



NZ WOMEN IN MEDICINE CONFERENCE 2024

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Hope moves us forward together

15-18 May 2024
Tākina Convention Centre
Te Whanganui-a-Tara Wellington

PROGRAMME





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WEDNESDAY 15 MAY 2024

8:00am – 12:00pm Room	Exhibition Build Tākina Convention Centre, 2 nd Floor, Exhibition Foyer
12:00pm – 6:00pm Room	Exhibitors pack in Tākina Convention Centre, 2 nd Floor, Exhibition Foyer
4:00pm – 6:00pm Room	Registration Exhibition Foyer
5:30pm – 7:00pm Location	Informal networking function: this is a self funding event, but NZWIM are providing platters to share Naumi Hotel, Purple Table area, 213 Cuba Street



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THURSDAY 16 MAY 2024

Pre-Conference Workshops

7:00am – 7:45am Meeting point	Running club Te Papa: main entrance to museum. Look for the ASICS flag		
9:15am – 9:45am Room	Registration and morning break Exhibition Foyer		
9:45am – 11:45am Room	Workshop 1: Rarotongan Dance Tāwhirimātea A	Workshop 2: Difficult conversations and how to have them with Patients, Colleagues and Managers Tāwhirimātea C	Workshop 3: Embracing fun and flow: infusing playfulness into life Tāwhirimātea E
	Hula your way into our conference this year with Hula Fix – a Wellington-based wāhine run group who host community fitness programmes based on Pacific Island dance, mainly 'Ura – the traditional dance of Rarotonga. We will show you all the moves required and then your body will tell you how fast you can shake shake shake it!	Dr Lucy Gibberd & Dr Samantha King, MPS Victoria Waalkens, Lawyer, Wotton + Kearney	Kylie Rook, IntoBeing Embark on a transformative 2- hour yoga journey to discover the power of playfulness and flow state.
11:45am – 12:30pm	Lunch, Exhibition Foyer		



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12:30pm – 2:30pm	Workshop 4: Rongoā Mai	Workshop 5: Bearing witness: a writing workshop	Workshop 6: Financial Freedom, sponsored by Financial Independence & Craigs Investment Partners
Room	Tāwhirimātea A	Tāwhirimātea C	Tāwhirimātea G
	Sharlene Moate-Davis, Mokopuna Solutions This interactive workshop offers an introduction to Te Ao Rongoā - from traditional knowledge and history to the current context.	Dr Renee Liang In this two hour workshop, we'll discuss how we all bear witness to the small and large things, and explore ways we can witness through creative practice. All levels, beginner to experienced, welcome.	Angela Meyer & Rachel Davies, Hi Money Alison McKenzie & James Jenkin, Financial Investment Katie Douglas-Clifford, Craigs Investment Ever wondered what your life would be like if you felt better about money? Time to find out.
2:30pm – 3.00pm	Afternoon break		
Room	Exhibition Foyer		




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THURSDAY 16 MAY 2024

3:00pm – 5:00pm	Workshop 7: Sing your heart out!	Workshop 8: Ngā Hūhua o Te Wānanga Tāwhirimātea C	Workshop 9: Reclaiming rest: exploring deep relaxation for holistic well-being
Room	Tāwhirimātea A		Tāwhirimātea E
	Lala Simpson, Oohlala Music Experience the joy and healing powers of singing together in harmony.	Nicholas Dalton, Sarai Nathan, Craig Wilson, Saul Roberts, TOA Architects Introduction to kaupapa māori design in the health and hauora space	Kylie Harris, YogawithKylie Experience transformative power of rest through somatic movement & yoga nidra, unlocking deep relaxation & fostering holistic well-being.
5:00pm	Pre-conference workshops conclude		
5:00pm – 7:00pm	Financial Independence Welcome/Cocktail function		 Financial Independence Part of the ICIB Group
Venue	Exhibition Foyer at Tākina, Level 2		



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FRIDAY 17 MAY 2024

Conference Day 1

6:45am – 7:30am Meeting point	Running club Te Papa: main entrance to museum. Look for the ASICS flag
8:15am – 8:45am Room	Registration with arrival tea and coffee Exhibition Foyer
8:45am – 10:30am Room	Session 1: Plenary Tāwhirimātea A & G
8:45am – 9:05am	Mihi Whakatau followed by Housekeeping with Kay Gregory, Conference MC
9:05am – 9:15am	Welcome to Te Whanganui-a-Tara Wellington Her Worship Tory Whanau, Mayor of Wellington
9:15am – 9:25am	Conference welcome Dr Orna McGinn, NZWIM Conference Convenor
9:25am – 9:55am	The future of health and health in the future Dr Diana Sarfati, Director-General of Health, Manatū Hauora Ministry of Health
9:55am – 10:10am	Q&A with Dr Diana Sarfati with Kay Gregory, Conference MC
10:10am – 10:25am	Why the mental health system doesn't have to be broken Dr Angela Lim, Co-Founder and CEO, Clearhead




