

APASC25 PROGRAM

WEDNESDAY 22 OCTOBER



SCIENTIFIC CONFERENCE

ADELAIDE | 23-25 OCTOBER

APASC25
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PRE CONFERENCE WORKSHOPS | 8.30 am–5.15 pm

Stream:	AM Half Day Acupuncture & Dry Needling	AM Half Day Mental Health	Full Day Animal	AM Half Day Women's & Men's Pelvic Health	AM Half Day Occupational Health	AM Half Day Advanced Practice / Musculoskeletal	Full Day Business	AM Half Day Neurology	AM Half Day Paediatric	AM Half Day Disability	Full Day Sports & Exercise
Room:	Room E1	Riverbank Room 6	Riverbank Room 2	Riverbank Room 4	Riverbank 8	Riverbank Room 5	Room E2	Riverbank Room 7	Room E3	Riverbank Room 3	Uni SA-H1-10 / H1-11
8.30 am–10.00 am	Evolve your clinical practice	Mindfulness in motion: A whole person approach to psychologically informed physiotherapy	The Anatomy and physiology of fascia: implications for imaging in contemporary treatment in human and animal manual therapy	Preparing for better birth: the pelvic floor and more	Sustainability in our own backyard	An evidenced based approach to the role of the spine in contemporary musculoskeletal practice	The hidden cost of underservicing: How to improve patient outcomes James Schomburgk Building effective team culture Michelle Bakjak Learnings from highly successful clinics Paul Hedges	Physiotherapy care to support sleep and breathing in neuromuscular disease	Innovative approaches to concussion assessment in youth and children	Enabling physical activity participation for people with a disability	Mastering return to sport rehabilitation for complex groin pain and lower-limb muscle injuries
	Carl Clarkson, Jane Rooney, Jenny Lucy	Georgie Davidson	Alison Slater	Robyn Brennen, Joelene Murdoch-Ward	Filip Maric, Rose Boucaut	Mark Hancock, Caitlin Farmer, Brigitte Tamin		David Berlowitz, Nicole Sheers	Kathryn Schneider	Leanne Hassett, Cathie Sherrington, Catherine Kirkham, Kerry West, Rae Anderson	Kristian Thorborg, Tania Pizzari, Stella Veith, Sam Pietsch

MORNING TEA | RIVERBANK FOYER 5, 6, 7, & 8 | 10.00 am–10.30 am (AM AND FULL DAY WORKSHOPS ONLY)

Stream:	AM Half Day Acupuncture & Dry Needling	AM Half Day Mental Health	Full Day Animal	AM Half Day Women's & Men's Pelvic Health	AM Half Day Occupational Health	AM Half Day Advanced Practice / Musculoskeletal	Full Day Business	AM Half Day Neurology	AM Half Day Paediatric	AM Half Day Disability	Full Day Sports & Exercise
10.30 am–12.30 pm	<p>Evolve your clinical practice</p> <p>Carl Clarkson, Jane Rooney, Jenny Lucy</p>	<p>Mindfulness in motion: A whole person approach to psychologically informed physiotherapy</p> <p>Georgie Davidson</p>	<p>The Anatomy and physiology of fascia: implications for assessment and treatment in human and animal manual therapy</p> <p>Alison Slater</p>	<p>Preparing for better birth: the pelvic floor and more</p> <p>Robyn Brennen, Joelene Murdoch-Ward</p>	<p>Sustainability in our own backyard</p> <p>Filip Maric, Rose Boucaut</p>	<p>An evidenced based approach to the role of spinal imaging in contemporary musculoskeletal practice</p> <p>Mark Hancock, Caitlin Farmer, Brigitte Tamin</p>	<p>From graduate to great: Practical strategies for guiding new graduate physio's growth and business success David Giles</p> <p>Update on the minimum hourly rates project. Value what you do, if that's what you offer Antony Hirst</p>	<p>Physiotherapy care to support sleep and breathing in neuromuscular disease</p> <p>David Berlowitz, Nicole Sheers</p>	<p>Innovative approaches to concussion assessment in youth and children</p> <p>Kathryn Schneider</p>	<p>Enabling physical activity participation for people with a disability</p> <p>Leanne Hassett, Cathie Sherrington, Catherine Kirkham, Kerry West, Rae Anderson</p>	<p>Mastering return to sport rehabilitation for complex groin pain and lower-limb muscle injuries</p> <p>Kristian Thorborg, Tania Pizzari, Stella Veith, Sam Pietsch</p>

LUNCH | RIVERBANK FOYER 5, 6, 7, & 8 | 12.30 pm–1.15 pm (FULL DAY WORKSHOPS ONLY)

Stream:	PM Half Day Cardiorespiratory	PM Half Day Mental Health	Full Day Animal	PM Half Day Pain / WMPH	PM Half Day Occupational Health		Full Day Business	PM Half Day Cancer, Palliative care and Lymphoedema	PM Half Day Gerontology	PM Half Day Disability	Full Day Sports & Exercise
1.15 pm–2.45 pm	Elevate your impact: using innovations in HIIT and IMT to enhance your patients' functional performance Chris Burtin, Bernie Bissett	Physiotherapy as Lifestyle. The changing face of physical therapy Jenny Brockis	The Anatomy and physiology of fascia: implications for assessment and treatment in human and animal manual therapy Alison Slater	The BPS model–have we oversimplified the approach? Specialist pain clinicians deconstruct complex case studies Peter Roberts, Michelle Wilson, Annie Hopkins, Jilly Bond, Tim Austin	Determining job demands for effective manual tasks risk management and safe return to work. Jenny Legge		My story, thinking outside the norm for commercial success Shan Morrison Elevating Healthcare: AI's journey from gadget to gamechanger Darren Ross Managing people with purpose Lisa Roach	Low level laser therapy (Photobiomodulation) in cancer care: theory and practical applications Roberta Chow, Joseph Ryan, Sharon Tilley, Ann Liebert, Liisa Laasko	Hands-on at Home: Exercise, dementia strategies, and manual handling for working with frail older people at home Anne-Marie Hill, Taree Gibson, Cathy Senserrick, Jo-Aine Hang	Ready–set–ride for freedom, function and fun Tracey Watters	Mastering return to sport rehabilitation for complex groin pain and lower-limb muscle injuries Kristian Thorborg, Tania Pizzari, Stella Veith, Sam Pietsch

AFTERNOON TEA | RIVERBANK FOYER 5, 6, 7, & 8 | 2.45 pm–3.15 pm (PM & FULL DAY WORKSHOPS ONLY)

Stream:	PM Half Day Cardiorespiratory	PM Half Day Mental Health	Full Day Animal	PM Half Day Pain / WMPH	PM Half Day Occupational Health		Full Day Business	PM Half Day Cancer,Palliative care and Lymphoedema	PM Half Day Gerontology	PM Half Day Disability	Full Day Sports & Exercise
3.15 pm–5.15 pm	Elevate your impact: using innovations in HIIT and IMT to enhance your patients' functional performance Chris Burtin, Bernie Bissett	Physiotherapy as Lifestyle. The changing face of physical therapy Jenny Brockis	The Anatomy and physiology of fascia: implications for assessment and treatment in human and animal manual therapy Alison Slater	The BPS model–have we oversimplified the approach? Specialist pain clinicians deconstruct complex case studies Peter Roberts, Michelle Wilson, Annie Hopkins, Jilly Bond, Tim Austin	Determining job demands for effective manual tasks risk management and safe return to work. Jenny Legge		Global talent, local impact: The pros and cons of hiring overseas trained physiotherapists James Schomburgk The future of physiotherapy: profit, people and progress–panel discussion James Schomburgk, Antony Hirst, Michael Kenihan, Paul Hedges, Lisa Roach, Shan Morrison	Low level laser therapy (Photobiomodulation) in cancer care: theory and practical applications Roberta Chow, Joseph Ryan, Sharon Tilley, Ann Liebert, Liisa Laasko	Hands-on at Home: Exercise, dementia strategies, and manual handling for working with frail older people at home Anne-Marie Hill, Taree Gibson, Cathy Senserrick, Jo-Aine Hang	Ready–set–ride for freedom, function and fun Tracey Watters	Mastering return to sport rehabilitation for complex groin pain and lower-limb muscle injuries Kristian Thorborg, Tania Pizzari, Stella Veith, Sam Pietsch

THURSDAY 23 OCTOBER



YOGA: 6.45–7.30 am | Foyer E 9 | WALK / RUN GROUP: 6.30–7.00 am | Visit the Social Page of APASC25 website for booking details

REGISTRATION | 8.00 am–5.30 pm

OPENING PLENARY | 9.00–10.30 am | Room: Halls C&D

WELCOME TO COUNTRY | Major Moogy Sumner
President's welcome and conference opening
THE ROAD TO RESILIENCE | OPENING KEYNOTE SPEAKER: Anna Meares OAM

MORNING TEA & EXHIBITION: 10.30–11.00 am | Halls HJ

CONCURRENT SESSION 1: 11.05 am–11.50 am

Stream:	Acupuncture & Dry Needling	Advanced Practice	Cardiorespiratory	Gerontology	Musculoskeletal	Neurology	Orthopaedic	Paediatric	Pain	Physiotherapy General	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Rooms E2&E3	Hall A	Hall B	Riverbank Room 6	Riverbank Rooms 7&8	Riverbank Rooms 2&3	Riverbank Room 4	Panorama Room 1&2	Halls C&D	Panorama 3	Riverbank Room 5	Room E1
Theme:	1A: Acupuncture for pelvic health	1B: Advanced care for low back pain	1C: Innovations in physiotherapy practice	1D: Physical activity	1E: Implementing pathways of care for musculoskeletal disorders in primary care (Symposium)	1F: Stroke and physical activity	1G: Innovation in shoulder rehabilitation and service delivery	1H: Innovation in paediatric health and disability	1I: Clinician training in person centred care and pain	1J: Research methods and technological innovation	1K: Musculotendinous injury assessment and rehabilitation	1L: Antenatal physiotherapy
11.05 am–11.20 am	International Keynote: Carl Clarkson Title: A physiotherapists secret weapon: Acupuncture & dry needling for pregnancy related pelvic girdle pain (PPGP) and over active bladder (OAB)	National Keynote Speaker: Mark Hancock Title: What is required for advanced physiotherapy care of back pain, now and in the future?	Speaker: Georgina Whish-Wilson Title: A theory driven exploration of participation in a home based lung cancer exercise clinical trial	Speaker: Cathie Sherrington Title: Supporting physiotherapists to help their patients be more active: The PROPOSE and PROMOTE-PA implementation-effectiveness trials	Speaker: Kerrie Evans Title: Communication and trust: Foundations for effective care pathways for people with musculoskeletal conditions	Speaker: Natalie Fini Title: Are physiotherapists ready to lead in the delivery of World Stroke Organisation physical activity guidelines?	National Invited Speaker: Nadine Foster Title: Progressing the evidence base for rotator cuff rehabilitation	National Invited Speaker: Noula Gibson Title: From ideas to impact: Driving innovation in paediatric health and disability	National Keynote Speaker: Helen Slater Title: 'Listen to me, Learn from me': Person-centred pain management training	Speaker: Joshua Zadro Title: How to search PEDro to answer clinical questions	National Invited Speaker: Sam Pietsch Title: Lower limb muscular aponeurosis injuries–factors affecting return to play	National Invited Speaker: Joeline Murdoch-Ward Title: The pelvic floor and birth outcomes, should we care about length, strength, both, or neither?
11.20 am–11.35 am			Speaker: Sarah Brown Title: Resource usage costs and greenhouse gas emissions of mHealth (m-PR) and centre-based pulmonary rehabilitation	Speaker: Jo-Aine Hang Title: Active ageing in older people living with chronic disease: Barriers and enablers to exercise	Speaker: Trudy Rebbeck Title: Adoption of a new Pathway of Care for musculoskeletal (PACE-MSK) conditions by primary healthcare clinicians and specialist physiotherapists in Australian primary care	Speaker: Christopher Mackay Title: Aerobic exercise positively effects brain derived neurotrophic factor in sub-acute stroke: A pilot RCT						
11.35 am–11.50 am					Speaker: Leonie Shaw Title: Feasibility of a physiotherapy prehabilitation service for patients undergoing head and neck reconstructive surgery	Speaker: Nusrat Hamdani Title: Effectiveness of interventions using activity trackers for increasing physical activity in older adults: Systematic review	Speaker: Robyn Fary Title: Specialist musculoskeletal care pathway for those at risk of poor outcomes. What do patients think?	Speaker: Sonia Cheng Title: Prospective associations of step count and intensity with risk of stroke in people with hypertension	Speaker: Anna Thomson Title: Pre- and post-operative clinical outcomes in reverse shoulder arthroplasty patients Speaker: Rowena Charteris Title: Delivering fracture care in a virtual setting: A qualitative study of clinician experiences Speaker: Rachel Nelligan Title: Improving consumer osteoarthritis knowledge through eLearning: RCT findings		Speaker: Wing Kwok Title: Comparative analysis of human and machine-learning approaches to identifying trials in the field of physiotherapy	

