

# TOURISM GUIDE

## SOUTH AUSTRALIA



## ACKNOWLEDGEMENT OF COUNTRY

Aboriginal people have made and continue to make a unique and irreplaceable contribution to the state of South Australia.

The South Australian Government acknowledges and respects Aboriginal people as the state's first people and nations and recognises Aboriginal people as the traditional owners and occupants of land and waters. The South Australian Government acknowledges that the spiritual, social, cultural, and economic practices of Aboriginal people come from their traditional lands and waters, and that Aboriginal people maintain cultural and heritage beliefs, languages and laws which are of ongoing importance today.



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## WELCOME TO SOUTH AUSTRALIA

Welcome to Adelaide, South Australia. We are excited to be hosting you in our beautiful state and invite you to explore the city. Adelaide is bursting with culture, flavours, events and entertainment. A culinary hub with a focus on local and sustainable ingredients, its celebrated eateries feature food and beverages from across regional South Australia. Taste the freshest fare in menus as laid-back or lavish as you like.

Discover a range of bars and restaurants set in stunning locations, among them rooftops and art-filled alleyways. World-class wines, boutique beer and a thriving craft spirit scene are on offer too. Renowned wine regions including the Barossa, Adelaide Hills and McLaren Vale are within easy reach and ideal to enjoy on a day trip.

South Australia's capital is designed for exploring and home to some of the most vibrant and culturally diverse festivals in the country: celebrations loved for their inclusive spirit and sense of fun. Sparkling suburban beaches or the lush Adelaide Botanic Garden offer a chance to cool off in the summer heat. Adelaide is synonymous with festivity and its vivacious energy and leisurely vibe make it an exciting place to enjoy any time of year.



GEOGRAPHIC NOTES

South Australia is located in the southern part of Australia. It is a land of vast plains, low uplands and extensive salt and clay-encrusted lake beds.

Based in the southeast of South Australia, Adelaide is the fifth-largest capital city in Australia. With a population of more than 1.4 million people, the city is surrounded by sun-soaked beaches, lush wine regions and arid landscapes.

See next page to explore a map of South Australia.

WEATHER

Adelaide has a Mediterranean climate, with long, hot and dry summers. Winters have no snow and mild to cool temperatures. Adelaide enjoys the lowest humidity of any Australian city. Summers are hot and dry with little to no rainfall.

There is very little rainfall in autumn, with temperatures often between 12° and 22°C. Adelaide takes on a red, orange and golden hue as much of the flora changes during this season.

Winter temperatures drop to between 8° and 16°C, with frost being very common in the early mornings. June is the wettest month, with winter generally remaining quite dry.

Spring sees the weather warm up – crisp and cool mornings give way to warm, sunny afternoons and incredible sunsets. Temperatures tend to drop early in the evening at this time of year.

**Weather\***

**Spring** September–November  
11.8°C–22.2°C

**Summer** December–February  
16.8°C–28.8°C

**Autumn** March–May  
12.7°C–22.8°C

**Winter** June–August  
8°C–16°C

\*Mean daily temperature range for Adelaide.  
Source Bureau of Meteorology.

CITY LIFE

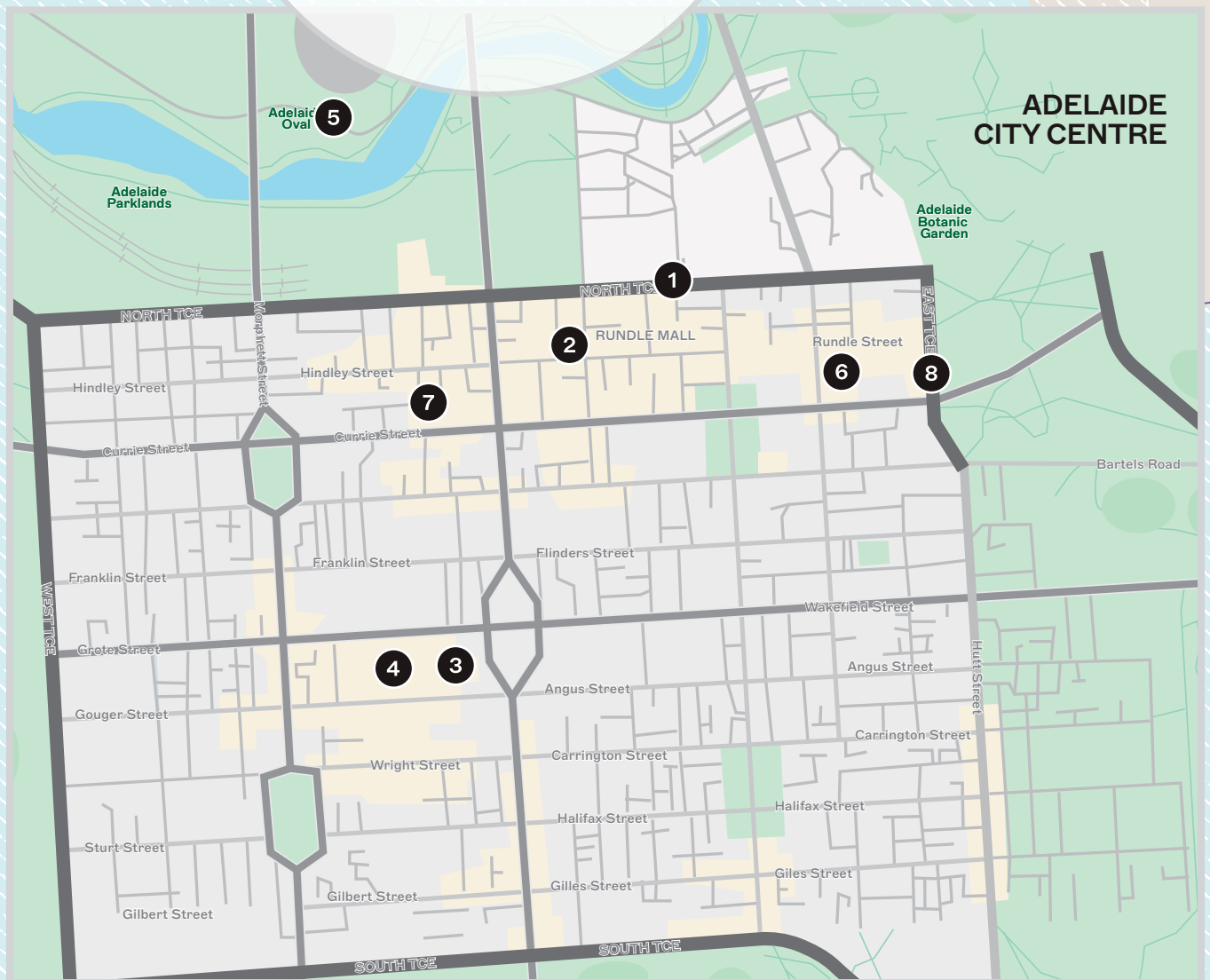
We want to make it as easy as possible for you to experience all Adelaide has to offer. Our relaxed way of life means we start late on weekends and finish earlier in the evening during the week.

