

# Supporting you and your family at all stages of life



life-space  
PROBIOTICS

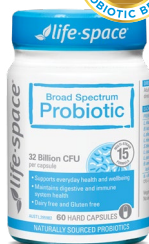
## ADULT DAILY PROBIOTIC

### BROAD SPECTRUM PROBIOTIC

Life-Space Broad Spectrum Probiotic contains 15 strains of beneficial bacteria and supports a healthy digestive system. This product is free from gluten and dairy (certified) and contains strains backed by over 50 clinical trials.

Specifically formulated to:

- Support daily gut health
- Maintain immune system health
- Support the intestinal microbiome

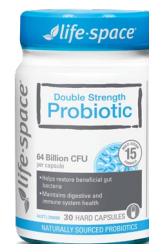


### DOUBLE STRENGTH PROBIOTIC

Life-Space Double Strength Probiotic contains 15 strains of beneficial bacteria and supports a healthy digestive system. This product is free from gluten and dairy (certified) and contains strains backed by over 50 clinical trials.

Specifically formulated to:

- Support daily gut and immune health
- Support bowel health
- Support healthy gut lining



### TRIPLE STRENGTH PROBIOTIC

Life-Space Triple Strength Probiotic contains 15 strains of beneficial bacteria and supports a healthy digestive system. This product is free from gluten and dairy (certified) and contains strains backed by over 50 clinical trials.

Specifically formulated to:

- Maintain daily gut and immune health
- Support bowel health
- Support healthy gut lining
- Support gut restoration



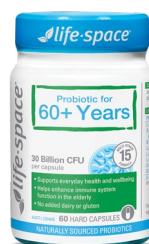
## HEALTHY AGEING

### PROBIOTIC FOR 60+ YEARS

Life-Space Probiotic for 60+ Years contains 15 strains of beneficial bacteria and supports a healthy digestive system.

Specifically formulated to:

- Help enhance immune system function in the elderly
- Support digestive system health
- Support healthy bowel function
- Help restore good gut flora



### PROBIOTICS + CHOLESTEROL SUPPORT

Life-Space Probiotics + Cholesterol Support is a premium, targeted probiotic formula containing 4 strains of beneficial bacteria plus 150mg CoQ10 (Co-Enzyme Q10) and vitamins C and E.

Specifically formulated to:

- Help maintain healthy cholesterol in healthy adults
- Support healthy cardiovascular system function
- Reduce free radicals formed in the body
- Support blood vessel health



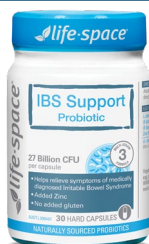
## DIGESTIVE HEALTH

### IBS SUPPORT PROBIOTIC

Life-Space IBS Support Probiotic is a premium, targeted probiotic formula, featuring 20 Billion CFU of the clinically trialled probiotic strain, *Lactobacillus plantarum* 299V, plus zinc, to support digestive system health and function. <sup>(\*)</sup>

Specifically formulated to:

- Help decrease symptoms associated with medically diagnosed irritable bowel syndrome (IBS) such as abdominal pain, gas, and bloating
- Support gastrointestinal mucosal membrane health



### BOWEL BIOTIC

Life-Space Bowel Biotic contains 5 strains of beneficial *Bifidobacterium animalis* ssp. *lactis* B420, to support a healthy digestive system.

Specifically formulated to:

- Support healthy bowel function
- Maintain digestive system health
- Support bowel regularity
- Support the intestinal microbiome

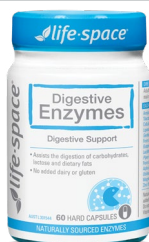


### DIGESTIVE ENZYMES

The Life-Space Digestive Enzymes formula contains 4 digestive enzymes plus herbs and nutrients to support healthy digestive system function, assisting with the breakdown of carbohydrates, lactose and fats, as well as the assimilation of nutrients.

