

# Stream overview

See which room each stream is in at a glance

## Thursday 29 October 2026

| Time              | Ballroom                                             | Swan                           | Murray              | Fitzroy                        | Torrens             |
|-------------------|------------------------------------------------------|--------------------------------|---------------------|--------------------------------|---------------------|
| 9.00am - 10.30am  | Welcome<br>Opening Keynote:<br>Michael Milton OAM    |                                |                     |                                |                     |
| 10.30am - 11.00am |                                                      | Morning tea                    |                     |                                |                     |
| 11.05am - 12.30pm | Approaches to practice -<br>Food-based interventions | Functional outcomes            | Family-centred care | Emerging & innovative practice | Workplace wellbeing |
| 12.30pm - 1.30pm  |                                                      | Lunch                          |                     |                                |                     |
| 1.35pm - 3.30pm   | Forensic populations                                 | MIEACT “Do No Harm” workshop   | Student education   | Sexual health                  | Sensory modulation  |
| 3.30pm - 4.00pm   |                                                      | Afternoon tea                  |                     |                                |                     |
| 4.05pm - 5.00pm   | Occupied LIVE!                                       |                                |                     |                                |                     |
| 5.15pm - 6.45pm   |                                                      | Welcome Reception - Main foyer |                     |                                |                     |

## Friday 30 October 2026

| Time              | Ballroom                                                    | Swan                    | Murray       | Fitzroy          | Torrens                |
|-------------------|-------------------------------------------------------------|-------------------------|--------------|------------------|------------------------|
| 8.45am - 10.05am  | OTA Presentation<br>Opening Keynote:<br>Dr Penelope Mathew  |                         |              |                  |                        |
| 10.05am - 10.35am |                                                             | Morning tea             |              |                  |                        |
| 10.40am - 12.05pm | Service development                                         | Family-centred practice | Nature based | Community        | Approaches to practice |
| 12.05pm - 1.05pm  |                                                             | Lunch                   |              |                  |                        |
| 1.10pm - 2.35pm   | Inpatient                                                   | Trauma                  | Workforce    | Eating disorders | Approaches to practice |
| 2.40pm - 4.00pm   | Closing Keynote:<br>Dr Tahnee Bridson<br>Conference wrap up |                         |              |                  |                        |

# Room deep dive

See detailed presentation information by room

## Ballroom

| Thursday 29 October 2026 |                                                   |                                                                                                                              |                  |
|--------------------------|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------|
| Time                     | Topic                                             | Session title                                                                                                                | Presenter        |
| 11.05am - 11.30am        | Approaches to practice - Food-based interventions | Preparing occupational therapists for safe, stigma free eating disorder practice                                             | Genevieve Pepin  |
| 11.35am - 12:00pm        |                                                   | Addressing food insecurity through occupational therapy: Community mental health co-designed, multidisciplinary intervention | Lauren Nicholson |
| 12.05pm - 12.30pm        |                                                   | From recipes to rehabilitation: Meal preparation in eating disorder rehabilitation                                           | Chelsea Grant    |
| 1.35pm - 2.00pm          | Forensic populations                              | Experiences of occupational therapists enhancing forensic patients' use of everyday digital technology                       | Amie Alford      |
| 2.05pm - 2.30pm          |                                                   | Building bridges in isolation: Developing a forensic occupational therapy community of practice                              | Leon Yu          |
| 2.35pm - 3.00pm          |                                                   | Environmental change and occupational participation in forensic mental health: Service user narratives                       | Samantha Lo      |
| 3.05pm - 3.30pm          |                                                   | Understanding occupational roles in a prison context                                                                         | Ailsa Traves     |
| Friday 30 October 2026   |                                                   |                                                                                                                              |                  |
| Time                     | Topic                                             | Session title                                                                                                                | Presenter        |
| 10.40am - 11.05am        | Service development                               | Evaluation of the co-lead crisis support space in major Australian public hospitals                                          | Jessica Levick   |
| 11.10am - 11.35am        |                                                   | Volunteering rather than talking about it: Creating motivation for change                                                    | Jane Dewing      |
| 11.40am - 12.05pm        |                                                   | Occupational therapy in public community mental health: A service development model                                          | Amy Veitch       |
| 1.10pm - 1.35pm          | Inpatient                                         | OT role in reducing restrictive intervention: From theory to practice                                                        | Heidi Russell    |
| 1.40pm - 2.05pm          |                                                   | Building beyond bricks: Codesigning the evaluation of a new Mental Health Unit                                               | Simon Leadley    |
| 2.10pm - 2.35pm          |                                                   | Developing occupational therapy groups to support recovery in older adults' mental health                                    | Caitlyn Abbott   |