Generally, our hours follow the below:  
Supermarkets and stores open at 9am most days, and supermarkets opening at 9am on Sundays and smaller, boutique stores opening at 11am on Sundays. Select stores do open from 9am on Sundays but it's best to check online.

Standard working hours are 9am through to 5pm, with the roads and city busier an hour either side.



## SOUTH AUSTRALIA



1. Cultural Precinct - North Terrace
2. Rundle Mall
3. Adelaide Central Market
4. Chinatown
5. Adelaide Oval
6. Dining Precinct - Rundle Street & Ebenezer Place
7. Dining Precinct - Leigh & Peel Street
8. East Terrace



Scan the QR code to find out how to get around South Australia.





## ADELAIDE

### A Green City

Adelaide was planned to be surrounded by green parklands. This legacy of a green city vision remains today, with many actions to support a liveable, sustainable and accessible place to live.

Around the city, you will notice:

- A three-bin recycling system – for waste (red bins), compostables (green bins) and recycling (yellow bins)
- Encouraging cycling and public e-scooters to be used throughout the city and inner suburbs
- Removal of single use plastics – most stores will charge for plastic, reusable carry bags

### SMOKING IN PUBLIC

All indoor areas and several outdoor public areas in Adelaide are now declared smoke-free under South Australian law. These include;

- Rundle Mall in Adelaide CBD
- The Parade at Norwood
- Henley Square in Henley Beach
- Mosely Square in Glenelg
- Bowden Town Square in Bowden

There will be public signage in these areas.

*Financial penalties may apply.*

### PUBLIC TRANSPORT

Adelaide has an extensive public transport system of buses, trains and trams.

Public transport requires a ticket when travelling outside the CBD or on a bus or train. MetroCARDS can be purchased from convenience stores or online, or 'tap on' when you jump on board with your credit card.

Connecting beachside suburbs and the CBD is the Adelaide tram network. Travelling on tram routes around the CBD is free. The free zone is the area between the South Terrace stop, Adelaide Entertainment Centre, Festival Plaza and Adelaide Botanic Garden. If you are travelling from the City to Glenelg and pass the South Terrace stop, you will need to purchase an Adelaide Metro ticket.

#### Getting Around



**Adelaide Airport to the city centre**  
15 mins by car



**Free public transport** available in the city centre



**Multiple ride sharing** and taxi providers



**Car hire available** at the airport and across the city



**The city centre** is pedestrian friendly







Scan the QR code to  
find out what's on  
offer in Adelaide.





## WHERE TO BRUNCH

### Exchange Coffee

12/18 Vardon Avenue, Adelaide

A staple in the Adelaide coffee scene, Exchange Coffee serves beautiful, traceable coffees from a variety of Australia's roasters. It is open seven days – from 7am through to 4pm on weekdays and 8am on weekends – and also serves simple, healthy staple food. The Wallace toasted sandwich has been a crowd favourite for the 10 years Exchange Coffee has been open.

@exchange.coffee

### Bloom

38 Winwood Street, Thebarton

Bloom, set in a charming historic tram barn, is a vibrant daytime restaurant serving up delicious treats and featuring an enchanting garden function space. Open seven days a week—7am to 4pm on weekdays and from 8am on weekends—Bloom is a must-visit destination. Bookings are essential.

@bloom\_winwood

### My Kingdom for a Horse

191 Wright Street, Adelaide

This café and roastery in the heart of Adelaide offers a seasonal, all-day a la carte menu using locally sourced and ethically produced ingredients. Open seven days, from 7am through to 4pm on weekdays and 8am on weekends.

@mykingdomforahorse.adelaide



*Local tip: Most breakfast locations welcome walk-ins but try to book if possible. If you have a larger group, they will always appreciate a call ahead of time!*

## WHERE TO DINE

### Peel St

9 Peel Street, Adelaide

Generous plates of fresh, seasonal food have made Peel St an Adelaide dining institution. Its menu is heavy on Middle Eastern, Southeast Asian and Mediterranean-style dishes and constantly changes based on what is in season and abundant locally. Peel St is ideally positioned for long lunches and lively dinners.

@peelst

### Shōbōsho

17 Leigh Street, Adelaide

Visit Leigh Street's Shōbōsho and settle in for a flavour revelation. Its Japanese-inspired menu blends smoke, steam and fire – the ancient traditions of Japanese yakitori. Raw, cured, pickled and fermented dishes abound, with sashimi, noodles, yakitori, dumplings and bao among highlights.

@shobosho

### Osteria Oggi

76 Pirie Street, Adelaide

Osteria Oggi is a must-try for pasta aficionados. Found on Pirie Street, the local pasta powerhouse is famous for hand-crafted pasta made fresh daily. Beyond the pasta, this modern Italian restaurant dishes out appetisers and salumi, slow-roasted meats, fish and Italian desserts with a twist.

@osteriaoggiadelaide

### Africola Canteen

4 East Terrace, Adelaide

Found in Adelaide's East Terrace, Africola is a compact, simple shop with a western soundtrack, African-inspired vegetables, grilled and smoked meats, flatbreads, pickles and natural wine. Foods are smoked and then baked in their own juices, with menus changing regularly to reflect seasonality.

@africolacanteen



### Golden Boy

309 North Terrace, Adelaide

An energetic atmosphere, authentic but polished Thai menu and impressive cocktail list make Golden Boy a popular dinner choice for locals. Enjoy wok-tossed mussels with Thai basil, mushroom stir-fry with coriander paste, and tender beef cheeks with tangerine jus. Don't miss the roti with pandan custard for dessert.

@goldenboy309

### Penfolds Magill Estate

78 Penfold Road, Magill

Penfolds Magill Estate, located on the outskirts of Adelaide, offers stunning vineyard views and world-renowned wines paired with contemporary, seasonal dishes at Magill Estate Kitchen. Here, guests enjoy modern dishes, each thoughtfully designed to complement Penfolds' iconic wines. The experience combines fine dining with stunning views over the historic vineyards, making it a culinary destination for wine and food lovers alike.

