

**DRAFT PROGRAM****PRESENTERS, TIMINGS AND SESSION ALLOCATIONS ARE SUBJECT TO CHANGE**

Thursday, 4 September 2025				
8.00am – 4.30pm	Registration Desk Open			Mercure Lounge
	Room: State Room 1	Room: State Room 2	Room: State Room 3	
9.00am – 10.30am	Pre-Conference Workshop: Talking to Dads: Exploring effective communication with fathers <b>Associate Professor Jacqui Macdonald</b> , Australian Fatherhood Research Consortium & Deakin University, <b>Ali Peipers</b> , Plus Paternal Network, Healthy Male and <b>Karen Wynter</b> , Australasian Marcé Society & Monash University	Pre-Conference Workshop: Parent-Child Interaction Therapy with Toddlers (PCIT-T): Improving Emotion Regulation and Attachment Relationships <b>Associate Professor Jane Kohlhoff</b> , University of New South Wales & Karitane and <b>Sue Morgan</b> , Karitane	Pre-Conference Workshop: Reflective Supervision: What Truly Matters <b>Patricia O'Rourke</b> , University of Adelaide	
10.30am – 11.00am	Morning tea			Mercure Lounge
11.00am – 12.30pm	Pre-Conference Workshop: Talking to Dads: Exploring effective communication with fathers CONTINUED...	Pre-Conference Workshop: Parent-Child Interaction Therapy with Toddlers (PCIT-T): Improving Emotion Regulation and Attachment Relationships CONTINUED...	Pre-Conference Workshop: Reflective Supervision: What Truly Matters CONTINUED...	
12.30pm – 1.00pm	Self-catered break between morning and afternoon workshops			
	Room: State Room 1	Room: State Room 2	Room: State Room 3	
1.00pm – 2.30pm	Pre-Conference Workshop: Writing your Journal Article <b>Deborah Sims</b> , RN, RM, Ma (Mid), MPH, Ph.D. (Nursing)	Pre-Conference Workshop: Walking with Families: Connecting Care across the Perinatal Loss Continuum Facilitated by: The Centre of Research Excellence in Stillbirth <b>Siobhan Loughnan</b> , Stillbirth CRE, <b>Ann Lancaster</b> , Stillbirth CRE, <b>Emma Porter</b> , Stillbirth CRE, <b>Rob Saunders</b> , Room Eleven, <b>Kerri Gordon</b> , Precious Wings, <b>Anita Nepean-Hutchison</b> , Precious Wings and <b>Amy Cooper</b> , Red Nose	Pre-Conference Workshop: From Practice to Theory and Back: Reflections on Ethical Dilemmas <b>Emerita Associate Professor Astrid Berg</b> , University of Cape Town / University of Stellenbosch	
2.30pm – 3.00pm	Afternoon tea			Mercure Lounge
3.00pm – 4.30pm	Pre-Conference Workshop: Writing your Journal Article CONTINUED...	Pre-Conference Workshop: Walking with Families: Connecting Care across the Perinatal Loss Continuum CONTINUED...	Pre-Conference Workshop: From Practice to Theory and Back: Reflections on Ethical Dilemmas CONTINUED...	
7.00pm	Dinner			Bar Moubray (17 Moubray Street)

