



PRELIMINARY PROGRAMME AS AT 30 JUNE 2026

Friday 9 October			
8.00am – 8.40am	Mihi Whakatau Venue: Wharenuī		
8.40am – 9.00am	Light refreshments / Registration		
9.00am – 10.45am	Conference opening and Plenary 1 Chair: Venue: The Hub		
9.00am – 9.05am	Welcome from the Board Jess Allen, Lara Wall		
9.05am – 9.45am	Keynote TBC		
9.45am – 10.15am	Current realities facing young people in Aotearoa Liz Hosking-Clement, Te Aorangi-Kowhai Morini		
10.15am – 10.45am	Industry Exhibition and Morning Tea Venue: The Hub		
10.45am – 12.15pm	Plenary 2 Chair: Venue: The Hub		
10.45am – 11.15am	Te Ūkaipō Audrey Robin		
11.15am – 11.45am	The Light Project Nikki Denholm		
11.45am – 12.15pm	Classifications Office Kate Whitaker		
12.15pm – 1.15pm	Industry Exhibition and Lunch Venue: The Hub		
12.45pm – 1.15pm	Te Kāhui Korowai Rangatahi Youth Health Aotearoa Annual General Meeting Venue:		
1.15pm – 2.45pm	Concurrent Session		
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	Linda Bowden, S Fortune, S Hetrick, T C Clark	
1.55pm – 2.15pm	Addressing the Gap in Concussion Recognition and Response in New Zealand Schools S Mowbray, Katya Old	Trends in Premature and Preventable Mortality in Young New Zealanders Compared to Young Populations in Other High-income Countries Jessica Kerr, KF Francis, M O'Connor, P Azzopardi
2.15pm – 2.35pm	TBC	Young People as Partners in Mental Health Research: Reflections on Participatory Methods from the I'M YOUTH Research Project Rebecca Mitchell, Merene Davies, K Mathias
2.35pm – 2.45pm	TBC	
2.45pm – 3.15pm	Industry Exhibition and Afternoon Tea Venue: The Hub	
3.15pm – 5.15pm	Plenary 3 Chair: Venue: The Hub	
3.15pm – 3.45pm	Asthma Foundation – Vaping Workshop Sharon Pihema	
3.45pm – 4.15pm	NZ Drug Foundation - Update on What's New/Hot including Peptides	
4.15pm – 4.55pm	ADHD update David Chinn, Lucia Griffith	
4.55pm – 5.15pm	TBC	
5.15pm - 6.15pm	Whakawhanaungatanga – Connection	
	Free evening	

Saturday 10 October

8.00am – 8.30am	Registration Opens	
	Plenary 4 Chair: Venue: The Hub	
8.30am – 9.30am	Youth Appropriate Care Simon Denny	
9.30am – 10.00am	Youth Disability Voice Eleanor Rawson	
10.00am – 10.30am	Industry Exhibition and Morning Tea Venue: The Hub	
10.30am – 12.00pm	Concurrent Session	
	2A: Mental Health Chair: Venue: The Hub	2B: Chair: Venue: Wharenui
10.30am – 10.50am	Engagement in Early Psychosis Engaging “Hard-To-Reach” Youth in Mental Health Sheridan Mclsaac, Fiona Stokes	What's Missing for Siblings? Insights from an Audit and a Youth Advisory Group Julie Blamires, Kelsy Shearer, J Gardiner, M Mitchell, C Hofer, B Eagles, C Collmat, A Davies
10.50am – 11.10am	Exploring Filipino Young People's Experiences of Disclosing Mental Health Diagnoses Lovely Dizon, V Sharma, R Ramalho, R Peiris-John	Open Closed Doors: Implementing the Bergen 4-Day Treatment for OCD in Aotearoa New Zealand Marthinus Bekker, Emma Chapman

11.10am – 11.30am	Aoake Te Rā: Supporting Young People Bereaved by Suicide <i>Eve Leonard, B Morrison</i>	Five-Year Trends in Adolescent Eating Disorder Inpatient Admissions: Reviewing the Impact of Introducing an Eating Disorders Team in 2024 <i>Catherine Scott, Charlotte Stanczuk</i>
11.30am – 11.50am	Oho Mauri: Awakening Rangatahi Potential Beyond the Deficit Model <i>Lizana Tuake</i>	Tītoki: An Innovative Global-First Initiative Empowering Rangatahi with FASD Through Connection, Confidence, and Advocacy in Aotearoa <i>Anna Gundesen</i>
	TBC	TBC
12.00pm – 1.00pm	Industry Exhibition and Lunch <i>Venue: The Hub</i>	
	Plenary 5 <i>Chair:</i> <i>Venue: The Hub</i>	
1.00pm – 2.00pm	Already Decided? Rangatahi Rising Above the Reality of Health Inequity <i>Megan Hakaraia, Casey Stokes</i>	
2.00pm – 2.40pm	Gender affirming care <i>Steven Lillis</i>	
2.40pm – 3.10pm	Industry Exhibition and Afternoon Tea <i>Venue: The Hub</i>	
	Plenary 6 <i>Chair:</i> <i>Venue: The Hub</i>	
3.10pm – 3.50pm	Eating Disorders <i>Angenette Hall</i>	
3.50pm – 4.10pm	The Youth Hub CHCH Evaluation <i>Sue Bagshaw, Tony O'Connor</i>	
4.10pm – 4.30pm	Te Ūkaipō – The “Walking-Together” Art of Doing It <i>Maryjane Pratt, Sara Moeke, V S Shaw</i>	
4.30pm	Conference Close	

POSTER PRESENTATIONS

1	All Things Sex- 90-Minute In-Depth Sexual Health Education for Senior Students Delivered Outside of the RSE Curriculum <i>Tessa Cameron, ND Drake</i>
2	Provision of School-Based Health Services in the Waikato - A Descriptive Regional Desk Audit <i>Kelly Berentson-Taratoa, S Heath, L Wall, J Whitehead, B Wagner</i>