



**WESTERN SYDNEY**  
UNIVERSITY



# **Conversations that matter**

## **How do we care for the psychosocial needs of people with pressure injury?**

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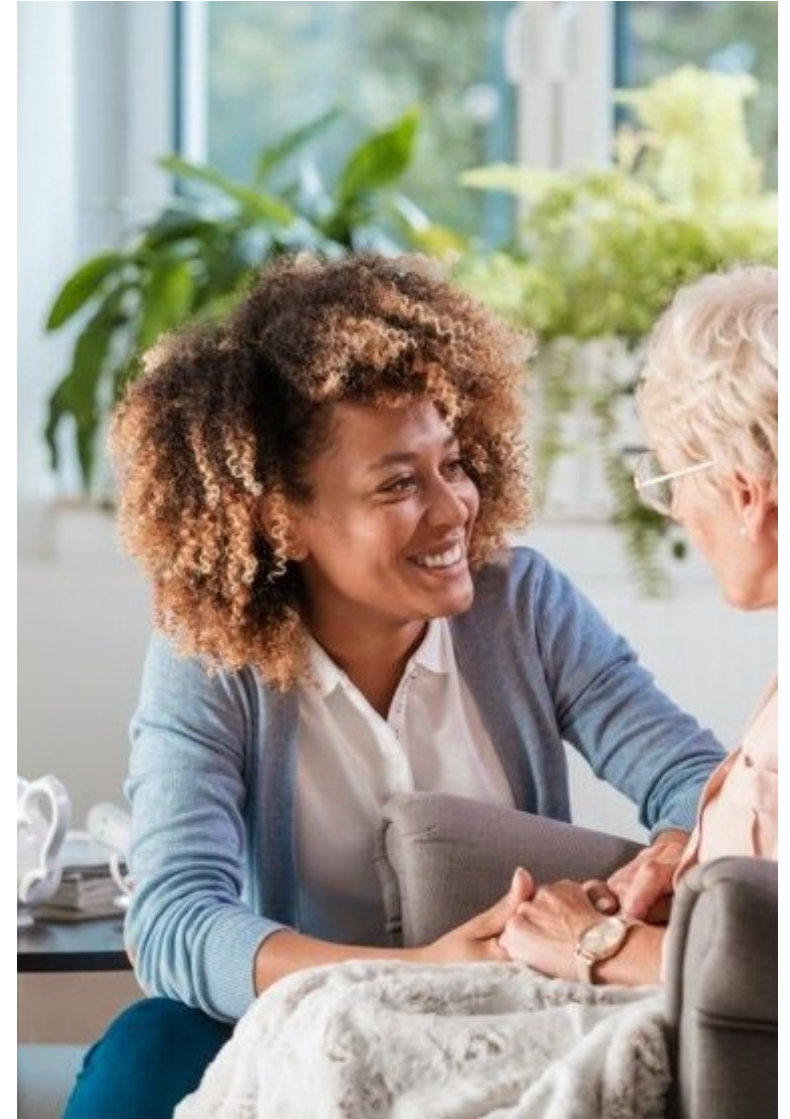
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# Background

- Lived experience of pressure injury is described as a journey of grief, loss, and disempowerment
- Clinical guidelines are biomedical and focused on institutional care
- Lack of information to guide psychosocial occupational therapy interventions for people living with PI at home



# Themes describing the experience of living with pressure injury in the community

Occupational  
Deprivation

Pain, sleep  
deprivation & smell

Fear, anxiety &  
uncertainty

Finding a way to cope with grief  
for the loss of your life, autonomy,  
body & function.

Learning health self  
efficacy & occupational  
balance

Trust, competence shared  
decision making, &  
continuity of care from  
health professionals

# Aim

**Brainstorm ways to ensure occupational therapy scope of practice supports psychosocial health for people living with pressure injury**

**Draw on our shared pressure injury and mental health expertise to generate intervention strategies**

**Share strategies**



# Discussion Questions

1. How do occupational therapists reduce occupational deprivation?
2. What strategies could occupational therapists utilise for people on bedrest for extended periods?
3. How do we support psychosocial wellbeing of people living with pressure injury?
4. How do we advocate for shared decision making, continuity of care and good communication?

**Occupational  
therapy to  
support  
psychosocial  
support  
strategies for  
people living  
with pressure  
injury**

**Reducing Occupational  
Deprivation**

**Strategies for Bed Rest**

**Supporting Psychosocial  
Wellbeing**

**Strategies for Advocacy**

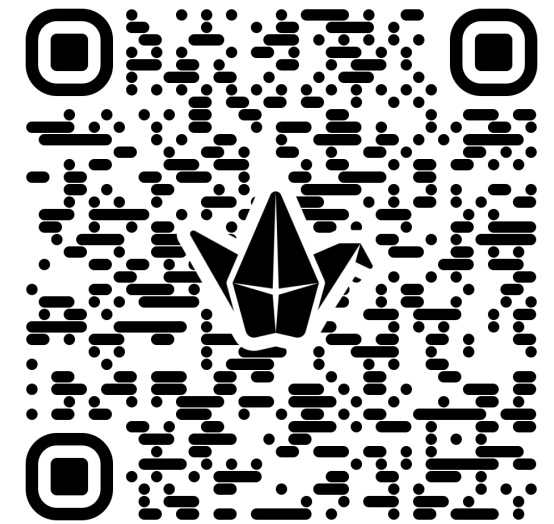
**What tools,  
skills or  
resources do  
occupational  
therapists  
need?**





What will  
you take  
from today  
back to your  
practice?

# Practice Pledge Wall





# Have your say!

**Take the pressure injury management survey. Improve outcomes in the NDIS.**

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This project has been approved by the University's Human Research Ethics Committee, Approval No. H-2022-0320. Image credit: Elevate.



Thank  
you!!



# Want to get involved?

Email us

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