CONCURRENT SESSION 2: 11.55 am–12.40 pm

Stream:	Aquatic	Cardiorespiratory	Disability	Gerontology	Mental Health	Musculoskeletal	Neurology	Neurology	Occupational Health	Paediatric	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Riverbank Room 4	Hall A	Room E1	Rooms E2&E3	Riverbank Room 5	Halls C&D	Panorama 3	Riverbank Room 6	Hall B	Riverbank Rooms 7&8	Riverbank Rooms 2&3	Panorama Room 1&2
Theme:	2A: Aquatic physiotherapy: Enabling movement and rehabilitation	2B: Inspiratory muscle training and rapid fire updates in cardiorespiratory physiotherapy	2C: Foundations for all	2D: Exercise, falls and cognition	2E: Bridging the gap between physical and mental health	2F: Manual therapy evidence	2G: Gait/mobility	2H: Neurodegenerative conditons	2I: The influencer	2J: Advancing paediatric physiotherapy: Education and innovative care models	2K: Clinical trials in ACL injuries	2L: Antenatal physiotherapy (Symposium)
11.55 am–12.10 pm	Speaker: Catherine Garland Title: Aquatic: Physiotherapy for older adults who are obese and admitted for inpatient rehabilitation: Case series	National Invited Speaker: Bernie Bissett Title: New insights into loading during inspiratory muscle training: Implications for training weak and complex patients	National Invited Speaker: Denise Luscombe Title: National best practice framework for early childhood intervention: Development, tools and resources for physiotherapists	International Keynote Speaker: Teresa Lui-Ambrose Title: Think fast, fall less: Targeting cognitive and brain outcomes to prevent falls through exercise	National Invited Speaker: Jenny Brockis Title: Bridging the gap between physical and mental well-being for patients and practitioners	International Keynote Speaker: Chad Cook Title: The current state of manual therapy science: What we know and what we don't	Speaker: Maya G Pannisset Title: Non-linear measures of mobility provide digital biomarkers of deep brain atrophy in mild multiple sclerosis	Speaker: Michele Callisaya Title: Building a successful Parkinson's massive open online course: Uptake and knowledge change	National Invited Speaker: Mary Wyatt Title: Psychosocial triage and matched care: Positioning physiotherapists as leaders in return-to-work planning	Speaker: Nikki Milne Title: Curriculum for paediatric physiotherapy professional entry-level education: An international delphi survey of expert physiotherapists	Speaker: Stephanie Filbay Title: Similar return-to-sport rates and activity levels following management with anterior cruciate ligament reconstruction versus rehabilitation-alone	Speaker: Hannah Graetz Title: Implementation and effectiveness of a virtual group pelvic floor muscle training program in antenatal care
12.10 pm–12.25 pm	Speaker: Sophie Heywood Title: Barriers and enablers to aquatic exercise for people with chronic musculoskeletal conditions: A systematic review Speaker: Isabel Huf Title: Aquatic therapy for adolescents and adults with cerebral palsy: A mixed methods scoping review Speaker: Gaby Bednarek Title: A splash into education: Making aquatic physiotherapy more effective in public health settings						Speaker: Sabrina Hernandez Title: Early mobilisation in patients with aneurysmal subarachnoid haemorrhage in the acute and intensive care settings Speaker: Moira Smith Title: Stride Forward: Exploring the journey of running with multiple sclerosis. A qualitative study	Speaker: Cassandra Wong Title: Access to allied health: perspective of physicians, Parkinson's nurses and people with Parkinson's disease Speaker: Fleur Terrens Title: Exploring sexuality, intimacy and relationship changes in people with Parkinson's disease and their partners Speaker: Daniel Cheung Title: Key components for safer mobility behaviour assessment and intervention for people with Parkinson's disease				
12.25 pm –12.40 pm							Speaker: Sara Issak Title: Gait changes in functional	Speaker: Annika Hildebrandt		Speaker: Margarita Tsiros	Speaker: Tom West	Speaker: Marissa Joseph

		with Parkinson's disease on inspiratory muscle training: A qualitative study Speaker: Tanya Palmer Title: Comparison of two fixed-intensity clinical exercise tests to measure exertional dyspnoea Speaker: Meredith King Title: The impact of lung cancer resection: an observational study	Title: Designing neurotype inclusive physiotherapy communication: An introduction to universal design				neurological disorder: A longitudinal study Speaker: Sabrina Hernandez Title: The perceived barriers, facilitators and preferences for early mobilisation after aneurysmal subarachnoid haemorrhage Speaker: Eloise Holland Title: Clinical decision-making of physiotherapists regarding ambulation in people with neurological conditions: A systematic review	Title: Exploring the correlation between oculomotor control and balance in people with multiple sclerosis		Title: Q & A development of paediatric physiotherapy workforce from novice to expert	Title: Does improved strength or reduced kinesiophobia mediate outcomes for young adults with early-onset osteoarthritis symptoms?	Title: Evaluating the real-world impact of a virtual group pelvic floor muscle training program in routine antenatal care
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LUNCH & EXHIBITION: 12.40 pm–1.40 pm | Halls HJ | E-POSTER PRESENTATIONS: 12.50–1.32 pm | FULL SCHEDULE ON PAGE 8–9

CONCURRENT SESSION 3: 1.40 pm–2.25 pm												
Stream:	Acupuncture & Dry Needling	Cardiorespiratory	Gerontology	Musculoskeletal	Musculoskeletal	Neurology	Neurology	Occupational Health	Paediatric	Physiotherapy General	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Panorama Room 1&2	Halls C&D	Riverbank Rooms 7&8	Riverbank Rooms 2&3	Hall B	Rooms E2&E3	Riverbank Room 4	Riverbank Rooms 2&3	Riverbank Room 5	Riverbank Room 6	Room E1	Panorama 3
Theme:	3A: Dry needling update on education and outcomes	3B: National keynote address	3C: Service delivery	3D: Mechanisms, mediators, predictors	3E: Migraine/headache	3F: Traumatic brain injury / Brain injury	3G: Robotics and technology	3H: OHP evolution	3I: Community health in paediatrics	3J: Concussion (Symposium)	3K: Sex/gender considerations in sports injury management	3L: Postnatal physiotherapy
1.40 pm–1.55 pm	National Keynote Speaker: Jane Rooney Title: The evolution, development and delivery of a standardised Australasian Level 1 dry needling program	National Keynote Speaker: Jenny Alison Title: Respiratory physiotherapy—Where have we come from? Where are we going?	Speaker: Dina Pogrebnoy Title: Does a Targeted Acute Physiotherapy Program (TAPP) reduce subacute admission rates?	Speaker: Leanne Bisset Title: Sensory processing, pain, and disability: The mediating role of psychological factors in persistent shoulder pain	Speaker: Zhiqi Liang Title: Complex presentations of migraine: How to integrate latest evidence into physiotherapy practice implementation	National Invited Speaker: Leanne Hassett Title: Delivering and promoting physical activity in brain injury rehabilitation: From guideline development to implementation	Speaker: Peter William Stubbs Title: Ninety-six percent of articles in physiotherapy interventions using robotics contained abstract spin: A meta research review	National Keynote Speaker: Jenny Legge Title: From survival to sustainability: The evolving role of physiotherapists in Occupational Health	Speaker: Georgia Gosse Title: Listening to children and community: Allied health services for children in country South Australia	Speaker: Vicki Anderson Title: Children and young people with concussion—setting the scene and introducing an early management option from the sideline	Speaker: Melissa Haberfield Title: Gender/sex-specific considerations for sport-related injury: Female, woman and/or girl Athlete Injury pRevention (FAIR) consensus	Speaker: Sky Holland Title: The real-world impact of physiotherapist-supervised exercise in a gestational diabetes service
1.55 pm–2.10 pm			Speaker: Jo Nolan Title: What is known about organisational barriers and enablers of adult mobility in acute hospitals?	Speaker: Simon Olivetto Title: Prognostic factors in active-duty military personnel with musculoskeletal disorders: A systematic review with meta-analysis			Speaker: Louise Pearce Title: Human interactions remain at the heart of rehabilitation with advanced technology: A practice-embedded qualitative study Speaker: Elizabeth Proud Title: Implementability of a task-related telerehabilitation hand training program for people with Parkinson's disease Speaker: Ashan Weerakkody Title: Implementing modified constraint-induced movement therapy after stroke in an early-supported discharge service: A process evaluation	Speaker: Alison Reynolds Title: Implementing spine health and ergonomics education for students in schools	Speaker: Katie Davies Title: Multimodal treatment for children and young people with persisting post concussion symptoms: The concussion essentials trial	Speaker: Deirdre McGhee Title: Expanding the scope of sports, musculoskeletal, women's health, and oncology physiotherapy into breast health.	Speaker: Emma Heron Title: Concurrent validity of a patient reported outcome measure for women with mastitis	
2.10 pm–2.25 pm			Speaker: Jennifer Jones Title: A framework for optimising physiotherapy service provision in a subacute setting using value-focused thinking	Speaker: Matthew Kenny Title: Is adherence associated with pain and function outcomes among participants receiving treatment for achilles tendinopathy?	Speaker: Samantha Kelley Title: Patients' expectations and experiences of physiotherapy management of migraine Speaker: Chalomjai Pensri Title: Cervical musculoskeletal impairments and pain hypersensitivity in tension-type headache Speaker: Amy Papinniemi Title: Lesser-known patient-reported symptoms arising from the craniocervical complex: A scoping review	Speaker: Sarah Gallow Title: Relationship between sports concussion assessment tool symptoms and anxiety after moderate-to-severe traumatic brain injury Speaker: Shylie Mackintosh Title: Significant mobility improvements can occur in most non-ambulant adults within three months post-acquired brain injury Speaker: Reem Rendell Title: Usability and attitudes towards treadmill games for traumatic brain injury rehabilitation: a mixed meths study	Speaker: Pak Yin Lau Title: The use of self-directed, or carer-assisted, digital resources in inpatient stroke rehabilitation: A scoping review Speaker: Meg Symington Title: Preliminary testing of the Gait Aid Monitoring Device (GAMD)—A smartphone-based gait assessment tool Speaker: Shalini Jayasekera Title: Examining the implementation of digital vestibular rehabilitation using the RE-AIM framework: A systematic review	Speaker: Vanessa Rausa Title: Multimodal management of children who present with chronic pRCS: The concussion essentials plus (CE+) Pilot		Speaker: Tegan Henderson Title: Pelvic floor symptoms and perceived impact of obstetric anal sphincter injuries at long-term follow-up		

