

Swimming for Children with disability: Experiences of Rehabilitation and Swimming Professionals in Australia

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SPLASH Background



Physical activity is a key protective health factor



Children with disability → Less physical activity

Swimming is popular!

Potential benefits of swimming for children with disability

Most published research focuses on hydrotherapy





SPLASH I Aims



Identify the availability and content of swimming interventions / activities



Identify barriers & facilitators to participation in community swimming activities



Identify barriers & facilitators to providing swimming-focused interventions / activities





Methods



Measures

- Survey



Participants

- AHPRA-registered rehabilitation professionals
- Registered swimming teachers

Procedures

- Completion of online Qualtrics survey

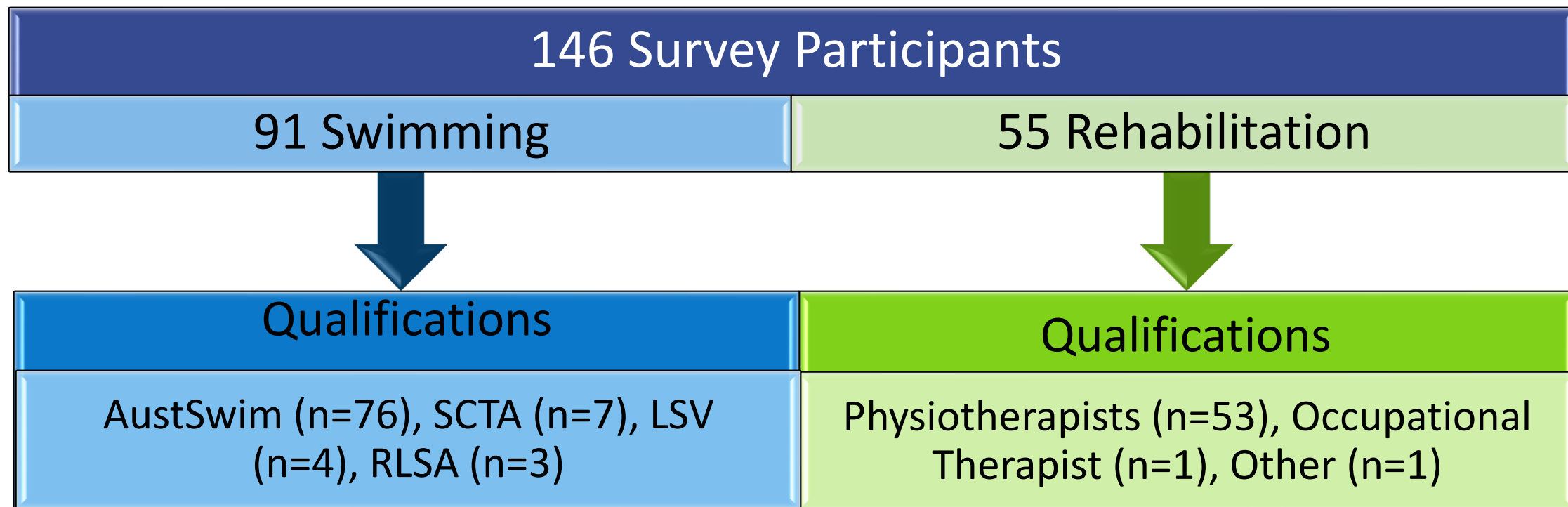
Analysis

- Quantitative results
- Qualitative Reflexive Thematic Analysis

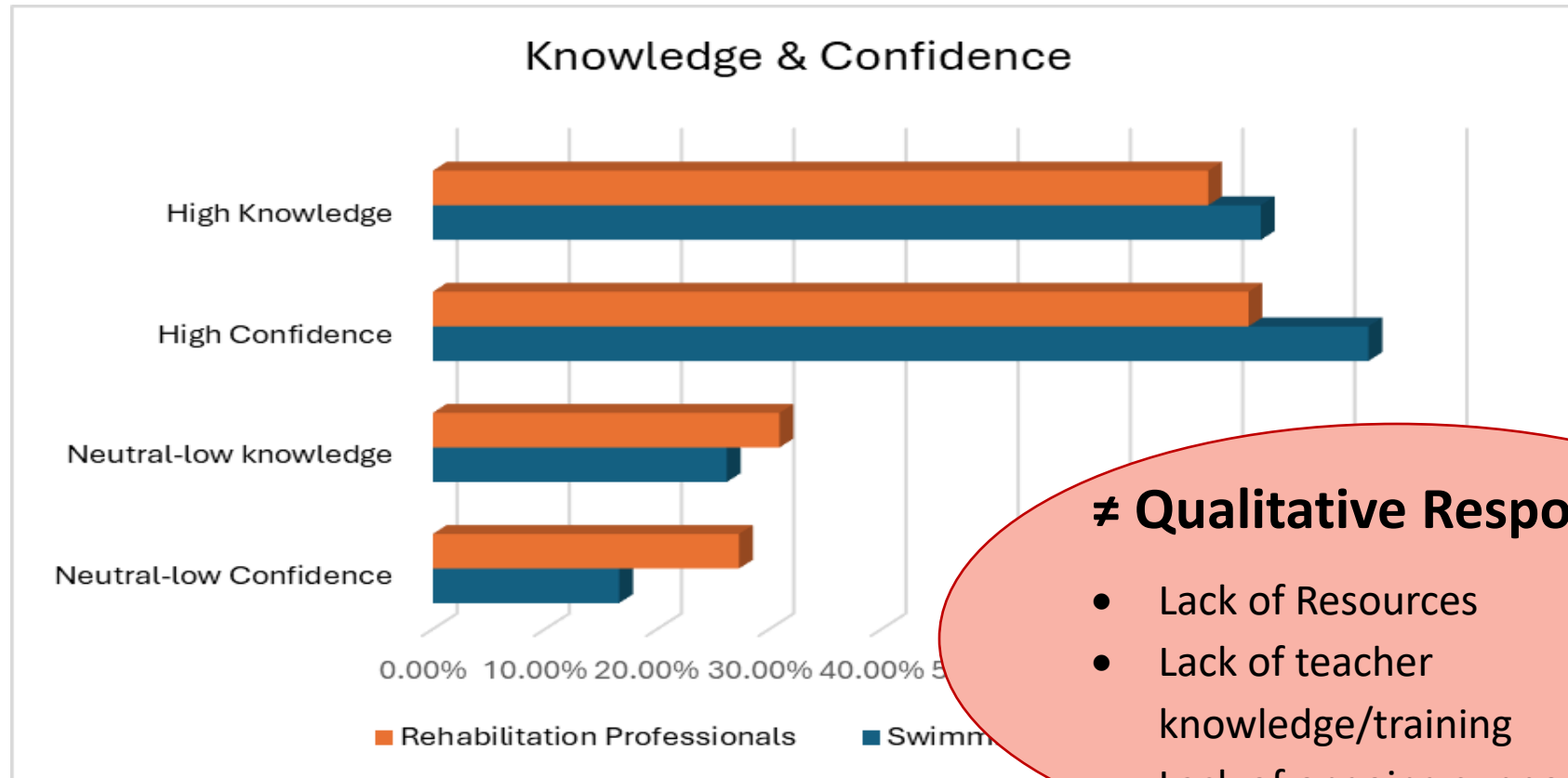




Results



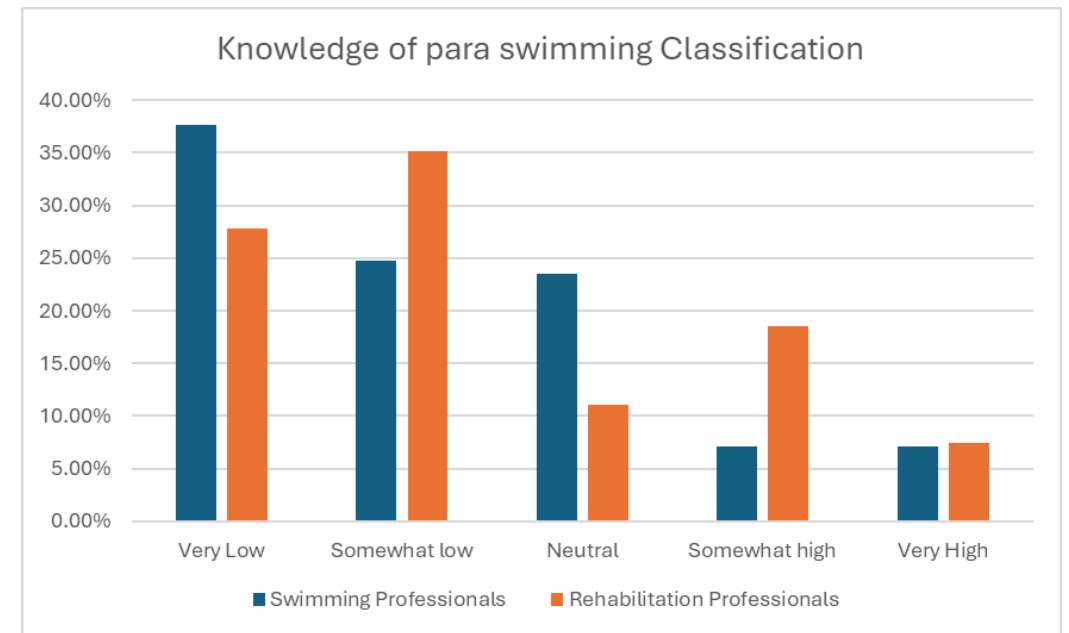
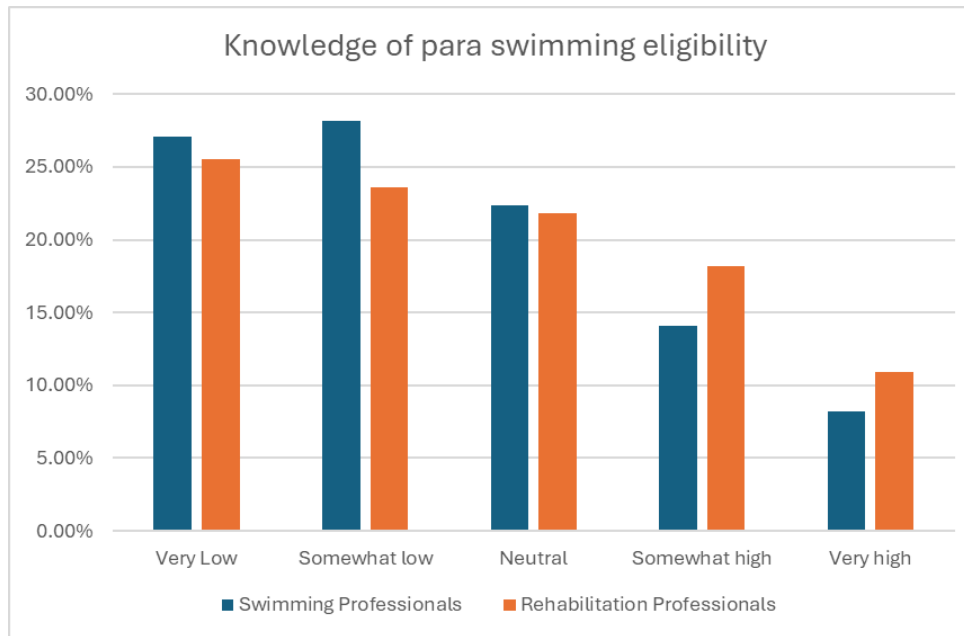
Results – Knowledge and Confidence



