

Thursday, 4 September 2025			
9.00am – 10.30pm	<i>Pre-Conference Workshop: Talking to Dads: Exploring effective communication with fathers</i> Associate Professor Jacqui Macdonald , Australian Fatherhood Research Consortium & Deakin University, Ali Peipers , Plus Paternal Network, Healthy Male and Karen Wynter , Australasian Marce Society & Monash University	<i>Pre-Conference Workshop: Parent-Child Interaction Therapy with Toddlers (PCIT-T): Improving Emotion Regulation and Attachment Relationships</i> Associate Professor Jane Kohlhoff , University of New South Wales & Karitane	<i>Pre-Conference Workshop: Reflective Supervision: What truly matters</i> Patricia O'Rourke , Senior Lecturer, University of Adelaide
10.30am – 11.00am	Morning tea		
11.00am – 12.30pm	Pre-Conference Workshop: Talking to Dads: Exploring effective communication with fathers CONTINUED...	Pre-Conference Workshop: Parent-Child Interaction Therapy with Toddlers (PCIT-T): Improving Emotion Regulation and Attachment Relationships CONTINUED...	Pre-Conference Workshop: Reflective Supervision: What truly matters CONTINUED...
12.30pm – 1.00pm	Self-catered break between morning and afternoon workshops		
1.00pm – 2.30pm	<i>Pre-Conference Workshop: Writing your Journal Article</i> Deborah Sims , RN, RM, Ma (Mid), MPH, Ph.D. (Nursing)	<i>Pre-Conference Workshop: From Practice to Theory and Back: A South African Experience</i> Emerita Associate Professor Astrid Berg , University of Cape Town / University of Stellenbosch	<i>Pre-Conference Workshop: Walking with families: Connecting care across the perinatal loss continuum</i> Facilitated by: The Centre of Research Excellence in Stillbirth
2.30pm – 3.00pm	Afternoon tea		
3.00pm – 4.30pm	Pre-Conference Workshop: Writing your Journal Article CONTINUED...	Pre-Conference Workshop: From Practice to Theory and Back: A South African Experience CONTINUED...	Pre-Conference Workshop: Walking with families: Connecting care across the perinatal loss continuum CONTINUED...
7.00pm	Dinner		

PRESENTERS, TIMINGS AND SESSION ALLOCATIONS ARE SUBJECT TO CHANGE

Friday, 5 September 2025						
8.30am – 9.00am	Official Conference Opening					
9.00am – 9.45am	Plenary Session 1					
9.45am – 10.30am	Plenary Session 2					
10.30am – 11.00am	Morning tea					
11.00am – 12.30pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 & 10</i>
	Symposium	Digital and Online Innovations in Perinatal Care	Parent and Infant Sleep	Developmental Risk and Child Outcomes (Part 1)	Workshop	<i>Quiet space</i>
11.00am – 11.20am	Paper 79 <i>Walking together: Innovative adaption of a perinatal and infant mental health navigation model for First Nations and other families</i> Megan Leuenberger, Joy Makepeace, Alison Cook, Sophia Harris	Paper 120 <i>Using digital tools to enhance your practice - perinatal depression treatment for mothers, fathers and babies</i> Jeanette Milgrom	Paper 72 <i>Perinatal insomnia – a public health priority: Bringing research to practice through the establishment of a specialised parental sleep service</i> Sumedha Verma	Paper 68 <i>Exploring the Long-Term Impacts of Perinatal Developmental Risk on Symptomatology and Functioning in Middle Childhood</i> Clancy Browne	Paper 64 <i>Creative Beginnings: Exploring Perinatal and Infant Mental Health through Creative Arts and Music Therapy</i> Emma van Daal, Lauren Khalil-Salib, Helena Anolak, Tanya Voges, Georgina Williams	
11.20am – 11.40am		Paper 114 <i>Supporting perinatal mental health in Austria: adapting and testing an Australian online self-screening tool for perinatal anxiety and depression</i> Jean Paul	Paper 70 <i>Treating perinatal insomnia: A clinical trial to reduce insomnia among first-time parents through cognitive behavioural therapy and light dark therapy</i> Sumedha Verma	Paper 137 <i>Parental Cannabis Use During Preconception and Pregnancy: Longitudinal Associations with Infant Birth Outcomes.</i> Delyse Hutchinson		
11.40am – 12.00pm		Paper 14 <i>Ma(t)ter Project: A system-wide initiative for early identification and intervention in perinatal mental health through integrated care and digital innovation</i> Teresa Reis	Paper 48 <i>Experiences of co-sleeping in western society: the impact of socio-cultural interactions</i> Sarah Kruse	Paper 42 <i>How does an infant's experience of neonatal intensive care impact the connection and relationships they can form with significant others?</i> Natalie Duffy		
12.00pm – 12.20pm		Paper 135 <i>Experiences of digital perinatal mental health screening and psychosocial assessment: capturing the perspectives of health care professionals</i> Nicole Reilly	Paper 62 <i>Why do families discontinue behavioural sleep interventions, and what works when conventional approaches fall short?</i> Brooke van Zanden	Paper 89 <i>"When she looked at me, I was a trigger": How misattributed paternity affects childhood development and family functioning (adult perspectives)</i> Alyona Cerfontyne		