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Friday, 5 September 2025						
7.30am – 8.15am	Morning lakeside walk (optional)					Meet Deb Sims in the hotel foyer
8.00am – 5.10pm	Registration Desk Open					Grand Ballroom Foyer
8.30am – 9.00am	Welcome to Country <b>Aunty Joy Murphy</b> , Wurundjeri Elder  Housekeeping <b>Karen Wynter</b> , Conference Co-Convenor  Official Conference Opening <b>The Hon. Ingrid Stitt MP</b> , Victorian Minister for Mental Health					Grand Ballroom 1 - 4
9.00am – 9.45am	Winnicott Lecture: "The precursor of the mirror is the parent's face" - the importance of shared pleasure in parent-infant interactions <b>Emerita Associate Professor Astrid Berg</b> , University of Cape Town / University of Stellenbosch					Grand Ballroom 1 - 4
9.45am – 10.30am	Honouring First Nations children and families' voices through Wakwakurnaku Kumangka Pudnanthi (Children's Gathering Place) Family Support Group <b>Geneva Foster</b> , Strengthening Early Years Project Coordinator, Nunkuwarrin Yunti of SA Inc. and <b>Bec Turner</b> , Connecting the Early Years Programs Manager, Nunkuwarrin Yunti of SA Inc.					Grand Ballroom 1 - 4
10.30am – 11.00am	Morning tea					Grand Ballroom Foyer
11.00am – 12.30pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 &amp; 10</i>
	Symposium 1	Digital and Online Innovations in Perinatal Care	Parent and Infant Sleep	Developmental Risk and Child Outcomes (Part 1)	Workshop 1	<i>Quiet space</i>
11.00am – 11.20am	Paper 79 <i>Walking together: Innovative adaption of a perinatal and infant mental health navigation model for First Nations and other families</i> <b>Megan Leuenberger, Joy Makepeace, Alison Cook, Sophia Harris</b>	Paper 120 <i>Using digital tools to enhance your practice - perinatal depression treatment for mothers, fathers and babies</i> <b>Jeanette Milgrom</b>	Paper 72 <i>Perinatal insomnia – a public health priority: Bringing research to practice through the establishment of a specialised parental sleep service</i> <b>Sumedha Verma</b>	Paper 68 <i>Exploring the long-term impacts of perinatal developmental risk on symptomatology and functioning in middle childhood</i> <b>Clancy Browne, Kathleen Wood</b>	Paper 64 <i>Creative beginnings: Exploring perinatal and infant mental health through creative arts and music therapy</i> <b>Emma van Daal, Lauren Salib, Helena Anolak, Tanya Voges, Georgina Williams</b>	
11.20am – 11.40am		Paper 114 <i>Supporting perinatal mental health in Austria: adapting and testing an Australian online self-screening tool for perinatal anxiety and depression</i> <b>Jean Paul</b>	Paper 70 <i>Treating perinatal insomnia: A clinical trial to reduce insomnia among first-time parents through cognitive behavioural therapy and light dark therapy</i> <b>Sumedha Verma</b>	Paper 137 <i>Parental cannabis use during preconception and pregnancy: Longitudinal associations with infant birth outcomes</i> <b>Delyse Hutchinson</b>		
11.40am – 12.00pm		Paper 132 <i>The reach of digital perinatal mental health screening and psychosocial assessment</i>	Paper 48 <i>Experiences of co-sleeping in western society: the impact of socio-cultural interactions</i>	Paper 42 <i>How does an infant's experience of neonatal intensive care impact the</i>		

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		<i>using iCOPE: a national update</i> <b>Nicole Highet</b>	<b>Sarah Kruse</b>	<i>connection and relationships they can form with significant others?</i> <b>Natalie Duffy</b>		
12.00pm – 12.20pm		Paper 135 <i>Experiences of digital perinatal mental health screening and psychosocial assessment: capturing the perspectives of health care professionals</i> <b>Nicole Reilly</b>	<i>The Ann Morgan Prize for creative writing</i> <b>Dr Sumedha Verma</b> and <b>Amelia Tennyson</b>  Facilitated by <b>Cath McPhee</b> , AAIMH VIC	Paper 84 <i>Implementing a new perinatal and infant mental health program: taking a family focused approach to parents and babies</i> <b>Marcella van Mourik, Frances Walker, Natalie van Swet, Cara Raisin</b>		
12.20pm – 12.30pm		Discussion	Discussion	Discussion		
12.30pm – 1.15pm	Lunch					Grand Ballroom Foyer
1.15pm – 2.45pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 &amp; 10</i>
	Symposium 2	Navigating Mental Health Challenges: Predictors and Pathways	Caring for parents who experience Perinatal Loss or Infant Illness	Training, Education, and Building Workforce Capacity (Part 1)	Workshop 2	<i>Quiet space</i>
1.15pm – 1.35pm	Paper 87 <i>Breaking the cycle: Rigorous evaluations for disrupting intergenerational disadvantage</i> <b>Alice Dwyer, Anne-Marie Maxwell, Anna Price, Jane Kohlhoff, Anna Lopatnikova</b>	Paper 46 <i>Rates of perinatal relapse or recurrence in women with preconception anxiety and/or depression and their associated risk factors</i> <b>Celia Rae</b>	Paper 29 <i>Grief, trauma and attachment: An integrated approach to perinatal loss therapy and training</i> <b>Bronwyn Leigh, Carla Anderson, Charise, Deveney</b>	Paper 128 <i>Building capacity in infant mental health: A team-based reflective practice and apprenticeship model</i> <b>Jarrold Holst, Melainie Mckay, Campbell Paul</b>	Paper 19 <i>Identifying implementation strategies to increase uptake of evidence-based interventions in prenatal care: Case example of a postpartum depression prevention intervention</i> <b>Ellen Poleshuck</b>	
1.35pm – 1.55pm		Paper 7 <i>Perception of safety in childbirth: pregnancy predictors of women's experiences during childbirth</i> <b>Karen Wynter</b>	Paper 133 <i>"I still kept searching for information" Translating clinical guidelines for parents: National resources for early pregnancy loss and subsequent pregnancies</i> <b>Siobhan Loughnan</b>	Paper 98 <i>Vicarious trauma management for perinatal and infant mental health clinicians: developing an approach</i> <b>Anna Norris, Stephanie Lorimer, Naomi Thomas</b>		
1.55pm – 2.15pm		Paper 113 <i>The trajectory of perceived partner support during the perinatal period for women with and without depression</i> <b>Irene Bobevski</b>	Paper 126 <i>Holding space for the healers: Promoting wellbeing in perinatal loss care</i> <b>Ann Lancaster</b>	Paper 88 <i>Bringing the baby into a public mental health setting: a service-wide approach to relationships</i> <b>Catherine Acton</b>		
2.15pm – 2.35pm		Paper 65	Paper 136	Paper 56		

