

BRIGHT LIGHTS AND BIG IDEAS

4-8 MAY 2025

RANZCP 2025 CONGRESS



GOLD COAST CONVENTION
AND EXHIBITION CENTRE
QUEENSLAND

Presentations listed below are streamed live from the Congress venue at the Gold Coast and recorded for your viewing
subject to change

| Monday 5 May 2025 | | |
|-------------------|---|---|
| 0830-1100 | OPENING PLENARY SESSION | |
| 0900-1000 | Keynote address one | |
| Title | Potential benefits of early tapering after remission of a first psychosis; results from the HAMLETT study | |
| Speaker | Professor Iris Sommer | |
| 1000-1100 | Keynote address two | |
| Title | Data lakes or data billabongs? Using large-scale health system data in Australian mental health care | |
| Speaker | Professor Grant Sara | |
| 1130-1300 | Concurrent session 1 | |
| 1A | Old age psychiatry | <p>Clinical Update Improving assessment for elder abuse. Analysis of a national dataset from Aotearoa New Zealand Yoram Barak (30 mins)</p> <p>Clinical Update Exciting developments in the world of dementia Henry Brodaty (30 mins)</p> <p>Clinical Update An update on mood disorders in late life Chanaka Wijeratne (30 mins)</p> |
| 1H | Research | <p>Invited speaker Advancing repetitive transcranial magnetic stimulation (rTMS) treatment of depression Paul Fitzgerald (60 mins)</p> <p>The effectiveness and tolerability of pharmacotherapy for psychosis in 22q11.2 deletion syndrome: A systematic review Maya Tanham (20 mins)</p> |
| 1I | Child and adolescent psychiatry | <p>Invited speaker Temporal changes and early interventions in child and adolescent mental health Andre Sourander (60 mins)</p> <p>Expert considerations in psychedelic-assisted therapy to treat mental health disorders in people under 18: a qualitative review Suresh Sundram (20 mins)</p> |
| 1J | Adult psychiatry | <p>Psychopharmacology and therapeutics update - an expert review Chris Davey, Colleen Loo, Aswin Ratheesh, Dan Siskind (90 mins)</p> |

| 1400-1530 Concurrent session 2 | | |
|--------------------------------|--------------------------------------|---|
| 2H | Mental health research | <p>Invited speaker Mental health research is a team game Stephen Wood (60 mins)</p> <p>Optimising the RELEASE (REdressing Long-tErM Antidepressant uSE) resources: A qualitative think-aloud study with adults with lived experience of long-term antidepressant use Katharine Wallis (20 mins)</p> |
| 2I | Psychedelic treatments | <p>International invited speaker Bringing psychedelic treatments to patients: lessons learned and future perspectives Robert Schoevers (60 mins)</p> <p>Being positive about negative symptoms: translating evidence into practice Frances Dark (20 mins)</p> |
| 2J | Adult psychiatry | <p>The lithium paradox: Increasing evidence, declining use Digvijay Goel, Nagesh Pai, Suresh Sundram, Mohan Isaac (90 mins)</p> |
| 1600-1730 Concurrent session 3 | | |
| 3H | History and philosophy of psychiatry | <p>Current controversies in human rights and psychiatry Neeraj Gill, Michael Evans, Calina Ouliariis, Melissa Castan, Suresh Sundram (90 mins)</p> |
| 3I | Indigenous mental health | <p>Te Reo Orooro - Growing and understanding psychosis from a lived experience Māori first nations perspective Jason Haitana (20 mins)</p> <p>“Te Reo o te Rongoa Hei miri te Hinengaro me te wairua” - Te Reo in contemporary mental health services Moe Milne (20 mins)</p> <p>Te Tiriti o Waitangi in psychiatric services: Framework for equity Phyllis Tangitu (20 mins)</p> <p>The Ngā Wāhanga E Whitu o te Whakatikatika (seven stages of healing) framework Ron Baker (20 mins)</p> |
| 3J | Adult psychiatry | <p>Extending knowledge and clinical experience on the use of ketamine Natalie Mills, Colleen Loo, Stevan Nikolin, Gregory Carter, Nick Glozier, Shanthi Sarma (90 mins)</p> |

