

Reform & Renewal: TOWARDS HEALING, EQUITY AND TRUST

RANZCP 2026 Congress
The Royal Australian & New Zealand College of Psychiatrists
Your Health Your Mind

3-7 May 2026
Melbourne Convention and Exhibition Centre
MELBOURNE, VICTORIA



**Presentations listed below are streamed live from the Congress venue in Melbourne and recorded for your viewing
*subject to change***

Monday 4 May 2026

0830-1100	OPENING PLENARY SESSION	
0900-1000	Keynote address one	
Speaker	Professor Sarah Hollingsworth (Holly) Lisanby	
1000-1100	Keynote address two	
Title	From diagnoses to the person: the future of mental health care	
Speaker	Professor Vikram Patel	
1130-1300	Concurrent session 1	
1A	Schizophrenia and psychotic illnesses	<p>Clinical Update Schizophrenia and psychotic illnesses (90 mins)</p>
1G	Policy and system reform and Rapid fire	<p>Psychiatry and the fourth estate: free speech to empower advocacy Jeffrey Looi, Natasha Robinson, Stephen Robson (60 mins)</p> <p>Rapid fire History and the nature of diagnosis Stephen Rosenman (10 mins)</p> <p>Rapid fire The creeping erosion of psychiatric professionalism David Menkes (10 mins)</p>
1H	Lived experience and Psychotherapy and Rapid fire	<p>Psychiatry could have much to learn from working alongside those who foreground their lived expertise through peer work: a dialogue on experience, challenge and change Priscilla Ennals, Katie Larsen, Nilumi Ziffer, Harry Hill, Eli Rafalowicz, Shaun McNamara, Nina Armstrong, Ashwini Padhi (60 mins)</p> <p>Brain changes, adverse childhood events and evolutionary drives: How developmental neuroscience makes the bio-psycho-social model more meaningful Gavin Angus-Leppan (20 mins)</p> <p>Rapid fire Can shamanic methods be integrated into modern psychiatric practice? Jacob Holmes (10 mins)</p>
1M	Adult psychiatry and Neuropsychiatry and neurobiology; Rapid fire	<p>What can we learn from psychedelic assisted psychotherapy which might help inform our management of treatment resistant psychiatric disorders more broadly Diana Korevaar, Susan Rossell, David Castle, Claire Finkelstein, Joe Starke, Gil Korman (60 mins)</p> <p>Personality, psychopathology and the gut-brain-immune axis Linda Thomas (20 mins)</p> <p>Rapid fire Identification and care of substance use disorders in adult mental health services John Reilly (10 mins)</p>
1400-1530	Concurrent session 2	
2G	Presidential symposium	<p>Presidential symposium (90 mins)</p>
2H	Leadership and management; organisational psychiatry and PIF	<p>Should psychiatrists lead the system or serve within it? Edward Mullen, Lyn Chiem, Ben Bravery, Marie Bismark, Grant Phelps (60 mins)</p> <p>Pazopanib-induced neuropsychiatric symptoms: a case report Wendi Zhao (15 mins)</p> <p>Electroconvulsive therapy as an effective treatment for catatonia in Phelan-McDermid syndrome Irene Huang (15 mins)</p>

