



Breakfast Sessions Program

Dates of Breakfast Sessions:

Breakfast Sessions will be held on **Saturday 8 June** and **Sunday 9 June 2019**.

Summary of Breakfast Sessions available:

Three breakfast sessions will be held as follows:

Saturday 8 June 2019

- *Rest and Reflect* — How the RANZCOG Training Support Unit Can Help
- Transitioning to Retirement

Sunday 9 June 2019

- Consent — Meeting Patient Needs, Priorities and Expectations

Breakfast Sessions include:

Simple selection of pastries, muffins and sliced fruit & water, juice, tea and coffee.

Continuing Professional Development:

Self-claim one point per hour.



SATURDAY 8 JUNE 2019

Rest and Reflect — How the RANZCOG Training Support Unit Can Help



DATE:	Saturday 8 June 2019						
TIME:	7.30 – 8.15 am (<i>Subject to change</i>)						
FACILITATOR/S:	Paula Fernandez and Alana Gilbee, Training Support Unit, RANZCOG						
FEE:	Nil						
ROOM:	Lagoon Room 1						
CPD POINTS:	Self claim one point per hour						
LIMITED TO:	60 participants						
SUITABLE FOR:	F/S	RF	T	D/GP	PV	M/N	MS
	✓	✓	✓	✓	✓	✓	✓

Symbols: **F/S** = Fellow/Specialist; **RF** = retired Fellow; **T** = RANZCOG Trainee **D/GP** = Diplomate/General Practitioner Obstetrics; **PV** = Prevocational Medical Officer; **M/N** = Midwife/Nurse; **MS** = Medical Student

Breakfast Session Summary

This session provides an introduction to the RANZCOG Training Support Unit (TSU) and how it can support trainees and Fellows of the College. Much is now understood about the pressures of specialist training and the TSU will present their unique understanding, having provided guidance and assistance to trainees for over 12 months and more recently, to supervisors.

During this session two powerful and emotive speakers will provide personal insights into their experiences and observations of training. College immediate past President, Professor Steve Robson, shares his raw and honest account of training as per the recently published article in the *Medical Journal of Australia* and *The Australian*.

Merv Keane, former Richmond Football Club premiership player and Essendon recruiter, recounts the death of his daughter and trainee, Emily. Merv now finds himself speaking to junior doctors about health and wellbeing and the importance of seeking help.

The session includes strategies and resources for those requiring support, and for those providing support to others.





SATURDAY 8 JUNE 2019

Transitioning to Retirement



DATE:	Saturday 8 June 2019						
TIME:	7.30 – 8.15 am (<i>Subject to change</i>)						
FACILITATOR/S:	Dr Oscar Horky						
FEE:	Nil						
ROOM:	Lagoon Room 2						
CPD POINTS:	Self claim one point per hour						
LIMITED TO:	60 participants						
SUITABLE FOR:	F/S	RF	T	D/GP	PV	M/N	MS
	✓	✓	✗	✓	✗	✗	✗

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Breakfast Session Summary

Have you dreamed of retirement for years?
But is retirement instead becoming a worry?

*What is going to happen to your many faithful patients?
How are your colleagues, hospital and clinics going to cope without you?
What are you going to do with your rooms, equipment and staff?
Do you have enough funds to last you through retirement?
How will your partner react to having you around 24/7
And how are you going to cope?*

Attention to physical, emotional and intellectual health is a must.

To help answer these questions and turn retirement into a dream we have assembled group of colleagues who are about to, or have retired who will share their experiences with you.





SUNDAY 9 JUNE 2019

Consent — Meeting Patient Needs, Priorities and Expectations



DATE:	Sunday 9 June 2019						
TIME:	7.45 – 8.30 am (<i>Subject to change</i>)						
FACILITATOR/S:	Justine Beirne, AVANT						
FEE:	Nil						
ROOM:	Lagoon Room 1						
CPD POINTS:	Self claim one point per hour						
LIMITED TO:	60 participants						
SUITABLE FOR:	F/S	RF	T	D/GP	PV	M/N	MS
	✓	✓	✓	✓	✓	✓	✓

Symbols: **F/S** = Fellow/Specialist; **RF** = retired Fellow; **T** = RANZCOG Trainee **D/GP** = Diplomate/General Practitioner Obstetrics; **PV** = Prevocational Medical Officer; **M/N** = Midwife/Nurse; **MS** = Medical Student

Breakfast Session Summary

It can be tempting to think that if you take a patient through a checklist of risks and get their signature on the consent form that you will have met the requirements for obtaining consent. Often however, problems involving consent are less about whether the consent process occurs and more about the quality of the consent discussion. Consent should be about engaging the patient in a discussion about their needs, priorities and expectations and coming together to a shared decision about their treatment. But what does this mean in practice? Should you be consenting all women for vaginal deliveries? Do you need a lawyer on speed dial for every consultation and where will you find the time for all this? Come to this session for insights, practical advice and an update on current thinking on consent in O&G.