@penfolds



## WHERE TO DRINK

### Pink Moon Saloon

21 Leigh Street, Adelaide

Found along Adelaide's laneway Leigh Street, this Japanese architectural-style bar is best described as an inner-city oasis. Serving seasonal cocktails, high end tins and a curated wine list – including vintage wines and spirits – this small bar goes big. Pink Moon Saloon's distinct mountain hut façade is as inviting as a warm ski lodge after a long cold day.  
**@pinkmoonsaloon**

### Leigh Street Wine Room

9 Leigh Street, Adelaide

No matter the occasion, this hole-in-the-wall wine sanctuary delivers on its philosophy of 'good food, good wine, good times'. It takes inspiration from the intimate and lively wine bars of Paris, Rome and New York and features a sweeping arched ceiling with a wall of wine: 400-odd bottles of minimal-intervention drops.

*Leigh Street Wine Room does get busy after 7pm and also takes bookings.*  
**@leighstreetwinerom**

### 2KW

2 King William Street, Adelaide

Boasting postcard-worthy views of the CBD and beyond, pull up a seat on the rooftop and let 2KW's impressive atmosphere do the talking. This award-winning bar and restaurant – and its location within central Adelaide – make it a perfect first-night dinner location and introduction to the food and beverages South Australia is renowned for.

**@2kwbar**



### NOLA

28 Vardon Avenue, Adelaide

NOLA offers a New Orleans way of living with bright neon signs and jazz beats. Its Southern-inspired cocktails and a giant blackboard display a rotating selection of draught beers. Close your eyes and be transported.

**@nolaadelaide**

### La Buvette

27 Gresham Street, Adelaide

Feels like backstreet Paris but it's laneway Adelaide. The wine list is packed with French and local natural and organic wines, premium spirits, specialty apéritifs, cocktails + a bistro style menu of house classics and crowd favourites. The window opens out to street-side dining, stand and enjoy your drink and mingle on the sidewalk, Euro style.

**@labuvette.adl**





## LATE NIGHT DATES

### Latteria

185 Hutt Street, Adelaide

A new kid on the block, this late night aperitivo bar blends timeless charm of the 1950s Latteria Milanese culture with a classic Adelaide twist. Latteria trades all day and into the night, shifting between lunch, aperitivo and dinner. It's a bar with food that takes orders right up until close.

@latteriabar

### Bar Torino

158 Hutt Street, Adelaide

A Mediterranean-inspired bar and kitchen with a keen focus on local produce. This Italian bar takes classic food and recreates dishes with a modern twist. Established by an iconic hospitality family, to say you will be treated to Adelaide's finest is an understatement. Their anchovy toast is a must-try!

@bartorino

### Hey Jupiter

11 Ebenezer Place, Adelaide

This "Brasserie Française" is a hole-in-the-wall French eatery with highlights including traditional brunch, small plates and classic steak frites. You will often see the hospitality crowd from Rundle Street having breakfast here on the weekend, but the most romantic time to experience this local gem is late on a weekend evening. Be sure to grab a table outside in summer.

@heyjupiterbrasserie

*Local tip: Hotel Concierge can assist with any last minute bookings!*







## FAMILY FUN

### MOD.

North Terrace, adjacent to Morphett Street Bridge, Adelaide

MOD. is a free science experience like no other. Bringing together the public, researchers, students and industry to interact, learn and be inspired – MOD. is Australia's boldest, and South Australia's only, interactive public science and creativity space. It features Australia's first Science on a Sphere, a room-sized display that shows planetary data on a sphere surrounded by touchscreens.

@mod\_museum

### Adelaide Zoo

Frome Road, Adelaide

Adelaide Zoo is an opportunity to see 250 species from across Australia and around the world, from towering giraffes, endangered Sumatran tigers to bouncing wallabies, the newly arrived pandas, swinging monkeys and tiny insects.

@zoossa

### Play Spaces

With its leafy surrounds, Adelaide is home to many outdoor play spaces for families. The City of Adelaide offers barbecue facilities, public toilets and fully fenced areas. Playgrounds such as the Quentin Kenihan Inclusive playspace allow for accessible play, while the Glover East play space allows kids to play in large structures and in-ground trampolines.



## WHERE TO RELAX

### Sculpt

13 Henry Street, Stepney

Guided by centuries of wisdom, Sculpt is a space for rejuvenation with scientifically supported and naturally crafted cosmetic solutions cultivating strength of the self. Featuring a mindful selection of face and body treatments, its motivation is to restore one's confidence, positivity and belief in their own skin.

@sculpt.com.au

### EOS Spa + Wellness

Level 1/1 Festival Drive, Adelaide

Inspired by the pure delight of basking in the soft warmth of the rising sun, EOS Spa + Wellness embodies the calm essence of dawn: a quiet pause from the world; a place to unwind, indulge and renew. EOS rituals and treatments utilise organic and wild-harvested Australian products by iKOU. Fruit and flower anti-ageing extracts make up iKOU's advanced, natural bio-active formulations which deliver visible results to the skin.

@eosbyskycity

*Local tip: Hotel Concierge can assist with any last minute bookings!*



## SHOP

### Rundle Mall

Rundle Mall, Adelaide

Rundle Mall is the heart of shopping, dining and entertainment in Adelaide. Found between the city's buzzing east and vibrant west ends, it lies in close proximity to Adelaide's foodie scene and nightlife precincts. You'll also find the Adelaide Oval and the Adelaide Central Market a short walk away.

@rundlemall

### Rundle Street

Rundle Street, Adelaide

Adelaide's shopping scene boasts a delightful mix of eclectic charm and modern elegance. Rundle Street East, a vibrant precinct in the heart of the city, offers a diverse range of boutiques, and stylish cafés.

@rundlesteast

### Adelaide Central Market

44/60 Gouger Street, Adelaide

The historic Adelaide Central Market is filled with colour and diverse fresh produce all year. Find a huge array of food all under one roof; fruit, vegetables, cheese, meats, seafood, breads, sweets, nuts, coffee and healthy snacks. Take a seat at one of the many cafés and watch the world go by.

@adelcentralmarket

## EVENTS CALENDAR

### MAY 2025

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#### **Dream Big Children's Festival**

7-17 MAY

Celebrating the oldest children's festival in the world. An exciting calendar of shows, events and exhibitions for children of all ages.

#### **Kernewek Lowender Copper Coast Cornish Festival**

12-18 MAY

Over 60 events, the program allows you to experience unique Cornish heritage and traditions. Celebrating major traditional iconic events that have been part of the program since the festival's inception.

#### **Clare Valley SCA Gourmet Week**

16-25 MAY

Australia's longest running wine and food festival.

#### **The English Ale**

17 MAY

Join in for a day and night of music, mumming, merriment, dance, giants, hobby horses and guisers. Take part in the torchlight procession to the bonfire!



### JUNE 2025 & BEYOND

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#### **Santos Wheelchair Rugby National Championship**

29 MAY-1 JUNE

Adelaide will host the National Championships for the second year. The event will see some of the nation's best wheelchair rugby athletes.