## Swan

### Thursday 29 October 2026

| Time              | Topic                        | Session title                                                                                           | Presenter             |
|-------------------|------------------------------|---------------------------------------------------------------------------------------------------------|-----------------------|
| 11.05am - 11.30am | Functional outcomes          | Applying the Allen Cognitive Disability Model in mental health occupational therapy practice (Workshop) | Loren Pordage         |
| 11.35am - 12:00pm |                              |                                                                                                         |                       |
| 12.05pm - 12.30pm |                              | Interventions that improve functional outcomes in Community Care Units: Scoping evidence review         | Sophie Hercus         |
| 1.35pm - 2.00pm   | MIEACT “Do No Harm” workshop | “Do No Harm” workshop                                                                                   | Riley Watson - MIEACT |
| 2.05pm - 2.30pm   |                              |                                                                                                         |                       |
| 2.35pm - 3.00pm   |                              |                                                                                                         |                       |
| 3.05pm - 3.30pm   |                              |                                                                                                         |                       |

### Friday 30 October 2026

| Time              | Topic                   | Session title                                                                                       | Presenter                |
|-------------------|-------------------------|-----------------------------------------------------------------------------------------------------|--------------------------|
| 10.40am - 11.05am | Family-centred practice | Working with families: Using genograms and timelines in occupational therapy practice (Workshop)    | Laura Hawkins            |
| 11.10am - 11.35am |                         |                                                                                                     |                          |
| 11.40am - 12.05pm |                         | Applying family-centred practice in mental health services for people with intellectual disability  | Madeline Carne           |
| 1.10pm - 1.35pm   | Trauma                  | The lived experience of adults with sexual violence related post-traumatic stress disorder          | Tracey Partridge-Tricker |
| 1.40pm - 2.05pm   |                         | Occupational therapist led sensory modulation training for nurses in an inpatient ward              | Victoria Ford            |
| 2.10pm - 2.35pm   |                         | Setting the standard: A clinical capability framework for occupational therapy-led sensory practice | Emma Martin              |

## Murray

### Thursday 29 October 2026

| Time              | Topic               | Session title                                                                                              | Presenter       |
|-------------------|---------------------|------------------------------------------------------------------------------------------------------------|-----------------|
| 11.05am - 11.30am | Family-centred care | Experience 'Building Blocks': A mother-infant attachment-focused group program                             | Elia McNamee    |
| 11.35am - 12:00pm |                     | Breastfeeding and sensory modulation: An eDelphi study to support assessment and intervention              | Pamela Meredith |
| 12.05pm - 12.30pm |                     | Clinicians' experiences delivering session-by-session therapy in youth mental health: An qualitative study | Claire Pearce   |
| 1.35pm - 2.00pm   | Student education   | Mental health and well-being of occupational therapy students: A photo-elicitation study                   | Shalini Lal     |
| 2.05pm - 2.30pm   |                     | Student-resourced OT clinics: Supporting capacity, scope, and access in public mental health               | Karen Russell   |
| 2.35pm - 3.00pm   |                     | From fear to empathy: Student perceptions of co-produced mental health education                           | Breanna Cave    |
| 3.05pm - 3.30pm   |                     | Physical or mental health - should we divide? Implications for student education                           | Claire Pearce   |

### Friday 30 October 2026

| Time              | Topic        | Session title                                                                                           | Presenter         |
|-------------------|--------------|---------------------------------------------------------------------------------------------------------|-------------------|
| 10.40am - 11.05am | Nature based | Rebuilding life after bushfire: An autoethnography reflection                                           | Helen Harrington  |
| 11.10am - 11.35am |              | Occupational therapy in disaster recovery: Trauma informed family and individual support                | Adam Lo           |
| 11.40am - 12.05pm |              | Nature-based occupational therapy to support mental health and participation in autistic adults         | Shannon Kara      |
| 1.10pm - 1.35pm   | Workforce    | Navigating complexity in a constrained system: Occupational therapists' experiences under Better Access | Arabella Hely     |
| 1.40pm - 2.05pm   |              | Exploring the experiences of occupational therapists in mental health practice                          | Laura Di Clemente |
| 2.10pm - 2.35pm   |              | Introducing an occupational therapy assistant team: Was it worth it?                                    | Natalie Meissner  |