CONCURRENT SESSION 4: 2.30 pm–3.15 pm												
Stream:	Advanced Practice	Cancer, Palliative Care and Lymphoedema	Cardiorespiratory	Disability	Gerontology	Musculoskeletal	Neurology	Pain	Paediatric	Physiotherapy General	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Room E1	Panorama Room 1&2	Riverbank Rooms 2&3	Hall B	Hall A	Riverbank Rooms 7&8	Panorama 3	Halls C&D	Riverbank Room 4	Riverbank Room 6	Rooms E2&E3	Riverbank Room 5
Theme:	4A: Advanced practice innovation	4B: Physiotherapy and the implementation of national lung cancer screening	4C: Assessment and outcomes in cardiorespiratory physiotherapy practice	4D: Elite para sport	4E: Implementation science	4F: Low back pain management	4G: Spasticity (Symposium)	4H: Multimodal approaches to chronic pain	4I: Inclusive physical activity for children: Overcoming challenges and building skills	4J: Transforming practice: Education, culture, and innovation	4K: Athletic hip and groin pain	4L: Topical Issues in pelvic health
2.30 pm–2.45 pm	Speaker: Lillian Carley Title: Advanced practice physiotherapy-led model of care provides appropriate clinical management of paediatric spinal conditions	National Keynote Speaker: Vinicius Cavalheri Title: Integrating exercise into the lung cancer care continuum	Speaker: Dominic Truong Title: The clinical utility, barriers and facilitators of peripheral and respiratory muscle ultrasound: Mixed methods study	National Keynote Speaker: Paula Peralta Title: The world of elite para sport	Speaker: Charlotte McLennan Title: Considerations for hospital fall prevention programs: Results from three studies	National Keynote Speaker: Ben Wand Title: The fit-for-purpose model for managing low back pain	Speaker: Edwina Sutherland Title: Understanding the experiences of people attending focal muscle spasticity clinic appointments: A qualitative study	International Speaker: Jo Nijs Title: A paradigm shift towards multimodal lifestyle interventions for persistent musculoskeletal pain	Speaker: Kerry West Title: Physical activity of children and adolescents after kidney transplant	Speaker: Oka Sanerivi Title: Le taualuga o tausiga: The Samoan epitome of culturally safe care in physiotherapy	International Keynote Speaker: Kristian Thorborg Title: Groin pain in athletes: Assessment and management	Speaker: Robyn Brennen Title: Benchmarking pessary care for pelvic organ prolapse
2.45 pm–3.00 pm	Speaker: Rebecca Pile Title: Improving fracture care for Australian paediatric patients utilising a virtual clinic		Speaker: Claire Hackett Title: Postoperative pulmonary complications: Day of onset and incidence differs with different scoring methods		Speaker: Joseph Cobbleddick Title: Incorporating outcome measures into general medicine routine practice: Measuring fidelity after digital and non-digital strategies Speaker: Aisling Burke Title: The acceptability of embedding three outcome measures into usual general medicine practice: A survey Speaker: Andrew Hislop Title: Implementation of falls huddles in public health hospitals		Speaker: Edwina Sutherland Title: A prospective multi-site audit of focal muscle spasticity clinics: A preliminary analysis		Speaker: Karen Graham Title: Swimming for children with disabilities: Experiences of rehabilitation and swimming professionals in Australia	Speaker: Jennifer Langford Title: Implementation and adoption of My Therapy self-management program by physiotherapists at Royal Melbourne Hospital rehabilitation		Speaker: Kerstin McPherson Title: "Working rurally is 100% different". Women's and men's health physiotherapy in regional and rural Australia
3.00 pm–3.15 pm	Speaker: Piers Truter Title: Diverting from ED to a physiotherapist? What's next? Evidence based whole health service re-design		Speaker: Norman Morris Title: Comparison of six minute walk and cardiopulmonary exercise tests in pulmonary hypertension		Speaker: Jennie Hewitt Title: Real-world impact: benefits observed following the implementation of a residential care exercise protocol		Speaker: Emma Campagna Title: Lower-limb muscle-tendon surgery for adults with neurological conditions: A scoping review		Speaker: Karen Graham Title: Swimming and water safety skills for children with disabilities: A systematic review	Speaker: Meg Symington Title: Evaluating the implementation of a new graduate program in a neurological physiotherapy private practice setting Speaker: Gretta Palmer Title: Implementation of a state-wide peer supervision program for vestibular physiotherapists: Engagement, outcomes and impact		Speaker: Angela James Title: Where to for pathways into men's and paediatric pelvic health

AFTERNOON TEA & EXHIBITION: 3.15 pm–3.45 pm | Halls HJ

PLENARY 2 | 4.00 pm–5.00 pm | Room: Halls C&D

SPEAKERS: Representatives from all National Groups | TEN YEARS IN FIVE MINUTES–AN EVOLUTION OF PHYSIOTHERAPY BY GROUP

WELCOME RECEPTION: 5.15 pm–7.15 pm | Exhibition | Halls H & J

FRIDAY 24 OCTOBER

APASC25
SCIENTIFIC CONFERENCE
ADELAIDE | 23-25 OCTOBER

REGISTRATION | 6.30 am–5.30 pm

BREAKFASTS: 7.00 am–8.20 am

Stream:	Acupuncture & Dry Needling	Cardiorespiratory / Cancer	Gerontology	Musculoskeletal / Pain	Neurology	Occ Health / Mental Health	Paediatric / Disability	Sports & Exercise	Women's & Men's Pelvic Health
Room:	Riverbank Room 1	Riverbank 8	Riverbank Room 5	Riverbank 7	Panorama 2	Panorama 3	Riverbank Room 6	Riverbank Room 3	Panorama 1
Speaker:	Speakers: Carl Clarkson, Jane Rooney, Jonathan Wray, Cassandra Zaina, Leigh McCutcheon	Speaker: Jennifer Alison, Vinicius Cavalheri, Elizabeth Smith	Speaker: Teresa Liu-Ambrose, Rik Dawson	Speaker: Peter Roberts, Mary Magarey, Tania Gardiner, Darren Doherty	Speaker: Glenn Nielsen, Sara Issak, James McLoughlin, Natalie Rando	Speaker: Mary Wyatt	Speaker: Denise Luscombe	Speaker: Kerry Peek	Speaker: Wendy Bower
Title:	Title: Panel: "Evolution" of expert consensus and practical suggestion for lower back pain, pelvic regional pain & pelvic floor	Title: Move, nourish, thrive: Integrating exercise and nutrition strategies for holistic frailty care	Title: Creating professional impact: Career journeys in physiotherapy	Title: Specialisation pathways and experiences	Title: Interwoven complexity: Expert perspectives on managing multidimensional neurological conditions	Title: Creating mentally healthy workplaces	Title: Physiotherapy and the 2025 national best practice framework for early childhood intervention	Title: Evaluating concussion in sporting settings: Are our assessment tools fit for purpose?	Title: F.U.N.after 60–urinary tract symploms in the older person

PLENARY 3 | 8.30 am–10.00 am | Room: Halls C&D

PITCHFEST–THE PRF SUPPORTING INNOVATION IN PHYSIOTHERAPY | HOST: Nils Vesk

MORNING TEA & EXHIBITION: 10.00 am–10.30 am | Halls HJ

CONCURRENT SESSION 5: 10.35 am–11.20am

Stream:	Animal	Cardiorespiratory	Gerontology	Musculoskeletal	Neurology	Occupational Health	Orthopaedic	Paediatric	Pain	Physiotherapy General	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Riverbank Room 5	Hall A	Halls C&D	Panorama Room 1&2	Hall B	Panorama 3	Riverbank Rooms 2&3	Riverbank Room 4	Riverbank Rooms 7&8	Riverbank Room 6	Rooms E2&E3	Room E1
Theme:	5A: Anatomy of fascia and the vertebral column across species	5B: Optimising movement in the acute hospital setting	5C: Physical activity and telehealth	5D: Clinical trials for MSK conditions	5E: Symptom management	5F: The Web of RTW	5G: Rehabilitation barriers post THR / ACLR techniques and outcomes	5H: Addressing falls and balance challenges in children	5I: Clinical reasoning in pain management	5J: Women's health	5K: Sports-related concussion	5L: Bowel function
10.35 am–10.50 am	National Keynote Speaker: Alison Slater Title: The anatomy and physiology of fascia: Implications for assessment and manual therapy treatment	Invited Speaker: Claire Baldwin Title: Mobilising change: evolving evidence for physical activity in acute hospital settings	National Invited Speaker: Rik Dawson Title: Embedding digital physiotherapy in aged care to reduce falls and improve mobility: the TOP-UP trial	Speaker: Joanne Kemp Title: Physiotherapist-led treatment for Femoroacetabular Impingement Syndrome (The PhysioFIRST study): An assessor-blinded, limited-disclosure randomised controlled trial	Speaker: Jessica Nolan Title: A longitudinal cohort study investigating lateropulsion resolution and outcomes up to one year post-stroke	Speaker: Katia Gould Title: Untangling the 'web' of complex workplace injuries. Physiotherapists as leaders in return-to-work planning	Speaker: Ben Glenwright Title: Contraindications for self-directed rehabilitation following elective total hip replacement: An e-Delphi study Speaker: Jason Wallis Title: "I dismissed home rehab": Qualitative exploration of joint replacement rehabilitation in the private hospital setting Speaker: Marie March Title: Urinary incontinence in men and women after total hip arthroplasty: A retrospective observational cohort study	Speaker: Rachel Kennedy Title: Falls in children with neurological physical disability: A 6-month prospective observational study	International Keynote Speaker: Jo Nijis Title: Demystifying nociplastic pain: Clinical reasoning to facilitate a personalized treatment	Speaker: Alisa McLachlan Title: Unravelling the complexity of persistent pelvic pain from a multidisciplinary Specialist Physiotherapy perspective: Expanding the clinicians approach	National Keynote Speaker: Kerry Peek Title: Prevention of sports-related head injuries: What can we learn from current research in football (soccer)	Speaker: Kaitlin Christmas Title: Pelvic floor muscle training with or without biofeedback for female anal incontinence – systematic review
10.50 am–11.05 am				Speaker: Cathy Chapple Title: Frequency of manual therapy for people with knee osteoarthritis: The OptiOK trial Speaker: Daniel Cheung Title: Safer mobility behaviour assessment and intervention: Implications for people with Parkinson's disease Speaker: Elizabeth Proud Title: Impact of upper limb dysfunction on activity and participation in people with Parkinson's disease	Speaker: Melanie Boyce Title: Exploring the management of isolated cervical dystonia: A survey of conservative treatment strategies Speaker: Daniel Cheung Title: Safer mobility behaviour assessment and intervention: Implications for people with Parkinson's disease Speaker: Elizabeth Proud Title: Impact of upper limb dysfunction on activity and participation in people with Parkinson's disease	Speaker: Larissa Sattler Title: The addition of a lateral extra-articular procedure to anterior cruciate ligament reconstruction improves clinical outcomes	Speaker: Margarita Tsiros Title: Balancing act: A systematic review of associations between adiposity and balance in children and youth	Speaker: Carol Chan Title: Preoperative video about bowel function and supportive care in colorectal cancer				
11.05 am–11.20 am				Speaker: Julie Adsett Title: Using quality indicators to improve patient mobility practices in general medical wards	Speaker: Cathy Said Title: Users perspectives on an online physical activity resource for older people	Speaker: Peter Malliaras Title: Efficacy of radial shockwave therapy for insertional achilles tendinopathy: A randomised controlled trial	Speaker: Nicole Prideaux Title: Mind-body therapies for pain after stroke: Physiotherapists' knowledge, perceptions, use and education	Speaker: Charlotte Gerner Title: Social network analysis: Safety communication and safety performance, does gender impact Australian mining crews?				Speaker: Matthew Castro Title: Quadriceps versus hamstring and patellar tendon autografts for ACL reconstruction: A systematic review and meta-analysis

