



**Te Rā o Ngā Tauria Mahi o Aotearoa
Niu Tīrani 2023**

RACP Aotearoa New Zealand Trainees' Day

Saturday, 1 April 2023 • The Millennium Hotel, Rotorua

Dr Moushumi Das

Hamilton

Dermatology Registrar, Advanced Trainee, Aotearoa NZ Trainees' Committee (AMD Representative)

Moush is a dermatology registrar in the final stretch of her specialist training. She joined the Aotearoa NZ Trainees in Committee in 2020 and is passionate about the mental health and wellbeing of doctors.

She has run workshops on burnout for RMOs, presented at GP conferences and education evenings and mentored junior doctors and peers via Wahine Connect since its inception.

Her outside-of-work persona enjoys music as a classical vocalist and Moush is a proud member of the LGBTQIA++ whānau, and spends much time involved in not-for-profit groups associated with this.