#### **Winter Whale Festival**

1-30 JUNE

A month-long festival of fun and thought provoking events, celebrating the annual migration of whales to the Fleurieu Peninsula.

#### **Adelaide Cabaret Festival**

1-30 JUNE

A celebration of outstanding local talent, national and international artists through an eclectic program of classic and contemporary cabaret performances.

#### **Gutsy Kangaroo Island**

6-9 JUNE

Kangaroo Island is bold, brave, and loves to celebrate with grit. Their wine, spirits, cider, beer and food culture that is built on guts and determination.

#### **2025 Australian Swimming Trials**

9-14 JUNE

Hosted at SA Aquatic and Leisure Centre (SAALC).

#### **Coober Pedy Opal Festival**

13-15 JUNE

An annual event showcasing the unique charm of the "Opal Capital of the World" with dazzling opal displays, cultural performances, market stalls, and live entertainment.

#### **Illuminate Adelaide**

2-20 JULY

Immerse yourself in a dazzling world of art, light, music, and technology at Illuminate Adelaide. Transforming the city with breathtaking installations and performances.



**The British & Irish Lions v AUNZ Invitational XV**  
12 JULY

Rugby fans from all over the world will flock to Adelaide in 2025, as Australian and New Zealand players team up - for the first time since 1989.

**Winter Reds**  
25-27 JULY

Experience the beauty of the Adelaide Hills and celebrate the biggest winter wine event in the State. With open fires, live music, hearty food and everything celebrating winter in the Hills!

**Willunga Almond Blossom Festival**  
26-27 JULY

Celebrate the arrival of spring at the Willunga Almond Blossom Festival, where stunning blooms, live entertainment, market stalls, and family-friendly fun come together.

**SALA Festival 2025**  
1-31 AUGUST

The South Australian Living Artists (SALA) Festival celebrates the talents of visual artists in South Australia. Enjoy exhibitions and art events across the state.

**GROUNDUP YP Art Festival**  
15-24 AUGUST

Ardrossan, Yorketown and Edithburgh hold traditional exhibitions of visual art, photography and sculpture. Plus other Yorke Peninsula towns offering music, dance, performing arts, artisan foods, beverages, products and more.

**The Bend Supercars Enduro (Round 9)**  
12-14 SEPTEMBER

For the first time The Shell V-Power Motorsport Park will host a 500-kilometre endurance race to kick off the Supercars Enduro Cup.

**OzAsia Festival**  
23 OCT-9 NOV

This festival is Australia's leading contemporary arts festival engaging with Asia. A bold and exciting line-up of boundary-pushing contemporary arts, revered by audiences and critics alike.



**Adelaide Film Festival**  
15-26 OCTOBER

South Australia's premier screen event and one of Australia's leading film festivals. A celebration of courageous cinema where filmmakers and audiences come together for two weeks of local and international film premieres, art and talks.

**National Pharmacies Christmas Pageant**  
8 NOVEMBER

The Southern Hemisphere's largest public parade and a free community event featuring floats, colourful characters, bands, dancers and more.

**2025 FIVB World Beach Volleyball Championships**  
14-23 NOVEMBER

The world's biggest beach volleyball event is serving up a tailored made beach party in the heart of Adelaide.

**bp Adelaide Grand Final**  
27-30 November

Get ready for the bp Adelaide round, the thrilling season finale! Experience the intense street circuit as champions are crowned.

**NRMA Insurance Men's Ashes series Adelaide Test (Christmas Test)**  
17-21 December

Celebrate summer and a new tradition at the Adelaide Christmas Test, a highlight of Australia's cricket calendar.

**Bay Sheffield**  
27-28 December

The Bay Sheffield is a two-day athletics carnival, held in December each year at Colley Reserve, Glenelg.









## SEE & DO

### Cleland Wildlife Park

365 Mount Lofty Summit Road, Crafrers  
Meet our cute and cuddly native Australian wildlife on this half-day trip from Adelaide. Seeing a koala close up and hand feeding kangaroos are definite musts during your visit. Only 30 minutes' drive from the CBD.

**@clelandwildlifepark**

### RoofClimb Adelaide Oval

Adelaide Oval, Adelaide  
Explore Adelaide and beyond from the roof of Adelaide Oval: a must-do experience for any sporting fan or thrill seeker. Enjoy picturesque views of the city and beyond before testing your nerve if you choose, with a lean-out point 50 metres above the ground. Take your pick from a twilight climb, sparkling city lights at night or daytime views as far as the eye can see.

**@roofclimb\_adelaideoval**

### Adelaide Botanic Garden

North Terrace, Adelaide  
The Adelaide Botanic Garden is home to a diverse and beautiful selection of plants from across Australia and around the world. Wander among its 50 hectares of gardens and explore stunning architecture including the Bicentennial Conservatory, Palm House, Amazon Waterlily Pavilion and Santos Museum of Economic Botany.

**@botanicgardenssa**



### Henley Beach

Esplanade, Henley Beach  
Henley Beach is 20 minutes from the city and is a great location to soak up the sun with family and maybe even watch the sun set. Surrounded by a range of restaurants and centring on the bustling grassed Henley Square, Henley Beach is a must-visit destination whether you're after dinner with a view, a swim, or a glass of wine by the beach. It's the perfect place to take a balmy evening stroll before settling in at one of the many bustling restaurants and bars overlooking the ocean; check out Henley House and Mia Margarita and Estia to start.

**@visithenleybeach**

### Haigh's Chocolate Factory

154 Greenhill Road, Parkside  
Join a Haigh's Chocolate Factory Tour and see artisan techniques used by the Haigh's team to handcraft a celebrated range of chocolates. The Haigh's retail store, Visitor Centre and original factory site are located on the fringe of Adelaide's parklands. It is just a short drive or walk south of the city centre.

