



PRELIMINARY PROGRAMME AS AT 16 APRIL 2026

FRIDAY 1 MAY 2026 – WORKSHOPS

Registration to attend the workshops will be an additional charge.

7.30am	Registration desk open Heaphy Pre Function, Claudelands Events Centre		
	Concurrent Workshops		
8.30am – 10.00am	Workshop A - Later Medical Abortion Care Venue: Brooklyn 2 <i>Minimum/maximum numbers apply</i>	Workshop B - LARC Training Venue: Brooklyn 1 <i>Minimum/maximum numbers apply</i>	Workshop C - Vasectomy Venue: Brooklyn 3 <i>Minimum/maximum numbers apply</i>
	Facilitator: Maggie Walker Mendez (she/her) Please join us for a candid and compassionate discussion of medical abortion care after the first trimester, including advanced gestations. This talk coincides with the roll-out of the NZCSRH’s final abortion education module: Later Medical Abortion, and will focus on the practical aspects of abortion provision. Topics will include the consenting process; person-centred care, language use; medications; managing pain and discomfort; considerations for expulsion/delivery; complications; management of products of conception/peepi/taonga/fetal remains; and aftercare.	Facilitators: Helen Paterson (she/they), Katie McCullough (she/her/ia) and Luci Montgomerie We will be running a workshop covering: LARC counselling, informed consent, insertion and removal with simulation, and management of complications and complex cases.	Facilitator: Phoebe Hunt (she/her) Do you want to improve your contraception counselling? Come along to this workshop where we will cover vasectomy basics – details on the procedure, patient selection/counselling, and common complications and their management. Questions are encouraged – there are no stupid questions!
10.00am – 10.30am	Collab Break with the Industry - Morning tea		

10.30am – 12.30pm	Workshop D - Abortion Training Early Surgical Venue: Brooklyn 2 <i>Minimum/maximum numbers apply</i>	Workshop B – LARC Training Continued Venue: Brooklyn 1 <i>Minimum/maximum numbers apply</i>	Workshop E - Erectile Dysfunction / Premature Ejaculation Update - Clinician Toolkits in Primary Care Venue: Brooklyn 3 <i>Minimum/maximum numbers apply</i>
	Facilitators: Coleen Caldwell (she/her) and Rachel Rapkin (she/her) This hands-on workshop provides practical training in first-trimester uterine aspiration for the surgical management of abortion and miscarriage. Designed for health care professionals involved in early pregnancy care, the session combines concise evidence-based review with skills-focused simulation. Participants will learn patient selection, counselling and consent, pain management options, infection prevention, step-by-step procedural technique (including manual and electric vacuum aspiration), and complication recognition and management.	Facilitators: Helen Paterson (she/they) and Katie McCullough (she/her/ia) <i>Continued.</i>	Facilitators: Luke Wee (he/him) and Ryan Sunde (he/him) Revisit practical evidence-based consultation approaches to erectile dysfunction and premature ejaculation in primary care. This workshop will provide an overview of men's sexual health, pathophysiology of common male sexual dysfunctions, clinical and psychosocial management, indications for specialist referrals and hands-on demonstration of common treatment modalities.
12.30pm – 1.00pm	Collab Break with the Industry - Lunch		
1.00pm – 2.30pm	Workshop F - Later abortion workshop: Surgical abortions >14 weeks Venue: Brooklyn 2 <i>Minimum/maximum numbers apply</i>	Workshop G – Abnormal Uterine Bleeding Venue: Brooklyn 1 <i>Minimum/maximum numbers apply</i>	
	Facilitator: Rachel Rapkin (she/her) Surgical abortion training is not routinely provided O&G or GP training in Aotearoa New Zealand, yet patients have a legal right to obtain an abortion <20 weeks by their desired method. This session provides an overview of later abortion care, then details the ins and outs of later surgical abortion provision. The session concludes with a hands-on simulation session.	Facilitators: Helen Paterson (she/they) and Katie McCullough (she/her/ia) Come to learn about PALM COEIN - when should you do what? Who is really going to benefit from a Mirena and do you really need to do that pipelle? Then what do you do when the result comes back with ... disordered endometrium !!!!	
2.30pm – 3.00pm	Collab Break with the Industry - Afternoon tea		

3.00pm – 5.00pm		Workshop J - Management of Prolapse Venue: Brooklyn 1 <i>Minimum/maximum numbers apply</i>	Workshop K – Vulval Dermatology Venue: Brooklyn 3 <i>Minimum/maximum numbers apply</i>
		Facilitator: Helen Paterson (she/they) This interactive workshop equips health practitioners with the essential skills to confidently assess, support, and manage pelvic organ prolapse in a primary care setting. A blend of theory, case studies, and practical demonstrations makes this session ideal for nurses seeking to expand their scope and strengthen access to pelvic health services within their communities.	Facilitator: Amanda Oakley (joining us online) Vulval dermatology - an interactive session on symptoms, lesions and conditions. Vulval skin conditions cause itch, pain, and worry in all ages. The workshop will cover non-infectious inflammatory conditions such as lichen simplex, lichen sclerosus, lichen planus, and benign and malignant tumours assessed clinically and by dermoscopy. I plan to encourage audience participation using an online interaction tool: turn on your mobile device!
5.00pm	Day Close		

