

# BRIGHT LIGHTS AND BIG IDEAS

4-8 MAY 2025

RANZCP 2025 CONGRESS



GOLD COAST CONVENTION  
AND EXHIBITION CENTRE

QUEENSLAND

Presentations listed below are streamed live from the Congress venue at the Gold Coast and recorded for your viewing  
\*subject to change\*

Monday 5 May 2025		
0830-1100	Opening plenary session	
0900-1000	Keynote address one	
Title	Potential benefits of early tapering after remission of a first psychosis; results from the HAMLETT study	
Speaker	Professor Iris Sommer	
1000-1100	Keynote address two	
Title	Data lakes or data billabongs? Using large-scale health system data in Australian mental health care	
Speaker	Professor Grant Sara	
1130-1300	Concurrent session 1	
1A	Old age psychiatry	<p><b>Clinical Update</b> Improving assessment for elder abuse. Analysis of a national dataset from Aotearoa New Zealand <b>Yoram Barak</b> (30 mins)</p> <p><b>Clinical Update</b> Dementia <b>Henry Brodaty</b> (30 mins)</p> <p><b>Clinical Update</b> An update on mood disorders in late life <b>Chanaka Wijeratne</b> (30 mins)</p>
1H	Research	<p><b>Invited speaker</b> Advancing repetitive transcranial magnetic stimulation (rTMS) treatment of depression <b>Paul Fitzgerald</b> (60 mins)</p> <p>The effectiveness and tolerability of pharmacotherapy for psychosis in 22q11.2 deletion syndrome: A systematic review <b>Maya Tanham</b> (20 mins)</p>
1I	Child and adolescent psychiatry	<p><b>Invited speaker</b> Temporal changes and early interventions in child and adolescent mental health <b>Andre Sourander</b> (60 mins)</p> <p>Expert considerations in psychedelic-assisted therapy to treat mental health disorders in people under 18: a qualitative review <b>Julian Georges</b> (20 mins)</p>
1J	Adult psychiatry	<p>Psychopharmacology and therapeutics update - an expert review <b>Chris Davey, Colleen Loo, Aswin Ratheesh, Dan Siskind</b> (90 mins)</p>
1400-1530	Concurrent session 2	
2H	Neurostimulation	<p><b>Invited speaker</b> Mental health research is a team game <b>Stephen Wood</b> (60 mins)</p> <p>Optimising the RELEASE (REdressing Long-tErM Antidepressant uSE) resources: A qualitative think-aloud study with adults with lived experience of long-term antidepressant use <b>Katharine Wallis</b> (20 mins)</p>
2I	Psychedelic treatments	<p><b>International invited speaker</b> Bringing psychedelic treatments to patients: lessons learned and future perspectives <b>Robert Schoevers</b> (60 mins)</p> <p>Improving outcomes in schizophrenia: a focus on cognition and negative symptoms <b>Frances Dark</b> (20 mins)</p>

