



Katrina Kirikino-Cox

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Ko wai mātou?

Whakamana Wāhine Hei Oranga Whānau

Our enrolled clinic population:

- 13,00 enrolled patients
- 89% of whom are high needs
- 40% Māori, 38% Pacific, 11% Q5 other



APPOACH TO EQUITY FOR MAORI

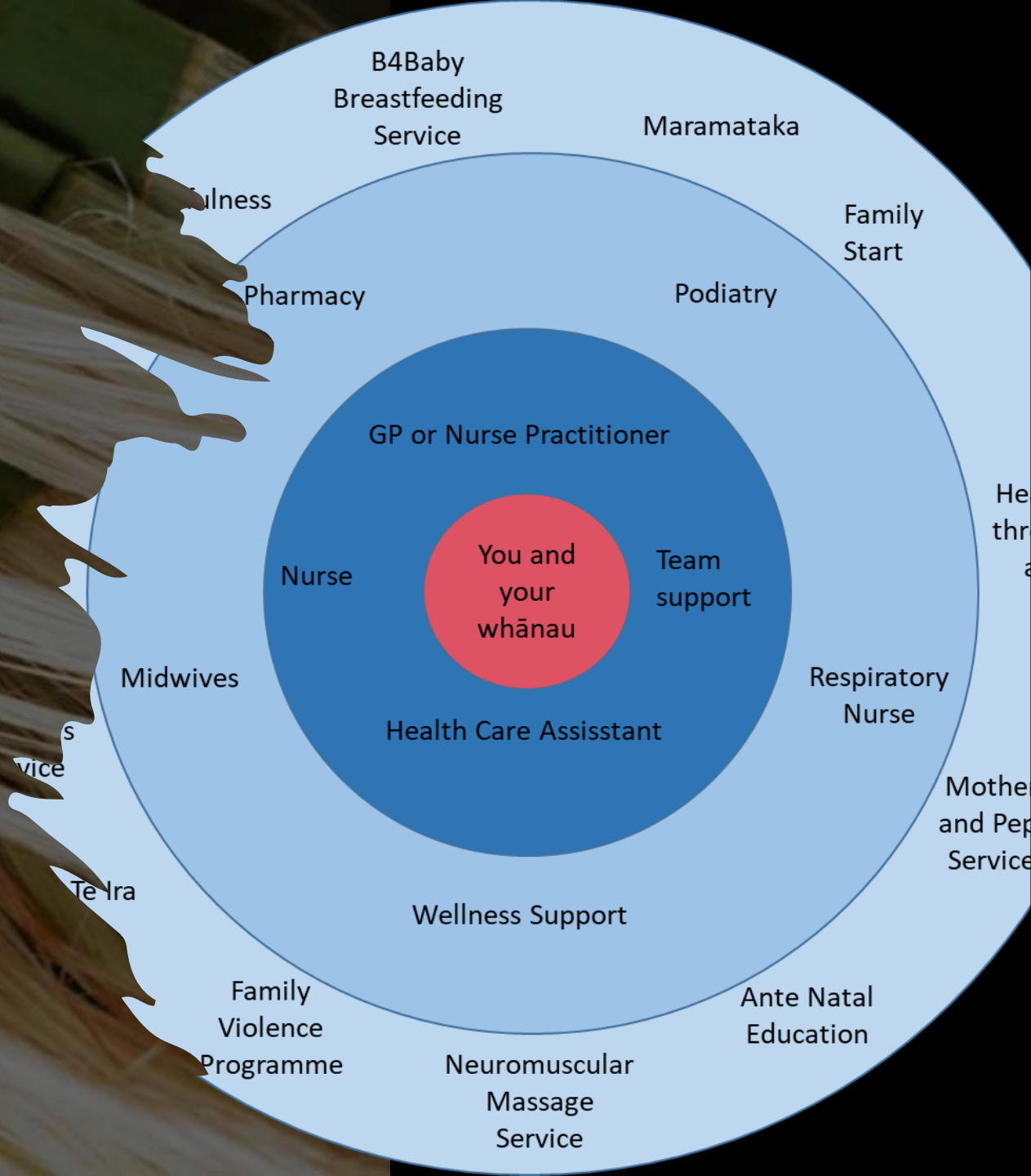
- Te Tiriti O Waitangi
- Trust board and governance
- Employing staff that reflect the population we serve
- Māori models of health and well-being ie Hui Process/ Meihana Model
- Clinical audit by ethnicity
- Healthcare Home Certified

All whānau have access to the services they need, when they need it, where they need it



MUKA model of care

Muka is spun into thread and used it to weave warm clothes and make ropes, fishing nets and many other things.





Maramataka







Te Ara Tika Kākahu



Lifestyle Health Coaching

- One on one and group app based coaching
- Based triad of stress management, sleep and on Low Carbohydrate nutrition
- GP oversight for patients on medication

Te Whare Ā Io Wānanga

AIO

A Māori meditation
app for all to enjoy.

- Wāhine, Tāne and Mixed Wānanga
- In Person and Virtual
- Aio App



Staff Wānanga





Whānau Wānanga