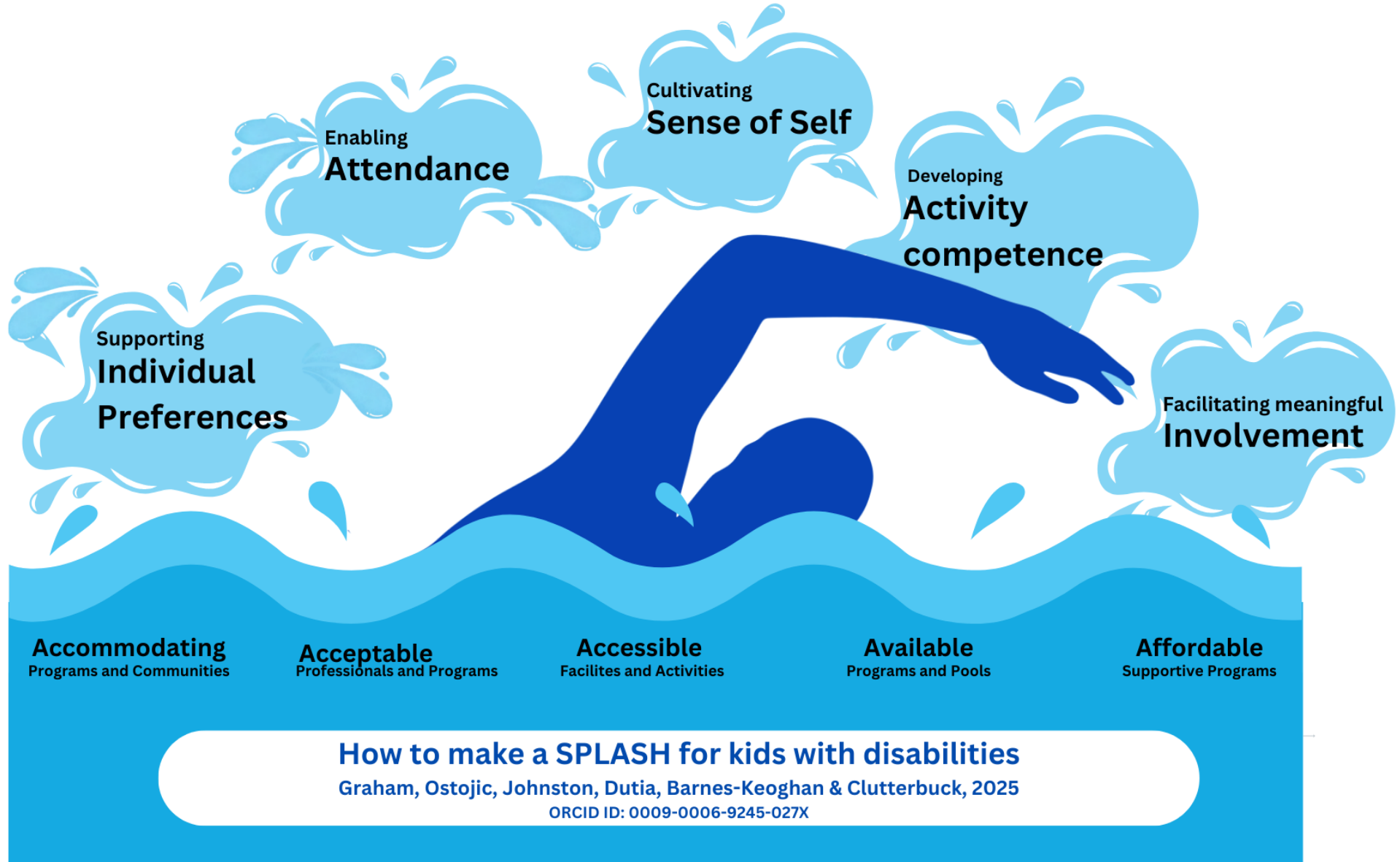
≠ Qualitative Responses

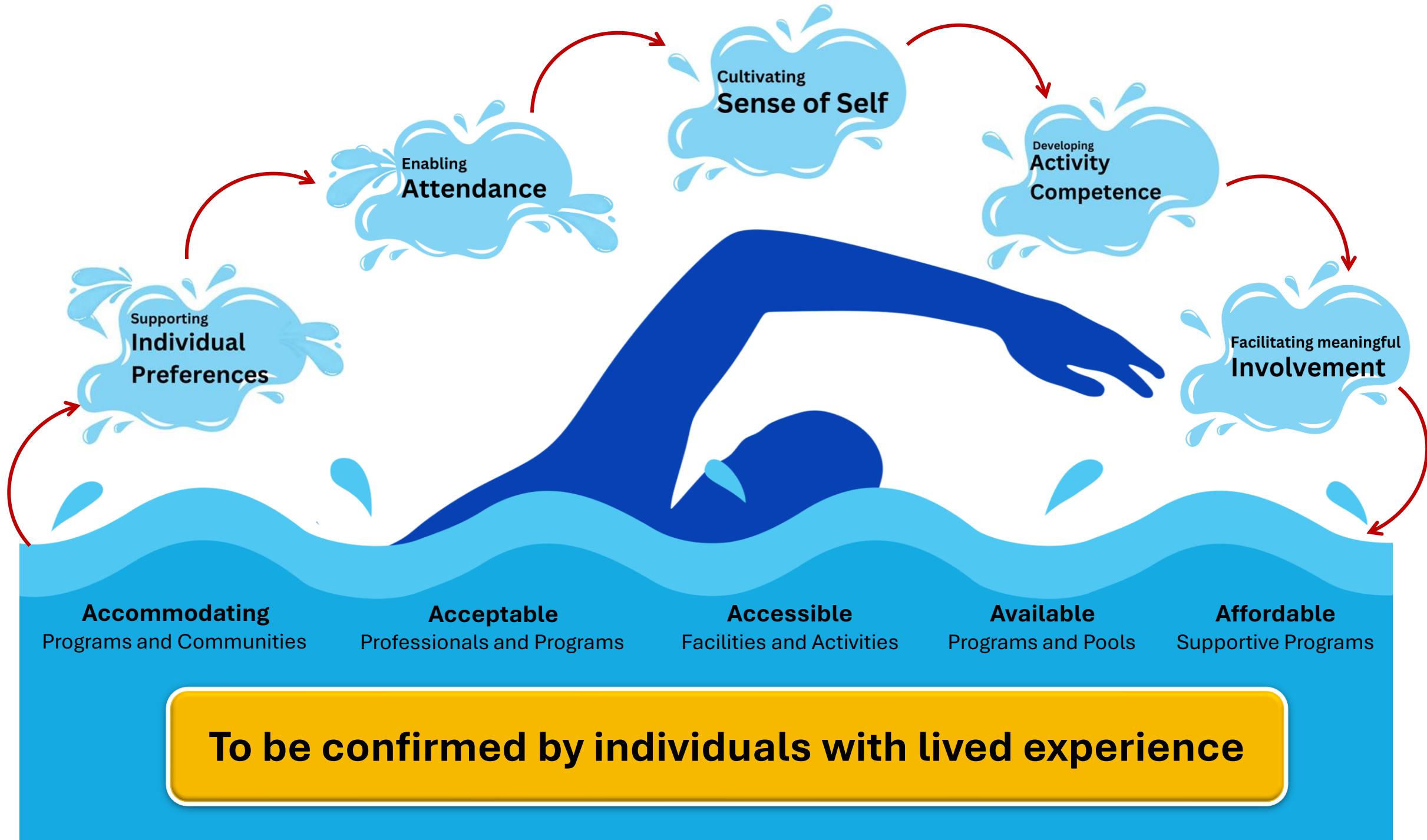
- Lack of Resources
- Lack of teacher knowledge/training
- Lack of ongoing support

Results – Para Swimming Knowledge



Results/Discussion – Qualitative Questions







Where to from here?



Codes and guidelines around accessibility



Acceptable and
accommodating
programs

- Improving education for swimming professionals
- Improving links between therapists and swimming professionals
- Provision of equipment and resources



We need more information around individual factors and
participation....