2J	Adult psychiatry	The lithium paradox: Increasing evidence, declining use Digvijay Goel, Nagesh Pai, Suresh Sundaram, Mohan Isaac (90 mins)
<b>1600-1730 Concurrent session 3</b>		
3H	History and philosophy of psychiatry	Current controversies in human rights and psychiatry Neeraj Gill, Michael Evans, Calina Ouliaris, Melissa Castan, Suresh Sundram (90 mins)
3I	Debate	TBC (90 mins)
3J	Adult psychiatry	Extending knowledge and clinical experience on the use of ketamine Natalie Mills, Colleen Loo, Stevan Nikolin, Gregory Carter, Nick Glozier (90 mins)
<b>Tuesday 6 May 2025</b>		
<b>0830-1030 Plenary session 1</b>		
<b>0830-0930 Keynote address three</b>		
Title	Indigenous youth mental health initiatives: from community interventions to youth-led innovation	
Speaker	Professor Maree Toombs	
<b>0930-1030 Keynote address four</b>		
Title	Change through the lens of lived experience	
Speaker	Mr James Hill	
<b>1100-1230 Concurrent session 4</b>		
4A	Child and adolescent psychiatry	<b>Clinical Update</b> Exploring the spectrum: autism and associated comorbidities and implications for management Valsamma Eapen (45 mins)  <b>Clinical Update</b> Autism in adolescence and young adulthood Sandra Radovini (45 mins)
4H	Indigenous mental health	Improving outcomes for Aboriginal and Torres Strait Islander young people who experience youth detention Carla Meurk, Marshall Watson, Ed Heffernan, Penny Dale, Lisa Wittenhagen (90 mins)
4I	Military and veterans' mental health	'When the alpha is broken': Critical challenges and complexities in addressing military trauma, veteran mental health, and suicide among veterans and defence personnel in the wake of the Australian Royal Commission's recommendations Ashlea White, James Connor, Ben Wadham, Omar Shareef, Charana Perera (90 mins)
4J	Leadership and management	Developing the mental health facilities of the future Vlasios Brakoulis, David Copolov, Roza Mofid, Vinay Lakra (90 mins)
<b>1330-1500 Concurrent session 5</b>		
5A	Lived experience	<b>Invited speaker</b> How depression made a doctor Dinesh Palipana OAM (60 mins)  Harnessing ecotherapy and ecopsychology to address mental health in the face of climate change Sabine Egger (20 mins)
5H	Psychotherapy	<b>Invited speaker</b> Dreaming as big idea: an Australian contribution to psychodynamic psychiatry Anthony Korner (60 mins)  Mohiniattam- the power of embodied dance and its interface with psychiatry Samir Heble (20 mins)
5I	Neurostimulation	An update on brain stimulation applications in psychiatric disorders Paul Fitzgerald, Deepak Garg, Shanthi Sharma, Salam Hussain (90 mins)
5J	Private practice psychiatry	Telepsychiatry in private practice - ongoing benefits and challenges Jeffrey Looi, Michelle Atchison, Gary Galambos, Luke Woon (90 mins)

<b>1500-1630 Concurrent session 6</b>		
6A	General psychiatry	<p style="text-align: center;"><b>Clinical Update</b> Lapse to relapse: implications for management of severe mental illness <b>Mohan Isaac, Nagesh Pai</b> (90 mins)</p>
6H	Addictions	<p style="text-align: center;"><b>Invited speaker</b> Early interventions for alcohol use in young university students <b>Leanne Hides</b> (60 mins)</p> <p style="text-align: center;">Practitioners' views of comorbid depression among patients seeking assisted dying in New Zealand <b>Eric Zhou</b> (20 mins)</p>
6I	Military and veterans' mental health	<p style="text-align: center;"><b>Invited speaker</b> Serving your nation: at what cost? Learnings from the Royal Commission into defence and veteran suicide <b>Peggy Brown AO</b> (60 mins)</p> <p style="text-align: center;">Integrating cultures, enhancing psychiatric care; contributions of SLPAANZ <b>Ratnayake Amaranaya</b> (20 mins)</p>
6J	Psychotherapy	<p style="text-align: center;">A new kind of methodology for an age-old question: A review of the effectiveness of long-term psychodynamic psychotherapy <b>Bruce Singh, Elizabeth Moore, Ingrid Ozols, Susanna Every-Palmer, Michael Daubney, Peter Fonagy</b> (90 mins)</p>
<b>Wednesday 7 May 2025</b>		
<b>0830-1030 Plenary session 2</b>		
<b>0830-0930 Keynote address five</b>		
Title	Unchanged since 1990: the devastating global burden of mental illness - time to partner to eliminate disparities	
Speaker	Professor Milton Wainberg	
<b>0930-1030 Keynote address six</b>		
Title	What is the role of ketamine in treating depression?	
Speaker	Professor Colleen Loo	
<b>1100-1230 Concurrent session 7</b>		
7A	Acute and emergency psychiatry	<p style="text-align: center;"><b>Clinical Update</b> Models of care and partnering with lived experience <b>Jacqueline Huber, Honor Pennington</b> (90 mins)</p>
7H	Psychotherapy	<p style="text-align: center;">The roots of antisemitism: towards a psychiatric understanding of the phenomenon <b>Garry Walter, Paul Foulkes, Ron Spielman, Lynette Chazan, George Halasz</b> (90 mins)</p>
7I	Forensic psychiatry	<p style="text-align: center;"><b>Invited speaker</b> Prison-to-community transition for people with mental illness - what can be done to improve outcomes and prevent re-incarceration <b>Kimberlie Dean</b> (60 mins)</p> <p style="text-align: center;">The Mental Health Court of Queensland: A shining light in the darkness <b>Scott Harden</b> (20 mins)</p>
7J	Perinatal and infant psychiatry	<p style="text-align: center;"><b>Invited speaker</b> Thirty-five years of bright lights in perinatal psychiatry <b>Anne Buist</b> (60 mins)</p> <p style="text-align: center;">Navigating psychosis in mother-baby units: Balancing care and challenges <b>Kannan Kallapiran</b> (20 mins)</p>