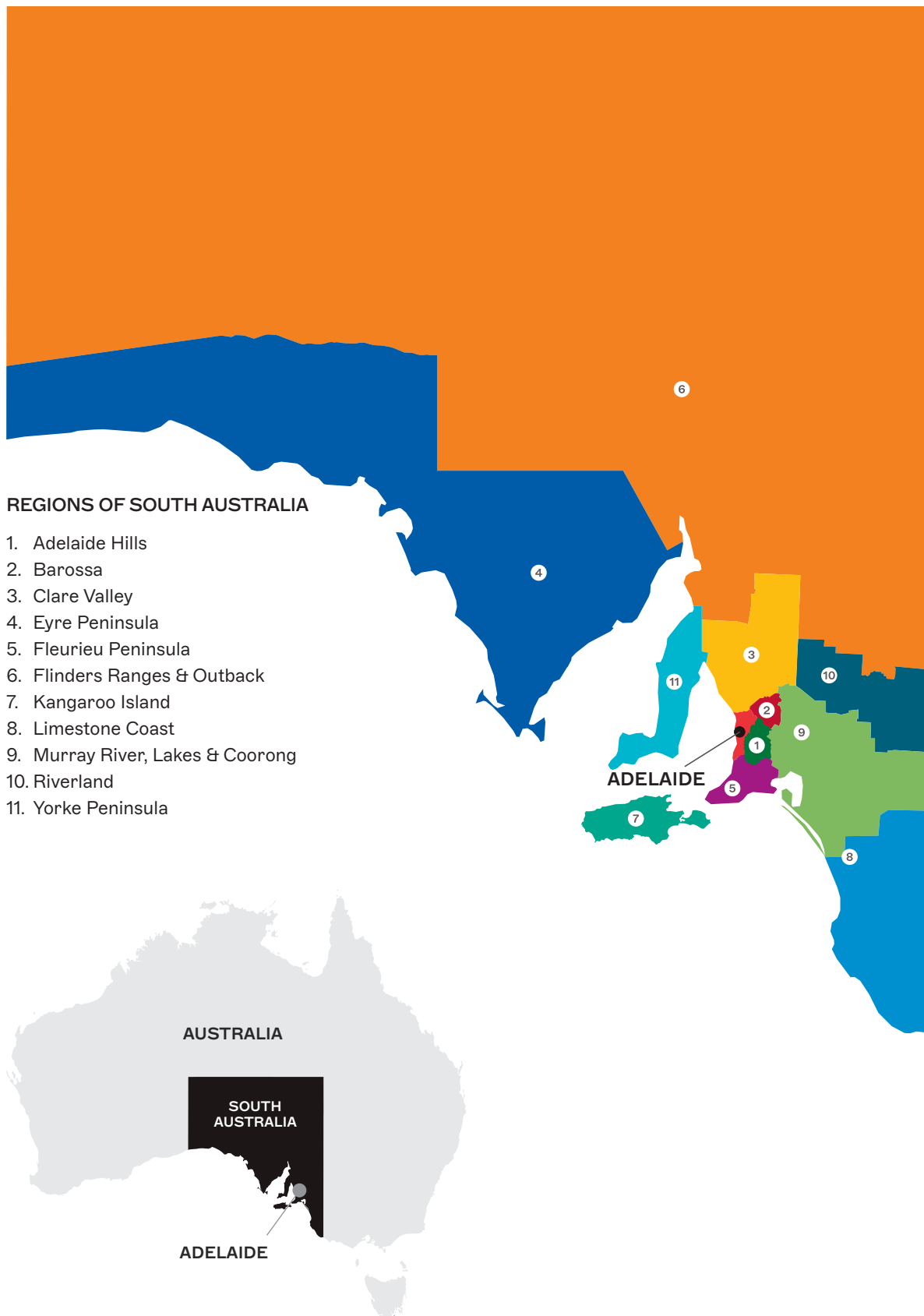
**@haighschocolates**

### The Cultural Boulevard

North Terrace, Adelaide  
Take a stroll along Adelaide's cultural boulevard of North Terrace. The Art Gallery of South Australia and South Australian Museum are all found on the northern side of North Terrace, along with the State Library and various statues, war memorials and commemorative plaques. On the eastern side of King William Street are Parliament House and the Adelaide Festival Centre, Adelaide's heart of the arts overlooking the River Torrens and Elder Park.

**@agsa.adelaide @southaustralianmuseum**

## DAY TRIPS





## ADELAIDE HILLS

Twenty minutes from the city. That's all it takes to reach the Adelaide Hills – home to cool-climate wine, Australian wildlife and farms where everything from stone fruit to botanicals for skincare flourishes. Wind your way down leafy lanes and discover the charm of local communities. German heritage shines in Hahndorf, while towns like Stirling, Balhannah and Aldgate offer cosy eateries in rustic surrounds.

Rejuvenate at a day spa, hike meandering trails or simply sit fireside, enveloped by native bushland and a sense of serenity.

### WHERE TO EAT/DRINK

**Bird In Hand Winery:** Renowned for its award-winning sparkling, shiraz, and chardonnay wines. Its new on-site restaurant, LVN, offers an exquisite farm-to-table dining experience with seasonal, locally-sourced ingredients that perfectly complement the winery's ethos and make for a truly unique and memorable experience.

**Sidewood Estate:** A renowned winery offering premium cool-climate wines. Known for its award-winning pinot noir and chardonnay, the estate also features a modern cellar door, restaurant and cidery. Visitors can enjoy wine tastings, gourmet meals and picturesque vineyard views in a relaxed, scenic setting.

**Shaw + Smith Winery:** Celebrated for crafting elegant, cool-climate wines with a focus on purity and precision, Shaw + Smith specialise in sauvignon blanc, chardonnay, pinot noir, and shiraz, each reflecting the unique terroir of the region. Shaw + Smith offers a sophisticated tasting experience in a beautiful setting, where visitors can enjoy curated wine flights paired with local produce, capturing the essence of the Adelaide Hills in every glass.

### WHERE TO STAY

**Sequoia:** This exclusive adults-only accommodation, features 14 contemporary, luxurious, sustainably designed suites with unparalleled tree-top views over the Piccadilly Valley. Guests can enjoy access to artesian spring-fed hot pools, an infinity pool, a wildlife enclosure, a tennis court and several walking trails. Sequoia's 30-acre nature setting blends into the Mount Lofty Botanic Gardens on one side of the peak and thousands of acres of national park on the other.

**Sticky Rice Cooking School and Villas:** Designed for the ultimate getaway, these award-winning luxury villas are inspired by Balinese, Japanese and Thai architecture and guarantee to evoke the senses, inspire the creative and deliver an impressive experience. Why not package a stay with lessons at the celebrated cooking school?

**Longview Winery:** Less than an hour's drive from the heart of Adelaide, in the charming country town of Macclesfield, Longview Vineyard is the perfect destination to escape for a long weekend. This 4.5 star luxury Adelaide Hills accommodation is comprised of 12 king suites, a lovingly restored homestead accommodating up to 12 guests and a brand-new lodge which sleeps up to 8 guests.



## WHAT TO DO

**Jurlique Farm:** For more than 35 years, Jurlique has followed the same meticulous path, from seeds the team plants to nourishing skincare products. This path was laid down by founders Ulrike and Jurgen Klein, inspired by a vision to create high-performing, pure and natural skincare. At the heart of this vision is a unique farm in the pristine Adelaide Hills, where the health and vitality of the land is supported. Planting takes place sustainably, with powerful farm-grown botanicals used in each product. Farm experiences are a must.

