rao (45 mins)			An exploration of correlation between psychotic symptoms and Indigenous cultural phenomena [CA] Dharmenderi Sathiasseelan (20 mins)		
		Effect of transcranial direct current stimulation (tDCS) on cognitive function, symptoms, and functioning in children and adolescents with attention deficit hyperactivity disorder: a randomized controlled study [A] Bichitra Patra (20 mins)					Invited speaker Oh hi Psychiatry, what's brought you in to see me today? Hannah Whittaker-Komatsu (45 mins)				Prevalence of attention deficit hyperactivity disorder among First Nations Peoples of Australia and Aotearoa New Zealand: a systematic review [CAPE] Shuichi Suetani (20 mins)		The stories we tell ourselves: Challenging the preferred narrative of our own mental health [PE] Kieran Allen, Jasmine Elliott (30 mins)

	Concurrent 7A continued	"Loog Afdaimbud Dem Propuwai" - Teaching community hands-on trauma informed care [CA] Deeta Kimber (20 mins)	Concurrent 7C continued	Concurrent 7D continued	Concurrent 7E continued	Concurrent 7F continued	Concurrent 7G continued	Concurrent 7H continued	Concurrent 7I continued	Concurrent 7J continued	Wungen Kartup: An Indigenous-specific mental health service model to improve social and emotional wellbeing outcomes for Aboriginal and Torres Strait Islander Peoples [CA] Dharmenderi Sathiseelan (20 mins)	Concurrent 7L continued	Concurrent 7M continued
1230-1330	Lunch and poster session three (Exhibition, Concourse door 7)												
1230-1330	RANZCP women's networking lunch (Plenary Café, Main Foyer 3)												
1240-1320	Meet the Dean session for trainees (Meeting Room 219)												
1330-1500	Concurrent session 8												
Session	Concurrent 8A	Concurrent 8B	Concurrent 8C	Concurrent 8D	Concurrent 8E	Concurrent 8F	Concurrent 8G - IN PERSON AND VIRTUAL ACCESS	Concurrent 8H - IN PERSON AND VIRTUAL ACCESS	Concurrent 8I	Concurrent 8J	Concurrent 8K	Concurrent 8L	Concurrent 8M - IN PERSON AND VIRTUAL ACCESS
Room	NO SESSION												
Stream		Meeting Room 206 International leaders	Meeting Room 207 Youth mental health and Rapid fire	Meeting Room 208 Training and education	Meeting Room 209 Adult psychiatry	Meeting Room 210 Policy and system reform	Meeting Room 212 Policy and system reform and Rapid fire	Meeting Room 213 Adult psychiatry	Meeting Room 216 Neuropsychiatry and neurobiology	Meeting Room 217 Veteran mental health	Meeting Room 218 Leadership and management; organisational psychiatry	Meeting Room 219 Training and education	Meeting Room 220 Invited speakers
Presentations		Mental disorders in sovereign citizen offenders remanded by court in Singapore [A] Derrick Yeo (20 mins)	The relationship between social media use and social anxiety: A systematic review and meta-analysis [APE] Daniel Debattista (20 mins)	Demystifying peer review as a gateway to psychiatric research - An interactive panel discussion with Australasian Psychiatry's Early Career Group [PE] Michael Taran, Gordon Donnir, Michael Weightman, Katelyn Tadd (60 mins)	Obsessive Compulsive Disorder (OCD): Enigma wrapped in a riddle! [P] Digvijay Goel, Shailesh Kumar, Nagesh Pai, Mohan Isaac (90 mins)	"Learn globally inspire locally": Implementing evidence informed practice across Australia and Aotearoa [CA] Elizabeth Moore, Melanie Turner, Paul Fung, Ava Carter (90 mins)	Psychiatry and the fourth estate: free speech to empower advocacy [APE] Jeffrey Looi, Natasha Robinson, Stephen Robson (60 mins)	Exercise is vital medicine for people with mental disorders [AE] Nicole Korman, Megan Teychenne, Mike Trotter, Katherine Moss (90 mins)	Contemporary OCD care: Bridging science and clinical practice [APE] Janardhanan Narayanaswamy, Vlasios Brakoulis, Scott Blair-West, Sarah Farrand, Gary Galambos (90 mins)	The Good, the Bad, and the Ugly: Military trauma, neurobiology, cultural competency, and the complex landscape of veteran mental health [CAPE] Charana Perera, Ben Wadham, Harry McConnell Edwin Elcock, Omer Shareef, Alexis Badger (90 mins)	Negotiations with governments: Lessons learned from various jurisdictions [CAPE] Victor Storm, Pramudie Gunaratne, John Allan, Simon Stafrace, Beth Kotze (90 mins)	Advancing the RANZCP Fellowship: Integrating curriculum, assessment, and supervision reform [CAPE] Anthony Llewellyn, Phyllis Chua, Georgina Ramsden, Andrew Teodorczuk (90 mins)	Invited speaker Trust and distrust in and of psychiatry [E] Professor Karen Jones (45 mins)