Specifically formulated to:

- Assist the digestion of carbohydrates, lactose and dietary fats
- Support the absorption of dietary nutrients
- Maintain healthy digestive system function

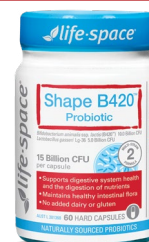


### SHAPE B420 PROBIOTIC

Life-Space Shape B420 Probiotic formula contains 2 strains of beneficial bacteria, including 10 Billion CFU of *Bifidobacterium animalis* ssp. *lactis* B420, to support general health and wellbeing.

Specifically formulated to:

- Support the digestion of nutrients
- Maintain healthy intestinal flora
- Support healthy digestive system function



Always read the label and follow the directions for use.

<sup>(\*)</sup>Circana, Total Probiotics - Australian Pharmacy and Grocery (units & dollars) MAT to 25/08/2024.

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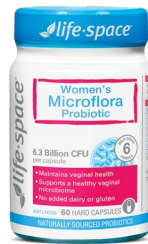
## WOMEN'S HEALTH

### WOMEN'S MICROFLORA PROBIOTIC

Life-Space Women's Microflora Probiotic is a premium, targeted probiotic formula containing 6 strains of beneficial bacteria, including 2 Billion CFU of native vaginal probiotic strain, *Lactobacillus crispatus* LbV 88 (DSM 22566).

Specifically formulated to:

- Maintain vaginal health
- Support a healthy vaginal microbiome
- Helps restore beneficial gut flora

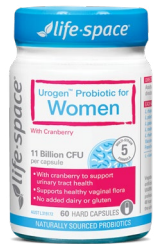


### UROGEN™ PROBIOTIC FOR WOMEN

Life-Space Urogen™ Probiotic for Women is a premium, targeted probiotic formula containing 5 strains of beneficial bacteria, including 2 Billion CFU of clinically trialled Urex™ probiotic strain blend combined with cranberry.

Specifically formulated to:

- Support urinary tract health
- Maintain healthy vaginal flora



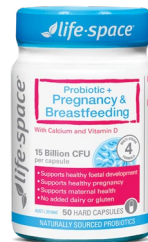
## MUM, BABY AND CHILDREN

### PROBIOTIC + PREGNANCY & BREASTFEEDING

Life-Space Probiotic + Pregnancy & Breastfeeding is a multi-strain probiotic formula containing 4 strains of beneficial bacteria plus calcium and vitamin D. This product features 3 Billion CFU of breast milk-derived *L. fermentum* CECT5716 to help reduce symptoms of mild mastitis while breastfeeding. <sup>(2)</sup>

Specifically formulated to:

- Support general health and wellbeing while breastfeeding
- Support healthy growth and development in healthy breastfed infants
- Support bone health while breastfeeding

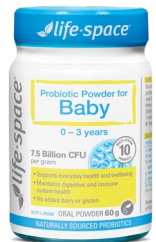


### PROBIOTIC POWDER FOR BABY

Life-Space Probiotic Powder for Baby is a multi-strain probiotic formula containing 10 strains of beneficial bacteria, specifically designed to support gut and immune health in babies aged 0-3 years. Features highly researched strains *Lactobacillus rhamnosus* GG, M16V, HN019 and HN001.

Specifically formulated to:

- Maintain immune system health
- Support the intestinal microbiome
- Support healthy bowel function

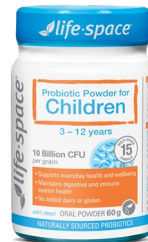


### PROBIOTIC POWDER FOR CHILDREN

Life-Space Probiotic Powder for Children is a multistrain probiotic, containing 15 strains of beneficial bacteria, specifically formulated to support a healthy gut and immune system health and function in children aged 3-12 years. Featuring 2 Billion CFU of clinically researched strain, *Lactobacillus rhamnosus* GG. <sup>(3)</sup>

Specifically formulated to:

- Maintain immune system health
- Support the intestinal microbiome
- Support healthy bowel function



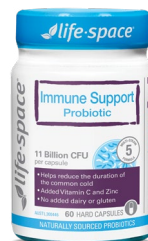
## IMMUNE HEALTH

### IMMUNE SUPPORT PROBIOTIC

Life-Space Immune Support Probiotic is a premium, targeted probiotic formula containing 5 strains of beneficial bacteria including clinically trialled strains HEAL9 and 8700:2. <sup>(4)</sup> Featuring vitamin C and zinc to support the health and function of the immune system.