**Gin blending class at Ambleside Distillery:** Savor a gin tasting flight overlooking the distillery gardens, then dive into a guided blending experience where you'll craft your own custom gin, using over 20 botanicals from the distillery, and take home a personalised bottle.

**Beerenberg Family Farm:** The Beerenberg Family Farm is a must for all food lovers visiting the Adelaide Hills. One of Australia's oldest family-owned jam, condiment and sauce producers, it is still run by the sixth-generation of the Paech family. Visitors can pick their own strawberries between November and April – an ideal family experience.



**Mount Lofty Botanic Garden:** Overlooking the picturesque Piccadilly Valley, the gardens feature displays of cool-climate plants which thrive on the eastern slopes of Mount Lofty. This Adelaide Hills treasure spans 97 hectares and is famous for its sprawling gullies, offering surprises during every season.



## BAROSSA

Remarkable wine is just the start. The historic Barossa offers more than 90 cellar doors to explore, plus a proud food culture built on the strength of local produce. Start your journey at the region's bustling farmers market and be sure to stop at Seppeltsfield to discover true winemaking tradition. Vines here are among the world's oldest, and the district scene offers a fascinating mix of iconic labels and next-generation producers.

### WHERE TO EAT/DRINK

**Hentley Farm:** Paddock to plate is more than just an ideal at Hentley Farm. Head chef Kyle Johns' fine-dining menu is carefully crafted based on what is flourishing and growing abundantly in the restaurant's surrounding 150-acres. Foraged wild ingredients complement fruit, vegetables and herbs grown in sprawling garden beds and overflowing orchards. Converted stables dating back to the 1880s feature exposed stone walls and wood beam ceilings to create the perfect setting for an epic seasonal feast with quality wine to match.

**FINO at Seppeltsfield:** Founded in 1851, today the historic bluestone cellars of Seppeltsfield produce a plethora of award-winning wines which stand tall among the world's best, including the sublime 100-year-old Para Vintage Tawny.

**fermentAsian:** Discover modern Asian cuisine with a focus on local organic produces. This Tanunda drawcard has also developed a wine collection that encompasses many of the most diverse and exciting styles in the world.

**Maggie Beer's Farm Shop:** No visit to the Barossa is complete without stopping in at Maggie Beer's Farm Shop. Stock up on Maggie's signature pickles, sauces and chutneys, then wander next door to The Farm Eatery restaurant for a long lunch featuring a selection of local produce on offer throughout the Barossa. Pioneered by daughter Elli Beer, The Farm Eatery is a modern casual restaurant, showcasing the Beer family's quintessential South Australian cooking style.



### WHERE TO STAY

**Kingsford The Barossa:** This heritage-listed property blends historic charm with contemporary luxury, offering a secluded haven amidst rolling vineyards and stunning vistas of the Barossa. With 13 luxurious rooms and suites to choose from, gourmet dining and fine wine on site, Kingsford is your gateway to the ultimate Barossa experience.

**The Louise:** The Louise heralds a budding era of luxury in the heart of South Australia's world-renowned wine country, also famous for its premium local produce and rich art scene. Nestled among gently rolling hills, The Louise offers guests a stylish escape complete with private villa-style suites, world-class dining at Appellation and a backstage pass to the Barossa's most known experiences.

**CABN:** Escape to an off-grid winery retreat to reconnect with those you love most. Surrounded by trees and vines, this is the perfect off-grid nature escape.







## WHAT TO DO

**Seppeltsfield hub:** Taste Your Birth Year Tour offers the rare opportunity for visitors to try their own birth year vintage tawny direct from the barrel. Join a wine educator in the renowned Centennial Cellar and sip on a wine as old (or young...) as you are.

**Barossa Balloon Adventures:** Share in the excitement as you help prepare the huge balloon in the calm of dawn and float magically over the picturesque villages and vineyards of the Barossa. Toast your return to earth with fine sparkling wine and Barossa breakfast staples.

**Barossa Helicopters Experiences:** Regardless of your destination, the sheer convenience and luxury of travelling by helicopter adds an unforgettable third-dimension to your tourism experience.

## FLEURIEU PENINSULA

You love a beach, and you're also partial to a cellar door. Behold: a destination that excels in both (along with brilliant restaurants, boutique spirits and craft beer). The Fleurieu Peninsula offers coastal splendour, and some of the state's most exciting eating and drinking locations.

McLaren Vale continues to impress internationally for shiraz, cabernet and grenache, together with Mediterranean varieties that flourish in its comparable climate. A patchwork of farms and vineyards are also home to a range of leading Australian restaurants. Explore sparkling coves around every corner, and relish the sense of freedom common to all great getaways.

### WHERE TO EAT/DRINK

**The Salopian Inn:** Discover a slice of McLaren Vale history and experience the Fleurieu Peninsula on the plate and glass. Sourcing seasonal ingredients from the kitchen garden, the menu is influenced by chef Karena Armstrong's travels across the globe.

**d'Arenberg Cube:** Located in McLaren Vale, this five-storey multi-function building is set among Mourvèdre vines. The building has the optical illusion of floating in a vineyard, with each level offering spectacular views over Willunga's rolling hills.

**Star of Greece:** It's all about the good stuff here. Good food, really good views and great wine. The restaurant team likes pretty food and fancy settings, but most of all they like good food and friendly, reliable service (the kind that makes you want to be pals with them). They welcome the thong (flip flops for those playing over the pond), the bathers under the sarong, the ball-gown, the suit and everything in between.



### WHERE TO STAY

**Pago Middleton:** Pago is a private retreat, a sanctuary in the heart of the village of Middleton in South Australia. It is a place for restoration, recovery, reconnection and exploration. Each of the four king-sized bedrooms has its own ensuite bathroom, created within heritage-listed stables, in the private garden of the Middleton Mill. Suites nestle around a large swimming pool, spa and infrared sauna in an acre of garden.

**Hotel California Road @ Inkwel Wines:** A luxury micro-hotel for your perfect escape in McLaren Vale. Hotel California Road is an adults-only property. Three luxury vineyard suites are nestled in a secluded valley close to McLaren Vale. Each ultra-private suite features a huge soaking tub overlooking the vines, floating king-size beds, large private decks and glassed-in dual showers and vanities

**Esca at Nest & Nature:** Offering architecturally designed, luxurious off-grid accommodation in the heart of the Fleurieu Peninsula. Only one hour from Adelaide, this stunning hilltop site at Inman Valley offers expansive views – and a peaceful and private base from which to enjoy sunsets, sample local delicacies, explore bushwalking trails, recharge and connect with the beauty of this spectacular South Australian region.