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		<i>The Integration of Perinatal and Infant Mental Health Services – Working Within a Complex Statewide Service System</i> <b>Cate Rawlinson</b>	<i>The complexity of working with distressed parents within a paediatric context when the infant is the referred patient</i> <b>Campbell Paul, Helena Bean</b>	<i>Learning needs of Perinatal &amp; Infant Mental Health Nurses (PIMHN)s caring for infants</i> <b>Cate Teague, Helena Anolak</b>		
2.35pm – 2.40pm		Discussion	Discussion	Paper 124 (Lightning talk) <i>Planning for better support beyond birth. The launch of an exciting new framework for General Practitioners</i> <b>Rikki Priest</b>		
2.40pm – 2.45pm				Discussion		
2.45pm – 3.30pm	Afternoon Tea, Poster Showcase					Grand Ballroom Foyer
2.50pm – 3.30pm	AAIMH AGM					Element Room
3.30pm – 3.50pm	Announcement: Australian Alliance for Perinatal Mental Health (pre-recorded) <b>Anne Sved Williams</b> (Chair), <b>Vijay Roach</b> (Co-Deputy Chair), <b>Dinah Thomasset</b> (Co-Deputy Chair)					Grand Ballroom 1 - 4
3.50pm – 4.35pm	Value in maternal health - costs, and physical and mental health outcomes for the benefit of women, families and infants <b>Professor Emily Callander</b> , Professor of Women’s Health Economics, Monash University					Grand Ballroom 1 - 4
4.35pm – 5.05pm	Jon Rampono Medal Winner: Revolutionizing mental health care for mothers, fathers and infants -my journey forging new frontiers <b>Professor Jeannette Milgrom</b> (2025 Jon Rampono Medal Winner)					Grand Ballroom 1 - 4
5.05pm – 5.10pm	Closing Comments					Grand Ballroom 1 - 4
5.10pm – 7.10pm	Networking Function					Grand Ballroom Foyer

