

77th Annual Meeting

Embracing Wellness · Embracing Innovation · Embracing Identity

He kai kei aku ringa

9th to 12th November 2026

The Great Hall, Massey University - Te Whanganui-a-Tara / Wellington

PRELIMINARY PROGRAMME AS AT 4 SEPTEMBER 2026

MONDAY 9 NOVEMBER 2026

THE PAEDIATRIC SOCIETY OF NEW ZEALAND TE KĀHUI MĀTAI AROTAMARIKI O AOTEAROA SPECIAL INTEREST GROUP MEETINGS

7.30am – 5.00pm	Registration Desk opens Massey University
CHILD AND YOUTH HEALTH NATIONAL CLINICAL NETWORK CHILD PROTECTION IN A CHANGING SYSTEM 8.30am – 4.30pm Great Hall, Massey University <i>Chairperson: Russell Wills</i>	
8.30am – 8.40am	Mihi Whakatau and Karakia
8.40am – 10.00am	Session 1: Navigating Challenges in Child Protection in 2026
10.00am – 10.20am	Paramanawa - Morning Tea
10.20am – 11.40am	Session 2: Beyond Heroics: the hidden behaviours driving burnout and #coping: comedy and reflections on the demands of mid-life <i>Guest Speaker: Dr Jo Prendergast</i>
11.40am – 12.40pm	Kai a te rānui – Lunch
12.40pm – 1.50pm	Session 3: From Passion to Practice: Growing Child Protection Leadership in Aotearoa <i>Jin Russell, Carol Chan and Joanne Nielsen</i>
1.50pm – 2.10pm	Paramanawa - Afternoon Tea
2.10pm – 3.30pm	Session 4: Ministry Updates – Health NZ, Oranga Tamariki, Ministry of Health
3.30pm – 4.30pm	Panel Discussion
4.30pm	Closing



NEURODEVELOPMENT CLINICAL NETWORK 8.45am – 4.30pm Cinema, Massey University <i>Chairperson: Meghan Sandle</i>	
8.45am – 9.00am	Opening of the day and housekeeping
9.00am – 10.30am	Session 1: Navigating complexity in developmental disability <i>Chairperson: Meghan Sandle</i>
10.30am – 11.00am	Paramanawa - Morning Tea
11.00am – 12.15pm	Session 2: The power of partnership through transition <i>Chairperson: Denise Janes</i>
11.00am – 11.45am	Beyond the clinical – the power of relationships: Supporting whānau from hospital to home <i>Adelaide Beazley and Jane Hamer</i>
11.45am – 12.15pm	Presentation
12.15pm – 1.00pm	Kai a te rānui – Lunch
1.00pm - 2.30pm	Session 3: What’s current in the disability sector? <i>Chairpersons: Colette Muir and Jane Hamer</i>
1.00pm – 2.30pm	Updates from partnering organisations and panel discussion including WINZ
2.30pm - 2.50pm	Paramanawa - Afternoon Tea
2.50pm – 3.45pm	Session 4: Data driven Developmental Paediatrics: How do we use data to guide clinical practice?
3.45pm – 4.00pm	Closing
PAEDIATRIC CARDIOLOGY SPECIAL INTEREST GROUP 1.00.pm – 5.00pm Venue: The Boardroom, Massey University	
	Programme information to come.