CONCURRENT SESSION 6: 11.25 am–12.10 pm

Stream:	Acupuncture & Dry Needling	Cardiorespiratory	Cardiorespiratory	Gerontology	Musculoskeletal	Musculoskeletal	Neurology	Paediatric	Pain	Physiotherapy General	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Riverbank Room 5	Room E1	Panorama 3	Rooms E2&E3	Hall A	Panorama Room 1&2	Halls C&D	Riverbank Room 4	Riverbank Room 6	Riverbank Rooms 2&3	Riverbank Rooms 7&8	Hall B
Theme:	6A: Pain science for needling	6B: Systematic reviews: Synthesising the evidence	6C: Cystic Fibrosis, Bronchiectasis and resourcing in pulmonary rehabilitation	6D: Falls prevention	6E: Technology in assessment, management & documentation	6F: The medical-MSK intersect	6G: Respiratory management in neurological conditions	6H: Is a running intervention for children with generalised hypermobility feasible in private physiotherapy practice? (Symposium)	6I: Engaging the person with pain	6J: LGBTQIA+ inclusion across the care continuum: affirming practice and health promotion (Symposium)	6K: Hip pain treatments across the disease spectrum (Symposium)	6L: Cancer

11.25 am–11.40 am	National Invited Speaker: Jonathan Wray Title: Beyond the needle; unravelling the mechanisms of Acupuncture and Dry Needling and their clinical utility	Speaker: Tanya Palmer Title: Does exercise rehabilitation improve exertional dyspnea in chronic cardiorespiratory populations? A systematic review	Speaker: Jennifer Phillips Title: Active cycle of breathing technique, oscillating - positive - expiratory-pressure therapy or walking with huffing during a bronchiectasis exacerbation	National Keynote Speaker: Anne-Marie Hill Title: Falls prevention~ what enables effective implementation?	Speaker: Karin Forsberg Title: Clinical validity and reliability of cervical sensorimotor function tests using virtual reality technology	Speaker: Sally Mastwyk Title: What is metabolic syndrome and how does it impact your clients?	National Keynote Speaker: David Berlowitz Title: Breathing, exercise, and sleep therapies in neuromuscular disease. BEST in NMD	Speaker: Beverly Jepson Title: Running group for children with generalised joint hypermobility in private practice: A feasibility study	Speaker: Peter Roberts Title: In their own words: How people with chronic low back pain experience specialist musculoskeletal physiotherapy	Speaker: Sjaan Gomersall Title: 24-hour movement behaviours in the LGBTQIA+ community: A systematic review and meta-analysis	Speaker: Charlotte Ganderton Title: Exercise rehabilitation to improve hip range of motion and function in people with hip-related pain	Invited Speaker: Robyn Brennan Title: Pelvic floor (and sexual) dysfunction in gynaecological and breast cancer: Prevalence and management strategies
11.40 am–11.55 am		Speaker: Sarah White Title: Physiotherapy to prevent complications after major gastrointestinal cancer surgery: A systematic review and meta-analysis	Speaker: Kirsty Krieg Title: Improved health outcomes with implementation of the treatable traits approach in bronchiectasis		Speaker: Amanda Ng Title: Technology-assisted rehabilitation for people with knee osteoarthritis: The impact on outcome of a wearable technology			Speaker: Annie Chappell Title: The efficacy of a low-load plyometric intervention for children with generalised joint hypermobility	Speaker: Athina Liacos Title: The explore pain group program for Dari speaking women with chronic pain	Speaker: Calum Neish Title: Realising the holistic benefits of gender-affirming physiotherapy for transgender, gender diverse and non-binary people	Speaker: Mark Scholes Title: Does physiotherapist-led treatment for FAI syndrome alter running biomechanics? A study of two 6-month interventions	
11.55 am–12.10 pm	Speaker: Christopher Zaslowski Title: Sensory characteristics of acupuncture needling sensation: Randomised controlled study of the needle technique of Qing Long Bai Wei	Speaker: Gemma Pound Title: Long term functional outcomes and health-related quality of life following in-hospital cardiac arrest: A systematic review	Speaker: Kirsty Krieg Title: The treatable traits approach is highly acceptable to patients in a regional bronchiectasis outpatient clinic Speaker: Kristen Andrews Title: Physiotherapy for a pulmonary exacerbation of Cystic Fibrosis: Current practice Speaker: Jessica Walsh Title: Interest and resources of Australian primary care physiotherapists and exercise physiologists in providing pulmonary rehabilitation		Speaker: Barry Nguyen Title: Implementing AI scribes in musculoskeletal physiotherapy: Enhancing documentation, treatment planning, and patient rapport	Speaker: Lucy Thomas Title: VBI positional testing under the microscope		Speaker: Gaela Kilgour Title: 'I have always been last when I was in the race': An Interpretive description study of children with generalised joint hypermobility participating in a running intervention	Speaker: Anne Daly Title: Injured workers who engage with an APA titled pain physiotherapist benefit substantially	Speaker: Megan Ross Title: Being and doing: Core values for affirming healthcare for LGBTQIA+ people	Speaker: Matthew King Title: HOOT–Hip Osteoarthritis and foot Orthosis trial: A randomised feasibility trial	

LUNCH & EXHIBITION: 12.10 pm–1.10 pm | Halls HJ | E-POSTER PRESENTATIONS: 12.20 pm–1.04 pm | FULL SCHEDULE ON PAGE 8–9

MINI KEYNOTES: 1.10 pm–2.10 pm			
	Mini Keynote 1	Mini Keynote 2	Mini Keynote 3
Room:	Halls CD	Hall B	Hall A
Title:	Co-design, why we need to work with people with lived experience throughout all steps of research	Adapting for the future: The power and potential of digital technology	Towards 2032–physiotherapy's role in the lead up to the Olympics
Speakers:	Elizabeth Lynch, Mary Wing, Saran Chamberlain, Carolyn Berryman, Rachel Toovey	Mark Merolli, Leo Ng, Trevor Russell	Keren Faulkner, James Trotter

CONCURRENT SESSION 7: 2.15 pm–3.00 pm												
Stream:	Advanced Practice	Aquatic / Neurology	Cardiorespiratory	Gerontology	Musculoskeletal	Musculoskeletal	Neurology	Occupational Health	Paediatric	Physiotherapy General	Sport & Exercise	Women's and Men's Pelvic Health
Room:	Room E1	Riverbank Rooms 2&3	Riverbank Rooms 7&8	Riverbank Room 5	Hall A	Panorama Room 1&2	Hall B	Riverbank Room 4	Halls C&D	Riverbank Room 6	Panorama 3	Rooms E2&E3
Theme:	7A: Advanced practice in the emergency department	7B: Ataxia and aquatic physiotherapy	7C: Cardiac surgery and vasoactive medications: advancing physiotherapy practice	7D: Education	7E: New models of care	7F: Digital health and technology 2	7G: Advancing clinical management of lateropulsion after acquired brain injury (Symposium)	7H: Global Perspectives	7I: Child and youth concussion	7J: Clinical education	7K: Athlete-centred care and collaborative treatment planning	7L: Endometriosis and pelvic pain
2.15 pm–2.30 pm	Speaker: Piers Truter Title: Defining the scope and reach of practice primary contact physiotherapists in a tertiary emergency department	National Keynote Speaker: Sarah Milne Title: Understanding balance decline in hereditary cerebellar ataxia and the benefits of aquatic and land physiotherapy	Speaker: Michelle Paton Title: Physiotherapy following open heart surgery (PROPHESY): A feasibility study	Speaker: Hannah Sharma Title: Teaching clinical reasoning in gerontological physiotherapy: Experiences and perceptions of clinical supervisors	Invited Speaker: Matthew Beard Title: Advanced musculoskeletal physiotherapy: Is it time to innovate?	Speaker: Wei-Ju Chang Title: Adding repetitive transcranial magnetic stimulation to quadriceps strengthening for knee osteoarthritis: A pilot clinical trial	Speaker: Jessica Nolan Title: Integrating theory and practice for the management of post-stroke lateropulsion: a realist review	Speaker: Zoe Calulo Rivera Title: Assessing planetary health in Healthcare: A theoretical domains framework-guided survey of beliefs, knowledge, and motivation	International Keynote Speaker: Kathryn Schneider Title: Minimizing the impact of concussion in paediatric athletes—an update on evidence informed recommendations for practice	Speaker: Narelle Dalwood Title: 'Acting it out really makes it stick in your brain': Educating students for patient portrayal	Speaker: Joanne Kemp Title: Lived experiences and healthcare perspectives of people with Femoroacetabular Impingement syndrome: A qualitative systematic review	National Keynote Speaker: Helena Frawley Title: Endometriosis and persistent pelvic pain: How effective is physiotherapy care?
2.30 pm–2.45 pm	Speaker: Sean O'Leary Title: Reinforcing Informed Medication prescription for low back pain in the emergency department: The RIME study		Speaker: Doa El-Ansary Title: Supervised early resistance training improves cognitive recovery following cardiac surgery: A call to action for early and active patient engagement in recovery Speaker: Emily Gray Title: New Zealand health professionals' knowledge and confidence in implementing "Keep your move in the tube" Speaker: Samara Phillips Title: Standardising post operative management following median sternotomy using the "knowledge to action framework" in Australia	Speaker: Trinh Vo Title: Additional follow-up coaching for therapist skill development applying the balance intensity scale with community-dwelling adults		Speaker: Marinus du Preez Title: Implementation of an e-resource (MyWhiplash Navigator) within the insurance industry: Improving claims management outcomes	Speaker: Melissa Birnbaum Title: Recovery of postural control in sitting and standing in individuals with lateropulsion early after stroke	Speaker: Rose Boucaut Title: The development of Australian occupational health physiotherapy practice from 1970-1990: A qualitative descriptive study		Speaker: Stephanie Filbay Title: Surgery or not for anterior cruciate ligament injury? Empowering patients to make informed treatment decisions		
2.45 pm–3.00 pm	Speaker: Tarciso De Campos Title: RESHAP-ED qualitative evaluation: a randomised trial of primary-contact physiotherapy for musculoskeletal pain in emergency departments		Speaker: Amy Combers Title: Mobilising critically ill patients on vasoactive medications: Barriers and current practice of physiotherapists	Speaker: Jacqueline Francis-Coad Title: Design, train, evaluate: Physiotherapist-led falls prevention training for community home care staff	Speaker: Ponsuge Chathurani Sigera Title: Implementation of a virtual hospital model of care for low back pain	Speaker: Karin Forsberg Title: Cervical sensorimotor tests in a VR headset–evaluation of concurrent validity Speaker: Joseph Orlando Title: Hospital avoidance service with supported discharge using digital care for people with low back pain	Speaker: Simon Mills Title: Lateropulsion occurs frequently and can resolve over three months in adults with acquired brain injury	Speaker: Rose Boucaut Title: Reflections from the International Federation of Physiotherapists working in Occupational Health and Ergonomics (IFPOHE)		Speaker: Stephen West-Newman Title: Helpful placement strategies identified and utilised by physiotherapy students from culturally and linguistically diverse backgrounds		