## WHAT TO DO

**Tasting In The Dark:** A sensory experience at Hardys Tintara Cellar Door: Journey deep into the darkness of Hardys' exclusive private Fortified Cellar in this fun and interactive wine tasting to engage the senses. They'll be turning down the lights, putting on the blindfolds and tasting – in the dark. Your host will guide you through the wine tasting process and help you develop the knowledge and vocab to taste like a pro.

**Big Easy Radio:** A coastal cellar door experience based in Aldinga offering boutique wine and local live music each weekend. Open Thursday to Sunday with food options too.

**Willunga Farmers Market:** 'Meet the grower and taste the region' is the theme for this market, held every Saturday on the spacious grounds of Willunga High School. With more than 60 stalls selling fresh primary produce from regional farms and Fleurieu Peninsula products, shoppers experience a diverse variety showcasing all that is fresh and seasonal.





## WHERE TO STAY

**Southern Ocean Lodge:** Celebrated around the world as the pioneer of experiential luxury in Australia, Southern Ocean Lodge crowns the wildly beautiful clifftops on Kangaroo Island. Combining contemporary design, world-class dining and a personal connection with nature, Southern Ocean Lodge celebrates the resilient spirit of Kangaroo Island, its wildlife and community.

**Ecopia Retreat:** Immersed in 150 acres of natural wilderness, Ecopia is Kangaroo Island's only eco-luxury retreat on a registered private wildlife sanctuary. It offers a unique nature experience in a curated off-grid setting, with luxurious facilities and bespoke guest services supporting you to relax and feel nurtured.

**Oceanview Eco Villas:** Experience premium accommodation at Oceanview Eco Villas. This fully hosted, private accommodation is found on a 500-acre rural property, nestled atop the stunning Kangaroo Island coastline known as Redbanks.

## KANGAROO ISLAND

Find a new stride as you explore this unfiltered island paradise. Wander the secluded Stokes Bay – taste honey made from rare Ligurian bees and sip spirits lauded for their use of local botanicals.

Wildlife abounds, whether watching sea lions lolling in the sun, dolphins passing as you swim or sleepy koalas overhead. The elements have honed natural formations like Remarkable Rocks and Admirals Arch, while Little Sahara's sand dunes promise excitement.

## WHERE TO EAT/DRINK

**Millie Mae's Pantry:** Rumor has it, this café offers the best coffee on the island, Millie Mae's prides itself on offering a welcome space to rest and recharge over delicious food. Experience this for yourself!

**False Cape Wines:** The largest vineyard on Kangaroo Island, using sustainable practices to create minimal intervention wines that leave a lasting impression. The unique cellar door was hand built using recycled materials found on the property and can be found on the eastern side of the island, not far from Penneshaw and Cape Willoughby. The shaded deck is the perfect place to settle on a warm summer's day, while the indoor fireplace will keep you toasty during a winter visit. Keep an eye out for daily lunch specials – the home-style pies are to die for!

**Kangaroo Island Spirits:** KI Spirits strives to showcase a true flavour of the island along with the character of the people who call it home.



## WHAT TO DO

**Remarkable Rocks and Admirals Arch in Flinders Chase National Park:** Perched above the sea in Flinders Chase National Park, the impressive Remarkable Rocks form what appear to be a cluster of precariously balanced granite boulders.

**Sandboard at Little Sahara:** Explore the beauty and excitement that Little Sahara natural inland sand dunes has to offer! This incredibly unique site is known as nature's playground as it's great fun for the kids and the kids at heart!

**Seal Bay:** As Kangaroo Island's premier tourist attraction, the award-winning Seal Bay offers visitors an unforgettable wildlife experience. For beach access to the sea lion colony, join a guided tour to learn more about the amazing lives of these endangered animals with an experienced guide.



**Snorkel with wild dolphins:** Kangaroo Island Marine Adventures offer a unique wild dolphin swim experience in Australia or anywhere for that matter. This is a true wild dolphin swim and the only operator on Kangaroo Island to offer the unique experience.







## EYRE PENINSULA

Stellar seafood? Right this way. The freshest catch is easy to find on the Eyre Peninsula. This is a region known for wild beauty, and for adventures that await beneath the surface. Shuck oysters or savour impeccable sashimi; whale-watch from cliff-top trails or swim with curious sea lions.

Brave travellers can tick shark cage diving off their bucket lists, while the more leisurely might relax with a glass of local wine while considering the ocean's many moods. Take rest in guest houses that celebrate solitude, or embrace local hospitality at eateries inspired by their pristine surrounds.

### WHERE TO EAT/DRINK

**Fresh Fish Place:** Dive into a seafood paradise where ocean treasures await. Experience a world of freshly filleted fish, local convenience packs and unique smokehouse creations.

**Oyster HQ:** Enjoy famous and fabulously fresh Coffin Bay oysters on the deck overlooking the pristine bay with a bottle of bubbles. Fresh Eyre Peninsula seafood dining at its absolute freshest!

**Boston Bean Coffee Company:** Located in Port Lincoln, locals and visitors can enjoy award-winning coffee six days a week.

### WHERE TO STAY

**Camel Beach House:** Inspired by the spirit of the Australian classic Storm Boy (with a dash of Priscilla Queen of the Desert) and the owner's global lifestyle between California, Mexico and Australia, Camel Beach House is a modern rustic box that sits on your own private beach - an off-the-grid, delightfully wild, 250-acre pristine wilderness property.

**The Greenly Carriage:** A re-imagined train carriage turned boutique, sustainable destination on the untouched west coast of South Australia. This is the nearest accommodation to the famous Greenly Rock Pools and a scenic drive from Coffin Bay and Port Lincoln.

**Tanonga Luxury Eco Lodges:** Two unique, architecturally designed eco lodges, set among regenerating native forest, create a luxury eco experience unique to the area. Modern and sensitive environmental design, stunning views, Japanese-style bath and luxurious self-contained facilities enhance the natural beauty of your surroundings.





## WHAT TO DO

**Take an oyster farm tour:** Experience an authentic oyster farm tour of a working family-owned oyster lease as guests of the owners. Enjoy oysters in their freshest natural state straight from the pristine bay in which they are grown.

**Cage dive with great white sharks:** Rising steeply from deep water in the mouth of Spencer Gulf, the remote, wind-swept Neptune Islands are the setting for one of the world's greatest underwater experiences: South Australia is one of the few places in the world - and the only place in Australia - where you can get up close and personal with great white sharks.

**Whale watching from the coast:** Put two hours aside for the ultimate whale encounter with Fowlers Bay Eco Tours or Chinta Tours. Sit back, relax and watch southern right and humpback whales in some of South Australia's most beautiful coastal surrounds. Fowlers Bay Eco Tours can be found at the Fowlers Bay Jetty. Tours last for approximately two and a half hours and operate from July to October each year.