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TUESDAY 10 NOVEMBER 2026

THE PAEDIATRIC SOCIETY OF NEW ZEALAND TE KĀHUI MĀTAI AROTAMARIKI O AOTEAROA ANNUAL MEETING

8.00am – 6.30pm	Registration Desk opens Massey University		
9.00am – 9.30am	Mihi Whakatau Conference Opening Great Hall		
9.30am – 10.30am	Plenary 1: Leo Buchanan Memorial Lecture Great Hall		
	<i>Paula King</i>		
10.30am – 11.00am	Industry Exhibition Paramanawa - Morning Tea Venue: Industry Exhibition Area		
11.00am – 12.30pm	Session 1A: Māori Rōpū Great Hall	Session 1B: Free Papers Cinema	Workshop 1C: Functional Disorders The Boardroom
	Whakanui, Whakawhānui, Whakawhanaunga		11.00am – 11.30am Dr Katharine Blackman, paediatric psychologist and Brigitte Eastwood, physiotherapist both from Tauranga Hospital, will cover the initial patient assessment and journey for patients with Functional Neurological Disorder. Including initial assessment, diagnosis and helpful language to be used in delivering the diagnosis. Time will also be spent discussing the importance of teamwork and how to build your teams across service lines. <i>Brigitte Eastwood and Katharine Blackman</i>
			11.30am – 11.45am Discussion
			11.45am – 12.15pm The team from the Hutt Valley will discuss treatment of functional neurological disorder. This will include a description of the of the Triple R program (regulation, redirection and return to function), a group treatment for the parents of young people with functional somatic symptoms. <i>William Taft, John Griffiths, Penny Kane, Courtney Overend, and Sophie Musgrave</i>
			12.15pm – 12.30pm Discussion

12.30pm – 1.30pm	Industry Exhibition Lunch Venue: Industry Exhibition Area		
1.30pm – 3.00pm	Workshop 2A: Pacific Health and Research Great Hall	Session 2B: Free Papers Cinema	Workshop 2C: ACT The Boardroom
	Weaving the Mat: Connecting Child Health Experts across the Blue Pacific This session will be an interactive Talanoa Guests: Eta Raicebe and Kathryn Currow (Taking Paediatrics Abroad)		Acceptance and Commitment Therapy (ACT): Parent-Based Techniques to Support Children Giselle Bahr <i>Minimum/Maximum numbers apply</i> <i>Selection needed at time of registration</i>
3.00pm – 3.30pm	Industry Exhibition Paramanawa - Afternoon Tea Venue: Industry Exhibition Area		
3.30pm – 4.15pm	Plenary 2: Immunology Great Hall		
	A changing landscape of food allergy management Kuang-Chih Hsiao		
4.15pm – 5.00pm	Plenary 3: Functional Disorders Great Hall		
	“POTS and Other Functional Disorders in 2026: What’s New? What to Do?” Phil Fischer, Mayo Clinic		
5.00pm – 6.30pm	Welcome Function Industry Exhibition, Tea Gardens, Massey University		

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WEDNESDAY 11 NOVEMBER 2026			
THE PAEDIATRIC SOCIETY OF NEW ZEALAND TE KĀHUI MĀTAI AROTAMARIKI O AOTEAROA ANNUAL MEETING			
6.30am – 5.30pm	Registration Desk opens Massey University		
	6.45am – 7.30am Yoga Session The Grand Hall <i>Minimum/Maximum numbers apply</i> <i>Selection needed at time of registration</i>	6.30am – 7.15am Run the Waterfront Wellington <i>Minimum/Maximum numbers apply</i> <i>Selection needed at time of registration</i>	7.00am – 8.00am Neurodevelopment Clinical Network Update Massey University
8.30am – 9.15am	Plenary 4: Great Hall		