AFTERNOON TEA & EXHIBITION: 3.00 pm–3.30 pm | Halls HJ

CONCURRENT SESSION 8: 3.35 pm–4.20 pm												
Stream:	Cancer, Palliative Care and Lymphoedema	Cardiorespiratory	Gerontology	Mental Health	Musculoskeletal	Disability	Neurology	Neurology	Paediatric	Pain / Musculoskeletal	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Riverbank Rooms 2&3	Halls C&D	Hall B	Riverbank Room 4	Rooms E2&E3	Panorama 3	Riverbank Room 5	Riverbank Room 6	Panorama Room 1&2	Room E1	Riverbank Rooms 7&8	Hall A
Theme:	8A: Models to implement community-based exercise oncology into usual practice	8B: International keynote address	8C: Dementia and cognition	8D: No health without mental health	8E: Shoulder	8F: Advancing physical activity and participation for people with disability	8G: Adherence and dosage of therapy	8H: Physical assessment	8I: Paediatric knee injuries: Predictors, outcomes, and rehabilitation strategies	8J: High value care in pain management	8K: Pain cognitions and sensorimotor retraining in tendinopathy	8L: Endometriosis and pelvic pain
3.35 pm–3.50 pm	Invited Speaker: Lauren Whiting	International Keynote Speaker: Chris Burin	National Invited Speaker: Michele Callisaya	Speaker: James Furness	Speaker: Peter Malliaras	Speaker: Rachel Kennedy	Speaker: Tamina Levy	Speaker: Renee Gill	Speaker: Kylie Bradford	National Invited Speaker: Adrian Traeger	Speaker: Jack Mest	Speaker: Phoebe Walker

	Title: Revolutionising cancer care: Evolving models of physiotherapy in oncology	Title: Physical activity to promote longevity in chronic respiratory disease: A matter of quality of quantity?	Title: The right to rehabilitation for people living with dementia	Title: Exploring smoking, vaping, and alcohol behaviours of Bond University allied health and medical students	Title: Development of a patient decision aid in relation to imaging for rotator cuff tendinopathy	Title: GYM-SPARC breaking down barriers: Facilitators and barriers to gym participation among young adults with disability	Title: "They are not motivated"... But, is it your approach? Using theory to improve patient adherence	Title: Development of a neurological strength testing protocol using handheld dynamometry	Title: Contributors to combined anterior cruciate ligament and meniscal injuries in children and adolescents	Title: Improving care of low back pain	Title: Reduced proprioceptive acuity is predictive of pain catastrophizing and reduced self-efficacy in lower limb tendinopathy	Title: The effectiveness of physiotherapy interventions for pain and quality of life for women with endometriosis
3.50 pm–4.05 pm				Speaker: Catherine Senserrick Title: Lessons learnt- introducing physiotherapy to a large public mental health service in Victoria	Speaker: Isabella Smith Title: "Failing my duty of care": physiotherapists' perspectives of a single session for rotator cuff disorders	Speaker: Cathie Sherrington Title: Supporting people with mobility limitations in physical activity behaviour change using theory and practical evidence		Speaker: Andrew Gamble Title: Development of a patient decision aid for people with degenerative cervical myelopathy: International mixed-methods study	Speaker: Kylie Bradford Title: Predictors of secondary meniscal pathology following paediatric anterior cruciate ligament reconstruction		Speaker: Mervyn Travers Title: Integrating graded sensorimotor retraining and exercise rehabilitation	Speaker: Elise Fraser Title: Effectiveness of conservative therapies in women with endometriosis-associated pain: A systematic review and meta-analysis
4.05 pm–4.20 pm	Speaker: Amy Dennett Title: Group exercise-based cancer telerehabilitation may not improve quality of life of cancer survivors: A randomised controlled trial		Speaker: Nahid Divandari Title: The association between cognitive domains and postural balance: A systematic review of literature and meta analysis		Speaker: Emily Cross Title: Super shoulders: A physiotherapy rehabilitation group can successfully divert patients with shoulder pain from surgery Speaker: Erin Huttenmeister Title: Patient information and rehabilitation protocols relating to shoulder joint arthroplasty in Australia: a descriptive study Speaker: Chalomjai Pensri Title: Active trigger points in tension-type headache		Speaker: Katharine Scrivener Title: Feasibility of ultra high-dose community-based mobility training after stroke	Speaker: Amanda Still Title: Exploring physical activity and non motor symptoms in Parkinson's using ecological momentary assessments	Speaker: Ramona Clark Title: Quantifying the burden of paediatric anterior cruciate ligament injury using patient reported outcome measures	Speaker: Monique Wilson Title: Meaningfully engaging physiotherapists and consumers in research: Co-designing resources to improve pain science education implementation		Speaker: Sophie Alderslade Title: Scoping review and stakeholder analysis of guidelines, barriers, and enablers in endometriosis management

PLENARY 4 | 4.30 pm–6.30 pm | Room: Halls C&D

NEXT GENERATION WHITE PAPER | PANELS

Panel 1: Alana Dinsdale, Kerrie Evans, Sarah Large, Katherine Hickey, Javad Ghamaryasl | Panel 2: John Fitzgerald, Emily Riglar, Calum Neish, Anusha Budehal, Ian Starkey

HONOURED MEMEBERS CEREMONY | AUSTRALIAN COLLEGE OF PHYSIOTHERAPISTS FELLOWSHIP GRADUATION CEREMONY
College Founders Address: Melissa McConaghy
5.35 pm–6.30 pm | Room: Halls C&D

SATURDAY 25 OCTOBER

APASC25
SCIENTIFIC CONFERENCE
ADELAIDE | 23-25 OCTOBER

YOGA: 6.45 am–7.30 am | Foyer E 9 | WALK / RUN GROUP: 6.30 am–7.00 am | Visit the Social Page of APASC25 website for booking details

REGISTRATION | 7.30 am–5.30 pm

PLENARY 5 | 8.30 am–10.00 am | Room: Halls C&D

8.30 am–9.00 am | Journal of Physiotherapy–Rob Herbert Oration | Enhancing access to best practice physiotherapy care–progress in pulmonary rehabilitation | Invited Speaker: Anne Holland
9.00 am–10.00 am | In discussion: Navigating the evolution of allied health and physiotherapy | Moderator: Nils Vesk | Panel: Rik Dawson, Bronwyn Morris-Donovan, Saravana Kumar, Susan Hillier, Nick Jones, Paula Harding

MORNING TEA & EXHIBITION: 10.00 am–10.30 am | Halls HJ

CONCURRENT SESSION 9: 10.35 am–11.35 am

Stream:	Advanced Practice	Cardiorespiratory	Gerontology	Musculoskeletal	Neurology	Occupational Health	Orthopaedic	Pain	Physiotherapy General	Physiotherapy General	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Room E1	Hall A	Hall B	Halls C&D	Rooms E2&E3	Riverbank Rooms 7&8	Panorama Room 1&2	Panorama 3	Riverbank Room 4	Riverbank Room 6	Riverbank Rooms 2&3	Riverbank Room 5
Theme:	9A: Advanced practice in spinal and neurosurgery clinics	9B: Jill Nosworthy prize session–Part 1	9C: Rehabilitation and dementia	9D: Manual therapy mechanisms	9E: Stroke /Acquired brain injury	9F: Workplace innovation and design	9G: Improving knee outcomes with or without arthroplasty (Symposium)	9H: Pain and exercise	9I: Behaviour and organisation change	9J: Clinical reasoning for optimal patient outcomes	9K: Musculoskeletal health and performance	9L: Pelvic pain
10.35 am–10.50 am	Speaker: Michelle Cottrell Title: Determining appropriateness of performing a neurological examination via telehealth for individuals with back pain	Speaker: Michelle Paton Title: Impact of mobilisation dosage during critical illness on likelihood of discharge home: PREDICT dosage secondary analysis	Invited Speaker: Kate Swaffer Title: Moving dementia into the 21st century: Access to disability support, including rehabilitation	International Keynote Speaker: Chad Cook Title: Treatment mechanisms of manual therapy	National Invited Speaker: Amy Brodtmann Title: Brain health exercise prescriptions: benefits of fitness training after stroke	Invited Speaker: Valerie O'Keefe Title: More than rails, ramps and reach: Inclusive design in manufacturing	Speaker: Juanita Low Title: Characteristics and previous treatment of people with knee osteoarthritis referred for hospital-based orthopaedic assessment	Invited Speaker: Mark Hutchinson Title: Physical exercise: mechanisms and its effect on central sensitisation in individual	Speaker: Brea Kunstler Title: Implementing generic behaviour change strategies in physiotherapy practice	Speaker: Katharine Scrivener Title: Effectiveness of a home-based, tailored intervention for reducing falls after stroke (FAST): A randomised trial	Speaker: Mervyn Travers Title: Testing and optimising multiple strength qualities as part of exercise rehabilitation for achilles tendinopathy	Speaker: Stacy Larcombe Title: The global prevalence of chronic pelvic pain in women: A systematic review
10.50 am–11.05 am	Speaker: Mark Jarrett Title: An innovative approach for managing low acuity spinal clinic referrals: A spinal virtual clinic	Speaker: Catherine Granger Title: Prevalence of falls in older adults with cancer: A systematic review with meta-analysis					Speaker: Christian Barton Title: Can enhanced access to first-line care reduce total knee replacement surgery rates in patients with knee osteoarthritis?					Speaker: Ruth Schubert Title: Physiotherapy for persistent pelvic pain: A systematic review and meta-analysis
11.05 am–11.20 am	Speaker: Brigitte Tamin Title: Clinical diagnostics of physiotherapy first contact practitioners: Do you get it right?	Speaker: Sonia Cheng Title: Associations of step count and intensity with risk of heart failure in people with hypertension	Speaker: Marco Pang		Speaker: Natasha Machado Title: Lessons learned: Clinicians' perspectives, knowledge, and attitudes towards a stroke-integrated cardiac rehabilitation program Speaker: Megan Banky Title: A guide to the modified tardieu scale: Implementation and evaluation of a spasticity assessment website Speaker: Eric Dorfinger Title: Optimising physiotherapist decision-making when considering tracheostomy decannulation for patients with severe acquired brain injury	Speaker: Susan Mitchell Title: The future of people handling from weightlifters to robots	Speaker: Ali Gibbs Title: Acceptability of physiotherapy-led first line knee osteoarthritis care in community settings: What matters to patients?	Speaker: Cameron Dickson Title: Prospective relationship between neck pain and depressive symptoms, and the moderating effect of physical exercise	Speaker: Peter Window Title: Beyond the individual: Exploring clinicians' delivery of trauma-informed physiotherapy through a systems approach	Speaker: Jill Garner Title: Developing clinical reasoning skills in neurological physiotherapy education and practice	Invited Speaker: David Spurrier Title: From stress to strength: Effective management of bone stress injury	Speaker: Sonia Scharbillig Title: The use of pelvic floor muscle relaxation audio files for physiotherapy management of pelvic pain
11.20 am–11.35 am		Speaker: Zoe Calulo Rivera				Speaker: Simon Mills	Speaker: Navneet Chadha Title: The early pain intervention after knee replacement model of care: Qualitative study exploring stakeholders'	Speaker: Erin MacIntyre	Speaker: Elizabeth Wintle			Speaker: Janine Stirling