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12.20pm – 12.30pm		Discussion	Discussion	Discussion		
12.30pm – 1.15pm	Lunch and AAIMH AGM					
1.15pm – 2.45pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 & 10</i>
	Symposium	Navigating Mental Health Challenges: Predictors and Pathways	Caring for parents who experience Perinatal Loss or Infant Illness	Training, Education, and Building Workforce Capacity (Part 1)	Workshop	<i>Quiet space</i>
1.15pm – 1.35pm	Paper 87 <i>Breaking the Cycle: Rigorous Evaluations for Disrupting Intergenerational Disadvantage</i> Alice Dwyer, Anne-Marie Maxwell, Anna Price, Jane Kohlhoff, Anna Lopatnikova	Paper 46 <i>Rates of perinatal relapse or recurrence in women with preconception anxiety and/or depression and their associated risk factors</i> Celia Rae	Paper 29 <i>Grief, Trauma and Attachment: An Integrated Approach to Perinatal Loss Therapy and Training</i> Bronwyn Leigh	Paper 128 <i>Building Capacity in Infant Mental Health: A Team-Based Reflective Practice and Apprenticeship Model</i> Jarrold Holst	Paper 19 <i>Identifying Implementation Strategies to Increase Uptake of Evidence-Based Interventions in Prenatal Care: Case Example of a Postpartum Depression Prevention Intervention</i> Ellen Poleshuck	
1.35pm – 1.55pm		Paper 7 <i>Perception of safety in childbirth: pregnancy predictors of women’s experiences during childbirth</i> Karen Wynter	Paper 133 <i>"I still kept searching for information" Translating clinical guidelines for parents: National resources for early pregnancy loss and subsequent pregnancies</i> Siobhan Loughnan	Paper 98 <i>Vicarious trauma management for perinatal and infant mental health clinicians: developing an approach</i> Anna Norris		
1.55pm – 2.15pm		Paper 113 <i>The trajectory of perceived partner support during the perinatal period for women with and without depression</i> Irene Bobevski	Paper 126 <i>Holding Space for the Healers: Promoting Wellbeing in Perinatal Loss Care</i> Ann Lancaster	Paper 88 <i>Bringing the baby into a public mental health setting: a service-wide approach to relationships</i> Catherine Acton		
2.15pm – 2.35pm		Paper 118 <i>Impact of antenatal depression, anxiety and mode of birth on breastfeeding outcomes</i> Sara Cibralic	Paper 136 <i>The complexity of working with distressed parents within a paediatric context when the infant is the referred patient</i> Campbell Paul	Paper 56 <i>Learning needs of Perinatal & Infant Mental Health Nurses (PIMHN)s caring for infants</i> Cate Teague		
2.35pm – 2.40pm		Discussion	Discussion	Paper 124 (Lightning talk) <i>Planning for better support beyond birth. The launch of an exciting new framework for General Practitioners</i> Rikki Priest		
2.40pm – 2.45pm				Discussion		
2.45pm – 3.30pm	Afternoon Tea, Poster Showcase and AAIMH AGM					

