

PRESENTERS, TIMINGS AND SESSION ALLOCATIONS ARE SUBJECT TO CHANGE

Thursday, 4 September 2025				
8.00am – 4.30pm	Registration Desk Open			Mercure Lounge
	<i>Room: State Room 1</i>	<i>Room: State Room 2</i>	<i>Room: State Room 3</i>	
9.00am – 10.30am	<i>Pre-Conference Workshop: Talking to Dads: Exploring effective communication with fathers</i> Associate Professor Jacqui Macdonald , Australian Fatherhood Research Consortium & Deakin University, Ali Peipers , Plus Paternal Network, Healthy Male and Karen Wynter , Australasian Marcé Society & Monash University	<i>Pre-Conference Workshop: Parent-Child Interaction Therapy with Toddlers (PCIT-T): Improving Emotion Regulation and Attachment Relationships</i> Associate Professor Jane Kohlhoff , University of New South Wales & Karitane and Sue Morgan , Karitane	<i>Pre-Conference Workshop: Reflective Supervision: What Truly Matters</i> Patricia O'Rourke , University of Adelaide	
10.30am – 11.00am	Morning tea			Mercure Lounge
11.00am – 12.30pm	Pre-Conference Workshop: Talking to Dads: Exploring effective communication with fathers CONTINUED...	Pre-Conference Workshop: Parent-Child Interaction Therapy with Toddlers (PCIT-T): Improving Emotion Regulation and Attachment Relationships CONTINUED...	Pre-Conference Workshop: Reflective Supervision: What Truly Matters CONTINUED...	
12.30pm – 1.00pm	Self-catered break between morning and afternoon workshops			
	<i>Room: State Room 1</i>	<i>Room: State Room 2</i>	<i>Room: State Room 3</i>	
1.00pm – 2.30pm	<i>Pre-Conference Workshop: Writing your Journal Article</i> Deborah Sims , RN, RM, Ma (Mid), MPH, Ph.D. (Nursing)	<i>Pre-Conference Workshop: Walking with Families: Connecting Care across the Perinatal Loss Continuum</i> Facilitated by: The Centre of Research Excellence in Stillbirth	<i>Pre-Conference Workshop: From Practice to Theory and Back: Reflections on Ethical Dilemmas</i> Emerita Associate Professor Astrid Berg , University of Cape Town / University of Stellenbosch	
2.30pm – 3.00pm	Afternoon tea			Mercure Lounge
3.00pm – 4.30pm	Pre-Conference Workshop: Writing your Journal Article CONTINUED...	Pre-Conference Workshop: Walking with Families: Connecting Care across the Perinatal Loss Continuum CONTINUED...	Pre-Conference Workshop: From Practice to Theory and Back: Reflections on Ethical Dilemmas CONTINUED...	
7.00pm	Dinner			Bar Moubray (17 Moubray Street)

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Friday, 5 September 2025						
8.00am – 5.10pm	Registration Desk Open					Grand Ballroom Foyer
8.30am – 9.00am	Official Conference Opening					Grand Ballroom 1 - 4
9.00am – 9.45am	Winnicott Lecture: “The precursor of the mirror is the parent’s face” - the importance of shared pleasure in parent-infant interactions Emerita Associate Professor Astrid Berg , University of Cape Town / University of Stellenbosch					Grand Ballroom 1 - 4
9.45am – 10.30am	Keynote Address: Honouring First Nations children and families’ voices through Wakwakurnaku Kumangka Pudnanthi (Children’s Gathering Place) Family Support Group Geneva Foster , Strengthening Early Years Project Coordinator, Nunkuwarrin Yunti of SA Inc. and Bec Turner , Connecting the Early Years Programs Manager, Nunkuwarrin Yunti of SA Inc.					Grand Ballroom 1 - 4
10.30am – 11.00am	Morning tea					Grand Ballroom Foyer
11.00am – 12.30pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 & 10</i>
	Symposium 1	Digital and Online Innovations in Perinatal Care	Parent and Infant Sleep	Developmental Risk and Child Outcomes (Part 1)	Workshop 1	<i>Quiet space</i>
11.00am – 11.20am	Paper 79 <i>Walking together: Innovative adaption of a perinatal and infant mental health navigation model for First Nations and other families</i> Megan Leuenberger, Joy Makepeace, Alison Cook, Sophia Harris	Paper 120 <i>Using digital tools to enhance your practice - perinatal depression treatment for mothers, fathers and babies</i> Jeanette Milgrom	Paper 72 <i>Perinatal insomnia – a public health priority: Bringing research to practice through the establishment of a specialised parental sleep service</i> Sumedha Verma	Paper 68 <i>Exploring the long-term impacts of perinatal developmental risk on symptomatology and functioning in middle childhood</i> Clancy Browne, Kathleen Wood	Paper 64 <i>Creative beginnings: Exploring perinatal and infant mental health through creative arts and music therapy</i> Emma van Daal, Lauren Khalil-Salib, Helena Anolak, Tanya Voges, Georgina Williams	
11.20am – 11.40am		Paper 114 <i>Supporting perinatal mental health in Austria: adapting and testing an Australian online self-screening tool for perinatal anxiety and depression</i> Jean Paul	Paper 70 <i>Treating perinatal insomnia: A clinical trial to reduce insomnia among first-time parents through cognitive behavioural therapy and light dark therapy</i> Sumedha Verma	Paper 137 <i>Parental cannabis use during preconception and pregnancy: Longitudinal associations with infant birth outcomes</i> Delyse Hutchinson		
11.40am – 12.00pm		Paper 132 <i>The reach of digital perinatal mental health screening and psychosocial assessment using iCOPE: a national update</i> Nicole Reilly	Paper 48 <i>Experiences of co-sleeping in western society: the impact of socio-cultural interactions</i> Sarah Kruse	Paper 42 <i>How does an infant’s experience of neonatal intensive care impact the connection and relationships they can form with significant others?</i> Natalie Duffy		
12.00pm – 12.20pm		Paper 135 <i>Experiences of digital perinatal mental health screening and psychosocial</i>	Paper 62 <i>Why do families discontinue behavioural sleep interventions, and what</i>	Paper 84 <i>Implementing a new perinatal and infant mental health program: taking a</i>		