## CLARE VALLEY

One of the major wine regions in South Australia, the Clare Valley is best known for its world-class riesling. A fertile wine region two hours north of Adelaide, the Clare Valley is home to some of the most awarded wineries in the country. It's also one of Australia's oldest wine-producing areas, dating back to the 1850s.

With farm-gate stores, providores and restaurants offering incredible food, your choice of luxury accommodation, scenic cycling and walking trails and a rich history to explore, a stay in the Clare Valley is a treat for the senses.

### WHERE TO EAT/DRINK

**The Watervale Hotel:** Discover true farm-to-table dining at The Watervale Hotel, a farm restaurant in a casual Clare Valley pub. Produce is sourced from a number of local properties, including its own organic, bio-dynamic Penobscot Farm.

**Mr. Mick Wines, Cellar Door & Kitchen:** Named after the late K.H. (Mr. Mick) Knappstein, an Australian wine making legend and Tim Adams' mentor and friend. Tim and his wife Pam are proud custodians of the landmark property, that now bears his name and houses a renowned restaurant, cellar door and gallery. Offering a unique food and wine experience, embracing tapas style dining with an emphasis on fresh seasonal produce and wines by the glass.

**Taylor's Wines:** Crafting exceptional wines with a focus on quality and respect for each grape's natural character, visitors can explore this dedication firsthand at the Taylor's Cellar Door, to enjoy tastings, scenic vineyard views, and immersive wine experiences that showcase the winery's award-winning range.

**Pauletts:** Australian native ingredients paired with Pauletts wines: Bush deVine Winery Restaurant, located within Paulett Wines Cellar Door, offers a unique dining experience on its deck overlooking the scenic Polish Hill River, a sub-region of the Clare Valley. This restaurant, inspired by Australian native bush foods, highlights the versatility of native ingredients using freshly foraged and locally sourced produce.



### WHERE TO STAY

**Trestrail Cottage:** Designed as a couples retreat just for two, to romance and reconnect, relax and rejuvenate. It's set in the heart of Clare Valley, among rolling hills, rows of vineyards and gentle winding roads.

**Bungaree Station:** Guests stay in beautifully renovated heritage cottages on this 7000-acre farming property.

**Bukirk Glamping – under the stars:** Nestled in the hills of Clare Valley, only five minutes out of Clare, are five gorgeous Lotus Belle tents and three stunning timber cabins.



## WHAT TO DO

**Pedal the Riesling Trail:** The 35-kilometre Riesling Trail travels past many cellar doors and other visitor attractions between Auburn and Clare, making it ideal for those wanting a leisurely walk or ride with a distraction or two. At the Riesling Trail Bike Hire there is a wide variety of bikes ready for you to enjoy. From the latest eBikes that are a breeze to ride, to mountain bikes, leisure bikes and tandems that will help you go the distance.

**Visit Sevenhill Cellars:** As the first winery in the Clare Valley, Sevenhill Cellars was established by Jesuits in 1851 to produce sacramental wine. Today its award-winning cellar door offers a diverse range of table wines highly regarded across Australia and overseas.

**Hike through Red Banks Conservation Park:** Paleontologists have called this area one of the richest megafauna sites in Australia. Its fascinating Landscapes of Change interpretive walking trail, allows visitors to experience short-beaked echidnas, southern hairy-nosed wombats, birds and reptiles in their own habitat, as well as western grey and red kangaroos.

*See page 38 for travel services who can assist booking all inclusive experiences.*





## FLINDERS RANGES & OUTBACK

Look up. An eagle soars above ancient mountains, searching their contours for food. It disappears against the wide blue sky – feature of a region also known for its timeless beauty. Explore historic towns and taste native staples like quandongs, found in everything from jam to soda. Gather fireside for stories and local fare.

A scenic five-hour road trip north of Adelaide, the Flinders Ranges & Outback offer a rugged and awe-inspiring adventure into the heart of the Australian wilderness. Embark on a journey to explore the vast landscapes, rich Aboriginal history and unique geological formations that define this precious place.

### WHERE TO EAT/DRINK

#### **The Woolshed Restaurant at Rawnsley Park Station**

**Park Station:** This rustic Australian corrugated iron Woolshed is nestled in the heart of the Flinders Ranges. Located 450 kilometres north of Adelaide on Rawnsley Park Station – one of the region's leading accommodation facilities – it's renowned for country-style food with a contemporary twist, outback-themed décor and warm, friendly service.

**Prairie Hotel:** This understated iconic landmark and legendary destination located in remote Parachilna. Family-owned and operated, the hotel delivers warm hospitality, memorable dining and house-brewed beers.

**Flinders Food Co:** Combining rustic Outback charm with the sophistication of city-standard flair, Flinders Food Co offers more than just a meal. It has become a cherished gathering place for the community, families, and visitors alike.



### WHERE TO STAY

**Rawnsley Park Station:** Located on the south-eastern edge of Wilpena Pound, Rawnsley Park Station adjoins the Ikara-Flinders Ranges National Park, 420 kilometres from Adelaide. Stay on an operating sheep station and experience the natural beauty and wildlife of this ancient rugged landscape with a choice of accommodation styles including secluded bush camping, straw-bale construction eco-villas and Rawnsley Homestead.

**Wilpena Pound Resort:** Sits within the stunning Ikara-Flinders Ranges National Park, surrounded by some of the most spectacular scenery in South Australia. This extraordinary landscape is 800 million years old and has been home to the Adnyamathanha people for tens of thousands of years. Located at the entrance to Wilpena Pound itself, the resort is the perfect base for exploring this diverse and fascinating region.

**Arkaba Conservancy:** Arkaba Conservancy is an ancient landscape, 63,000-acre privately owned and where you can find carefully protected wildlife. This 500 million-year-old range country is the epitome of getting away from it all. It's a place where sandstone bluffs mingle with ancient creek beds, graced with ancient-old river red gums standing sentinel.





## WHAT TO DO

**Mountain biking with Experience Melrose:** Riders can hire quality mountain bikes and ride trails that are right on their doorstep. Choose from dual suspension, hard tail or electric bike and set off on an adventure.

**Take a flight over Wilpena Pound:** Highlight your Flinders Ranges & Outback trip with a scenic flight over Wilpena Pound or the Chace Range directly from Rawnsley Park Station.

**Arkaroola International Dark Sky Sanctuary:** Found in the far-northern Flinders Ranges, Arkaroola is fortunate to have a world-class atmospheric transparency index and seeing quality due to its arid environment and elevation.

Arkaroola's skies are exceptionally dark due to its distance from any towns, with the Wilderness Sanctuary employing a low light policy in the evenings. Arkaroola runs three fully equipped astronomical observatories, two located well above the village area and one conveniently located virtually at its reception area. All three are designed and operated to ensure an unforgettable stargazing experience.



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