

**Do you find it hard to get in and/or out of bed?  
Is turning over in bed difficult for you?**

Try this unique style of fitted bed sheet that can make  
turning over and getting in and out of bed so much easier!

  
**wondersheet**®  
when mobility matters



## **Product Catalogue**



**Ask in store for details**



**The Wonder Sheet®** is a fitted sheet similar to the one you sleep on now but the unique design and fabrics is what makes it practical, therapeutic and so comfortable, all at the same time.

## Life with and life without the Wonder Sheet®

Life with a Wonder Sheet®: You can get yourself into bed more easily because you can slide your shoulders, back and bottom on the satin panel. Satin has no friction so turning over is easier. It requires less effort resulting in less strain on your body. It's really that easy!

Life without a Wonder Sheet®: You may have limited or restricted mobility for any reason. Getting yourself into bed and then trying to turn over can be a real mission. You should be able to lift yourself into bed, get yourself to the middle and have a great night sleep, but it isn't always that easy. You might be dragging yourself across your cotton sheets causing friction which could then lead to tender and sore skin and potentially pressure ulcers. You then try and turn over, without success.

### Who can it help:

Anyone of any age, including the young that have limited mobility, such as; \*Parkinson's disease \*Motor Neuron Disease \*Multiple Sclerosis \*Stroke \*Chronic arthritis \*Ongoing chronic illness, pain & disability \*Spinal cord injury \*Brain injury \*Joint pain \*Bariatric \*General ageing & weakness \*The Carer \*Cerebral Palsy \*Muscular Dystrophy \*Palliative \*Hip, Knee & Shoulder surgery \*Poor circulation \*Polio \*Short term illness such as rehabilitation because of an accident



**Ask in store for details**



# Turning over or getting in or out of bed may not have to be difficult anymore!



## How can it help:

- It can reduce the risk of skin breakdown causing pressure ulcers because you can now slide on the satin which doesn't cause friction.
- It can enhance your independence while improving your quality of life and increase your morale.
- It can be easier to use other equipment you may already have in place, such as a 'Self Help Pole'.
- It can reduce the risk of back injuries to carers because repositioning requires less effort.
- It can enhance a comfortable sleep by helping with fatigue management.

## Things to know:

- It's a fitted sheet with elastic all the way around.
- Its available in 'ecru', a cream/beige colour.
- The 35cm depth will fit a mattress up to 30cm deep & the 45cm will fit a mattress up to 40cm deep.
- We also have our unique Half and Half Pillowcase design to match both Wonder Sheet designs
- Washing is on a 'normal' cycle, cold/warm wash. Dryer is also fine, cool/warm.
- The top and bottom sections are a 50/50 blend of cotton/polyester. The middle panel is satin.
- We have a 100% money back guarantee.
- It's available in all standard sizes.
- We are a registered NDIS provider, and it could also be available through your Home Care Package and DVA. Check with your provider/OT.

# 'Original' Wonder Sheet & Pillowcase Set

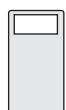
## Codes & Sizes



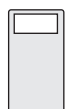
**WSSS35**  
**Skinny Single**  
(Split Queen)  
Size: 76 x 203cm  
Depth: 35cm



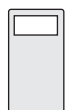
**WSSS45**  
**Skinny Single**  
(Split Queen)  
Size: 76 x 203cm  
Depth: 45cm



**WSSG25**  
**Single**  
Size: 91 x 193cm  
Depth: 25cm



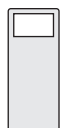
**WSSG35**  
**Single**  
Size: 91 x 193cm  
Depth: 35cm



**WSSG45**  
**Single**  
Size: 91 x 193cm  
Depth: 45cm



**WSLS25**  
**Long Single**  
(Split King)  
Size: 91 x 203cm  
Depth: 25cm



**WSLS35**  
**Long Single**  
(Split King)  
Size: 91 x 203cm  
Depth: 35cm



**WSLS45**  
**Long Single**  
(Split King)  
Size: 91 x 203cm  
Depth: 35cm



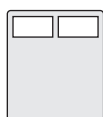
**WSKS25**  
**King Single**  
Size: 107 x 203cm  
Depth: 25cm



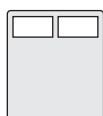
**WSKS35**  
**King Single**  
Size: 107 x 203cm  
Depth: 35cm