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3.30pm – 3.50pm	Announcement: Australian Alliance for Perinatal Mental Health
3.50pm – 4.35pm	Plenary Session 3
4.35pm – 5.05pm	Marce Medal Winner Address 1
5.05pm – 5.10pm	Closing Comments
5.15pm – 7.15pm	Networking Function

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Saturday, 6 September 2025						
8.30am – 8.45am	Opening					
8.45am – 9.30am	Plenary Session 4 (Virtual)					
9.30am – 10.15am	Plenary Session 5					
10.15am – 10.45am	Morning tea					
10.45am – 12.15pm	Concurrent sessions					
	Room: Grand 1/2	Room: Grand 3/4	Room: Grand 5	Room: Grand 6	Room: Element	Room: Meeting room 9 & 10
	Symposium	Prioritising Parent-Infant Relationship and Attachment	Training, Education, and Building Workforce Capacity (Part 2)	First Nations Perspectives and Cultural Sensitivity	Workshop	Quiet space
10.45am – 11.05am	Paper 130 <i>Evidence of the important contribution of Australia's residential early parenting programs to comprehensive perinatal mental health care</i> Karin Stanzel, Jane Fisher, Alice Dwyer	Paper 122 <i>MERTIL for Parents: A Pilot Study of an Attachment- and Trauma-Informed Online Parenting Program</i> Zoe Cloud	Paper 57 <i>Building knowledge foundations in Perinatal Mental Health: Workforce Innovation and Collaboration through Queensland's iCOPE Program</i> Alicia Chaplain	Paper 23 <i>Effective strategies for delivering telehealth to First Nations families</i> Bec Schafer	Paper 86 <i>What Is 'Good Enough'? Defining Therapeutic Readiness for Infant Trauma Work in Family Violence Contexts</i> Lauren Vanderzeil, Yvette Alway	
11.05am – 11.25am		Paper 102 <i>Disrupted mother-infant synchrony in the context of childbirth post-traumatic stress disorder</i> Alysha-leigh Fameli	Paper 103 <i>Facing The Unexpected: A co-designed platform to equip, connect and support professionals to deliver psychosocially responsive care after fetal diagnosis</i> Pieta Shakes	Paper 101 <i>Consulting with First Nations communities to develop text-based support for grieving fathers</i> Richard Fletcher		
11.25am – 11.45am		Paper 52 <i>The Pregnancy to Parenthood Model of Care: Evaluation of early dyadic interventions in Australia for families at risk for adversity</i> Vesna Newman-Morris	Paper 77 <i>Building clinician capacity to engage new mums with online therapies</i> Keryl De Haan	Paper 51 <i>Embedding Cultural Sensitivity and Lived Experience into e-PIMH Telepsychiatry to Navigate Complex Cross-sector Systems</i> Naomi Kikkawa		
11.45am – 12.05pm		Paper 90 <i>Costs associated with mother and baby unit admissions in Australia</i> Grace Branjerdporn	Paper 108 <i>Perinatal Interprofessional Psychosocial Education-Maternity Clinicians (PIPE-MC) A Novel Simulated Skill Based Education Program</i> Louise Everitt	Paper 13 <i>Nurturing Care Framework training for new mothers in hospital settings in Tamil Nadu, India</i> Beena Koshy		
12.05pm – 12.10pm		Paper 116	Paper 93	Paper 71 (Lightning talk)		

