



Up to
12
HOURS
Of Clinically Proven
Pain Relief^{1,2}



Voltaren is a proud partner of:



*Paid partnership

The POWER OF DICLOFENAC for up to 12 hours relief of musculoskeletal pain and inflammation¹⁻⁶

Voltaren Pain Relief Gel 12 Hourly can be used for up to:³

- 2 weeks to relieve pain in acute soft tissue injury including sprains, strains, sporting injuries and tendonitis.
- 3 weeks to relieve pain from mild and localised forms of osteoarthritis of the knees and fingers.



SPORT & OVERUSE INJURIES

Generally caused by repetitive movements or moving incorrectly and overloading a tendon, e.g., elbow tendonitis⁷



OSTEOARTHRITIS PAIN

Occurs when cartilage becomes damaged, with hips, knees and hands commonly affected^{8,9}



SPRAINS

Overstretching of ligaments, e.g., ankle sprain^{10,11}



STRAINS

Damage to muscles or tendons by overstressing, e.g., hamstring strain^{10,11}

A proven anti-inflammatory effect with pain relief targeted to the source^{4-6,12}

Diclofenac, like most NSAIDs, inhibits the activity of the enzyme cyclooxygenase, reducing the production of prostaglandins and therefore inflammation.^{12,13}



1 Voltaren Pain Relief Gel 12 Hourly has a **hydrogel phase** and a **lipid phase** containing diclofenac^{14,15}

••• = diclofenac • = lipid



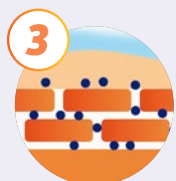
4 The epidermis acts as a **reservoir for sustained release of diclofenac** into underlying tissues^{14,15}



2 **Hydrogels** in the gel base allow water evaporation, providing a **cooling and soothing effect on the skin**^{14,15}



5 A **permeation enhancer** allows up to **3X greater skin penetration** to act at the source of pain^{16*}



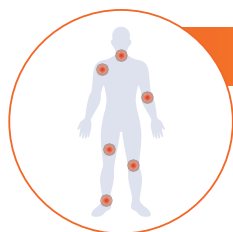
3 On skin contact, **lipids** release diclofenac enabling **penetration through the layers**^{14,15}



6 Up to **12 hours pain relief** per application³

*Voltaren Pain Relief Gel 12 Hourly vs Voltaren Pain Relief Gel, *in vitro* study.¹⁶

Expert consensus guidelines support topical NSAIDs for musculoskeletal pain¹⁷⁻¹⁹



ACUTE MUSCULOSKELETAL PAIN - non-low back pain

First-line therapy:

Topical NSAIDs, with or without menthol gel, to reduce or relieve symptoms, including pain; improve physical function; and improve treatment satisfaction

Strong recommendation with moderate-certainty evidence.

American College of Physicians; American Association of Family Medicine¹⁷



OSTEOARTHRITIS

Strong recommendation:

Topical NSAIDs for knee osteoarthritis in patients with no comorbidities, GI or CV comorbidities or frailty. *Osteoarthritis Research Society International*¹⁸

Primary option:

Topical NSAIDs for knee osteoarthritis in patients over 16 years, to reduce symptoms and support non-pharmacological management. Benefit may accrue for other osteoarthritis-affected joints. *NICE Guidelines*¹⁹

Recommend Voltaren Pain Relief Gel 12 hourly for your patients



Up to 12 hours of clinically proven pain relief¹²



Suitable for acute soft tissue injuries such as sports injuries³



Suitable for mild osteoarthritis of knees and fingers³



Targets the site of pain and inflammation^{14,15,20}



3X greater skin penetration^{16*}



Low systemic absorption⁶



Up to 3 weeks consecutive use^{3†}



Easy to open cap[#]



Voltaren Pain Relief Gel 12 Hourly should not be used by children under 12 years, women in the last 3 months of pregnancy and in people with an allergy to NSAIDs. Use with caution in women planning to become pregnant.³

*Voltaren Pain Relief Gel 12 Hourly vs Voltaren Pain Relief Gel, *in vitro* study.¹⁶ †For mild and localised forms of OA of the knees and fingers.³

#Easy to open caps are associated with the 100 g and 150 g packs only.

Other products in the Voltaren range to suit your customers' needs

TOPICAL PAIN RELIEF



VOLTAREN PAIN RELIEF GEL

Targeted relief of localised muscle pain and mild OA pain of the knees and fingers²¹

ORAL PAIN RELIEF



VOLTAREN RAPID EXTRA STRENGTH

Fast relief of strong pain that lasts up to 8 hours^{22–25}



VOLTAREN RAPID

Acute pain including headache and cold/flu symptoms²⁶

NEW



VOLTAHEAT AND VOLTACOOOL RANGE FOR SOOTHING RELIEF YOUR CUSTOMERS CAN FEEL

◀◀ FROM THE MAKERS OF VOLTAREN[^]

[^]VoltaHeat and VoltaCool products do not contain diclofenac.