		Navigating the psychedelic landscape in Australia: from regulation to clinical implementation Monica Schweickle (20 mins)	The Youth Service Integration Resource Kit: Transforming youth mental health care systems through service integration [A] Jackie Curtis (20 mins)										
		Far away, so close! How group video supervision of the RANZCP Psychotherapy Written Case delivers where it's needed [APE] Matthew Roberts (20 mins)	Addressing the tyranny of distance - headspace Telepsychiatry evaluation [A] Michael Batterham (20 mins)										
							Rapid fire History and the nature of diagnosis [P] Stephen Rosenman (10 mins)						

Presentations	NO SESSION	Encountering physical multimorbidity in persons living with schizophrenia: incidence, clinical impacts and management implications for psychiatric care [A] Sean Halstead (20 mins)	MST Psych: Integrating youth and adult mental health support to keep families safely together [CA] Yara Khedr, Doliza Reyes-Bibbs (20 mins)	Concurrent 8D continued	Concurrent 8E continued	Concurrent 8F continued	Rapid fire The creeping erosion of psychiatric professionalism [P] David Menkes (10 mins)	Concurrent 8H continued	Concurrent 8I continued	Concurrent 8J continued	Concurrent 8K continued	Concurrent 8L continued	Invited speaker Chronobiological monitoring and treatment in mood disorders [A] Professor Richard Porter (45 mins)
			Rapid fire Operational defiance disorder: breaking the rules to build a team based mental health clinic for kids and families [A] Oliver Robertson (10 mins)				Rapid fire Public trust under the spotlight: psychiatry and the media [APE] Natalie Puchalski (10 mins)						
1500-1530	Afternoon tea (Exhibition, Concourse door 7)												
1530-1730	RANZCP Annual General Meeting, Plenary 2 (Doors 7&8)												
1830-2300	Congress Gala dinner (Plaza Ballroom, Melbourne CBD)												
Thursday 7 May 2026													
0830-1345	Registration open (Main Foyer 3)												
0900-1030	Concurrent session 9												
Session	Concurrent 9A - IN PERSON AND VIRTUAL ACCESS	Concurrent 9B	Concurrent 9C	Concurrent 9D	Concurrent 9E	Concurrent 9F	Concurrent 9G - IN PERSON AND VIRTUAL ACCESS	Concurrent 9H - IN PERSON AND VIRTUAL ACCESS	Concurrent 9I	Concurrent 9J	Concurrent 9K	Concurrent 9L	Concurrent 9M - IN PERSON AND VIRTUAL ACCESS
Room	Plenary 2 (Doors 7&8)	Meeting Room 206	Meeting Room 207	Meeting Room 208	Meeting Room 209	Meeting Room 210	Meeting Room 212	Meeting Room 213	Meeting Room 216	Meeting Room 217	Meeting Room 218	Meeting Room 219	Meeting Room 220
Stream	Policy and system reform	Adult psychiatry	Training and education	Addiction	Adult psychiatry	Training and education	Psychedelics and psychedelic assisted therapy	Training and education and Indigenous mental health	Neuropsychiatry and neurobiology	Training and education	Policy and system reform, Gender issues in psychiatry and Psychiatry of old age	History and philosophy of psychiatry	Training and education