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		<i>A mixed-methods evaluation of Nurturing Connections</i> Sara Cibralic	<i>Father Involvement in Pregnancy and Postnatal Care: Combined Perspectives of Fathers, Mothers, and Service Providers</i> Karen Wynter	<i>Impact of Dual Transition of Immigration and Parenthood on Indian Immigrants' Mental Health in the Perinatal Period: A Mixed-Method Study</i> Bridgit Philip		
12.10pm – 12.25pm				Discussion		
12.25pm – 1.15pm	Lunch and Marce Society AGM					
1.15pm – 2.45pm	Concurrent sessions					
	<i>Room: Grand 1/2</i>	<i>Room: Grand 3/4</i>	<i>Room: Grand 5</i>	<i>Room: Grand 6</i>	<i>Room: Element</i>	<i>Room: Meeting room 9 & 10</i>
	Symposium	Innovative Approaches for Expectant and New Parents	Developmental Risk and Child Outcomes (Part 2)	Perinatal Mental Health: Understanding Breadth and Complexity	Workshop	<i>Quiet space</i>
1.15pm – 1.35pm	Paper 59 <i>Baby on board: Exploring Infant mental health and dyadic assessment, management and philosophy of practice in Parent infant units</i> Susan Roberts, Kannan Kallapiran, Kayla Hann, Catherine Lazaroo	Paper 50 <i>Reclaiming Voice and Self: An Arts-Based Discourse Analysis of Perinatal Mental Health During High-Risk Pregnancy</i> Helena Anolak	Paper 69 <i>Developmental Risk in the Perinatal Period: A qualitative exploration of the role of relationships in buffering adverse experiences</i> Clancy Browne	Paper 5 <i>Australian women's knowledge of identifying emotional wellbeing and experiences of mental health promotion within maternity care. "How do you ask?"</i> Lesley Pascuzzi	Paper 85 <i>Holding the Infant, Holding the Practitioner: Integrating CSI and TISS in Practice and Supervision</i> Robyn Kemble, Fiona Oates	
1.35pm – 1.55pm		Paper 63 <i>Creative Adventures to Parenthood: Exploring Identity, Psychosocial Wellbeing, and Community through Music and Creative Arts-based interventions in the Antenatal Period</i> Lauren Khalil-Salib	Paper 138 <i>Systematic Review on Preconception Paternal Alcohol Use and Offspring Development</i> Delyse Hutchinson	Paper 33 <i>"It's all in your head": A qualitative exploration into the help seeking experiences of women suffering postpartum psychosis in Australia</i> Donna McMahon		
1.55pm – 2.15pm		Paper 45 <i>"It gave her personhood": Experiences of a perinatal intervention for parents experiencing moderate psychosocial adversity (New Technology for New Parents).</i> Alyssa Sawyer	Paper 106 <i>Associations with long day care attendance in the year before starting school and children's social and emotional development</i> Yasmin Harman-Smith	Paper 17 <i>Holding the Whole: Creating Containing Spaces for Neurodivergent Mothers, Infants, and Partnerships in the Perinatal Period</i> Aimee-Jade Pember		
2.15pm – 2.35pm		Paper 104 <i>A randomised controlled trial of a group-based peer</i>	Paper 21 <i>Reclaiming the Infant in Child Protection: A Feminist</i>	Paper 4 <i>Social and Interpersonal Factors Associated with</i>		

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		<i>support intervention for men experiencing mental health difficulties in early fatherhood</i> Rebecca Giallo	Relational Reframing of Practice Robyn Kemble	<i>Perinatal Eating and Body Concerns: A Systematic Review</i> Madeleine Rhodes		
2.35pm – 2.40pm		Paper # 36 (Lightning talk) <i>Finding a place for adult attachment theory in couple-based programs delivered during the perinatal period</i> Mathew Aquilina	Discussion	Paper #96 (Lightning talk) <i>Adolescent Patients and the Mother Baby Unit, Specific Needs and Barriers Identified</i> Isabelle Sweeney		
2.40pm – 2.45pm		Discussion		Discussion		
2.45pm – 3.15pm	Afternoon Tea					
3.15pm – 4.00pm	Plenary Session 6					
4.00pm – 4.30pm	Marce Medal winner address 2					
4.30pm – 4.45pm	Conference Close					