

PROGRAMME AS AT 8 OCTOBER 2026

Friday 9 October		
By 7.50am	Attendees will assemble outside the waharoa and wait to be called onto the Pā by karanga. You will be required to remove your shoes before entering the wharenui, there is a covered area available for this. If it is a wet day, everyone will assemble down each side of the wharenui before being welcomed inside. If the poowhiri has already commenced, when you arrive, you will not be able to enter until it has finished.	
8.00am – 8.40am	**Poowhiri** ***Venue: Wharenui***	
8.40am – 9.00am	Light refreshments / Registration	
9.00am – 10.15am	**Conference opening and Plenary 1** ***Chair: Jess Allen*** ***Venue: The Hub***	
9.00am – 9.05am	Welcome from the Board ***Jess Allen, Lara Wall***	
9.05am – 9.45am	Belonging, Barriers, and Connection: What Growing Up in New Zealand tells us about Rangatahi Wellbeing at age 12 and 15 ***Rebecca MacKenzie, Ben Fletcher***	
9.45am – 10.15am	Current Realities Facing Young People in Aotearoa ***Liz Hosking-Clement, Te Aorangi-Kowhai Morini, Rosalie Norton***	
10.15am – 10.45am	**Industry Exhibition and Morning Tea** ***Venue: The Hub***	
10.45am – 12.20pm	**Plenary 2** ***Chair: Jodi Cash*** ***Venue: The Hub***	
10.45am – 11.15am	Te Ūkaipō: A Vision and Values Framework for Youth Health ***Audrey Robin***	
11.15am – 12.15pm	The Digital Landscape for Rangatahi: Understanding Experiences and Responding in Practice ***Nikki Denholm,*** *The Light Project* ***and Kate Whitaker,*** *Classifications Office*	
12.15pm – 12.20pm	Rangatahi reflections	
12.20pm – 1.15pm	**Industry Exhibition and Lunch** ***Venue: The Hub***	
1.15pm – 2.40pm	**Concurrent Session**	
	1A: School Health ***Chair: Vicki Shaw, Georgia Dearing*** ***Venue: The Hub***	**1B: Research** ***Chair: Bridget Farrant*** ***Venue: Wharenui***
1.15pm – 1.35pm	Surveillance of Kids and Youth with Automated Continuous Glucose Monitoring Knowledge for Early Response (The Skywalker Study): A Randomised Controlled Trial ***Ameila Butler****, L Chepulis, H Crocket, M de Bock, R Paul*	Conducting Research with Young People at the Margins – Lessons Learned in Four Participatory Youth Health Studies in Cambodia, India, Sweden and Zambia ***Kaaren Mathias,*** *F Jonsson, P Pat, C Mulubwa, B Jegannathan*
1.35pm – 1.55pm	Maximising Collaboration for Supportive School Environments: Addressing Youth Self-Harm *L Bowden****, Sarah Fortune****, S Hetrick, TC Clark*	'It's Like Exercise for the Soul': Creative Ways to Youth Wellbeing ***Amber Walls***

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1.55pm – 2.15pm	Addressing the Gap in Concussion Recognition and Response in New Zealand Schools ***Stacey Mowbray**, K Old, **PJ Borell***	Trends in Premature and Preventable Mortality in Young New Zealanders Compared to Young Populations in Other High-income Countries ***Jessica Kerr**, KF Francis, M O'Connor, P Azzopardi*
2.15pm – 2.30pm	KaRangaTahi: Youth Lived Experience ***Liam Teichmann, Benjamin Phillips***	Young People as Partners in Mental Health Research: Reflections on Participatory Methods from the I'M YOUTH Research Project ***Rebecca Mitchell, Meretene Davis,** K Mathias*
2.30pm – 2.40pm	More Than a Clinic: Advancing Sexual Wellbeing Through Training, Education and Health Promotion ***Nicola Warmington***	
2.40pm – 3.15pm	**Industry Exhibition and Afternoon Tea** ***Venue: The Hub***	
3.15pm – 4.15pm	**Concurrent Session**	
	2A: ***Chair: Vicki Shaw, Georgia Dearing*** ***Venue: The Hub***	**2B: Workshop** ***Chair: Teresa McGovern*** ***Venue: Wharenui***
3.15pm – 3.45pm	Cardiac and Respiratory Foundation – Vaping Workshop ***Sharon Pihema***	**3.15pm – 4.15pm** Strapping Workshop - Ankles, Knees and Fingers ***Amiria Koopu, Rebecca Armstrong*** *Limited numbers must pre-register* ***Proudly sponsored by*** 
3.45pm – 4.15pm	The World of Unregulated Peptides ***Emily Hughes***	
4.15pm – 4.20pm	Move rooms	
4.20pm – 5.30pm	**Plenary 3** ***Chair: Jess Allen*** ***Venue: The Hub***	
4.20pm – 5.00pm	ADHD: A Degustation Menu ***David Chinn, Lucia Griffith, Charlie Zonnevylle***	
5.00pm – 5.20pm	Te Ūkaipō – The "Walking-Together" Art of Doing It ***Maryjane Pratt, Sara Moeke,** V S Shaw*	
5.20pm – 5.25pm	Rangatahi reflections	
5.25pm – 5.30pm	**Karakia**	
5.30pm – 6.30pm	**Whakawhanaungatanga – Connection** *Venue: Exhibition Area* *Ticket includes canapes with limited beverages, a contactless bar will be operating (Eftpos, Visa and Mastercard)*	
	Free evening	
Saturday 10 October		
8.00am – 8.25am	**Registration Opens**	
8.25am – 10.00am	**Plenary 4** ***Chair: Lara Wall*** ***Venue: The Hub***	
8.25am – 8.30am	**Whakatuwheratanga**	
8.30am – 9.30am	Youth Appropriate Care ***Simon Denny, Kya Hurihanganui***	
9.30am – 10.00am	Youth Disability Voice ***Eleanor Rawson, Pinky Solitude, Liv Fountain***	
10.00am – 10.30am	**Industry Exhibition and Morning Tea** ***Venue: The Hub***	
10.30am – 11.55am	**Concurrent Session**	
	3A: Mental Wellbeing ***Chair: Francisco Prada*** ***Venue: The Hub***	**3B: Realising Potential** ***Chair: Jodi Cash*** ***Venue: Wharenui***

