

IBD SYMPOSIUM VIRTUAL SATELLITE SESSIONS



“The Rongo ā Puku Framework for IBD”

Dr Sally Rye, PhD

Dr Sally Rye is a Māori Health Practitioner, Head of Research at Eastern Institute of Technology (EIT), and founder of The GUTLab Aotearoa, which re-indigenises gut health knowledge and promotes kaupapa Māori well-being.

Her doctoral research developed Rongo ā Puku, an indigenous framework viewing the gut (puku) as a source of intelligence influencing cognition, emotion, metabolism, spirituality, and relationships. She leads culturally grounded interventions supporting whānau to reclaim hauora and directs research, including the IBD Hauora Assessment Framework, embedding Te Tiriti o Waitangi principles into clinical practice. Sally specialises in bridging Māori and Western health systems to enhance culturally safe, holistic care.

**Contact your Pharmaco representative
for more information**

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“Answers to common patient questions”

Catherine Wall, BSc (Human Nutrition)
PG Dip Diet MSc PhD (Otago)

Gut Nutrition was founded by Dr Catherine Wall, a registered dietitian with a PhD in nutritional therapy for Crohn’s disease from the University of Otago, New Zealand.

Catherine completed her PhD at the University of Otago Christchurch campus under the guidance of gastroenterologists Professor Richard Gearry and Professor Andrew Day.

Catherine has 20 years of experience as a dietitian working in New Zealand, the United Arab Emirates and the United Kingdom. She has a broad range of clinical experience including diabetes, intensive care, older persons’ health and gut health. Since 2013, Catherine has specialised in nutrition and dietary management of inflammatory bowel disease (Crohn’s disease and ulcerative colitis).

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