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10:25am – 10:30am	Sponsor presentation: How not to miss a Melanoma Katy Doherty, Skin Cancer Symposium			
10:30am – 11:00am Room	Morning break – exhibition and sponsors Exhibition Foyer			
11:00am – 12:05pm Room	Session 2: Equity in Health Tāwhirimātea A & G			
11:00am – 12:05pm	Can cultural safety be embedded in our health system? Kiri Rikihana, Deputy CEO, Medical Council of New Zealand			
	Te Piringa Kōtuku – Creating a safe and innovative space as a wāhine Māori in Surgery Dr Jamie-Lee Rahiri, Te Whatu Ora			
	Equity in Health Q&A with Kay Gregory			
12:05pm – 12:10pm	Transition			
12:10pm – 12:50pm Room	Session 3A Who cares for the carers? Organisational wellbeing in the context of our healthcare system Tāwhirimātea A & G	Session 3B: Sharing the love, Sharing the load: working collaboratively across primary and secondary care Tāwhirimātea C	Session 3C: Culturally diverse immigrant doctors. How do we understand their experience and manaaki them into Aotearoa? Tāwhirimātea E	
	Dr Jo Sinclair, Interim Lead for workforce wellness, Te Whatu Ora	Dr Josie Todd, Oncoplastic Breast and General Surgeon & Dr Janine Close, Te Whatu Ora – Health New Zealand	Dr Carolyn Providence, Senior Medical Officer, Counties Manukau Health & Dr Lucy O'Hagan, General Practitioner/Writer	



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12:50pm – 1:50pm	Lunch
1:20pm – 1:40pm Room	NZ Women in Medicine Charitable Trust Extraordinary meeting Tāwhirimātea A & G
1:50pm – 2:40pm Room	Session 4: Plenary Tāwhirimātea A & G
1:50pm – 2:15pm	Flourishing in a technological age Sir Peter Gluckman, International Science Council
2:15pm – 2:40pm	Climate Change and Health: Why the climate needs us to lead transformation Dr Karen Danenhauer, ED Consultant, Te Whatu Ora, Taranaki Dr Rebecca Randerson, Ora Taiao - NZ Climate & Health Council
2:40pm – 3:45pm	Session 5: Workforce Panel Tāwhirimātea A & G
	Is it terminal? Tackling the workforce crisis in Aotearoa Andrew Slater, Te Whatu Ora Dr Samantha Murton, Chair of CMC, President, RNZCGP Kiri Rikihana, Deputy CEO, Medical Council of New Zealand Dr Rhea Liang, General Surgeon
3:45pm – 4:15pm	Afternoon break, Exhibition Foyer




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FRIDAY 17 MAY 2024

4:15pm – 5:30pm Room	Session 6: Plenary Tāwhirimātea A & G	
4:15pm – 4:45pm	What do complaints tell us about women’s experience of health and disability services Morag McDowell, NZ Health and Disability Commissioner	
4:45pm – 5:30pm	Tip and tricks to an accessible practice Sonja Eriksen, Principal Disability Advisor, Ministry Social Development Minnie Baragwanath, New Zealand Disability Advocate Dr Erica Whineray Kelly, Chief Medical Officer, Southern Cross Healthcare Q&A	
5:30pm	End of conference day 1	
7:30pm – 11:00pm Venue	NZ Medical Indemnity Insurance conference dinner: self funding event Pomelo Restaurant, Oriental Bay	



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SATURDAY 18 MAY 2024

Conference day 2	
6:45am – 7:30am Meeting point	Running club Te Papa: main entrance to museum. Look for the ASICS flag
8:00am – 8:30am Room	Registration with arrival tea and coffee Exhibition Foyer
8:30am – 9:35am Room	Session 7: Medical Training and Inequity Tāwhirimātea A & G
8:30am – 8:35am	Housekeeping Kay Gregory, Conference MC
8:35am – 8:55am	It's only words or is it? Keriana Brooking, Partner, Hauora/Health Equity, PwC New Zealand
8:55am – 9:35am	Glass ceiling: are we there yet? Prof. Helen Danesh-Meyer, Glaucoma, Neuro-Ophthalmology & Cataract Surgeon, Eye Institute Are we there yet?: Where is 'there'? Assoc. Prof. Rhea Liang, General Surgeon Q&A/facilitated discussion