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10.30am – 10.50am	Engagement in Early Psychosis Engaging "Hard-To-Reach" Youth in Mental Health ***Sheridan McIsaac, Fiona Stokes***	What's Missing for Siblings? Insights from an Audit and a Youth Advisory Group ***Julie Blamires, Kelsy Shearer,*** *J Gardiner, M Mitchell, C Hofer, B Eagles, C Collmat, A Davies*
10.50am – 11.10am	Exploring Filipino Young People's Experiences of Disclosing Mental Health Diagnoses ***Lovely Dizon****, V Sharma, R Ramalho, R Peiris-John*	Open Closed Doors: Implementing the Bergen 4-Day Treatment for OCD in Aotearoa New Zealand ***Marthinus Bekker, Emma Chapman***
11.10am – 11.30am	Aoake Te Rā: Supporting Young People Bereaved by Suicide ***Eve Leonard,*** *B Morrison*	Five-Year Trends in Adolescent Eating Disorder Inpatient Admissions: Reviewing the Impact of Introducing an Eating Disorders Team in 2024 ***Catherine Scott, C Stanczuk***
11.30am – 11.50am	Oho Mauri: Awakening Rangatahi Potential Beyond the Deficit Model ***Lizana Tuake***	Tītoki: An Innovative Global-First Initiative Empowering Rangatahi with FASD Through Connection, Confidence, and Advocacy in Aotearoa ***Anna Gundesen***
11.50am – 12.50pm	**Industry Exhibition and Lunch** ***Venue: The Hub***	
12.50pm – 2.10pm	**Plenary 5** ***Chair: Lara Wall*** ***Venue: The Hub***	
12.50pm – 1.10pm	The Youth Hub Christchurch Evaluation ***Sue Bagshaw,*** *T O'Connor,* ***Aniva Bell***	
1.10pm – 2.10pm	Already Decided? Rangatahi Rising Above the Reality of Health Inequity ***Megan Hakaraia, Casey Stokes***	
2.10pm – 2.40pm	**Industry Exhibition and Afternoon Tea** ***Venue: The Hub***	
2.40pm – 4.30pm	**Plenary 6** ***Chair: Jess Allen*** ***Venue: The Hub***	
2.40pm – 3.20pm	Breaking the Mirror ***Anganette Hall***	
3.20pm – 4.00pm	Gender Affirming Care ***Steven Lillis***	
4.00pm – 4.25pm	Fostering Safe and Affirming Relationships with Pacific Rainbow+ Young People ***Letavai Faava Tuigamala, Penni Wolfgramm***	
4.25pm	Rangatahi reflections	
4.30pm	**Whakakapi**	

POSTER PRESENTATIONS	
1	All Things Sex- 90-Minute In-Depth Sexual Health Education for Senior Students Delivered Outside of the RSE Curriculum ***Tessa Cameron****, ND Drake*
2	Provision of School-Based Health Services in the Waikato - A Descriptive Regional Desk Audit *K Berentson-Taratoa,* ***Samantha Heath****, L Wall, J Whitehead, B Wagner*

THANK YOU FOR YOUR SUPPORT

CONFERENCE PARTNERS

WORKSHOP PARTNER

EXHIBITORS

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