2M	Intellectual and developmental disability and ASD, attentional and developmental disorders	Deprescribing in intellectual disability mental health: From guidelines to practice Shama Parveen, Julian Trollor, Rebecca Koncz, Adrian Keller, Peter Wurth, Madeline Delves (60 mins) Scrolling for symptoms: A scoping review of social media's influence on self-diagnosis Todd Huang (15 mins) A narrative review of the effects of psychoeducation on children and adolescents with attention deficit hyperactivity disorder Ali Syed (15 mins)
1600-1730 Concurrent session 3		
3G	Invited speakers	<u>Invited speaker</u> A new episteme of schizophrenia - the first step to recovery is acknowledging you have a problem Dr Calum Smith (45 mins) <u>Invited speaker</u> A health lens on harmful behaviour in youth Dr Annie Parsons (45 mins)
3H	Training and education	Rebuilding trust for a participatory, rights-based, digital future: the case for a new Fellowship program Simon Stafrace, Andrew Teodorczuk, Greg Spencer (90 mins)
3M	Adult psychiatry	Ozempic, Wegovy, and Mounjaro for better mental health? The latest data on GLP1-RAs in psychiatry Mark Taylor, Dan Siskind, Markku Lähteenvuo, Robyn Brown (90 mins)
Tuesday 5 May 2026		
0830-1030	PLENARY SESSION 1	
0830-0930	Keynote address three	
Speaker	Professor Jeffrey Braithwaite	
0930-1030	Keynote address four	
Speaker	Phylesha Brown-Acton	
1100-1230	Concurrent session 4	
4A	Consultation-liaison psychiatry	<u>Clinical Update</u> Non-pharmacological treatment of persistent pelvic pain Peta Wright (30 mins) <u>Clinical Update</u> Micronutrient supplementation for antenatal depression: effect on mothers and babies Roger Mulder (30 mins)
4G	Adult psychiatry	Debate: Borderline personality disorder v complex PTSD Daniel Pellen, Jayashri Kulkarni, Andrew Chanen (60 mins)
4H	Adult psychiatry	The evolution and utilization of Clozapine across countries: An international perspective Tetsufumi Kanazawa, Susanna Every-Palmer, Brian O'Donoghue, Hiroyoshi Takeuchi, Tianmei Si (90 mins)
4M	Presidential symposium	Presidential symposium (90 mins)
1330-1500	Concurrent session 5	
5A	Addiction	<u>Clinical Update</u> Shalini Arunogiri Dan Lubman Evidence-based guidelines on the pharmacological management of methamphetamine use disorder Rebecca McKitin (90 mins)
5G	Consultation-liaison psychiatry	Beyond the beat: rethinking mental health in cardiac care Megan Galbally, Afnan Khaleque, Hendrik Zimmet, Gaynor Blankley (70 mins) What is the epidemiology of dental disorders among people with mental illness? Steve Kisely (20 mins)

5H	Adult psychiatry	Innovations and insights into risk assessment, diagnosis, and treatment of borderline personality disorder Jillian Broadbear, Sathya Rao, Joy Quek, Melissa Morando (90 mins)
5M	Invited speakers	<p>Invited speaker The relational constructs of caring: towards healing, equity and trust Deidre (De) Backman-Hoyle (45 mins)</p> <p>Invited speaker The role of research in regional and rural communities and what academic work can provide to the broader profession Professor Michael Berk (45 mins)</p>
1530-1700 Concurrent session 6		
6A	Invited speakers	<p>Invited speaker Dissociation in childhood and adolescence Professor Helen Milroy (45 mins)</p> <p>International invited speaker Professor Norman Sartorius (45 mins)</p>
6G	Indigenous mental health	<p>He Aroha i te Whānau: The significance of Māori birthing practices to achieve healing, equity and mental wellbeing in pregnancy, birth and the postnatal period Heather Muriwai (20 mins)</p> <p>He Ara Hou: Reimagining mental health systems through a Māori lens Phyllis Tangitu (20 mins)</p> <p>He Ara Whakamua: The role of Māori lived experience leadership in healing, reconciliation, and transformation Jason Haitana (20 mins)</p>
6H	ECT and neurostimulation and neuropsychiatry and neurobiology; Rapid fire	<p>Electroconvulsive therapy (ECT) for neuropsychiatric syndromes secondary to general medical conditions: A systematic literature review Claudia Kaye (20 mins)</p> <p>D-cycloserine augmentation of intermittent theta burst stimulation (iTBS) in depression (COGENT): a multi-site, randomised, placebo- controlled trial Leo Chen (20 mins)</p> <p>A biomarker-based approach to bipolar affective disorder Alby Elias (20 mins)</p> <p>Homicide offenders with schizophrenia have more severe theory-of-mind deficits than non-violent schizophrenia patients Ching Yung Amy Liu (20 mins)</p> <p>Rapid fire Circulating Growth Differentiation Factor-15 (GDF-15) levels in depressive disorders- a systematic review and meta-analysis of the association between GDF-15 and depression in adult populations Aidan Jones-Murphy (10 mins)</p>
6M	Psychotherapy	<p>Psychodynamic interpersonal therapy (PIT) for functional neurological disorder (FND) Kelsey Josling (20 mins)</p> <p>Allan Schore's thirty-year contribution: A paradigm shift from meaning to mechanism in psychiatry and psychotherapy George Halasz (20 mins)</p> <p>Severe, complex and chronic PTSD: Clinical outcomes from a 4-day intensive trauma treatment Grant Blake (20 mins)</p> <p>Implementing a stepped care model for psychotherapeutic treatments in a public mental health service Kerry Rubin (20 mins)</p>