| | | |
|---------------------------|--|---|
| Tuesday 6 May 2025 | | |
| 0830-1030 | PLENARY SESSION 1 | |
| 0830-0930 | Keynote address three | |
| Title | Indigenous youth mental health initiatives: from community interventions to youth-led innovation | |
| Speaker | Professor Maree Toombs | |
| 0930-1030 | Keynote address four | |
| Title | Change through the lens of lived experience | |
| Speaker | Mr James Hill | |
| 1100-1230 | Concurrent session 4 | |
| 4A | Child and adolescent psychiatry | <p>Clinical Update Exploring the spectrum: autism and associated comorbidities and implications for management Valsamma Eapen (45 mins)</p> <p>Clinical Update Autism in adolescence and young adulthood Sandra Radovini (45 mins)</p> |
| 4H | Indigenous mental health | <p>Improving outcomes for Aboriginal and Torres Strait Islander young people who experience youth detention Carla Meurk, Marshall Watson, Ed Heffernan, Penny Dale (90 mins)</p> |
| 4I | Military and veterans' mental health | <p>'When the alpha is broken': Critical challenges and complexities in addressing military trauma, veteran mental health, and suicide among veterans and defence personnel in the wake of the Australian Royal Commission's recommendations Ashlea White, James Connor, Ben Wadham, Omer Shareef, Charana Perera, Edwin Elcock (90 mins)</p> |
| 4J | Leadership and management | <p>Developing the mental health facilities of the future Vlasios Brakoulis, David Copolov, Roza Mofid, Vinay Lakra (90 mins)</p> |

| 1330-1500 Concurrent session 5 | | |
|--------------------------------|--------------------------------------|--|
| 5A | Lived experience | <p>Invited speaker How depression made a doctor Dinesh Palipana OAM (60 mins)</p> <p>Harnessing ecotherapy and ecopsychology to address mental health in the face of climate change Sabine Egger (20 mins)</p> |
| 5H | Psychotherapy | <p>Invited speaker Dreaming as big idea: an Australian contribution to psychodynamic psychiatry Anthony Korner (60 mins)</p> <p>Mohiniattam: the power of embodied dance and its interface with psychiatry Samir Heble (20 mins)</p> |
| 5I | Neurostimulation | <p>An update on brain stimulation applications in psychiatric disorders Paul Fitzgerald, Deepak Garg, Shanthi Sarma, Salam Hussain, Luke Williams (90 mins)</p> |
| 5J | Private practice psychiatry | <p>Telepsychiatry in private practice - ongoing benefits and challenges Jeffrey Looi, Michelle Atchison, Gary Galambos, Luke Woon (90 mins)</p> |
| 1530-1700 Concurrent session 6 | | |
| 6A | General psychiatry | <p>Clinical Update Lapse to relapse: implications for management of severe mental illness Mohan Isaac, Nagesh Pai (90 mins)</p> |
| 6H | Addictions | <p>Invited speaker Early interventions for alcohol use in young university students Leanne Hides (60 mins)</p> <p>Practitioners' views of comorbid depression among patients seeking assisted dying in New Zealand Eric Zhou (20 mins)</p> |
| 6I | Military and veterans' mental health | <p>Invited speaker Serving your nation: at what cost? Learnings from the Royal Commission into defence and veteran suicide Peggy Brown AO (60 mins)</p> <p>Integrating cultures, enhancing psychiatric care: contributions of the Sri Lankan psychiatrists association of Australia and New Zealand (SLPAANZ) Ratnayake Amaranaya (20 mins)</p> |
| 6J | Psychotherapy | <p>A new kind of methodology for an age-old question: A review of the effectiveness of long-term psychodynamic psychotherapy Bruce Singh, Elizabeth Moore, Ingrid Ozols, Susanna Every-Palmer, Michael Daubney, Peter Fonagy (90 mins)</p> |