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Saturday, 6 September 2025						
7.00am – 8.15am	Breakfast (sponsored by the Gidget Foundation Australia)					State Ballroom
7.30am – 8.15am	Morning lakeside walk (optional)					Meet Deb Sims in the hotel foyer
8.00am – 4.30pm	Registration Desk Open					Grand Ballroom Foyer
8.30am – 8.45am	Opening					Grand Ballroom 1 - 4
8.45am – 9.30am	From bench to bedside: The development of novel neurosteroid therapeutics as an innovative, rapidly acting treatment for postpartum depression (virtual) <b>Dr. Samantha Meltzer-Brody</b> , Executive Dean, UNC School of Medicine					Grand Ballroom 1 - 4
9.30am – 10.15am	What about the dads? Building a system of care for fathers <b>Associate Professor Jacqui Macdonald</b> , School of Psychology and SEED Lifespan Strategic Research Centre, Deakin University / Convener of the Australian Fatherhood Research Consortium					Grand Ballroom 1 - 4
10.15am – 10.45am	Morning tea					Grand Ballroom Foyer
10.45am – 12.15pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 &amp; 10</i>
	Symposium 3	Prioritising Parent-Infant Relationship and Attachment	Training, Education, and Building Workforce Capacity (Part 2)	First Nations Perspectives and Cultural Sensitivity	Workshop 3	<i>Quiet space</i>
10.45am – 11.05am	Paper 130 <i>Evidence of the important contribution of Australia's residential early parenting programs to comprehensive perinatal mental health care</i> <b>Karin Stanzel, Jane Fisher, Alice Dwyer, Anne-Marie Maxwell</b>	Paper 122 <i>MERTIL for parents: A pilot study of an attachment- and trauma-informed online parenting program</i> <b>Zoe Cloud</b>	Paper 57 <i>Building knowledge foundations in perinatal mental health: Workforce innovation and collaboration through Queensland's Digital Perinatal Mental Health Screening Program</i> <b>Alicia Chaplain, Jenny Goodwin</b>	Paper 23 <i>Effective strategies for delivering telehealth to First Nations families</i> <b>Julie Borninkhof, Tracey Thompson</b>	Paper 86 <i>What Is 'good enough'? defining therapeutic readiness for infant trauma work in family violence contexts</i> <b>Lauren Vanderzeil, Yvette Alway</b>	
11.05am – 11.25am		Paper 13 <i>Nurturing Care Framework training for new mothers in hospital settings in Tamil Nadu, India</i> <b>Beena Koshy</b>	Paper 103 <i>Facing The Unexpected: A co-designed platform to equip, connect and support professionals to deliver psychosocially responsive care after fetal diagnosis</i> <b>Pieta Shakes</b>	Marram Ngala Ganbu- ('We are one'): A First Nations led, trauma-informed approach to Children's Court hearings for Child Protection Matters on Wurundjeri and Yorta Yorta Country, Australia  <b>Ashley Morris, Nicole Milburn</b>		
11.25am – 11.45am		Paper 52 <i>The Pregnancy to Parenthood Model of Care: Evaluation of early dyadic interventions in Australia for</i>	Paper 77 <i>Building clinician capacity to engage new mums with online therapies</i> <b>Keryl De Haan</b>	Paper 51 <i>Embedding Cultural Sensitivity and Lived Experience into e-PIMH Telepsychiatry to Navigate</i>		

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		<i>families at risk for adversity</i> <b>Rochelle Matacz, Vesna Newman-Morris</b>		<i>Complex Cross-sector Systems</i> <b>Naomi Kikkawa, Nicki Walsh, Craig Heron</b>		
11.45am – 12.05pm		Paper 90 <i>Costs associated with mother and baby unit admissions in Australia</i> <b>Rebecca Hill</b>	Paper 108 <i>Perinatal Interprofessional Psychosocial Education-Maternity Clinicians (PIPE-MC) A novel simulated skill based education program</i> <b>Louise Everitt</b>	Paper 125 <i>An outreach model to support Aboriginal &amp; Torres Strait Islander, Asylum Seeker, and Refugee women in the perinatal period</i> <b>Bharat Visa, Jessica Kuc</b>		
12.05pm – 12.10pm		Discussion	Paper 47 (Lightning talk) <i>Building Secure Bases: A Relational Approach to Developing the Perinatal Mental Health Workforce</i> <b>Amanda Connell</b>	Paper 71 (Lightning talk) <i>Impact of dual transition of immigration and parenthood on Indian Immigrants' mental health in the perinatal period: A mixed-method study</i> <b>Bridgit Philip</b>		
12.10pm – 12.15pm			Discussion	Discussion		
12.15pm – 1.15pm	Lunch					Grand Ballroom Foyer
12.30pm – 1.15pm	Marce Society AGM					Grand 1/2
1.15pm – 2.45pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 &amp; 10</i>
	Symposium 4 Baby on Board: Exploring Infant mental health and dyadic assessment, management and philosophy of practice in Parent infant units	Innovative Approaches for Expectant and New Parents	Developmental Risk and Child Outcomes (Part 2)	Perinatal Mental Health: Understanding Breadth and Complexity	Caring for families facing challenges circumstances	<i>Quiet space</i>
1.15pm – 1.35pm	Exploring Infant mental health and dyadic care in Australian Parent Infant Units <b>Dr Susan Roberts</b>  "Allowing time for the infant to lead": Whole-of-nursing-team implementation of	Paper 50 <i>Reclaiming voice and self: An arts-based discourse analysis of perinatal mental health during high-risk pregnancy</i> <b>Helena Anolak</b>	Paper 69 <i>Developmental risk in the perinatal period: A qualitative exploration of the role of relationships in buffering adverse experiences</i> <b>Clancy Browne, Kathleen Wood</b>	Paper 5 <i>Australian women's knowledge of identifying emotional wellbeing and experiences of mental health promotion within maternity care. "How do you ask?"</i> <b>Lesley Pascuzzi</b>	Paper 32 <i>Caregiver-child connection following family violence - an empowered approach to therapeutic care</i> <b>Ruby Vadiveloo</b>	