Wednesday 6 May 2026		
0830-1030	PLENARY SESSION 2	
0830-0930	Keynote address five	
Title	Peers and psychiatrists: how do we make space for each other?	
Speaker	Dr Louise Byrne	
0930-1030	Keynote address six	
Title	Concepts and other tools for tackling complexity in research and in implementation of evidence	
Speaker	Professor Gabriele Bammer	
1100-1230	Concurrent session 7	
7A	Adult psychiatry	<p>Clinical Update Emotion dysregulation: phenomenological and diagnostic complexities Nagesh Pai (45 mins)</p> <p>Clinical Update Dysregulated emotions Sathya Rao (45 mins)</p>
7G	Invited speakers	<p>Invited speaker The perils of diagnosis in the age of the internet Dr Matthew MacFarlane (45 mins)</p> <p>Invited speaker Oh hi Psychiatry, what's brought you in to see me today? Hannah Whittaker-Komatsu (45 mins)</p>
7H	Presidential symposium	<p>Presidential symposium (90 mins)</p>
7M	Invited speakers	<p>Invited speaker Trust and distrust in and of psychiatry Professor Karen Jones (45 mins)</p> <p>Invited speaker Chronobiological monitoring and treatment in mood disorders Professor Richard Porter (45 mins)</p>
1330-1500	Concurrent session 8	
8G	Adult psychiatry	<p>Invited speaker Integrate: international guidelines for the algorithmic treatment of schizophrenia Professor Dan Siskind (45 mins)</p> <p>The north Queensland dietary intervention trial (NQDIT): preliminary results and insights from a world's first RCT of ketogenic metabolic therapy in bipolar disorder and schizophrenia Calogero Longhitano (20 mins)</p> <p>Intramuscular clozapine: Is there a case for its wider use in treatment refractory schizophrenia? Franco Giarraputo (20 mins)</p>
8H	Adult psychiatry	<p>Addressing health inequalities in mental health through targeted prevention and intervention Jackie Curtis, Julian Trollor, Rebecca Koncz, Ava Carter, Grant Sara (90 mins)</p>
8M	Lived experience and psychiatry	<p>Embedding lived and living experience in education. Reflections and lessons from a multi-disciplinary team Ingrid Ozols AM, Kirsty Rosie, Michelle Kehoe, Phyllis Chua (60 mins)</p> <p>The stories we tell ourselves: Challenging the preferred narrative of our own mental health Kieran Allen, Jasmine Elliott (20 mins)</p>

Thursday 7 May 2026		
0900-1030	Concurrent session 9	
9A	Policy and system reform	<p>The Emergency Department Mental Health Steering Group recommendations to the RANZCP -policy position and advocacy for an ailing public health system Jacqueline Huber, Yoon Kwon Choi, Sammy Walker, Marshall Watson, Francesca Valmorbida McSteen, Yulia Furlong, Song Chan (60 mins)</p> <p>Prevent, de-escalate or innovate? - Practical approaches when it comes to managing behaviour in our workplace environments Agnew Alexander (20 mins)</p>
9G	Psychedelics and psychedelic assisted therapy	<p>The crux is the crucible: supporting non-ordinary states in psychedelic treatment Jonathan Starke, Simon Amar, Paul Liknaitzky, Beth Mah, Monica Schweickle, David Spektor, Katie Treble (60 mins)</p> <p>Navigating the psychedelic landscape in Australia: from regulation to clinical implementation Monica Schweickle (20 mins)</p>
9H	Training and education and Indigenous mental health	<p>Debate: Artificial intelligence is appropriate for use in psychiatry training Louis Ereve, R Selzer, Kevin Yu Chen Hou, M Weightman, P Palamiswami, Marc Jurblum (60 mins)</p> <p>"Loog Afdaimbud Dem Propuwai" - Teaching community hands-on trauma informed care Deeta Kimber (20 mins)</p>
9M	Training and education	<p>Demystifying Balint Groups: History, reflections and research Rajan Nishanth Jayarajan, Rebecca Wild, Briony Hamill, Bornika Banerjee (60 mins)</p> <p>Mathematically modelling the biopsychosocial framework for precision medicine in psychiatry Athula Polonowita (20 mins)</p>
1100-1245	PLENARY SESSION 3	
1230-1245	Congress closing address	