SPLASH #2: Swimming Participation: Linking All StakeHolders



Limited information from professionals around participation and individual factors



Lived experience voices needed

Consumer Advisory Group

Iterative co-design workshops

Implementation of proposed solutions

SPLASH Survey II: Swimming
Participation - Linking All
StakeHolders

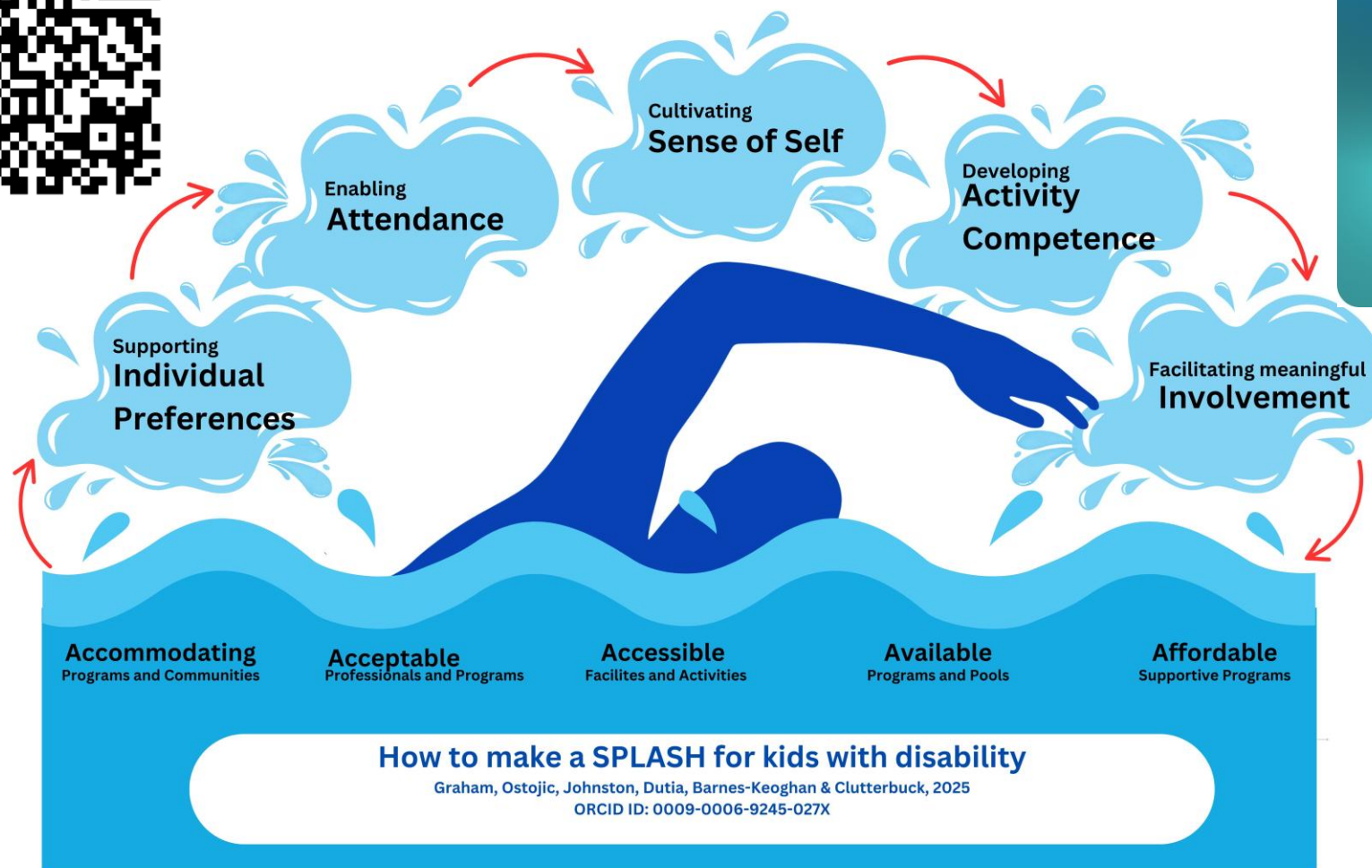




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SPLASH-I publication



SPLASH Survey II: Swimming Participation - Linking All StakeHolders



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