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		<i>assessment: capturing the perspectives of health care professionals</i> Nicole Reilly	<i>works when conventional approaches fall short?</i> Brooke van Zanden	<i>family focused approach to parents and babies</i> Marcella van Mourik, Frances Walker, Natalie van Swet, Cara Raisin		
12.20pm – 12.30pm		Discussion	Discussion	Discussion		
12.30pm – 1.15pm	Lunch					Grand Ballroom Foyer
12.30pm – 1.15pm	AAIMH AGM					TBC
1.15pm – 2.45pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 & 10</i>
	Symposium 2	Navigating Mental Health Challenges: Predictors and Pathways	Caring for parents who experience Perinatal Loss or Infant Illness	Training, Education, and Building Workforce Capacity (Part 1)	Workshop 2	<i>Quiet space</i>
1.15pm – 1.35pm	Paper 87 <i>Breaking the cycle: Rigorous evaluations for disrupting intergenerational disadvantage</i> Alice Dwyer, Anne-Marie Maxwell, Anna Price, Jane Kohlhoff, Anna Lopatnikova	Paper 46 <i>Rates of perinatal relapse or recurrence in women with preconception anxiety and/or depression and their associated risk factors</i> Celia Rae	Paper 29 <i>Grief, trauma and attachment: An integrated approach to perinatal loss therapy and training</i> Bronwyn Leigh, Carla Anderson, Charise, Deveney	Paper 128 <i>Building capacity in infant mental health: A team-based reflective practice and apprenticeship model</i> Jarrod Holst, Melainie Mckay, Campbell Paul	Paper 19 <i>Identifying implementation strategies to increase uptake of evidence-based interventions in prenatal care: Case example of a postpartum depression prevention intervention</i> Ellen Poleshuck	
1.35pm – 1.55pm		Paper 7 <i>Perception of safety in childbirth: pregnancy predictors of women's experiences during childbirth</i> Karen Wynter	Paper 133 <i>"I still kept searching for information" Translating clinical guidelines for parents: National resources for early pregnancy loss and subsequent pregnancies</i> Siobhan Loughnan	Paper 98 <i>Vicarious trauma management for perinatal and infant mental health clinicians: developing an approach</i> Anna Norris, Stephanie Lorimer, Naomi Thomas		
1.55pm – 2.15pm		Paper 113 <i>The trajectory of perceived partner support during the perinatal period for women with and without depression</i> Irene Bobevski	Paper 126 <i>Holding space for the healers: Promoting wellbeing in perinatal loss care</i> Ann Lancaster	Paper 88 <i>Bringing the baby into a public mental health setting: a service-wide approach to relationships</i> Catherine Acton		
2.15pm – 2.35pm		Paper 112 <i>Building Perinatal Mental Health Services in the Northern Territory: Workforce Survey Findings and Future Directions.</i> Louise Collins, Nimalee Kanakkaheva	Paper 136 <i>The complexity of working with distressed parents within a paediatric context when the infant is the referred patient</i> Campbell Paul, Helena Bean	Paper 56 <i>Learning needs of Perinatal & Infant Mental Health Nurses (PIMHN)s caring for infants</i> Cate Teague, Helena Anolak		

