



De Mazenod Family
Education Network

De Mazenod Family Education Network - GoGreen Student Voice Sustainability Drive

Week 5 of our 2025 Sustainability Summit
Good People Doing Good Things
(Monday September 15 to Friday September 19)

You are invited to identify three actions / habits that are currently part of your routine or actions / habits, or you would like to adopt to improve our environment by reducing waste, reducing energy consumption or by building ecological awareness.

The purpose of the exercise is to generate discussion and share ideas of simple actions that can collectively make a difference.

WEEK 5 - GOOD PEOPLE DOING GOOD THINGS

Personal Action / Habit Activity

Action 1 _____

Action 2 _____

Action 3 _____

Examples

Placing litter in the correct bin.
Three for the Sea: When at the beach this summer collect 3 pieces of plastic from the beach and place in the bin.
Reduce time in the Shower
Recycle food waste: Start a compost bin or use FOGO bin.
Use the correct bin for recycling and avoid contamination.
Be part of a tree planting day.
Use "reusable" wrapping / packaging at Christmas time for present giving.
Have your own water bottle and refill.
When ordering take away where possible provide container.
Buy products that are ethically grown / manufactured.
Turn off Lights
Put on extra clothing instead of turning on the heating.
Lower the temperature settings for heating and raise the temperature settings for cooling.
Build bird boxes or bat boxes to support local wildlife.
Use digital notes and restrict printing.
Print double sided and always use both sides of paper when notetaking.
Use reusable shopping bag.
Know the difference between, "Best Before" and "Use By"
Sustainability Groups and clubs. Find out more, acknowledge and encourage those doing the right thing.

Come up with your own idea and share it with the group.