



Gluten free is now worry free.

GluteGuard helps protect those with medically diagnosed gluten sensitivities from the symptoms of accidental gluten ingestion.



1 in 4 Australians avoid gluten for varying reasons¹.

GluteGuard can be helpful for people suffering from:

- » Coeliac disease
- » Non-coeliac gluten sensitivity
- » Dermatitis herpetiformis
- » Other gluten related disorders



Breaks down gluten before it causes symptoms. GluteGuard's Caricain enzymes specifically break down gluten's toxic and immunogenic fractions into harmless fragments before they interact with the intestinal lining.



Contains the unique enzyme Caricain, naturally-derived from the skin of the papaya fruit. Unlike recombinant or artificially grown enzymes, GluteGuard's active ingredient is natural. It is extracted from the skin of the unripe papaya fruit and purified to enhance its efficacy.



The world's only clinically proven protection from the effects of accidental gluten consumption in coeliac disease. GluteGuard was clinically proven in double-blind, randomised, placebo controlled clinical trials involving a gluten challenge in patients with coeliac disease² and dermatitis herpetiformis³.



GluteGuard was developed and is made here in Australia.

GluteGuard breaks down the harmful parts of gluten before they cause symptoms.



1. Take GluteGuard before a meal that may contain traces of gluten.



2. In the small intestine, GluteGuard's Caricain enzymes are released.



3. The enzymes target and break down gluten into harmless fragments.



4. Helping to protect from symptoms and support general wellbeing.

GluteGuard helps by providing support in maintaining a gluten free diet.



Travelling

Consuming food prepared by others, cultural or language barriers make it challenging to ensure food is gluten free.



Social occasions

Catered events prepared by others or served in the vicinity of gluten-containing food pose a high risk of cross-contamination.



Restaurants & cafe

Places not offering gluten free alternatives or having inadequate knowledge of gluten free ingredients and safe preparation.



Uncertain ingredient labelling

Difficulty determining whether an ingredient is gluten free, particularly when product labelling is unclear.



Gluten containing medications

Needing to consume medication that contain gluten - particularly important for people with gluten sensitivities.

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IMPORTANT INFORMATION

- » To be used in conjunction with a gluten free diet.
- » Maximum daily dosage should not exceed 4 tablets unless otherwise recommended by a healthcare professional.
- » Recommended for adults aged 18 years and older.

WARNINGS

- » Do not use if pregnant or breastfeeding.
- » Do not use if allergic to papaya (paw paw) or natural rubber latex.
- » Do not use if taking blood-thinning medication (warfarin).
- » GluteGuard contains sulfites.

If symptoms persist, worsen or episodes become more frequent refer on to a medical practitioner. Always read the label and follow the directions for use.

1. Potter et al; "Incidence and prevalence of self-reported non-coeliac wheat sensitivity and gluten avoidance in Australia" MJA 212 (3); 17 February 2020.
 2. Cornell JH et al. 2016 IJCD Vol. 4, No 2 p:40-47.
 3. Zebrowska A et al. 2014 IJCD Vol. 2, No 2 p:58-63.
- These clinical studies were funded by Glutagen Pty Ltd.



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