Dumplings Against Depression - Uniting Cultures for Mental Wellbeing

Program

Location: 330X Function Room, Level 3, Michael Kirby Building
17 Wally's Walk, Macquarie University

Time	Session	Speaker/Performer
10.00am - 10.30am	Event Registration	
10.30am - 10.40am	Acknowledgement of Country Welcome	Professor Viviana Wuthrich
10.40am - 10.55am	Guest Speaker Address 1	Sally Sitou, Member for Reid
10.55am - 11.10am	Guest Speaker Address 2	Zhi Soon, Member for Banks
11.10am – 11.40am	*State of Multicultural Mental Health in Australia*	Associate Professor Ilse Blignault
11.40am – 12.15pm	**LUNCH with musical performances:** *We are Here Now* (12.00pm – 12.10pm)	 Mighty Maddy Choir
12.15pm - 1.15pm	**Panel Discussion**: *Community Voices in Multicultural Mental Health*	Dr Judy Tang (Session Chair) Joey Chan Ronna Guzman Emalynne So Kawthar Ibrahim
1.15pm - 2.25pm	**Concurrent Panel Sessions:**	
	Transforming Multicultural Mental Health Through Research **Location**: 330X Function Room, Level 3, Michael Kirby Building ,17 Wally's Walk	Professor Viviana Wuthrich (Session Chair) Professor Lee-Fay Low Associate Professor Ilse Blignault Dr Jessamine Chen Dr Xin Wang
	Creating a Culturally Responsive Mental Health Workforce **Location**: The Moot Court, Level 2, Michael Kirby Building, 17 Wally's Walk	Professor Maria Kangas (Session Chair) Dr Deepka Yerrakalva Dr Vincent Oxenham Dr Christopher Hunt Angela Cao

Time	Session	Speaker/Performer
1.15pm - 2.25pm	**Concurrent Activity:** *Rainbow Parachute Challenge* **Location**: Outside 18 Wally's Walk	SHER Foundation
2.25pm - 2.35pm	Close	Dr Jessamine Chen
2.35pm - 3.00pm	**Post-Event Afternoon Tea** **Location**: 330X Function Room, Level 3, Michael Kirby Building, 17 Wally's Walk	

Information Booths

Location: Terrace, 330X Function Room, Level 3, Michael Kirby Building, 17 Wally's Walk

1. Macquarie University Lifespan Health and Wellbeing Research Centre
2. Emotional Health Clinic
3. Macquarie University Psychology Clinic
4. Macquarie University Neuropsychology Clinic
5. Macquarie University Student Wellbeing
6. Lifeline
7. Mind Australia
8. One Door Mental Health
9. Transcultural Mental Health Centre
10. SHER Foundation

Event co-sponsors:





Supporting partner:



Australians for
Intersectionality
& Diversity in
Mental Health

Supporting sponsors:

















Abla's Pastries



Event Organising Committee

Dr Jessamine Chen (Chair)

Nic Dew

Dr Christopher Hunt

Dr Hayley Cullen

Dr Xin Wang

Dr Gabi Picard