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1.35pm – 1.55pm	Marte Meo principles in a parent infant unit <b>Kayla Hann</b>  Supporting the mother-infant relationship in mothers with severe mental illness in a mother-baby unit <b>Kannan Kallapiran</b>	Paper 63 <i>Creative adventures to parenthood: Exploring identity, psychosocial wellbeing, and community through music and creative arts-based interventions in the antenatal period</i> <b>Lauren Salib, Georgina Williams</b>	Paper 138 <i>Systematic review on preconception paternal alcohol use and offspring development</i> <b>Sarah Khor</b>	Paper 118 <i>Impact of antenatal depression, anxiety and mode of birth on breastfeeding outcomes</i> <b>Sara Cibralic</b>	Paper 127 <i>Protocols for management of risk related to child protection and domestic and family violence across Mother Baby Inpatient Units</i> <b>Rachelle Arnott</b>	
1.55pm – 2.15pm	'Doing it My Way' on an MBU: Supporting attuned infant care among Neurodivergent parents at the Werribee Mother Baby Unit (MBU) <b>Catherine Lazaroo, Laura Hill</b>	Paper 93 <i>Father involvement in pregnancy and postnatal care: Combined perspectives of fathers, mothers, and service providers</i> <b>Karen Wynter</b>	Paper 3 <i>Association between paternal perinatal depression, anxiety and stress and child development: A meta-analysis</i> <b>Genevieve Le Bas</b>	Paper 26 <i>Clinicians Navigating Pregnancy and Birth While Working in the Perinatal Field: Experiences, Impacts and Strategies</i> <b>Frances Bilbao, Gabrielle Williams</b>	Paper 45 <i>"It gave her personhood": Experiences of a perinatal intervention for parents experiencing moderate psychosocial adversity (New Technology for New Parents).</i> <b>Alyssa Sawyer</b>	
2.15pm – 2.35pm		Paper 104 <i>A randomised controlled trial of a group-based peer support intervention for men experiencing mental health difficulties in early fatherhood</i> <b>Alison Fogarty</b>	Paper 106 <i>Associations with long day care attendance in the year before starting school and children's social and emotional development</i> <b>Yasmin Harman-Smith</b>	Paper 4 <i>Social and interpersonal factors associated with perinatal eating and body concerns: A systematic review</i> <b>Madeleine Rhodes</b>	Paper 116 <i>A mixed-methods evaluation of Nurturing Connections</i> <b>Sara Cibralic</b>	
2.35pm – 2.40pm		Paper # 36 (Lightning talk) <i>Finding a place for adult attachment theory in couple-based programs delivered during the perinatal period</i> <b>Mathew Aquilina</b>	Discussion	Paper #96 (Lightning talk) <i>Adolescent patients and the Mother Baby Unit, specific needs and barriers identified</i> <b>Isabelle Sweeney</b>	Discussion	
2.40pm – 2.45pm		Discussion		Discussion		
2.45pm – 3.15pm	Afternoon Tea					Grand Ballroom Foyer
3.15pm – 4.00pm	'Scaling' with heart and mind: Supporting the perinatal and infant mental health of regional, rural, and remote communities <b>Associate Professor Jane Kohlhoff</b> , University of New South Wales & Karitane					Grand Ballroom 1 - 4
4.00pm – 4.30pm	Marce Award Winner: PIMH in the 21st Century: How far have we come, and where to next? <b>Dr Rebecca Hill</b> (2025 Marce Award Winner)					Grand Ballroom 1 - 4
4.30pm – 4.45pm	Conference Close <b>Karen Wynter</b> , Conference Co-Convenor (Australasian Marcé Society) and <b>Nicole Milburn</b> , Conference Co-Convenor (Australia Association for Infant Mental Health)					Grand Ballroom 1 - 4

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**List of Poster Displays**

**Lisa Amir**, La Trobe University

Collaborative approach to clozapine use during breastfeeding: perspective from patient and healthcare professionals

**Carla Anderson**, Perinatal Child & Family Hub

Introducing Floriful Workshops: Integrating flowers and floral arranging into therapeutic groups for mothers

**Rachelle Arnott**, Gold Coast University Hospital (Lavender) Mother Baby Unit

It really does take a 'village' to raise a child: collaboration with consumers, family and complex systems.