DRAFT PROGRAM**PRESENTERS, TIMINGS AND SESSION ALLOCATIONS ARE SUBJECT TO CHANGE**

2.35pm – 2.40pm		Discussion	Discussion	Paper 124 (Lightning talk) <i>Planning for better support beyond birth. The launch of an exciting new framework for General Practitioners</i> Rikki Priest		
2.40pm – 2.45pm				Discussion		
2.45pm – 3.30pm	Afternoon Tea, Poster Showcase					Grand Ballroom Foyer
3.30pm – 3.50pm	Announcement: Australian Alliance for Perinatal Mental Health (pre-recorded) Anne Sved Williams (Chair), Vijay Roach (Co-Deputy Chair), Dinah Thomasset (Co-Deputy Chair)					Grand Ballroom 1 - 4
3.50pm – 4.35pm	Value in maternal health - costs, and physical and mental health outcomes for the benefit of women, families and infants Professor Emily Callander , Professor of Women's Health Economics, Monash University					Grand Ballroom 1 - 4
4.35pm – 5.05pm	Marce Medal Winner Address 1					Grand Ballroom 1 - 4
5.05pm – 5.10pm	Closing Comments					Grand Ballroom 1 - 4
5.10pm – 7.10pm	Networking Function					Grand Ballroom Foyer

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Saturday, 6 September 2025						
7.00am – 8.15am	Breakfast (sponsored by the Gidget Foundation Australia)					State Ballroom
8.00am – 4.30pm	Registration Desk Open					Grand Ballroom Foyer
8.30am – 8.45am	Opening					Grand Ballroom 1 - 4
8.45am – 9.30am	From bench to bedside: The development of novel neurosteroid therapeutics as an innovative, rapidly acting treatment for postpartum depression (virtual) Dr. Samantha Meltzer-Brody , Executive Dean, UNC School of Medicine					Grand Ballroom 1 - 4
9.30am – 10.15am	Keynote Address: What about the dads? Building a system of care for fathers Associate Professor Jacqui Macdonald , School of Psychology and SEED Lifespan Strategic Research Centre, Deakin University / Convener of the Australian Fatherhood Research Consortium					Grand Ballroom 1 - 4
10.15am – 10.45am	Morning tea					Grand Ballroom Foyer
10.45am – 12.15pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 & 10</i>
	Symposium 3	Prioritising Parent-Infant Relationship and Attachment	Training, Education, and Building Workforce Capacity (Part 2)	First Nations Perspectives and Cultural Sensitivity	Workshop 3	<i>Quiet space</i>
10.45am – 11.05am	Paper 130 <i>Evidence of the important contribution of Australia's residential early parenting programs to comprehensive perinatal mental health care</i> Karin Stanzel, Jane Fisher, Alice Dwyer, Anne-Marie Maxwell	Paper 122 <i>MERTIL for parents: A pilot study of an attachment- and trauma-informed online parenting program</i> Zoe Cloud	Paper 57 <i>Building knowledge foundations in perinatal mental health: Workforce innovation and collaboration through Queensland's Digital Perinatal Mental Health Screening Program</i> Alicia Chaplain, Jenny Goodwin	Paper 23 <i>Effective strategies for delivering telehealth to First Nations families</i> Julie Borninkhof, Tracey Thompson	Paper 86 <i>What Is 'good enough'? defining therapeutic readiness for infant trauma work in family violence contexts</i> Lauren Vanderzeil, Yvette Alway	
11.05am – 11.25am		Paper 13 <i>Nurturing Care Framework training for new mothers in hospital settings in Tamil Nadu, India</i> Beena Koshy	Paper 103 <i>Facing The Unexpected: A co-designed platform to equip, connect and support professionals to deliver psychosocially responsive care after fetal diagnosis</i> Pieta Shakes	Paper 101 <i>Consulting with First Nations communities to develop text-based support for grieving fathers</i> Richard Fletcher and Craig Hammond		
11.25am – 11.45am		Paper 52 <i>The Pregnancy to Parenthood Model of Care: Evaluation of early dyadic interventions in Australia for families at risk for adversity</i> Rochelle Matacz, Vesna Newman-Morris	Paper 77 <i>Building clinician capacity to engage new mums with online therapies</i> Keryl De Haan	Paper 51 <i>Embedding Cultural Sensitivity and Lived Experience into e-PIMH Telepsychiatry to Navigate Complex Cross-sector Systems</i> Naomi Kikkawa, Nicki Walsh, Craig Heron		