Fitzroy

| Thursday 29 October 2026 |                                |                                                                                                              |                          |
|--------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------|
| Time                     | Topic                          | Session title                                                                                                | Presenter                |
| 11.05am - 11.30am        | Emerging & innovative practice | From research-curious to research-confident: Your next move in mental health occupational therapy (Workshop) | Melissa Aguey-Zinsou     |
| 11.35am - 12:00pm        |                                |                                                                                                              |                          |
| 12.05pm - 12.30pm        |                                | Occupational therapy research and translation: Bridging the research-practice gap                            | Eleanor Takin            |
| 1.35pm - 2.00pm          | Sexual health                  | Practical conversations about sexual health in mental health occupational therapy practice (Workshop)        | Emilie Chong             |
| 2.05pm - 2.30pm          |                                |                                                                                                              |                          |
| 2.35pm - 3.00pm          |                                | Sexual wellbeing and mental health: Why occupational therapy matters                                         | Claire Lynch             |
| 3.05pm - 3.30pm          |                                | Implementing sexual safety in inpatient mental health: Staff perspectives on training                        | Karen Joy Dixon          |
| Friday 30 October 2026   |                                |                                                                                                              |                          |
| Time                     | Topic                          | Session title                                                                                                | Presenter                |
| 10.40am - 11.05am        | Community                      | Occupation-based interventions to facilitate recovery from psychological trauma: A scoping review            | Tracey Partridge-Tricker |
| 11.10am - 11.35am        |                                | Connection through occupation in people experiencing homelessness                                            | Stefanie Pearce          |
| 11.40am - 12.05pm        |                                | Consumer preferences for community mental health case management: A discrete choice experiment               | Alice Wang               |
| 1.10pm - 1.35pm          | Eating disorders               | Strengthening occupational therapy practice in eating disorder prevention and care (Workshop)                | Rachel Knight            |
| 1.40pm - 2.05pm          |                                |                                                                                                              |                          |
| 2.10pm - 2.35pm          |                                | Occupational therapy in eating disorder treatment: Advancing recovery oriented practice                      | Jasmin Watson            |

## Torrens

### Thursday 29 October 2026

| Time              | Topic               | Session title                                                                                                   | Presenter          |
|-------------------|---------------------|-----------------------------------------------------------------------------------------------------------------|--------------------|
| 11.05am - 11.30am | Workplace wellbeing | Building belonging and early support: Community-building third spaces for campus mental well-being              | Carina Tjörnstrand |
| 11.35am - 12:00pm |                     | Occupation-centered strategies for mentally healthy workplaces: Function, wellbeing, participation and practice | Mara Taouk         |
| 12.05pm - 12.30pm |                     | TBC                                                                                                             | TBC                |
| 1.35pm - 2.00pm   | Sensory modulation  | Exploring sensory approaches in mental health through descriptions of professional reasoning                    | Alexandra Kearney  |
| 2.05pm - 2.30pm   |                     | Occupational therapy leadership in implementing sensory modulation across inpatient mental health services      | Gilbert Azuela     |
| 2.35pm - 3.00pm   |                     | Inclusive sensory assessment tool for adults in intellectual disability mental health service                   | Danielle Staltari  |
| 3.05pm - 3.30pm   |                     | Volition as mediator between sensory processing and occupational participation in psychosocial disability       | Pam Meredith       |

### Friday 30 October 2026

| Time              | Topic                  | Session title                                                                                                    | Presenter      |
|-------------------|------------------------|------------------------------------------------------------------------------------------------------------------|----------------|
| 10.40am - 11.05am | Approaches to practice | Valuing occupational formulation: Occupational therapists' perspectives                                          | Lorrae Mynard  |
| 11.10am - 11.35am |                        | Balancing occupational deprivation, performance and risk with complex mental health clients                      | Julie Yule     |
| 11.40am - 12.05pm |                        | Peer-to-peer connections, their role in mental health recovery: Reflections for occupational therapists          | Nicola Hancock |
| 1.10pm - 1.35pm   |                        | Standardising functional assessment reporting in mental health occupational therapy                              | Leon Yu        |
| 1.40pm - 2.05pm   |                        | Is an occupational therapy psychosocial role valuable within a suicide prevention team?                          | Angela Breed   |
| 2.10pm - 2.35pm   |                        | Recovery-oriented, trauma-informed group reflective practice: A prospective exploration of compassion and growth | Naomi Parkes   |