		Title: MyoVision-US: An artificial intelligence-powered software for automated analysis of skeletal muscle ultrasonography	Title: Modifiable cognitive reserve proxies and dementia across socioeconomic Strata: Tailored intervention targets for vulnerable populations		Title: Pathways from acute hospital for adults who remained non- ambulant one month post- brain injury		views Speaker: Kendal Sands Title: Enhanced recovery pathways reduce length of stay and improve outcomes in hip and knee arthroplasty Speaker: Marie March Title: Incidence of orthostatic intolerance-type events after hip and knee arthroplasty: a prospective observational feasibility study	Title: A Wheely good time: Virtual reality (VR) enhances exercise in people with knee osteoarthritis	Title: Motivational interviewing to facilitate person-centred goal setting in physiotherapy: A feasibility study			Title: Intersecting voices–provider and patient experiences of trauma sensitive care in pelvic physiotherapy
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CONCURRENT SESSION 10: 11.40 am–12.40 pm

Stream:	Acupuncture & Dry Needling	Cardiorespiratory	Disability	Gerontology	Musculoskeletal	Neurology	Occupational Health	Paediatric	Pain	Physiotherapy General	Sports & Exercise	Women's and Men's Pelvic Health
Room:	Riverbank Room 4	Riverbank Rooms 7&8	Room E1	Hall B	Rooms E2&E3	Panorama Room 1&2	Panorama 3	Riverbank Rooms 2&3	Riverbank Room 5	Hall A	Riverbank Room 6	Halls C&D
	10A: Safety in needling	10B: Jill Nosworthy prize session–Part 2	10C: Upholding dignity and access for all	10D: Falls Prevention	10E: Optimising practice	10F: Co-design and self management	10G: Writing for publication / Hazardous manual tasks and MSD	10H: Enhancing developmental outcomes	10I: Assessment and pain outcomes	10J: The physiotherapy workforce and broadening our current role	10K: Hip pain treatments	10L: Pelvic pain and pain mechanisms
11.40 am–11.55 am	Invited Speaker: Cassandra Zaina Title: Dry needling and acupuncture in Australian physiotherapy: Exploring adverse events and safety insights	Speaker: Georgina Whish-Wilson Title: Empowering recovery: A co-designed intervention to transform care for people with operable lung cancer	Invited Speaker: Natalie Wade Title: Embedding human rights and elevating disability voices	Speaker: Cathy Said Title: Increasing representation of ethnically diverse communities in research to reduce falls	Speaker: Mark Gibson Title: Enhancing clinical reasoning using a free real-time integrative app in the classroom or clinic	Invited Speaker: Elizabeth Lynch Title: Working together: from insight to action through partnering with stroke survivors in research	Speaker: Mark Elkins Title: Writing for publication	Speaker: Cibelle Kayenne Martins Formiga Title: Prevalence of probable developmental coordination disorder in Brazilian children: Are age and sex predictors? Speaker: Laura Brown Title: Can early childhood educators perform developmental screening to identify children at-risk of motor delay?	Speaker: Trudy Rebbeck Title: How to assess people at low/high risk of poor outcome after whiplash: A clinical guide	Speaker: Rhea Mercado Title: The workforce evolution: Strategies to fostering a sustainable and productive workforce in your organisation Speaker: Thao Nguyen Title: Workforce integration support program–Supporting the transition to practice for new graduate physiotherapists	Speaker: Frederik Foldager Title: Socioeconomic disparities in first-Line treatment for femoroacetabularimpingement: Register-based cohort study before arthroscopy Speaker: Charlotte Ganderton Title: Exercise rehabilitation to improve hip pain and function in circus performers: A pre-post intervention trial	International Keynote Speaker: Jilly Bond Title: From the back to the pelvis: Translating sensorimotor research into pelvic pain
11.55 am–12.10 pm		Speaker: Christian Osadnik Title: Lung Flare Care: A new web based education resource for people with acute exacerbations of COPD		Speaker: Hannah Sharma Title: Factors influencing sustained engagement in falls prevention exercise for older people from ethnically diverse backgrounds.	Speaker: Edmund Leahy Title: Does online clinical mentoring enhance physiotherapists' patient outcomes? A randomised controlled trial						Title: Exercise rehabilitation to improve hip pain and function in circus performers: A pre-post intervention trial	
12.10 pm–12.25 pm	Speaker: Christopher Zaslowski Title: Chinese qigong and taijquan–its relevance and efficacy for the Australian patient	Invited Speaker: Elizabeth Smith Title: Opportunities for collaboration across the multi-disciplinary team to advance recovery	Speaker: Sasha Job Title: Beachfront healthcare–Physiotherapists' and occupational therapists' perspectives on beach-based therapy for people with disability	Speaker: Heidi Gilchrist Title: Tailored dance program for wellbeing and fall prevention in people aged 65+: A pilot trial	Speaker: Rita Kinsella Title: Implementation of a test-cluster for diagnosis of greater trochanteric pain syndrome in advanced hip osteoarthritis Speaker: Joel Martin Title: Recreational runners with unilateral achilles tendinopathy have symmetrical lower limb mechanical characteristics during repetitive hopping Speaker: Claudia Didyk Title: Self-efficacy, self-management and use of smartphone apps for low back pain: an observational study	Speaker: Dina Pogrebnoy Title: Co-designing video resources to support self-management outside of structured therapy during inpatient rehabilitation after stroke Speaker: Tamina Levy Title: The adherence counselling toolkit: Supporting health professionals to support survivors of stroke to self-manage	Speaker: Damian Cribbin Title: The experience of work-related musculoskeletal disorders in Australian fly-in fly-out and drive-in drive-out workers	Speaker: Cibelle Kayenne Martins Formiga Title: Move and play: Educational videos to support parents of infants at risk for developmental delays	Speaker: Myles Murphy Title: Quantitative sensory testing does not consistently predict treatment outcomes in lower-limb osteoarthritis	Speaker: Kim Allison Title: Can physiotherapists play a bigger role in supporting weight loss? The POWER randomized control	Speaker: Matthew King Title: Are women less likely to return to sport compared to men following hip arthroscopy?	
12.25 pm–12.40 pm			Speaker: Prue Morgan Title: Falls-related hospital admissions in adults with cerebral palsy–par for the course?		Speaker: Talia Barnett-Hepples Title: The effects of pliates in people with musculoskeletal conditions in the extremities: A systematic review Speaker: Alana Dinsdale Title: What factors influence the community's use of physiotherapy services as first-line management for temporomandibular disorders? Speaker: Emily Bell Title: Perceptions about SUpported Motivational InTerviewing (SUMIT) to improve physical activity for people with knee osteoarthritis	Speaker: Laura McCredie Title: A tailored implementation intervention sustains a regional stroke circuit class	Speaker: Bridie Webber Title: The cost of epicondylalgia among Queensland workers: A retrospective analysis of the WorkCover database	Speaker: Nikki Milne Title: Exploring the effectiveness of Cuevas Medek Exercises (CME) in paediatric populations: A systematic scoping review	Speaker: Mark Overton Title: Experiences of using smartphone ecological momentary assessment for reporting knee osteoarthritis pain and symptoms Speaker: Yanfei Xie Title: Heightened pain facilitation is associated with chronic moderate/severe pain following concomitant bib and whiplash injury Speaker: Niamh Moloney Title: Pain protection: Exploring experiences of people living well with pain and those who have recovered	Speaker: Megan Ross Title: Examining international physiotherapists' self-rated competence, attitudes, and training needs in LGBTIQ+ healthcare		

LUNCH & EXHIBITION: 12.40 pm–1.40 pm | Halls HJ | E-POSTER PRESENTATIONS: 12.50–1.32 pm | FULL SCHEDULE ON PAGE 8–9

CONCURRENT SESSION 11: 1.40 pm–2.25 pm

Stream:	Animal	Cancer, Palliative Care and Lymphoedema	Cardiorespiratory	Disability	Gerontology	Musculoskeletal	Neurology	Orthopaedic	Pain	Physiotherapy General	Sports & Exercise	Women's & Men's Pelvic Health
Room:	Room E1	Riverbank Room 4	Riverbank Rooms 2&3	Panorama 3	Hall A	Rooms E2&E3	Halls C&D	Hall B	Riverbank Rooms 7&8	Riverbank Room 6	Riverbank Room 5	Panorama Room 1&2
Theme:	11A: Anatomy of fascia and the vertebral column across species	11B: Managing multicentre trials and cancer pre and rehabilitation trial newstflashes	11C: COVID and advancing knowledge in cardiorespiratory physiotherapy practice	11D: Health and wellbeing for people with cerebral palsy (Symposium)	11E: Frailty	11F: Perception, pregnancy, hypermobility	11G: Functional neurological disorder	11H: Challenging knee arthroplasty patients–origin and opportunity	11I: Pain mechanisms and management (Symposium)	11J: Careers in hospitals	11K: Injury prevention in women athletes	11L: Pelvic pain
1.40 pm–1.55 pm	Invited Speaker: Lynne Harrison Title: Functional anatomy of the equine thoracolumbar spine related to equine back rehabilitation	Speaker: Jamie Waterland Title: Challenges of managing a national physiotherapy multicentre randomised controlled trial with a digital intervention	Speaker: Tanya Buettikofer Title: Physical outcomes from an Australian long COVID recovery clinic incorporating personalised exercise prescription	Speaker: Carlee Holmes Title: Physical and mental health in young adults with cerebral palsy	Speaker: Abbey Begeman Title: Is frailty associated with length of stay, mobility improvements and discharge in hospitalised older adults?	Speaker: Thorvaldur Skuli Palsson Title: Do words affect pain? A randomised experiment on people with experimentally induced low back pain	International Keynote Speaker: Glenn Nielsen Title: Psychologically informed physiotherapy for functional neurological disorder: Evolving evidence and practical application	Invited Speaker: Lyndon Huf Title: Addressing total knee replacement dissatisfaction: A novel sensorimotor approach in orthopaedic rehabilitation	Speaker: Michele Sterling Title: Criteria and controversies of the nociplastic pain criteria	Speaker: Alexandra Edmonson Title: How to develop PhD opportunities for physiotherapists within health services	Speaker: Brooke Patterson Title: Dissemination and implementation of injury prevention interventions for female, woman, and/or girl athletes: scoping review	Invited Speaker: Helena Frawley Title: Multidisciplinary treatment compared to single discipline treatment for chronic pelvic pain: Systematic review with meta-analyses
1.55 pm–2.10 pm		Speaker: Katherine Maka Title: Implementation of an individualised exercise program for breast cancer: Listening to women	Speaker: Tanya Buettikofer Title: Consumer experience of an Australian multidisciplinary Long COVID clinic that incorporates personalised exercise prescription Speaker: Jack Reeve Title: Long term outcomes following a pulmonary telerehabilitation trial for people with respiratory post acute sequelae of COVID Speaker: Jack Reeves Title: Participant perspectives on pulmonary telerehabilitation for respiratory post-acute sequelae of COVID (PASC): A qualitative study	Speaker: Prue Morgan Title: Emergency presentations of falls and associated injuries in people with cerebral palsy: A cohort study	Speaker: Yuta Takahashi Title: Association between preadmission frailty and in-hospital mortality in patients with critical illness: Retrospective cohort analysis	Speaker: Atefe Ashrafi Title: Perceptions about preventing pregnancy-related pelvic girdle pain: A qualitative study using the Health Belief model			Speaker: Paul Hodges Title: Can we discriminate nociceptive, nociplastic and neuropathic pain in patients with musculoskeletal pain?		Speaker: Laura Ernst Title: Rates and risk factors for concussion in female youth athletes participating in contact/collision sports	Speaker: Jane Chalmers Title: The experience of diagnostic uncertainty with persistent pelvic pain: A reflexive thematic analysis
2.10 pm–2.25 pm	Speaker: Genna Harkness	Speaker: Meredith King Title: Embedding pre-operative exercise	Speaker: Nicole Sheers Title: Lung volume recruitment.	Speaker: Georgia McKenzie	Speaker: Marco Pang	Speaker: Cherie Wells		Speaker: Larissa Sattler	Speaker: Tim Austin	Speaker: Dragana Cepmja	Speaker: Brooke Patterson	Speaker: Elise Fraser Title: Non-invasive electrical