Presentations	The Emergency Department Mental Health Steering Group recommendations to the RANZCP -policy position and advocacy for an ailing public health system [CAPE] Jacqueline Huber, Yoon Kwon Choi, Sammy Walker, Marshall Watson, Francesca Valmorbidia McSteen, Yulia Furlong (90 mins)	Does non-attachment contribute to psychological health? [C] Jyotsna Agrawal (20 mins)	Australasian Psychiatry: reading and publishing in your journal - an interactive panel discussion with attendees [PE] Jeffrey Looi, Judith Hope, Samantha Loi, Sharon Reutens, Fiona Wilkes, Michael Taran (60 mins)	Impact of a novel addiction medicine service on the inpatient management of alcohol use disorder in alcohol related liver disease in Western Australia [A] Kavindya Perera (15 mins)	Australian and New Zealand Journal of Psychiatry (ANZJP) Grading of Recommendations, Assessment, Development, and Evaluations (GRADE) Guidelines for the Management of Schizophrenia [CAPE] Shuichi Suetani, Nicola Warren, Sean Halstead, Brian O'Donoghue, Sharon Lawn, Nicole Korman (90 mins)	Total wellbeing: succeeding with individual, team and organizational approaches to overcome burnout [P] Andrew Teodorczuk, Nicole Tregoning (90 mins)	The crux is the crucible: supporting non-ordinary states in psychedelic treatment [CAPE] Jonathan Starke, Simon Amar, Beth Mah, Monica Schweickle, David Spektor, Katie Treble (90 mins)	Debate: Artificial intelligence is appropriate for use in psychiatry training [CAPE] Louis Eveve, Nargessadat Mazloumi, Michael Weightman, Paari Palaniswami, Marc Jurbum, Rob Selzer (90 mins)	Innovations in the treatment of Functional Neurological Disorder [AP] Toby Winton-Brown, Chiranth Bhagavan, Lana Higson, Adith Mohan, (90 mins)	Surviving the Scholarly Project: Insights and experiences to success [CPE] Samantha Loi, Matthew Kang, Dhamidhu Eratne, Nicca Grant, Stuart Holdsworth, Lauren Chiu, Emma Radford (70 mins)	The inaugural symposium from the RANZCP Planetary Health and Mental Health Advisory Group [CAPE] Calogero Longhitano, Cybele Dey, Netsanet Ayele Mengesha, Charles Le Feuvre, Anthony Harris (70 mins)	Are we speaking in tongues? Language and communication in psychiatry [CAPE] Yoshi Bandara, Anusha Jayasekera, Maxwell Marrows, Evelyn Bian, Eishitha Bandara (90 mins)	Demystifying Balint Groups: History, reflections and research [PE] Rajan Nishanth Jayarajan, Rebecca Wild, Briony Hamill, Bornika Banerjee (60 mins)
		Adaptive leadership challenge: improving patient care through reducing restrictive interventions in a metropolitan acute inpatient unit, Australia [CAPE] Chamali Wanigasekara (20 mins)		Trauma-informed assessments as a pathway to equitable mental healthcare [P] Kit Kline (20 mins)									

Presentations	Concurrent 9A continued	It's not just for kids! [CAPE] Franco Giarraputo (20 mins) Prevent, de-escalate or innovate? - Practical approaches when it comes to managing behaviour in our workplace environments [PE] Agnew Alexander (20 mins)	Becoming rurally ready: Enhancing rural preparedness skills for trainees in rural locations [CA] Megan Barrett (20 mins)	Understanding the Clinical Competency Portfolio Review (CCPR) Nathan Gibson, Shane Gill (50 mins)	Concurrent 9E continued	Concurrent 9F continued	Concurrent 9G continued	Concurrent 9H continued	Concurrent 9I continued	Shared reality in therapeutic alliance: Building trust, healing, and equity in Philippine Psychiatry [C] Joan Mae Perez-Rifareal (20 mins)	An integrative review of community-based psychosocial interventions for hoarding and squalor [A] Yun Ming Yong (20 mins)	Concurrent 9L continued	Mathematically modelling the biopsychosocial framework for precision medicine in psychiatry [APE] Athula Polonowita (20 mins)
1030-1100	Morning tea (Main Foyer)												
1100-1200	Listening to Voices performance - IN PERSON AND VIRTUAL ACCESS												
Room	Plenary 2 (Doors 7&8)												
1200-1345	Plenary session 3 - IN PERSON AND VIRTUAL ACCESS												
Room	Plenary 2 (Doors 7&8)												
1200-1245	Margaret Tobin Oration												
1245-1330	Senior Research Award												
1330-1345	Congress closing address												
1500-1700	Inner city Indigenous walking tour (departure/return point: John Davis Memorial Tree, Vale St, East Melbourne)												
1500-1730	Street art and graffiti walking tour (pick up/return point: at the stage near the big screen at Federation Square, Melbourne)												
1500-1730	Lanes and arcades walking tour (pick up/return point: at the stage near the big screen at Federation Square, Melbourne)												