**Presentation title**

Could it be Adult ADHD? Hidden in plain sight

**Presentation outline**

Adult ADHD is poorly understood, rarely identified, and often only diagnosed very late, after significant consequences arise.

This session will outline an approach to understanding and screening for Adult ADHD. It will also consider the numerous, diverse and surprising ways in which it presents in routine General Practice.

Conference delegates need to know about this condition as it is likely that it comprises more than 10% of your regular patient group.

If you learn how to recognise, and triage, (or treat the condition yourself), the changes you will see in the health of your patients can be lifechanging for the patients, and very humbling and rewarding for the GP.

**Learning outcomes**

1. Gain an understanding of the neurobiology of the condition
2. Learn how to recognise and screen for ADHD in practice
3. Have an overview of the enormous range of possible presentations of this condition.
4. Enhance your understanding of, and respect for, sufferers of this condition.

**How will delegates be involved throughout this presentation?**

Interactive quiz on Myths and misconceptions

Interactive presentation and panel discussion, with lived experience participants