Connect with impact: a professional skills workshop for rural women GPs

Workshop Program

Time	Topic	Duration
8.30–9.00am	Arrival and registration Professional head shot photography – Jake Pinskier (RACGP Digital)	30 mins
9.00–9.15am	Welcome, introduction and overview	15 mins
9.15–10.00am	**Session 1A: Write with purpose** – Dr Claire Denness, AJGP Editor	45 mins
10.00–10.45am	**Session 1B: CV Masterclass** – Dr Ashe Coxon	45 mins
10.45–11.15am	Morning tea	30 mins
11.15am–12.15pm	**Session 2: Speak with impact** – Dr Ramya Raman and Professor Louise Stone	60 mins
12.15–1.00pm	Lunch	45 mins
1.00–2.10pm	**Session 3: Navigating transitions** – Panel: Dr Sian Ford, Dr Nicole Sleeman, Dr Christie Rodda, Dr Jo Crookes and Professor Louise Stone	50 mins
2.10–2.45pm	**Session 4: Yoga and wellbeing reset**	35 mins
2.45–3.05pm	Afternoon tea	20 mins
3.05–3.35pm	**Your next step: Personal action plan**	25 mins
3.35–4.00pm	Wrap-up and evaluation	25 mins
4.00pm	Conclusion of workshop	