

Hands-On Skills Updated for Common CVD Presentations for GP's.

This session will be an update on both 'new' and often forgotten basic skills of history taking, examination, basic ECG and cardiac relevant tests.

- Hot Tips for evaluating chest discomfort / chest pain / shortness of breath / palpitations and generally feeling 'CROOK'.
- Hot Tips in examining patients for classic and vague symptoms related to coronary heart disease, cerebrovascular and peripheral vascular disease.
- Hot Tips for evaluating blood pressure and whether it is physiological or pathological; easy to measure, hard to interpret, it is all in the context.
- Relevant minimal appropriate testing.
- How to evaluate the need for lipid lowering therapy - the greatest aid is the coronary artery calcium score (CAC).
- The forgotten psychosocial risk factors and how to do the 30-second screen (PHQ2).
- Is there anything else I may need to think about in the 'crook' patient or the asymptomatic high risk patient?