MQ Health Seminar Series
- A brief history of sleep medicine

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Speaker Bio

Professor Ron Grunstein

Professor Ron Grunstein AM is a Professor of Sleep Medicine and NHMRC Senior Principal Research Fellow. He has held numerous NHMRC fellowships over the last 20 years and has been a consultant physician in sleep disorders for over 30 years. He is a pioneer in improving patient care in sleep medicine in Australia and internationally, from the early development of CPAP for sleep-breathing disorder, through to international collaborations leading to improved patient care pathways. He is the leading sleep researcher in Australia, with funding in excess of $50 million and 450 publications. Ron has received numerous awards, including being made a Member of the Order of Australia in 2019, and an advisor for numerous national and international regulatory bodies on sleep disorders. Currently, Ron is a senior staff specialist at Royal Prince Alfred Hospital, Sydney and heads the Sleep and Circadian Research Group at the Woolcock Institute of Medical Research.

Abstract

Professor Ron Grunstein has been a pioneer of sleep medicine and will provide an overview of historical developments of sleep medicine through to the substantial interdisciplinary reach now.