	Title: Outcomes and factors associated with return to ridden exercise in horses with ORDSP in Australia	training in lung cancer: an implementation trial Speaker: Vinicius Cavalheri Title: In-hospital daily step count and fatigue in adults following autologous haematopoietic stem cell transplant Speaker: Shaza Abo Title: Does prehabilitation improve physical capacity following bone marrow transplant?	Exploring prescribing practices of health care professionals in Australia Speaker: Nnamdi Mgbemena Title: Association between chronic respiratory diseases and mental health disorders in Australian males: A longitudinal study Speaker: Lyndsey Hoogenhout Title: Does enhanced recovery after surgery with prehabilitation improve outcomes following head and neck surgery?	Title: Clinical gait assessment in adults with cerebral palsy	Title: Effects of blood flow restriction training on physical functioning in older adults: A systematic review	Title: Optimising the effectiveness of exercise in people with hypermobile Ehlers-Danlos syndrome: A Delphi survey		Title: Pain catastrophising and resilience influence outcomes following total knee arthroplasty	Title: Deciphering nociceptive, neuropathic or nociplastic in the clinic–Does it really matter?	Title: Evaluation of a tailored training program to promote evidence-based practice amongst physiotherapists	Title: Making Australian football safer for women and girls: a hybrid-type 3 stepped-wedge randomised controlled trial Speaker: Angela James Title: Trauma-informed management of patients with prior sexual trauma in pelvic health physiotherapy clinical practice	stimulation for chronic primary pelvic pain syndrome: A systematic review with meta-analysis
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CONCURRENT SESSION 12: 2.30 pm–3.15 pm												
Stream:	Advanced Practice	Aquatic / Disability	Cardiorespiratory	Gerontology	Musculoskeletal	Musculoskeletal	Neurology	Occupational Health	Paediatric	Physiotherapy General	Sports & Exercise	Women's & Men's Pelvic Health
Room:	Riverbank Room 6	Room E1	Hall B	Panorama Room 1&2	Riverbank Rooms 2&3	Riverbank Rooms 7&8	Hall A	Halls C&D	Riverbank Room 4	Riverbank Room 5	Panorama 3	Rooms E2&E3
Theme:	12A: Matching multidisciplinary care to patients' needs in Queensland's musculoskeletal physiotherapy screening clinic and multidisciplinary service (Symposium)	12B: Aquatic physiotherapy and disability: Clinical reasoning and navigating the NDIS	12C: Health literacy & closing / awards	12D: Outcome measures	12E: Moving forward together: Improving physiotherapy care for indigenous peoples with musculoskeletal conditions (Symposium)	12F: Cervico-vestibular rehabilitation following concussion: Blending cervical and vestibular assessment to inform effective treatment plans (Symposium)	12G: Neurological conditions and clinician perspectives	12H: Environmental physiotherapy and the transformation of health	12I: Paediatric pain management	12J: Rehabilitation	12K: Impact injuries in sport	12L: Antenatal physiotherapy
2.30 pm–2.45 pm	Speaker: Peter Window Title: Exploring multidisciplinary team usage in the MPSC&MDS: A service audit	Invited Speaker: Julie Bowman Title: Evidence-based, reasonable and necessary: Documenting the case for aquatic physiotherapy in 'NDIS 2.0'	National Invited Speaker: Cassie McDonald Title: Leveraging health literacy to enhance physiotherapy research and practice	Speaker: Aruska D'Souza Title: Mobility Matters! Psychometric evaluation of the modified Iowa Level of Assistance (mILOA) in general medicine	Speaker: Scott Willis Title: Moving forward together: enhancing physiotherapy care for Indigenous peoples with musculoskeletal pain	Speaker: Julia Treleven Title: Prevalence of cervical, vestibulo-ocular and or physiological impairments in symptomatic individuals 4 weeks to 6 months post-concussion	Invited Speaker: Sheila Lennon Title: Perspectives on carving out a brilliant career pathway in neurological physiotherapy	International Keynote Speaker: Filip Maric Title: Environmental physiotherapy–Recent developments and future perspectives for the transformation of health	Invited Speaker: Sarah Wallwork Title: The SELF Framework: towards building resilience against chronic pain by acting in early childhood	Speaker: Chris Jin Won Kang Title: Greater prefrontal cortex activity and sway in older people than younger people during balance-cognition dual-tasks	Speaker: Emily Bell Title: How prevalent are injuries in 1475 field hockey players in Australia? A retrospective survey	National Invited Speaker: Dragana Cepnja Title: Care provision for women with pregnancy-related pelvic girdle pain in Australia
2.45 pm–3.00 pm	Speaker: Andrew Hislop Title: Understanding multidisciplinary team usage in the MPSC&MDS: A state wide stakeholder survey			Speaker: Khyati Gohil Title: Implementation of the 5-item dizziness handicap inventory in the subacute inpatient setting in older adults	Speaker: Robyn Fary Title: Moving forward together: Strengthening physiotherapy and musculoskeletal research with Indigenous peoples	Speaker: James McLoughlin Title: Targeted interventions and their effect on recovery in children, adolescents and adults who have sustained a sport-related concussion: A systematic review			Speaker: Mahmoud Alkhyam Title: The evolution of rehabilitation solutions: Novel technologies in physiotherapy clinical rehabilitation: a systematic review	Speaker: Deirdre McGhee Title: How to assess and treat breast injuries in women's contact and collision sports		
3.00 pm–3.15 pm	Speaker: Shaun O'Leary Title: Recommendations to better match MDT care to patient's needs in the MPSC&MDS	Speaker: Sophie Heywood Title: Aquatic physiotherapy feasibility, clinical reasoning and interventions for adults with complex disability needs: Case series	Speaker: Selina Parry Title: Final reflections, award presentation	Speaker: Jennifer Jones Title: Using artificial intelligence to predict discharge home from hospital in people receiving physiotherapy early rehabilitation	Speaker: Sarah Large Title: Moving forward together: strengthening physiotherapy education for Indigenous musculoskeletal care	Speaker: Liz Jemson-Ledger Title: Do physical interventions improve outcomes following concussion: A systematic review and meta-analysis?	Speaker: Allyson Flynn Title: Biofeedback in Parkinson's disease: a systematic review with meta-analysis Speaker: Kate Newton Title: Vestibular rehabilitation in Australia and New Zealand: A survey of clinical practice		Speaker: Emily Ward Title: Yvonne Burns Award and Conference Award Presentation	Speaker: Dakota Mutch Title: Symptom profiles and health related behaviours in adults with Meniere's disease: a cross sectional study Speaker: Rosa Virgara Title: Beyond the University: supporting graduates for workplace readiness Speaker: Shelley Boyle Title: Allied Health STEP Tool: Real-time data informed response to daily demand and capacity challenges		

AFTERNOON TEA & EXHIBITION: 3.15 pm–3.45 pm Halls H&J
CLOSING PLENARY 4.30 pm–5.25 pm Room: Halls C&D
THE FUTURE OF HEALTH CLOSING KEYNOTE SPEAKER: Steve Sammartino
CONFERENCE CLOSE 5.25 pm–5.35 pm Room: Halls C&D
SPEAKER: Mark Round–Chair, Australian Physiotherapy Association
CONFERENCE DINNER: 7.00 pm for 7.30 pm Halls N&M THEME: Back to the 80s

E-POSTER PRESENTATION LIST APASC25

APASC25

SCIENTIFIC CONFERENCE
ADELAIDE | 23-25 OCTOBER

Time	Title	Presenter Name	Stream
Thursday Screen 1			
12.50 pm–12.57 pm	Thirty second sit-to-stand test minimal clinical important difference following prehabilitation before autologous stem cell transplant	Lara Edbrooke	Cancer, Palliative Care & Lymphoedema
12.57 pm–1.04 pm	Physical activity and function, walking cadence and fitness following bone marrow transplant for haematological cancer	Lara Edbrooke	Cancer, Palliative Care & Lymphoedema
1.04 pm–1.11 pm	Cancer survivor and family preferences for prehabilitation for cancer surgery program: a discrete choice experiment	Rohan Miegel	Cancer, Palliative Care & Lymphoedema
1.11 pm–1.18 pm	Barriers and facilitators to prehabilitation for cancer surgery: a systematic review of qualitative literature	Rohan Miegel	Cancer, Palliative Care & Lymphoedema
1.18 pm–1.25 pm	Which is the more effective tool in canine osteoarthritis management; the CBPI or lameness assessment?	Kathleen Lott	Animal
1.25 pm–1.32 pm	Association of anxiety and depression history with Arthrofibrosis following primary anterior cruciate ligament reconstruction	Matthew Castro	Orthopaedic
Thursday Screen 2			
12.50 pm–12.57 pm	Evaluating a regional physiotherapy student-led virtual clinic: a stakeholder autoethnography	Richard Hession	Physiotherapy General
12.57 pm–1.04 pm	Physiotherapist-delivered motivational interviewing and physical activity behaviour: A systematic review and meta-analysis	Elizabeth Wintle	Physiotherapy General
1.04 pm–1.11 pm	Educating students for patient portrayal for their peers during peer simulation: a mixed-methods study	Narelle Dalwood	Physiotherapy General
1.11 pm–1.18 pm	Physiotherapy educator understandings and preparedness to teach using First Nations teaching approaches	Sean Horan	Physiotherapy General
1.18 pm–1.25 pm	Reshaping physiotherapy model of care in major abdominal surgery: feasibility and effectiveness of pre-operative physiotherapy	Grace Rheinberger	Physiotherapy General
1.25 pm–1.32 pm	Women as leaders in physiotherapy: What is key to driving intersectional equality and opportunity?	Rachel Toovey	Physiotherapy General
Thursday Screen 3			
12.57 pm–1.04 pm	RESHAP-ED: Lessons from embedding a clinical trial in public hospital emergency departments in NSW, Australia	Tarcisio De Campos	Advanced Practice/Emergency Department
1.04 pm–1.11 pm	Unile – remodeling fracture clinic in a large NSW metro public hospital to address increasing demand	Rachel Parmeter	Advanced Practice/Emergency Department
1.11 pm–1.18 pm	Physiotherapists injecting the anaesthetic lidocaine in Emergency	Richard Anderson	Advanced Practice/Emergency Department
1.18 pm–1.25 pm	Comparing blood flow restriction and band tissue flossing for upper extremity potentiation in throwing athletes	Priya Rathod	Sports & Exercise
1.25 pm–1.32 pm	Health behaviours and swimming competency among Bond University medicine and allied health students	James Furness	Sports & Exercise
Thursday Screen 4			
12.50 pm–12.57 pm	A novel framework for managing co-existing chronic musculoskeletal pain and mental health in young people	Helen Slater	Musculoskeletal
12.57 pm–1.04 pm	Optimising spinal alignment and chest wall expansion in adolescents with idiopathic scoliosis using postural correction	Sharon MH Tsang	Musculoskeletal