	Inflammatory Bowel Disease - An Increasingly Bigger Problem <i>Ashwin Bhana</i>		
9.15am – 10.00am	Plenary 5: Neurodiversity Great Hall		
	Autism vs Trauma/Attachment <i>Charmari Wijmanne</i>		
10.00am – 10.30am	Industry Exhibition Paramanawa - Morning Tea Venue: Industry Exhibition Area		
10.30am – 12.45pm	Presentations for the Annual Meeting Awards Great Hall		 
	Cure Kids New Investigator Award		
	PSNZ New Investigator Allied Health/Nursing/PHD/Masters Award		
	The Royal Australasian College of Physicians Trainee Research Award for Excellence		
12.45pm – 2.15pm	Industry Exhibition Lunch Venue: Industry Exhibition Area	12.45pm – 2.15pm PSNZ Annual General Meeting Great Hall	
2.15pm – 3.45pm	Workshop 3A - Immunodeficiency Great Hall	Session 3B: Free Papers – Māori Cinema	Workshop 3C: The Boardroom
	Paediatric Immunodeficiency: An update on recent advances in diagnosis and management <i>Kuang-Chih Hsiao</i>		Beyond Behaviour - Understanding dysregulation in neurodivergent children through a neuroaffirmative and neurosequential lens - with practical strategies for supporting emotional regulation for paediatric practice and families <i>Annie Kenning</i> <i>Minimum/Maximum numbers apply</i> <i>Selection needed at time of registration</i>
3.45pm – 4.15pm	Industry Exhibition Paramanawa - Afternoon Tea Venue: Industry Exhibition Area		
4.15pm – 5.15pm	Plenary 6: The RACP Montgomery Spencer Memorial Lecture Great Hall		
	Why Paediatricians need to be concerned about the Microbiome <i>Dr Thorsten (Tosh) Stanley</i>		
7.00pm – late	The Paediatric Society of New Zealand Te Kāhui Mātai Arotamariki o Aotearoa Conference and Awards Dinner The Boatshed, Taranaki Street Wharf, Wellington		

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THURSDAY 12 NOVEMBER 2026
THE PAEDIATRIC SOCIETY OF NEW ZEALAND TE KĀHUI MĀTAI AROTAMARIKI O AOTEAROA ANNUAL MEETING

6.30am – 5.30pm	Registration Desk opens Massey University		
	6.45am – 7.30am Yoga Session The Grand Hall <i>Additional fee applies; minimum and maximum numbers apply. Selection required at the time of registration</i>	6.30am – 7.15am Walk the Waterfront Wellington <i>Additional fee applies; minimum and maximum numbers apply. Selection required at the time of registration</i>	
8.30am – 9.15am	Plenary 7: Lived Experience Great Hall		
	Chanelle’s Journey Chanelle Moriah		
9.15am – 10.25am	Plenary 8 - Lived Experiences and Facilitated Panel Great Hall		
9.15am – 9.35am	First, do no harm: Navigating paediatrics with an extremely complex child Rachel Malcom-Swindells		
9.35am – 9.55am	Presentation Cyrus Dahl		
9.55am – 10.05am	Lived Experience Navigators Rōpū (LENs) Megan Bryant		
10.05am – 10.25am	Panel discussion Rachel Malcolm-Swindells, Megan Bryant, Cyrus Dahl, Chanelle Morriah		
10.25am – 10.30am	Announcement PSNZ 2027		
10.30am – 11.00am	Industry Exhibition Paramanawa - Morning Tea Venue: Industry Exhibition Area		
11.00am – 12.30pm	Workshop 4A Great Hall	Session 4B: Free Papers Cinema	Workshop 4C The Boardroom
	Priorities and Pitfalls in Managing Adolescents with POTS Phil Fischer, Mayo Clinic		11.00am – 11.45am General movement assessment and MOS-R: Beyond early CP diagnosis Meghan Sandle

			11.45am – 12.30pm Outcomes of HIE <i>Krishna Raghu</i>
12.30pm – 1.15pm	Industry Exhibition Lunch Venue: Industry Exhibition Area		
1.15pm – 2.00pm	Session 5A Great Hall	Session 5B Cinema	
1.15pm – 1.35pm	He Mutunga Kore: Ka pō, Ka ao, Ka awatea. National Mortality Review <i>Liza Edmonds and Don Matheson</i>	Paediatric Craniofacial Service Update <i>Emily Yassaie</i>	
1.35pm – 1.55pm	Child Protection Update <i>Russell Wills</i>	Down Syndrome Guidance Update <i>Janine Thomson</i>	
1.55pm – 2.00pm	Discussion	Discussion	
2.00pm – 2.05pm	Change rooms		
2.05pm – 2.50pm	Plenary 9: Great Hall		
	Presentation <i>Anna Banas</i>		
2.50pm – 3.00pm	Conference Close		