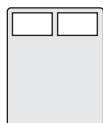
**WSKS45**  
**King Single**  
Size: 107 x 203cm  
Depth: 45cm



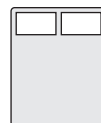
**WSDB35**  
**Double**  
Size: 135 x 193cm  
Depth: 35cm



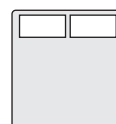
**WSDB45**  
**Double**  
Size: 135 x 193cm  
Depth: 45cm



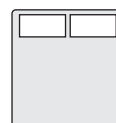
**WSLD35**  
**Long Double**  
Size: 135 x 203cm  
Depth: 35cm



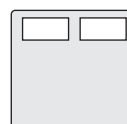
**WSLD45**  
**Long Double**  
Size: 135 x 203cm  
Depth: 45cm



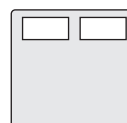
**WSQN35**  
**Queen**  
Size: 152 x 203cm  
Depth: 35cm



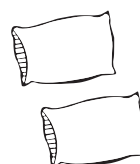
**WSQN45**  
**Queen**  
Size: 152 x 203cm  
Depth: 45cm



**WSKN35**  
**King**  
Size: 180 x 203cm  
Depth: 35cm



**WSKN45**  
**King**  
Size: 180 x 203cm  
Depth: 45cm



**WSHHPCE**  
**½ & ½**  
**Pillowcase Set**  
**'ecru'**  
(cream colour)  
Size: 48 x 73cm



## The 'original' Wonder Sheet® has been tweaked!

Occupational Therapists asked me to come up with an additional Wonder Sheet® that had the sheeting around the sides as well as the top and bottom. This would give the 'user' additional stability from the cotton/poly sheeting when they were sitting on the edge of the bed. The Wonder PLUS® can give those wanting extra grip a feeling of independence. Something I think we all deserve.

wonderPLUS®  
when mobility *really* matters

### Who can it help?

In addition to the demographic of the 'original' Wonder Sheet®, the Wonder PLUS® is designed for users that may require extra stability on the sides of the bed. Residential Aged Care are in this demographic. Repositioning by the staff requires less effort which reduces the chance of back injuries and mobility in bed for the residents is increased.





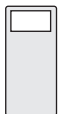
## How does the Wonder PLUS® differ from the 'original' Wonder Sheet®?

- **More sizes are available under Department of Veterans Affairs Rehabilitation Appliances Program (DVA)**
- It's available in 'white'
- It can be laundered commercially which means it can be machine washed up to 71 degrees Celsius and is in line with and meets the AS/NZS4146:2000 Laundry Practice Guidelines. These guidelines need to be met in all Aged Care Facilities
- The 50/50 blend cotton/polyester is a higher quality grade sheeting. The middle panel is still the satin

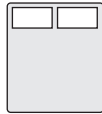


# Wonder PLUS® & Pillowcase Set

## Codes & Sizes



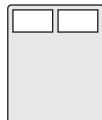
**WS1SS35**  
**Skinny Single** (Split Queen)  
 Size: 76 x 203cm  
 Depth: 35cm



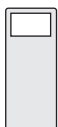
**WS1DB35**  
**Double**  
 Size: 135 x 193cm  
 Depth: 35cm



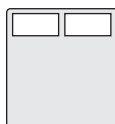
**WS1SG35**  
**Single**  
 Size: 91 x 193cm  
 Depth: 35cm



**WS1LD35**  
**Long Double**  
 Size: 135 x 203cm  
 Depth: 35cm



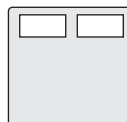
**WS1LS35**  
**Long Single** (Split King)  
 Size: 91 x 203cm  
 Depth: 35cm