**Charise Deveney**, Let's Talk Psychology Practice and **Jade Forster**, Sparkle Club For Mums & Let's Talk Psychology Practice

Sparkle Club for Mums: An Innovative Online Platform Supporting Millennial Parents Through Pregnancy and Beyond

**Sarah Edwards**, Keeping Mum Psychology

What about Autistic and ADHD Dads?

**Rebecca Hill**, Women's And Children's Health Network and **Tanya Voges**, Independent / Helen Mayo House

An Evaluation of a Dance Movement Therapy Group for Mothers and Babies Co-admitted to an Inpatient Mental Health Unit

**Delyse Hutchinson**, Deakin University

Systematic and Meta-Analytic Review of Research on the Association of Substance Use in Breastfeeding Women With Maternal Lactation Outcomes.

**Beth Kozaris**, The Women's Hospital and **Rochelle Lester**, The Women's Hospital

The First Thousand Days Clinic: An Integrated, Multidisciplinary Approach to Supporting Victorian Infants with Prenatal Substance Exposure

**Bronwyn Leigh**, Perinatal Training Centre And Centre For Perinatal Psychology

Health Professionals' Feedback from the 'Supporting Autistic and ADHD Folk in the Perinatal Period Conference 2025'

**Emily Lowe-Calverley**, University Of Tasmania

Social Support, Care, and Maternal Mental Health during the Postpartum Period

**Jessica McBurney**, Judith Lumley Centre, La Trobe University

Recruiting, training and retaining volunteers in the DAISY randomised controlled trial exploring telephone peer support for prevention of postnatal depression

**Sorcha Odgers**, Monash University

A Systematic Review of the effectiveness of non-pharmacological interventions to improve trauma and mother-infant bonding for mothers experiencing birth trauma.

**Ming Yee Or**, Department Of Psychiatry, University Of Hong Kong

Initial Psychometric Properties of the Hong Kong Chinese Version of Child Behavior Checklist 1½-5 (CBCL 1½-5)

**Katherine Read**, Charles Darwin University

Attention Deficit Hyperactivity Disorder (ADHD) in the perinatal environment: Identifying mothers and infants at risk



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**Rebecca Reay**, Academic Unit of Psychiatry and Addiction Medicine, Anu School of Medicine and Psychology, Canberra Act  
Emotion Regulation and Attachment: Qualitative Insights from a Mother-Infant DBT Group Intervention

**Sarah Reid**, Lotus Health And Psychology  
Intention versus actual disclosure in Australian donor conception– implications for donor conception counselling practices

**Matthew Roberts**, Peninsula Health  
No Rehearsal, Baby! Improvisation in Perinatal Work and Play

**Alexandra Roddy Mitchell**, The University Of Melbourne  
The prevalence of depression in Pregnancy in Pakistan and South Africa

**Erin Seeto**, Gidget Foundation Australia  
Collaborative Stepped Care in the Perinatal Period

**Lebeza Alemu Tenaw**, The Hong Kong Polytechnic University  
Role of Sense of Coherence, Self-Efficacy, Social Support and Stress on Postpartum Depression During the Transition to Motherhood among mothers

**Naomi Thomas**, Perinatal And Infant Mental Health Service, CYMHS South Tas  
Promotion of Infant Voice in Clinical Practice: Letter from a Baby to their Parents

**Dr Sumedha Verma**, Sleepnatal & Monash University  
Sleep-wake times and chronotype change across perinatal periods: Longitudinal changes and associations with wellbeing from pregnancy to 2 years postpartum

**Chamali Wanigasekera**, Austin Health  
Integrating perinatal mental healthcare: building lifelong foundations - What are we doing at Austin Health Perinatal Community Services, Heidelberg, Melbourne

**Georgina Williams**, Arts For Health Australia  
Perinatal Singing: Evidence-Based Programmes for Enhancing Perinatal Mental Health and Bonding