THURSDAY 20th NOVEMBER

TIME	MAIN PROGRAM	LOCATION	KIDS/TEENS CLUB (<18 yrs)
3.30pm	Airport Transfer (for IEM Adults arriving early) departs Sydney Airport (arrives by 5.30pm for check in)		
6.30pm	Optional (extra cost) – IEM Adults Pre-Retreat Dinner	Jamison's	
	(for IEM adults & Partners only) – concludes 9.30pm	Restaurant	

FRIDAY 21st NOVEMBER

TIME	MAIN PROGRAM	LOCATION	KIDS/TEENS CLUB (<18 yrs)
9.00am	Optional (extra cost) – IEM Adults Pre-Retreat	Jamison's	
	Breakfast (for IEM adults & Partners only)	Restaurant	
10.30am	Airport Transfer #1 departs Sydney Airport (arrives by		
	12.30pm)		
12.30pm	Registrations & Hotel Check In;	Conference	Parent Supervision
10.00	Open Low Pro Product Showcase	Lobby	
12.30pm	Lunch – Registrations, hotel early check in	Conference	Parent Supervision
	Low Pro Product Showcase	Lobby&	
1.00		Jamison Green	KIDG GLUD GLUGGKINI
1.00pm	Creche, Kids Club, Tweens & Teens Check In Opens	Conference	KIDS CLUB CHECK IN
	(parents to sign in kids)	Lobby/Pioneers	•
		Room	CHECKIN
1.45pm	Scientific Patient Forum:	Ballroom 1	1.45pm KIDS CLUB ACTIVITIES
	1. Stream 1: Scientific Patient Presentations –		TEENS & TWEENS ACTIVITIES
	PKU (Facilitator: Bianca Albanese)		
	o PTC-923 (sepiapterin) - Anita Inwood		
	NP		
	o Home PHE Monitor update - Anita		
	Inwood NP		
	o Palynziq – Prof. Cary Harding		
	o JNT-517; Dr Rebecca Halligan		
	o ICIEM 2025 Outcomes (PKU) – Dr Michel		
	Tchan		
	o Q&A	D II 0	
	2. Stream 2: Scientific Patient Presentations –	Ballroom 2	
	Other IEpMs (Facilitator: Jo Campbell)		
	 IEpMs Welcome, Jo Campbell, MDDA ECUR-506; Dr Shanti Balasubramaniam 		
	· ·		
	 ICIEM update Other IEpMs (not PKU); Anita Inwood NP 		
	o Q&A		
2.00pm	Airport Transfer #2 departs Sydney Airport (arrives by		Late arriving Kids check in to kids
_,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	4.00pm)		club at pm tea upon arrival
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3.15pm	PM Tea – Registrations continue	Conference	Parent Supervised PM Tea
	Hotel & Kids club check in	Lobby/Pioneers	
	Low Pro Product Showcase	Room	
	1. Stream 1: New families meet & greet. Jo	Ballroom 2	
	Campbell, MDDA Pathways Nurse & Melissa		
	Tizzone, NSW Westmead (FUNCTION)		

3.50pm	Welcome Sessions (Intro's, Agenda, MDDA Event App, Patient Panel and MDDA Update), MDDA Executive Team (incl. Teens & Tweens *) – Allocated Seating	Ballroom 1	KIDS CLUB ACTIVITIES TWEENS &TEENS INTRO'S – ALL * Attend & earn Teens/Tweens arcade tokens
5.00pm	Group Introductions Speed Group Networking session	Ballroom 1	5.00pm KIDS CLUB ACTIVITIES TEENS & TWEENS ACTIVITIES – ALL
6.00pm	Kids Club Check out (Sign out kids no later than 6.10pm)	Pioneers Room	Sign out kids
6.15pm	Casual Fun Family Dinner & Dessert Commences (Pizza/Pasta Italian night)	Azzurro	All kids under parents supervision unless babysitting pre-booked.
8.30pm	8.30pm Family fun continues with Kids movie & walkabout disco til 10.30pm	Azzurro	All kids under parents supervision unless babysitting pre-booked.
10.30pm	After Dinner Networking at Jamison's Bar or Whisky Lounge (18yrs +)	Jamison's Bar or Whisky Bar	Parent Supervision

SATURDAY 22nd NOVEMBER

TIME	MAIN PROGRAM	LOCATION	KIDS/TEENS CLUB (<18 yrs)
7.15am	Breakfast at leisure	Jamison's Restaurant	Parent Supervision
8.30am	Arrival Coffee & Kids Club open for Check In (parents to sign in kids)	Conference Lobby/Pioneers Room	KIDS CLUB OPEN FOR CHECK IN
8.45am	Introduction to Day Two. Monique Cooper, MDDA President	Ballroom 1	KIDS CLUB ACTIVITIES TEENS & TWEENS CHECK IN Sibling Teens free time & Tweens in Kids club
8.55am	Featured Study on PKU, physical activity, exercise and sport. Annabelle Skidmore PKU Adult Birmingham University UK	Ballroom 1	KIDS CLUB ACTIVITIES TEENS & TWEENS IEPM SESSIONS * Attend & earn Teens/Tweens arcade tokens
9.00am	Stream 1: All Parents & Adults MDDA Advocacy Update & Hot Topics – Bianca Albanese & Louise Healy, MDDA	Ballroom 1	KIDS CLUB ACTIVITIES TEENS & TWEENS IEpM SESSIONS * Attend & earn Teens/Tweens arcade
	2. Stream 2. TOPSTeens & Tweens * TOPs program - Jo & Isabelle Campbell, MDDA	Ballroom 2	Sibling Teens free time & Tweens in Kids club
9.40am	Stream 1. Parents (incl. Teens & Tweens *) PKU multidisciplinary teenage clinic program: Co-designing the next steps Maureen Evans, Mia Aaron & Brooke Allender, RCH	Ballroom 1	* Attend & earn Teens/Tweens arcade tokens Sibling Teens & Tweens free time or in Kids club
	 2. Stream 2. Adults - Women's Health & Ageing with IEpMs – Anita Inwood, QLD Clinic 	Ballroom 2	