**WS1QN45**  
**Queen**  
 Size: 152 x 203cm  
 Depth: 45cm



**WS1KS35**  
**King Single**  
 Size: 107 x 203cm  
 Depth: 35cm



**WS1KN45**  
**King**  
 Size: 180 x 203cm  
 Depth: 45cm



**WSHPCW**  
**½ & ½ Pillowcase Set**  
**'white' (white colour)**  
 Size: 48 x 73cm



## What do our customers think:

- Therese said; Thank you for the sheet. My husband used it for the first-time last night and the first thing he said this morning was, 'my best sleep ever'.
- Robyn said; I love your story about the Wonder Sheet®. We have a 11 year old who has spinal muscular atrophy. He can't turn in bed on his own. Like your dad he was wearing satin boxer shorts but it wasn't enough. So we purchased your sheet and night time has changed. Easy to flip and no stress on him. Thanks for being at ATSA as we wouldn't have known about your product. I'll pass on your info to all that could use some help.
- Karen said; The Wonder Sheet was recommended to me by my support worker who had seen it in another home. I can tell you it makes life so much easier for my support workers as I am a quadriplegic and need to be moved in bed all the time.
- Dianne said; Hi Dominique, I just want to thank you for your creation and design of the Wonder Sheet. It couldn't be a more apt name. Our aged uncle has Parkinson's disease and he now finds it so much easier to turn over in bed with the aid of the sheet. I love your story how the Wonder sheet came to be. I hope your business goes from success to success.
- Susan said: Apparently my care package will pay for them so a receipt would be appreciated. I will recommend your company. I know I don't have the sheets but your service is top notch. In this era of poor service it's good to share the experience.
- Irene said; I am an OT and ordered 2 wondersheet plus for my mum, who is 86, and has reduced mobility. She wouldn't be without it. It allows her to now easily roll in bed, giving her increased independence, and a better night's sleep. It's a great product.
- Colin said; My wife has Parkinson's and moves continuously throughout the night As a light sleeper this meant that that my sleep was also disturbed With the Neeki sheet her movements are much easier and we both have a less disturbed night.
- Kellie said; I was having trouble turning in bed due to having muscular dystrophy and was finding it really hard to get comfortable in bed. Since getting the wonder sheet plus, I have had the best sleep without having to struggle to turn. I also like the fact the satin doesn't go to the edges which gives me something to grip while transferring into my wheelchair. I love my new sheet and would recommend it to anyone who has trouble turning and positioning in bed. Thank you so much, I'm very happy.
- Carol said; Incredible customer service, considering the flooded route the sheet arrived sooner than expected and suited our needs exactly as expected. Thank you



## More Information:

### 1. Is the Wonder Sheet® hot to sleep on?

No. The design was created with body temperature in mind that's why we only used the satin in the middle. We found having the satin away from your feet stopped any chance of overheating.

### 2. My mattress is really deep. Will your sheets fit?

Yes, they should. We have 2 depths 35cm and 45cm. Please ask if you're unsure

### 3. Is there a special way to put the Wonder Sheet® on the bed?

Yes. There are instructions on the packaging.

### 4. I have a Self-Help Pole on my bed. Can I still have a Wonder Sheet®?

Yes, you can. Using existing equipment with the Wonder Sheet® can further reduce the effort and strain you'll put on your body while trying to move.

### 5. Where can I buy the Wonder Sheet®?

We have stockists throughout Australia. Check our website for details. If you shop somewhere that doesn't currently stock the Wonder Sheet® please let us know as they may be interested in having them available to their customers.

### 6. Are there different colours?

The 'original' Wonder Sheet® is available in 'ecru', a cream/beige colour and the Wonder Sheet® +PLUS, is available in 'white'.

### 7. Do you have to be old to benefit from the Wonder Sheet®?

Absolutely not. Anyone of any age can benefit from using both our Wonder Sheet® designs.









## Why did I create the Wonder Sheet®?

My Dad asked Mum and I to help him find something to make turning over in bed easier. He had Parkinson's disease, diagnosed at just 39 years of age. Turning over in bed on normal cotton sheets was becoming a problem. We looked at things already out there but either dad didn't like them or they just didn't work. Mum and I thought maybe we could design something ourselves. With my background in textiles and designs, we tried and tested different fabrics and ways to use the fabric. We found satin to be the most durable, comfortable, luxurious and accessible fabric on the market. It worked amazingly and felt beautiful without feeling clinical.

We called our creation the 'Wonder Sheet®'! It all came down to where and how much satin we used. The therapeutic benefits were fantastic, and the feedback was so good it turned into a 'side hustle' while I juggled two other jobs. I loved hearing how it made such a difference to those that struggled to turn over in bed. Being able to turn over is something we can take for granted.



I decided to take the plunge and I started my business. The business has grown and diversified over the years to service and satisfy different target markets. We aim for a high level of service and excellent communication. We never over promise which means you'll never(hopefully) be disappointed.

My Mum and I hope you love and benefit from the Wonder Sheet® as much as dad did. In loving memory of the best dad ever.

Dominique and Judy(mum) xx