| | | |
|-----------------------------|--|--|
| Wednesday 7 May 2025 | | |
| 0830-1030 | PLENARY SESSION 2 | |
| 0830-0930 | Keynote address five | |
| Title | Unchanged since 1990: the devastating global burden of mental illness - time to partner to eliminate disparities | |
| Speaker | Professor Milton Wainberg | |
| 0930-1030 | Keynote address six | |
| Title | What is the role of ketamine in treating depression? | |
| Speaker | Professor Colleen Loo | |
| 1100-1230 | Concurrent session 7 | |
| 7A | Acute and emergency psychiatry | <p>Clinical Update Models of care and partnering with lived experience Yoon Kwon Choi, Honor Pennington, Samuel Walker (90 mins)</p> |
| 7H | Psychotherapy | <p>The roots of antisemitism: towards a psychiatric understanding of the phenomenon Garry Walter, Paul Foulkes, Ron Spielman, Lynette Chazan, George Halasz (90 mins)</p> |
| 7I | Forensic psychiatry | <p>Invited speaker Prison-to-community transition for people with mental illness - what can be done to improve outcomes and prevent re-incarceration Kimberlie Dean (60 mins)</p> <p>The Mental Health Court of Queensland: A shining light in the darkness Scott Harden (20 mins)</p> |
| 7J | Perinatal and infant psychiatry | <p>Invited speaker Thirty-five years of bright lights in perinatal psychiatry Anne Buist (60 mins)</p> <p>Navigating psychosis in mother-baby units: Balancing care and challenges Kannan Kallapiran (20 mins)</p> |
| 1330-1500 | Concurrent session 8 | |
| 8H | Intellectual and developmental disability psychiatry | <p>Invited speaker Driving change in intellectual and developmental disability mental health: lessons learnt and future directions Cathy Franklin (60 mins)</p> |
| 8I | Consumer participation | <p>Invited speaker Listening to bright lights: how genuine lived experience can influence psychiatry Simon Stafrace (60 mins)</p> <p>A national survey of the physical health and activity of patients under forensic mental health care Katherine Moss (20 mins)</p> |
| 8J | Indigenous mental health | <p>Invited speaker Approaches to meeting the cultural needs of first nations youth within adolescent forensic mental health services Marshall Watson (60 mins)</p> <p>A cultural information gathering tool to capture our stories and lived experiences across clinical spaces of care for Aboriginal and Torres Strait Islander communities Katie Papertalk (20 mins)</p> |

| | | |
|----------------------------|--|--|
| Thursday 8 May 2025 | | |
| 0830-0920 | PLENARY SESSION 3 | |
| 0830-0910 | Senior Research Award Winner 2024 | |
| Title | Unequal from the start: early developmental processes and impact on future mental health | |
| Speaker | Valsamma Eapen | |
| 0910-0920 | Brief address from the incoming RANZCP President, Dr Astha Tomar | |
| 0930-1100 | Concurrent session 9 | |
| 9A | Training and education | <p>RANZCP Racism Awareness Steering Group Astha Tomar (40 mins)</p> <p>Strengthening psychiatry training and workforce retention in Tasmania: the impact of the Specialist Training Program (STP) Karen Bevis (20 mins)</p> <p>Workplace bullying of psychiatric trainees: a systematic review Paul Maguire (20 mins)</p> |
| 9H | Neurostimulation | <p>Deep brain stimulation for psychiatric conditions: an update on Australian research and practice Tom Reilly, Sarah Farrand, Philip Mosley (90 mins)</p> |
| 9I | Psychotherapy | <p>Almost two years on, what is the current state of play for psilocybin-assisted psychotherapy (PAP) in Australia? Mike Millard, Susan Rossell, Stephen Parker, Thomas Kennedy, Sigrun Gutjahr (90 mins)</p> |
| 9J | Community, consumer and carer issues | <p>Integration of lived experience/expertise in mental health and specialist services at Gold Coast Health Titta Gigante, James Dunlop, Byron Wallace, Kerrie Banks (90 mins)</p> |
| 1130-1315 | PLENARY SESSION 4 | |
| 1130-1215 | Margaret Tobin Oration | |
| Title | Reform through rural: leading by necessity | |
| Speaker | Dr Mathew Coleman | |
| 1215-1300 | Senior Research Award 2025 | |
| Title | Opportunities and challenges with new interventions in psychiatry | |
| Speaker | Professor Colleen Loo | |
| 1300-1315 | Congress closing address | |