

Long-COVID A GPs perspective

with Medical Director Dr Bryan Betty



The Royal New Zealand College of General Practitioners Te Whare Tohu Rata o Aotearoa

The scale of general practice

- 5,600 members working across 1,000 practices.
- Specialist general practitioners are the first point of contact for the majority of community healthcare concerns.
- Specialise in uncertainly, and undifferentiated medical, and mental health issues.
- In 2020, there were 20,500,000 contacts with general practice.





A PORTRAIT OF NEW ZEALAND'S GP WORKFORCE



Info from 2020 Workforce Survey

Long-COVID and general practice

- Important that care is targeted to those with Long-COVID, as opposed to those who are anxious, or attributing symptoms to it: the 'grey' of general practice
- Urgent that place of serology is clarified especially for those who have not tested positive to RAT or PCR.
- We need clear, consistent guidance on diagnosing and treating Long-COVID: most contact will happen at GP clinics.
- An increase of consultations on Long-COVID will add pressure to an already stretched and fatigued workforce.

Any questions?



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