

# Wishbone Relay

## Fishbone Auckland



*Join the Journey - Support Orthopaedic Innovation*



### Trip Highlights

- Fishing saltwater or fresh...boats, banks or beaches - the choice is yours!
- Spend a day fishing your local favourite spot or try somewhere new with colleagues, friends & family
- BYO vessel - or jump aboard where space is available
- Zoom in with your catch and funny fishy tales at the end of the day

### What's It All For?

Wishbone have funded NZ based orthopaedic research for over 25 years & this research then improves NZ patient outcomes and transforms lives through increased mobility & quicker patient recovery time. Orthopaedic surgeons and outdoor adventurers Perry Turner and Ian Galley have worked with local coordinators to offer adventures then length of NZ - all aiming to raise both awareness and funds needed for this orthopaedic research.

The sections hosted by Invercargill Hospital start mid-January 2024 and the Wishbone Relay finishes in late March 2024 with a gala dinner & sporting events hosted by Auckland surgeons.

The locally run & sponsored journeys create an opportunity for the orthopaedic community from all over NZ to come together, get active & support Wishbone by walking, biking, paddling, sailing and more!

Colleagues, friends & family ... everyone moving together to support orthopaedic research and helping Kiwis by restoring function and quality of life.

### Logistics

**Date:** Saturday 16 March 2024

**Duration:** Day/self-determined length (leave time to change for the Auckland Gala dinner that evening!)

**Start:** Start any time after midnight Friday 15 March

**Finish:** Zoom weigh-in 3-4pm Saturday 16 March

**Vessel:** Commercial charter, private boat/yacht, kayaks etc all allowed. Boat sharing option at rego. site

**Activities:** Fishing (with a chance of tall tails...)

**Accommodation:** Self manage – see link below

**Cost:** \$100pp (\$250 family) daily Wishbone Donation - BYO snacks & drinks/coordinate with fellow fishers

**How To Book:** Dedicated booking portal live July 2023

**Notes:** Sat 16 March forecast-Sunrise 7.19am Low tide 6.53am - moon waxing crescent

# Wishbone Relay

## Fishbone Auckland

 Wishbone Orthopaedic  
Research Foundation  
of New Zealand



*Join the Journey - Support Orthopaedic Innovation*



### Links

Zoom weigh in link will be provided to registered participants & posted here closer to event

<https://www.aucklandnz.com/explore?category=Stay>

<https://www.fishing.net.nz/fishing-advice/bite-times/>

<https://www.aucklandforkids.co.nz/10-best-fishing-spots-in-auckland-for-kids/>



# Wishbone Relay

## Fishbone Auckland



*Join the Journey - Support Orthopaedic Innovation*



### Hosts & Escorts

Perry & Ian have set themselves the challenge of completing as many of the legs as possible with you and they are both pouring vast amounts of time & energy into organising this Wishbone Relay - Why?

*"My main motivation was to bring all those involved in care of our patients together and share what orthopaedic surgery is achieving in NZ with the public.*

*I want to help bring us together in a fun activity and common goal." - Ian*

*"This is an opportunity for myself and my family to give back to a job and career that has given us so much." - Perry*

On this leg they pass the baton to local host **Bill Farrington**.

For any questions about the day, please contact him directly: [wjfarrington@mac.com](mailto:wjfarrington@mac.com) 021 221 4002

If you have any other questions about The Wishbone Foundation, fundraising ideas or just want to get in touch – please email the Events Manager Nikki Wright: [nikki@nzoa.org.nz](mailto:nikki@nzoa.org.nz) or Vanya Schoeler: [vanya@nzoa.org.nz](mailto:vanya@nzoa.org.nz)

### Fundraising

All travel and trip related costs are to be met by the individual taking part.

A participant donation to Wishbone of \$100 per day (\$250 per family) will go directly into the research funding pot – but of course it'd be awesome if you can pick up the baton & do more!  
Donations can be made at any time via this [Wishbone Foundation Link](#). You will receive an automated receipt & donations from individuals over \$5 are eligible for a tax credit.

Perhaps get friends, family & colleagues to sponsor you on your Wishbone Journey?  
Many other hospitals along the route will be hosting public events - check on the NZOA website or with your own orthopaedic department & join in.

We'll be posting Relay updates regularly - so even if getting to an event is not possible, you'll be able to follow the fun on the [New Zealand Orthopaedic Association website](#).

### Health & Safety

Participation equals self-management.

To get the most out of your adventure, please pack carefully for our changeable NZ outdoors and check/test any equipment beforehand.  
If the weather or other unforeseeable events make the planned event untenable, we reserve the right to change venue or plan at short notice & will let you know via all available communication channels.