1330-1500		Concurrent session 8	
8H	Intellectual and developmental disability psychiatry	<p>Driving change in intellectual and developmental disability mental health: lessons learnt and future directions  <b>Cathy Franklin</b>  (60 mins)</p> <p>Understanding adolescent sexualized behavior towards animals: A case-based discussion on counterfeit deviance  <b>Katherine Watson</b>  (20 mins)</p>	<p><b>Invited speaker</b>  <b>Cathy Franklin</b>  (60 mins)</p> <p><b>Katherine Watson</b>  (20 mins)</p>
8I	Consumer participation	<p>Listening to bright lights: how genuine lived experience can influence psychiatry  <b>Simon Staffrace</b>  (60 mins)</p> <p>A national survey of the physical health and activity of patients under forensic mental health care  <b>Katharine Moss</b>  (20 mins)</p>	<p><b>Invited speaker</b>  <b>Simon Staffrace</b>  (60 mins)</p> <p><b>Katharine Moss</b>  (20 mins)</p>
8J	Indigenous mental health	<p>Approaches to understanding culturally bound syndromes, cultural expressions of interest and the mental state examination when working with Aboriginal and Torres Strait Peoples  <b>Marshall Watson</b>  (60 mins)</p> <p>A cultural information gathering tool to capture our stories and lived experiences across clinical spaces of care for Aboriginal and Torres Strait Islander communities  <b>Katie Papertalk</b>  (20 mins)</p>	<p><b>Invited speaker</b>  <b>Marshall Watson</b>  (60 mins)</p> <p><b>Katie Papertalk</b>  (20 mins)</p>
Thursday 8 May 2025			
0830-0915		Plenary session 3	
0830-0915		Senior Research Award Winner 2024	
0945-1045		Concurrent session 9	
9A	Training and education	<p>Debate:  The Psychotherapy Written Case examination in its current form is not fit for purpose  <b>Ajay Vijayakrishnan</b>  (90 mins)</p>	<p><b>Ajay Vijayakrishnan</b>  (90 mins)</p>
9H	Neurostimulation	<p>Deep brain stimulation for psychiatric conditions, an update on Australian research and practice  <b>Tom Reilly, Sarah Farrang, Phil Mosley</b>  (90 mins)</p>	<p><b>Tom Reilly, Sarah Farrang, Phil Mosley</b>  (90 mins)</p>
9I	Psychotherapy	<p>Almost two years on, what is the current state of play for psilocybin-assisted psychotherapy (PAP) in Australia?  <b>Mike Millard, Susan Rossell, Stephen Parker, T Kennedy, Shanthi Sarma</b>  (90 mins)</p>	<p><b>Mike Millard, Susan Rossell, Stephen Parker, T Kennedy, Shanthi Sarma</b>  (90 mins)</p>
1115-1300		Plenary session 4	
1115-1200		Margaret Tobin Oration	
1200-1245		Senior Research Award 2025	
1245-1300		Congress closing address	