

From Common Complaint to Rare Diagnosis: Infective Sacroiliitis in Pregnancy

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Aim

To highlight the diagnostic challenges of infective sacroiliitis in pregnancy and raise awareness of atypical signs and symptoms.

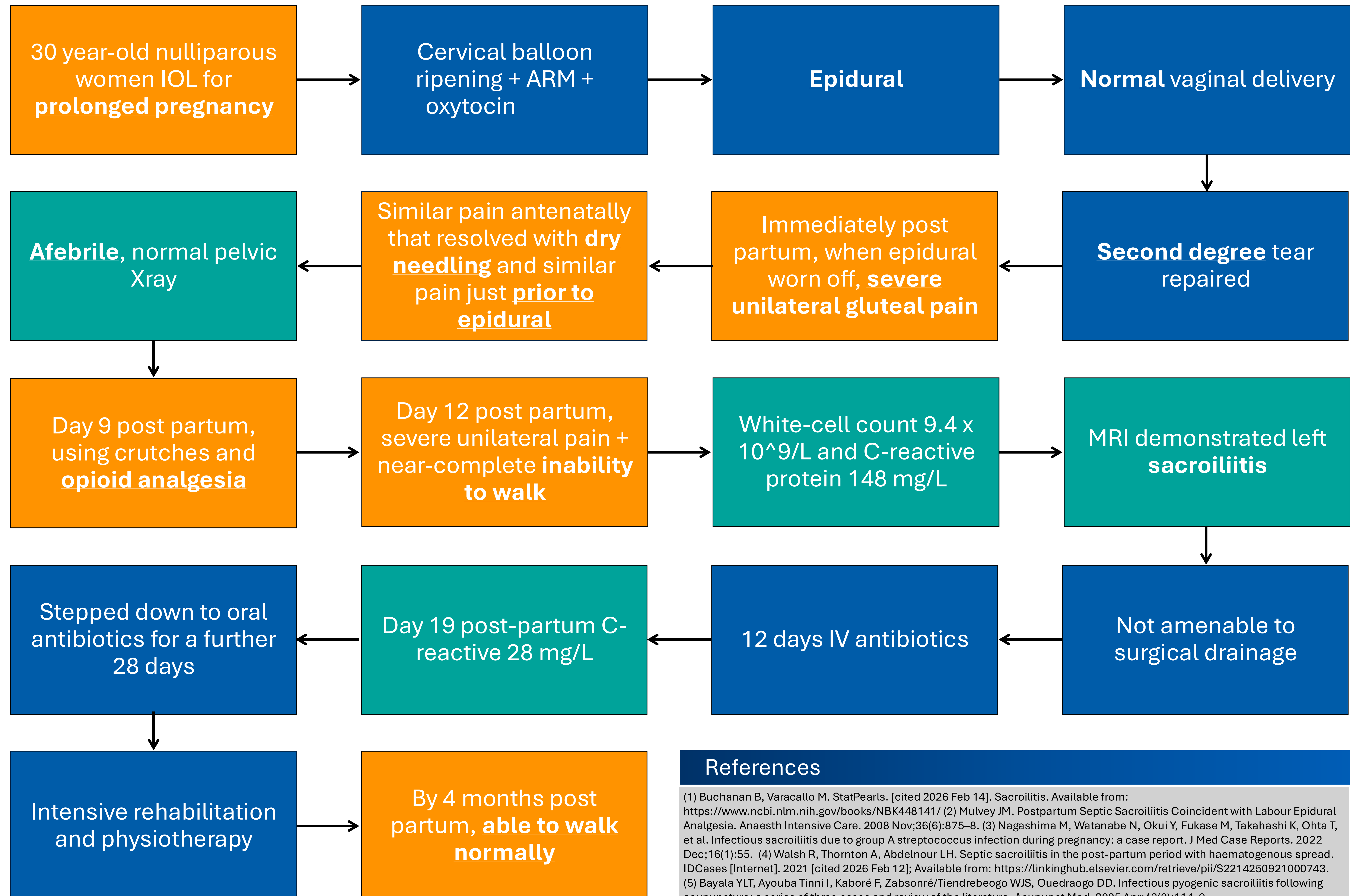
Background/Discussion

- Pelvic pain is a common complaint in pregnancy and is most often physiological.
- Severe pathology such as infective sacroiliitis remains a rare but important consideration.
- Early diagnosis can be challenging but is critical to prevent permanent joint damage.
- Hormone mediated sacroiliac joint laxity and increased mechanical stress on the pelvis in pregnancy may predispose to infection through microtrauma (1).
- Other case reports have described associations between sacroiliitis in pregnancy and epidural analgesia (2), positive blood cultures (3), cellulitis (4) and acupuncture (5).

Conclusion

- Infective sacroiliitis is a rare but very serious infection of the sacroiliac joint.
- It should be considered in all women with atypical pelvic pain even in the absence of fever.

Case



References

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