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10.25am	- AM Tea & Low Pro Product Showcase	Conference Lobby	Parent Supervised AM Tea		
10.50am	Stream 1: Parents of Tweens / Teens (incl. Teens & Tweens) Low Protein Dietary Considerations & Food Challenge - Stephanie Tang & Sara O'Neil, Rachel Battersby, Paediatric Dietitians	Ballroom 1	Parent Supervised Sessions TEENS & TWEENS IEPM SESSIONS KIDS SESSIONS (5yrs-)		
	2. Stream 2: IEpM Siblings (Siblings 5 yrs+) A positively guided open session for siblings of IEpM families (with a chance to reflect on their role and journey) - Jo & Isabelle Campbell, MDDA	Club Lounge	* Attend any above sessions & earn Kids/Siblings/Teens/Tweens arcade tokens		
	3. Stream 3: Parents of infants & pre-school age kids (incl. kids up to 8 years) Sensory Food Play Workshop for Families Living with IMD- Mia Aaron & Brooke Allender, RCH	Pioneers Room			
	 4. Stream 4: Adults Low Protein Dietary considerations - Kate Billmore, Catherine Manolikos, Kate Lefebure, Adult Dietitians + Formula tasting considerations 	Ballroom 2			
12.00pm	Lunch & Supplement Tasting (Adults)	Conference Lobby& Jamison Green			
12.00pm	Formula Tasting Considerations (Parents) Stephanie Tang, Paediatric Dietitian, NSW				
12.10pm	Lunch & Supplement Tasting (Parents with Teens, tweens & kids) Includes family fun on the big slide or resort train	Conference Lobby& Jamison Green	Parent Supervised Lunch		
1.40pm	Patient/Family Survey Results, Monique Cooper, MDDA President	Ballroom 1	KIDS CLUB ACTIVITIES TEENS – ALL ROPES COURSE TWEENS – ALL MOTOR BOATS		
2.00pm	Lived Experience Patient Panel (Managing your IEpM) 5 patients (Facilitated by: Bianca Albanese, MDDA)	Ballroom 1	KIDS CLUB ACTIVITIES TEENS – ALL ROPES COURSE TWEENS – ALL MOTOR BOATS		
3.00pm	Airport Transfer departs Fairmont (arrives 5.00pm)				
3.15pm	Kids Club Check out (Sign out kids no later than 3.40pm)	Conference Lobby/Pioneers Room	Sign out kids		
3.15pm	PM Tea: & Supplement Tasting or Free Time	Conference Lobby	Parent Supervision		
3.45pm	MDDA Connect Time – family networking & social time 4.00pm-5.30pm: Ice-Skating (all ages) Supplement Tasting packup	Poolside	Parent Supervision		
6.00pm	Casual Fun Family Dinner & Dessert Commences (Tastes of the Orient night)	Azzurro	All kids under parents supervision unless babysitting pre-booked.		

8.30pm	8.30pm Family fun continues with Family Trivia Games Night, Kids movie & walkabout disco til 10.30pm	Azzurro	All Kids under parents supervision unless babysitting pre-booked.
10.30pm	After Dinner Networking at Jamisons Bar or Whisky	Jamison's Bar	Parent Supervision
	Lounge (18yrs +)	or Whisky Bar	

SUNDAY 23rd NOVEMBER

TIME	MAIN PROGRAM	LOCATION	KIDS/TEENS CLUB (<18 yrs)
7.15am	Breakfast at leisure	Jamison's Restaurant	Parent Supervision
8.30am	Free Time	Poolside	Parent Supervision
9.00am	Kids Cupcake decorating with Nutricia (come down anytime from 9am to 10.15am)	Conference Lobby	Parent Supervision
Before 10am	Hotel Check out (checkout by 10am unless extending)	Hotel Reception	
9.45am	IEpM Adults Debrief (over morning tea)	Ballroom 1	
10.00am	АМ Теа	Conference Lobby	Parent Supervision
10.00am	Kids Club open for Check In (parents to sign in kids)	Pioneers Room	KIDS CLUB OPEN FOR CHECK IN TEENS & TWEENS – FREE TIME
10.30am	MDDA – AGM & Acknowledgements (all parents/adults requested to attend. Infants welcome.)	Ballroom 1	KIDS CLUB ACTIVITIES TEENS & TWEENS – FREE TIME
11.00am	Closing Discussionshear from Adults – Adults program recap - New Families - Retreat Newbies recap	Ballroom 1	KIDS CLUB ACTIVITIES TEENS & TWEENS – FREE TIME
11.15am	Closing Panels - Tweens & Teens – Tops Program recap - Kids Panel	Ballroom 1	KIDS CLUB WRAP UP TEENS & TWEENS – SESSIONS KIDS – Invited to kids panel sessions (kids club carers bring kids in)
12.15pm	Retreat wrap-up, thank yous & Prize draws	Ballroom 1	Parent Supervision – Kids stay for prize draw
12.30pm	Team Photo (on lawns) Poolside Lunch – Farewells & Final Family Fun	Jamison's Green Poolside	Parent Supervision
2.30pm	Airport Transfer departs for Sydney Airport (arrives by approx 4.30pm for flight departures from 5.30pm onwards)		
3.00pm	RETREAT CONCLUDES - DEPARTURES		