Specifically formulated to:

- Reduce the severity of common cold symptoms
- Decrease the duration of the common cold
- Help reduce the occurrence of symptoms of mild upper respiratory tract infections



### CHILDREN IMMUNE SUPPORT PROBIOTIC

Life-Space Children Immune Support probiotic is a premium, targeted probiotic formula, designed to support your child's immune health and function. Featuring probiotic strain, *L. rhamnosus* GG clinically shown to reduce the incidence of upper respiratory tract infections in children <sup>(5)</sup> In addition, the formulation contains zinc, vitamin D and elderflower to support the health and function of the immune system. Elderflower has been traditionally used in Western herbal medicine to relieve symptoms of common cold. <sup>(6)</sup>

Specifically formulated to:

- Maintain immune system health
- Help reduce the occurrence of symptoms of mild upper respiratory tract infections



## SKIN HEALTH

### ACNE RELIEF + SKIN REBALANCE PROBIOTIC

Life-Space Acne Relief + Skin Rebalance Probiotic formula is a comprehensive, probiotic and nutrient formula, that has been designed to relieve the symptoms of acne and blackheads, in a convenient daily oral capsule. Featuring 1 billion CFU each of *Lactobacilli* and *Bifidobacteria* to support gut microbiome health and clinically trialled nutrient blend; zinc, vitamin E and lactoferrin, to relieve symptoms of acne. <sup>(6)</sup>

Specifically formulated to:

- Reduce the occurrence of symptoms of acne, pimples, blackheads, and congested skin pores
- Maintain skin health
- Support collagen formation
- Maintain skin elasticity
- Support wound healing



Always read the label and follow the directions for use. \*Circana, Total Probiotics - Australian Pharmacy and Grocery (units & dollars) MAT to 25/08/2024.

1. Ducrotte P, Sawant P, Jayanthi V. Clinical trial: *Lactobacillus plantarum* 299v (DSM 9843) improves symptoms of irritable bowel syndrome. World J Manag LP, Tuck CJ, Biesiekierski JR. The lived experience of irritable bowel syndrome: A focus on dietary management. Australian Journal of General Practice. 2022 Jun 1;51(6):395-400. 2. Maldonado-Lobón, J.A. et al. (2015). *Lactobacillus fermentum* CECT 5716 Reduces Staphylococcus Load in the Breastmilk of Lactating Mothers Suffering Breast Pain: A Randomized Controlled Trial. Breastfeed Med. 2015 Nov;10(9):425-32. doi: 10.1089/bfm.2015.0070. Epub 2015 Sep 9. 3. Hojsak I et al. Clin Nutr 2010; 29(3):312-6 4. Busch R, Gruenewald J, Dudek S. Randomized, Double Blind and Placebo Controlled Study Using a Combination of Two Probiotic Lactobacilli to Alleviate Symptoms and Frequency of Common Cold. Food Nutr Sci. 2013 Nov 1;4(11):13-2 5. Zakay-Rones Z, et al. J Altern Complement Med 1995;1:361-369. 6. Chan H, Chan G, Santos J, Dee K, Co JK. A randomized, double blind, placebo controlled trial to determine the efficacy and safety of lactoferrin with vitamin E and zinc as an oral therapy for mild to moderate acne vulgaris. International journal of dermatology. 2017 Jun;56(6):686-90. \* Sponsored by United Laboratories Incorporated.