

RANZCOG Registrar Education Day - VIC

Friday 18 September 2026

RANZCOG, Djeembana, 1 Bowen Cres, Naarm (Melbourne) VIC, 3004

A day of informative discussion focusing on O&G Updates: the latest in Clinical Practice, Leadership and Wellbeing hosted by trainee representatives Dr Chinthuran Thilagarajan and Dr Lucy Owens. A great opportunity to enhance your FRANZCOG training while networking with colleagues and speakers.



O&G Updates: the latest in Clinical Practice, Leadership and Wellbeing

08.00 - 08.30	Registration, welcome and housekeeping
08.30 - 09.00	Infertility 101 <i>Dr Eva Shalou</i>
09.00 - 09.15	<i>Question Time – Dr Eva Shalou</i>
09.15 - 09.45	VBAC - What are the Risks, Exactly? <i>Dr Teresa MacDonald</i>
09.45 - 10.00	<i>Question Time – Dr Teresa MacDonald</i>
10.00 - 10.30	Clinic-ready counselling for shared decision making for hormonal therapy, heavy menstrual bleeding, fibroids and pelvic pain <i>Dr Marilla Druitt</i>
10.30 - 10.45	<i>Question Time – Dr Marilla Druitt</i>
10.45 - 11.05	Morning Tea
11.05 – 11.35	Understanding Gestational Diabetes and the New Diagnostic Criteria <i>Dr Ekaterina Jovic</i>
11.35 – 11.50	<i>Question Time – Dr Ekaterina Jovic</i>
11.50 – 12.20	Looking After Yourself While Looking After Others: Practical lessons in trainee wellbeing kindness and resilience <i>Dr James Aridas</i>
12.20 – 12.35	<i>Question Time – Dr James Aridas</i>
12.35 – 13.30	Lunch Break
13.30 – 14.00	ERAS in Benign Laparoscopy <i>Dr Alison Bryant-Smith</i>
14.00 – 14.15	<i>Question Time – Dr Alison Bryant-Smith</i>
14.15 – 14.45	Fostering a “Speak Up Culture” <i>Mrs Sharmiah Sritharan; Manager of Civil Justice (Employment and Migration)</i> <i>Ms Thea Debler-Depold; Manager of Working Women's Centre Victoria</i>
14.45 – 15.00	<i>Question Time – Mrs Sharmiah Sritharan and Ms Thea Debler-Depold</i>
15.00 – 15.30	Work-Life Balance as an O&G <i>A/Prof Anthea Lindquist</i>
15.30 – 15.45	<i>Question Time – A/Prof Anthea Lindquist</i>
15.45 – 16.15	CMV in Pregnancy <i>Prof Lisa Hui</i>
16.15 – 16.30	<i>Question Time - Prof Lisa Hui</i>
16.30 – 17.00	Leadership in Women's Health <i>Prof Sue Walker</i>
17.00 – 17.15	<i>Question Time – Prof Sue Walker</i>
17.15 – 18.15	Cocktail Function