SATURDAY 2 MAY 2026 - CONFERENCE

7.30am	Registration desk open Heaphy Pre Function, Claudelands Events Centre
8.30am	Mihi Whakatau Heaphy 1
8.40am – 8.45am	Welcome and Conference Opening Brenda Stebbings (she/her), Jo Lambert (she/her/ia), Helen Paterson (she/they) and Katie McCullough (she/her/ia)
8.45am – 9.45am	Plenary 1 <i>Chairperson: Jo Lambert (she/her/ia)</i>
8.45am – 9.45am	Tai Timu Tai Pari - Currents of Change in Māori Sexual and Reproductive Health Jade Le Grice
9.45am – 10.15am	Collab Break with the Industry - Morning Tea

Concurrent Sessions		
10.15am – 12.15pm	Concurrent Session 1A – Community Venue: Heaphy 1 <i>Chairperson: Katie McCullough (she/her/ia)</i>	Concurrent Session 1B - Reproductive Justice Venue: Brooklyn 1 <i>Chairperson: Jo Lambert (she/her/ia)</i>
10.15am – 10.35am	What happens 20 years after taking Menopausal Hormone Therapy? Helen Roberts (she)	Wahine Lead Māori Nursing Team Well Women & Family Trust– rolling out new mobile van unit (LARC in communities / Marae) Indigenous workforce / Training https://www.wellwomenandfamily.co.nz/ Te Aniwa Makoare
10.35am – 10.45am	NZCSRH Training Opportunities Brenda Stebbings (she/her)	10.35am – 10.55am Embodiment as central to sexual health of intersex people Rogena Sterling
10.45am – 11.15am	To pipelle or not to pipelle Sathana Ponnampalam (she/her) and Sue Tutty (she/her)	10.55am – 11.15am Taitamawahine narratives of abortion Fern Smith
11.15am – 11.35am	Pessary Management: What every nurse should know Claire Baker	Mate Whenua - Follow up after early medical abortion in Aotearoa New Zealand: A randomised controlled trial Michelle Wise (she/her)
11.35am – 11.55am	Discussion	Discussion
11.55am – 12.05pm	Pregnancy risk assessment and provision of an emergency intrauterine device after recent sexual assault Anne Laking (she/her)	Advocacy to increase access to abortion – International learnings Daile Kelleher (she/her)
12.05pm – 12.15pm	Advancing women’s health through an interdisciplinary team model within Kaupapa Māori, pacific, and primary care services Kathy Le Haavre and Claire Baker	Clinical outcomes and patterns of care in mid-trimester pregnancy loss in Aotearoa New Zealand Norah Lee (she/her)
12.15pm – 1.15pm	Collab Break with the Industry – Lunch	
Concurrent Sessions		
1.15pm – 3.05pm	Concurrent Session 2A – Sex Pleasure Venue: Heaphy 1 <i>Chairperson: Jo Lambert (she/her/ia)</i>	Concurrent Session 2B – Gender Affirming Care Venue: Brooklyn 1 <i>Chairperson: Brenda Stebbings (she/her)</i>

1.15pm – 1.35pm	Rough Sex and Sexual Choking: Trends, Risks, and Implications Nikki Denholm (she/her), <i>The Light Project</i>	Gender Affirming Care Eva Gregory (they/she)
1.35pm – 1.55pm	Testosterone and libido: What is the evidence for treatment in women? Maritza Farrant	Vasectomy in trans people Luke Wee (he/him) and Ryan Sunde (he/him)
1.55pm – 2.35pm	The Chemistry of Us - Sexual Relationships through a Biopsychosocial Lens Jo Robertson	1.55pm – 2.15pm Genitourinary symptoms in trans men Eva Gregory (they/she)
		2.15pm – 2.35pm Abortion for Gender Diverse Populations Lauren Abern (she/her)
2.35pm – 2.55pm	Discussion	Discussion
2.55pm – 3.05pm	When algorithms silence sexual health: Navigating digital censorship to drive real-world STI testing outcomes Rebecca Atkinson (she/her)	Expanding access to long-acting reversible contraception (LARC) through the AUSLARC scholarship program: An evaluation of barriers, implementation and impact Anum Khan
3.10pm – 3.40pm	Collab Break with the Industry - Afternoon Tea	
3.40pm – 5.00pm	Plenary 2 –Where are the currents taking us? Sexual and Reproductive Health Research Venue: Heaphy 1 <i>Chairperson: Helen Paterson (she/they)</i>	
3.40pm – 4.00pm	Wāhine Māori Experiences of Sexual and Reproductive Healthcare Chelsea Harris (she/her)	
4.00pm – 4.20pm	Women’s Sexual and Reproductive Health Online: Implications for Clinical Practice Victoria Egli	
4.20pm – 4.40pm	Presentation	
4.40pm – 4.55pm	Panel discussion	
4.55pm – 5.00pm	Conference Close	