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SATURDAY 18 MAY 2024

9:35am – 10:25am Room	Session 8: 3 Wise Men Tāwhirimātea A & G		
	3 Wise Men: facilitated by Kathryn Ryan Rob Campbell, Chancellor, Auckland University of Technology Ian Powell, Freelance Writer & Health Commentator Dr Andrew Connolly, Middlemore Hospital		
10:25am – 10:45am Room	Morning break Exhibition Foyer		
10:45am – 11:20am 11:20am – 12:05pm Room	Session 9A: Tackling Toxic Workplaces Tāwhirimātea A & G	Session 9B: Aesthetic Medicine Tāwhirimātea C	Session 9C: Sex and relationships Session 10A: Sex and relationships Tāwhirimātea E
	Sarah Dalton, ASMS	Dr Jenni Irvine, NZSCM	Serafin Upton, Relationship Expert & Dr Olivia Smart, Oxford Women’s Health facilitated by: Melody Thomas, Popsock Media
11:20am – 11:25am	Transition time		



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SATURDAY 18 MAY 2024

11:25am – 12:00pm	Session 10A: Lifestyle Medicine in Practice Tāwhirimātea A & G	Session 10B: Tackling Climate Change: practical actions to make a difference Tāwhirimātea C	This session is a continuation from the above.
Room	Dr Olivia Currie Dr Peter Carr-Boyd, UGI/HPB surgeon	Dr Karen Danenhauer, ED Consultant, Te Whatu Ora, Taranaki Dr Rebecca Randerson, Ora Taiao – NZ Climate & Health Council	
12:00pm – 12:05pm	Transition time		
12:05pm – 12:40pm	Session 11A: ADHD is a serious and treatable illness: who is missing out on care and why? Tāwhirimātea A & G	Session 11B: High Hopes: exploring the medical landscape of cannabis Tāwhirimātea C	Session 11C: Te Aka i Piki ai ā Tāwhaki ki Ngā Rangī Tūhāhā Tāwhirimātea E
Room	Dr Marie Bismark, Psychiatrist, Health Lawyer, Researcher, Melbourne School of Population and Global Health (Aust) Sam Jull, Student	Medicinal Cannabis – the regulatory landscape Tania Jones, Manager, Medicinal Cannabis Agency, Medsafe Dr Afraz Adam, CannaPlus	Kaupapa māori and indigenous design in the health and hauora space Sarai Nathan, TOA Architects, Anner Chong, ChowHill Kirstie Irwin & Kevin O'Brien, BVN
12:40pm – 1:30pm	Lunch		



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SATURDAY 18 MAY 2024

1:30pm – 2:20pm Room	Session 12: Commercial Determinants of Health ‘Moving from the bottom to the top of the cliff’, facilitated by Kathryn Ryan Tāwhirimātea A & G
	Prof. Boyd Swinburn, Professor of Population Nutrition and Global Health, University of Auckland Prof. Robin Gauld, Dunedin School of Medicine & Otago Business School Sir Collin Tukuitonga, University of Auckland (virtually)
2:20pm – 3:15pm Room	Session 13: Downstream effects: focus on obesity in Aotearoa discussion panel, facilitated by Kay Gregory Tāwhirimātea A & G
2:20pm 2:30pm 2:40pm 2:50pm	Dr Olivia Currie Jenn Sarich, Clinical Psychology Student, University of Auckland Dr Kara Okasene-Gafa, Pacific Women’s Health Panel discussion
3:15pm – 3:40pm	Afternoon break



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SATURDAY 18 MAY 2024

3:40pm – 5:30pm
Room

Session 14: Plenary
Tāwhirimātea A & G

3:40pm – 4:30pm

The roads less travelled, facilitated by Dr Renee Liang, Pediatrician and Writer

Dr Renee Liang, Pediatrician and Writer

Dr Lucy O'Hagan, General Practitioner & Writer

Prof. Marie Bismark, Psychiatrist, Health Lawyer, Researcher, Melbourne School of Population and Global Health (Aust)

4:30pm – 5:20pm

Innovation Panel: What works?, facilitated by Kathryn Ryan

David Meates, Specialist Health Systems Advisor

Dr Lara Hopley, Chief Clinical Informatics Officer, Te Whatu Ora

Dr Karl Cole, GP, RNZCGP Board member and Clinical Informatics Advisor, Te Whatu Ora

5:20pm – 5:30pm

Conference close

Dr Orna McGinn, NZWIM Conference Convenor

Conference close