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11.45am – 12.05pm		Paper 90 <i>Costs associated with mother and baby unit admissions in Australia</i> Rebecca Hill	Paper 108 <i>Perinatal Interprofessional Psychosocial Education-Maternity Clinicians (PIPE-MC) A novel simulated skill based education program</i> Louise Everitt	Paper 125 <i>An outreach model to support Aboriginal & Torres Strait Islander, Asylum Seeker, and Refugee women in the perinatal period</i> Bharat Visa		
12.05pm – 12.10pm		Discussion	Paper 47 (Lightning talk) <i>Building Secure Bases: A Relational Approach to Developing the Perinatal Mental Health Workforce</i> Jess Neale	Paper 71 (Lightning talk) <i>Impact of dual transition of immigration and parenthood on Indian Immigrants’ mental health in the perinatal period: A mixed-method study</i> Bridgit Philip		
12.10pm – 12.15pm			Discussion	Discussion		
12.15pm – 1.15pm	Lunch					Grand Ballroom Foyer
12.30pm – 1.15pm	Marce Society AGM					TBC
1.15pm – 2.45pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 & 10</i>
	Symposium 4	Innovative Approaches for Expectant and New Parents	Developmental Risk and Child Outcomes (Part 2)	Perinatal Mental Health: Understanding Breadth and Complexity	Caring for families facing challenges circumstances	<i>Quiet space</i>
1.15pm – 1.35pm	Paper 59 <i>Baby on board: Exploring Infant mental health and dyadic assessment, management and philosophy of practice in Parent infant units</i> Susan Roberts, Kannan Kallapiran, Kayla Hann, Catherine Lazaroo	Paper 50 <i>Reclaiming voice and self: An arts-based discourse analysis of perinatal mental health during high-risk pregnancy</i> Helena Anolak	Paper 69 <i>Developmental risk in the perinatal period: A qualitative exploration of the role of relationships in buffering adverse experiences</i> Clancy Browne, Kathleen Wood	Paper 5 <i>Australian women’s knowledge of identifying emotional wellbeing and experiences of mental health promotion within maternity care. "How do you ask?"</i> Lesley Pascuzzi	Paper 32 <i>Caregiver-child connection following family violence - an empowered approach to therapeutic care</i> Ruby Vadiveloo	
1.35pm – 1.55pm		Paper 63 <i>Creative adventures to parenthood: Exploring identity, psychosocial wellbeing, and community through music and creative arts-based interventions in the antenatal period</i>	Paper 138 <i>Systematic review on preconception paternal alcohol use and offspring development</i> Delyse Hutchinson	Paper 118 <i>Impact of antenatal depression, anxiety and mode of birth on breastfeeding outcomes</i> Sara Cibralic	Paper 127 <i>Protocols for management of risk related to child protection and domestic and family violence across Mother Baby Inpatient Units</i> Rachelle Arnott	

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		Lauren Khalil-Salib, Georgina Williams				
1.55pm – 2.15pm		Paper 93 <i>Father involvement in pregnancy and postnatal care: Combined perspectives of fathers, mothers, and service providers</i> Karen Wynter	Paper 3 <i>Association between paternal perinatal depression, anxiety and stress and child development: A meta-analysis</i> Genevieve Le Bas	Paper 26 <i>Clinicians Navigating Pregnancy and Birth While Working in the Perinatal Field: Experiences, Impacts and Strategies</i> Frances Bilbao, Gabrielle Williams	Paper 45 <i>"It gave her personhood": Experiences of a perinatal intervention for parents experiencing moderate psychosocial adversity (New Technology for New Parents).</i> Alyssa Sawyer	
2.15pm – 2.35pm		Paper 104 <i>A randomised controlled trial of a group-based peer support intervention for men experiencing mental health difficulties in early fatherhood</i> Rebecca Giallo	Paper 106 <i>Associations with long day care attendance in the year before starting school and children's social and emotional development</i> Yasmin Harman-Smith	Paper 4 <i>Social and interpersonal factors associated with perinatal eating and body concerns: A systematic review</i> Madeleine Rhodes	Paper 116 <i>A mixed-methods evaluation of Nurturing Connections</i> Sara Cibralic	
2.35pm – 2.40pm		Paper # 36 (Lightning talk) <i>Finding a place for adult attachment theory in couple-based programs delivered during the perinatal period</i> Mathew Aquilina	Discussion	Paper #96 (Lightning talk) <i>Adolescent patients and the Mother Baby Unit, specific needs and barriers identified</i> Isabelle Sweeney	Discussion	
2.40pm – 2.45pm		Discussion		Discussion		
2.45pm – 3.15pm	Afternoon Tea					Grand Ballroom Foyer
3.15pm – 4.00pm	Keynote Address: 'Scaling' with heart and mind: Supporting the perinatal and infant mental health of regional, rural, and remote communities Associate Professor Jane Kohlhoff , University of New South Wales & Karitane					Grand Ballroom 1 - 4
4.00pm – 4.30pm	PIMH in the 21st Century: How far have we come, and where to next? Dr Rebecca Hill (2025 Marce Award Winner)					Grand Ballroom 1 - 4
4.30pm – 4.45pm	Conference Close					Grand Ballroom 1 - 4