Always read the label and follow the directions for use. Incorrect use could be harmful. Voltaren Rapid Extra Strength: Ask your pharmacist about this product. Incorrect use could be harmful.

Voltaren Pain Relief Gel 12 Hourly contains diclofenac diethylamine 23.2 mg/g. Indications: For relief of pain from acute soft tissue injury including sprains, strains, sporting injuries and tendonitis; for relief of pain from mild and localised forms of osteoarthritis of the knees and fingers. **Voltaren Pain Relief Gel** contains diclofenac diethylamine 11.6 mg/g. Indications: For relief of pain from acute soft tissue injury including sprains, strains, sporting injuries and tendonitis; for relief of pain from mild and localised forms of osteoarthritis of the knees and fingers. **Voltaren Rapid Extra Strength**: Australia: Please review Product Information (PI) before recommending Voltaren Rapid Extra Strength. The full PI is available from Haleon Australia on request (FREECALL 1800 028 533). **Voltaren Rapid Extra Strength** contains diclofenac potassium 25 mg. Use: For the temporary relief of acute pain where inflammation is present, such as sprains and strains, back and joint pains, migraine headaches and period pain. Adults: 2 tablets initially with liquid, then 1–2 tablets every 8 hours as necessary. Children 14–17 years: Take 1–2 tablets initially with liquid, then 1 tablet every 8 hours as necessary. (Maximum 8 tablets in 24 hours). **Pharmacist only medicine**. **Voltaren Rapid** contains diclofenac potassium 12.5 mg. Use: For the temporary relief of painful conditions such as headache, dental pain, period pain, rheumatic and muscular pain, backache. Temporary relief of symptoms of colds and flu (including aches and pains, sore throat pain). Reduces fever. **VoltaHeat Pain Relief Cream** contains capsiicum, methyl salicylate and menthol. **VoltaCool Pain Relief Cream** contains arnica, menthol and peppermint oil.

CV, cardiovascular; GI, gastrointestinal; NICE, National Institute for Health and Care Excellence; NSAIDs, non-steroidal anti-inflammatory drugs; OA, osteoarthritis.

References: 1. Derry S, et al. *Cochrane Database Syst Rev* 2015;6:CD007042. 2. Predel HG, et al. *Med Sci Sports Exerc* 2012;44(9):1629–36. 3. Voltaren Pain Relief Gel 12 Hourly package insert. 4. Derry S, et al. *Cochrane Database Syst Rev* 2016;4:CD007400. 5. Predel HG, et al. *BMC Musculoskeletal Disord* 2013;14:250. 6. Derry S et al. *Cochrane Database Syst Rev* 2017;5:CD008609. 7. Mayo Clinic. Tendinitis. Available at: www.mayoclinic.org/diseases-conditions/tendinitis/symptoms-causes/syc-20378243. Accessed May 2026. 8. Arthritis Foundation. Osteoarthritis. Available at: www.arthritis.org/diseases/osteoarthritis. Accessed May 2026. 9. Cushnaghan J, Dieppe P. *Ann Rheum Dis* 1991;50:8–13. 10. Safer Care Victoria. Soft tissue injuries (Sprains and strains). Available at: www.safercare.vic.gov.au/sites/default/files/2019-07/Soft%20tissue%20injuries.pdf. Accessed May 2026. 11. Sports Medicine Australia. Soft Tissue Injuries. Available at: sma.org.au/resources-advice/injury-fact-sheets/soft-tissue-injuries/. Accessed May 2026. 12. Zacher J, et al. *Curr Med Res Opin* 2008;24:925–50. 13. Ricciotti E, FitzGerald GA. *Arterioscler Thromb Vasc Biol* 2011;31(5):986–1000. 14. Haleon Data on File. Diclofenac skin penetration by vibrational spectroscopy and imaging. 15. Gondolph-Zink B et al. *Akt Rheumatol* 1996;21:298–304. 16. Quartarone G, Hasler-Nguyen N. *Arthritis Rheumatol* 2014;66:S976. 17. Qaseem A, et al. *Ann Int Med* 2020;173:739–48. 18. Banuru RR, et al. *Osteoarth Cartilage* 2019;27(11):1578–89. 19. NICE. Osteoarthritis in over 16s: diagnosis and management. Published 19 October 2022. Available at: www.nice.org.uk/guidance/ng226. Accessed May 2026. 20. Brune K. *Curr Med Res Opin* 2007;23(12):2985–95. 21. Voltaren Pain Relief Gel package insert. 22. Bakshi R et al. *Curr Ther Res* 1992;52(3):435–42. 23. Kintigh JW. *Today Ther Trends* 1995;Suppl 1:47–61. 24. Sumatriptan Migraine Study Group. *Cephalalgia* 1999;19:232–40. 25. Voltaren Rapid Extra Strength Australian approved Product Information. 26. Voltaren Rapid package insert.