1.04 pm–1.11 pm	Perspectives and experiences of people with hypermobile Ehlers Danlos Syndrome regarding treatment: An Australian survey	Cherie Wells	Musculoskeletal
1.11 pm–1.18 pm	Development of the Low Back Pain Self-Management App Review Tool (LBP-SMART) for consumers	Claudia Didyk	Musculoskeletal
1.18 pm–1.25 pm	Metabolic syndrome: The hidden condition affecting 37% of clients in physiotherapy private practice	Sally Mastwyk	Musculoskeletal
Thursday Screen 5			
12.57 pm–1.04 pm	Describing musculoskeletal presentations for potential physiotherapy consultation in the Victorian virtual Emergency Department	Charlotte Bahr	Musculoskeletal
1.04 pm–1.11 pm	Clinical outcome measures used by physiotherapists to assess lateral elbow tendinopathy	Luke Heales	Musculoskeletal
1.11 pm–1.18 pm	Pain catastrophising in people with no pain: A latent class analysis	Niamh Moloney	Musculoskeletal
1.18 pm–1.25 pm	PACE-RURAL: managing chronic musculoskeletal conditions in rural, regional and remote Australia using physiotherapy telehealth	Ala Melman	Musculoskeletal
Thursday Screen 6			
12.50 pm–12.57 pm	Enhancing health professional training in stroke upper limb and shoulder rehabilitation	James McLoughlin	Neurology
1.04 pm–1.11 pm	Understanding how cardiorespiratory training is implemented to address fitness following a stroke	Shannon Cheary	Neurology
1.11 pm–1.18 pm	Usability and helpfulness of the ten movement training principles in neurological physiotherapy practice	James McLoughlin	Neurology
1.18 pm–1.25 pm	My MAPS: A co-designed intervention to help stroke survivors lead a meaningful and active life	Karl Espenberger	Neurology
Friday Screen 1			
12.20 pm–12.27 pm	Evaluating the role of e-resources in teaching whiplash-injury management to physiotherapy students: pilot implementation study	Ana Paula Carvalho-e-silva	Musculoskeletal
12.27 pm–12.34 pm	Do manual workers with and without LBP Show different trunk muscle activity during repeated lifting?	Nic Saraceni	Musculoskeletal
12.34 pm–12.41 pm	Physiotherapist characteristics associated with low back pain beliefs: a secondary analysis of a randomized trial	Marcia Rodrigues Franco Zambelli	Musculoskeletal
12.41 pm–12.48 pm	Pain-free bite force in a healthy population: Within-session test–retest reliability in different sitting positions	Alana Dinsdale	Musculoskeletal
Friday Screen 2			
12.27 pm–12.34 pm	Predicting pregnancy-related pelvic girdle pain using machine learning	Atefe Ashrafi	Musculoskeletal
12.34 pm–12.41 pm	Low-load endurance exercise versus stretching: Effects on pain sensitivity and mechanical properties of upper trapezius	Sharon MH Tsang	Musculoskeletal
12.41 pm–12.48 pm	Rate of force development mediates the relationship between kinesophobia and chronic low back pain	Teppeel Abiko	Musculoskeletal
12.48 pm–12.55 pm	Protection against pain: a scoping review	Barry Moore	Musculoskeletal
Friday Screen 3			
12.20 pm–12.27 pm	Non-pharmacological management of Parkinson’s disease: A systematic review of allied health clinical practice guidelines	Fleur Terrens	Neurology
12.27 pm–12.34 pm	Increasing capacity whilst promoting student learning: feasibility of student-led Physiotherapy group intervention in acute stroke	Lachlan Siderius	Neurology
12.34 pm–12.41 pm	Incidence of postural alignment abnormality during unsupported walking following acquired brain injury	Jack Beard	Neurology
12.41 pm- 12.48 pm	Effectiveness of exercise program for improving Chinese community-dwelling older adults’ physical fitness: a randomised-controlled trial	Wei Xin	Gerontology
12.48 pm–12.55 pm	Balancing recovery: Vestibular disorders and their impact on length of stay in older inpatient rehabilitation	Christopher Owens	Neurology
Friday Screen 4			
12.20 pm–12.27 pm	Posture and working from home are associated with neck pain	Suzanne Snodgrass	Musculoskeletal
12.27 pm–12.34 pm	Digital technology in physical examination teaching: Clinical educators’ perspectives and current practices	Jessica Lees	Physiotherapy General
12.34 pm–12.41 pm	Photobiomodulation reduces fatigue, depression and pain in young people with inflammatory bowel disease	Matthew Hunt	Physiotherapy General
12.41 pm–12.48 pm	Shifting perspectives: how physiotherapy placements inspire a new view on rural practice	Naomi Marks	Physiotherapy General
12.48 pm–12.55 pm	The changing shape of support physiotherapy students receive prior to and during tertiary study	Courtney Clark	Physiotherapy General
Friday Screen 5			
12.20 pm–12.27 pm	Impact of mobilisation dosage in critically ill patients with diabetes: Secondary analysis of PREDICT (PREDICT-DIA)	Ashlea Hills	Disability
12.27 pm–12.34 pm	Sandy solutions: Physio- and occupational-therapy focus group insights on beach-based therapy for people with disability	Sasha Job	Disability
12.34 pm–12.41 pm	Which healthcare professionals provide the best person-centred care for people with multiple sclerosis	Maya G Panisset	Disability
12.41 pm–12.48 pm	Advanced practice physiotherapy in Victoria’s planned surgery reform	Caitlin Farmer	Advanced Practice/Emergency Department
12.48 pm–12.55 pm	After the ED, what are the needs of patients with musculoskeletal conditions? A cross-sectional exploration.	Nicolas Saraceni	Advanced Practice/Emergency Department
12.55 pm–1.02 pm	Orthopaedic surgeons’ perceptions regarding advanced practice physiotherapists in orthopaedic clinics: A qualitative study	Martin Rabey	Advanced Practice/Emergency Department
Friday Screen 6			
12.20 pm–12.27 pm	Non-pharmacological therapies to relieve dyspnoea in the intensive care unit: Patient and clinician perspectives	Leigh Rushworth	Cardiorespiratory
12.27 pm–12.34 pm	Experiences of respiratory symptoms in people with chronic diseases: a qualitative systematic review and meta-aggregation.	Juliana De Mendonca	Cardiorespiratory
12.34 pm–12.41 pm	Improvement in health outcomes following one-day a week pulmonary rehabilitation in regional New South Wales	Nnamdi Mgbemena	Cardiorespiratory
12.41 pm–12.48 pm	How does haemodynamics change during physiotherapy-led breathing exercises? A feasibility protocol using PhysioFlow®	Viviane De Menezes Caceres	Cardiorespiratory
12.48 pm–12.55 pm	Improving endometriosis management: Evaluating an educational intervention to facilitate behaviour change amongst general practitioners	Sophie Alderslade	Women’s, Men’s & Pelvic Health
12.55 pm–1.02 pm	Effects of a single dry needling session on range of motion in knee osteoarthritis	Fatemeh Mirzaie	Acupuncture & Dry Needling
Saturday Screen 1			
12.50 pm–12.57 pm	Mindfulness-based interventions improve sleep quality, perceived stress and fatigue in people with chronic musculoskeletal pain	Linting Ruan	Physiotherapy General
12.57 pm–1.04 pm	Development and evaluation of a trauma-informed approach to learning physical examination in physiotherapy curriculum	Jessica Lees	Physiotherapy General
1.04 pm–1.11 pm	Consumer perspectives of mind-body therapies for persistent pain post-stroke	Nicole Prideaux	Neurology
1.11 pm–1.18 pm	The impact of strength changes on active function following botulinum neurotoxin-A: A systematic review	Renee Gill	Neurology
1.18 pm–1.25 pm	Perspectives of people with Parkinson’s on the impact of lower urinary tract symptoms	Prasath Jayakaran	Neurology
Saturday Screen 2			
12.50 pm–12.57 pm	Is lifting technique related to pain and disability in people with lifting-related low back pain?	Ivan Au	Musculoskeletal
1.04 pm–1.11 pm	Moderators of exercise and manual therapy for people with knee and hip osteoarthritis	Daniel Ribeiro	Musculoskeletal
1.11 pm–1.18 pm	A kinematically accurate model of The cervical spine reproducible on a domestic 3D printer	Neil Tuttle	Musculoskeletal
1.18 pm–1.25 pm	Feasibility of an individualised exercise program for persistent low back pain and motor control impairments	Caitlin Prentice	Musculoskeletal
1.25 pm-1.32 pm	The effect of non-invasive brain stimulation and exercise on gait for people with multiple sclerosis	Moria Smith	Neurology
Saturday Screen 3			
12.50 pm–12.57 pm	Rapid stratified telehealth for patients with low back pain: feasibility and pilot randomised controlled trial	Andrew Gamble	Musculoskeletal
12.57 pm–1.04 pm	Process evaluation of a virtual hospital model of care for low back pain	Ponsuge Chathurani Sigeru	Musculoskeletal
1.04 pm–1.11 pm	How do pain-related cognitions relate to lifting techniques in people with lifting-related low back pain?	Ivan Au	Musculoskeletal
1.11 pm–1.18 pm	Targeting physiotherapist behaviour-change to optimise adult rehabilitation adherence	Rebecca Phillips	Musculoskeletal
1.18 pm–1.25 pm	Effects of gait retraining interventions on medial knee load in people with medial knee osteoarthritis	Nicole D’souza	Musculoskeletal
1.25 pm–1.32 pm	Five years post-implementing GLA:D® in Queensland Health: Statewide review of group hip and/or knee programs	Andrew Hislop	Musculoskeletal
Saturday Screen 4			
12.57 pm–1.04 pm	What influences physiotherapists’ use of labels for non-specific low back pain? A qualitative study	Joshua Zadro	Musculoskeletal
1.04 pm–1.11 pm	Exploring feasibility and functionality of rehabilitative ultrasound in Nepal. A narrative review	Binaya Kandel	Musculoskeletal
1.11 pm–1.18 pm	RESHAP-ED: a randomised trial of primary-contact physiotherapy for musculoskeletal pain in emergency departments	Gustavo Machado	Musculoskeletal
1.18 pm–1.25 pm	Clinical differences between chronic whiplash-associated disorders and non-traumatic neck pain: a systematic review and meta-analysis	Junze Chen	Pain
Saturday Screen 5			
12.50 pm–12.57 pm	Effect of mindfulness-based interventions on brain structure and function in chronic pain: A systematic review	Evgenia Petrellis	Pain

1.04 pm–1.11 pm	Evaluation of an inpatient sports-program to guide post-discharge participation among people with brain/spinal cord injury	Hannah Daniel	Disability
1.11 pm–1.18 pm	Everyday LEAD: Human-rights based assessment driving inclusion-focused interdisciplinary service provision in the disability sector	Trish Hill	Disability
1.18 pm–1.25 pm	Outcome measures in prehabilitation interventions for total hip and knee arthroplasty: A scoping review	Nicola Burgess	Orthopaedic
Saturday Screen 6			
12.50 pm–12.57 pm	Powering possibilities: a systematic review of wearable robotic mobility technology for people with cerebral palsy	Nicola Postol	Disability
12.57 pm–1.04 pm	A clinical approach to the measurement of postural asymmetry in adults with cerebral palsy	Carlee Holmes	Disability
1.04 pm–1.11 pm	Acute concussion management: a headache for hospital physiotherapists	Lyndsey Hoogenhout	Physiotherapy General
1.11 pm–1.18 pm	Development of a new specialist research physiotherapist fellowship pathway for the Australian College of Physiotherapists	Gavin Williams	Physiotherapy General
1.18 pm–1.25 pm	Visual verticality disorder and lateropulsion in neurosurgical patients with brain tumours—an observational study protocol	Anne-Marie Hill	Physiotherapy General