



PRELIMINARY PROGRAMME

AS AT 11 AUGUST 2026

Friday 9 October		
8.00am – 8.40am	Mihi Whakatau Venue: Wharenui	
8.40am – 9.00am	Light refreshments / Registration	
9.00am – 10.45am	Conference opening and Plenary 1 Chair: Venue: The Hub	
9.00am – 9.05am	Welcome from the Board Jess Allen, Lara Wall	
9.05am – 9.45am	Keynote	
9.45am – 10.15am	Current Realities Facing Young People in Aotearoa Liz Hosking-Clement, Te Aorangi-Kowhai Morini	
10.15am – 10.45am	Industry Exhibition and Morning Tea Venue: The Hub	
10.45am – 12.15pm	Plenary 2 Chair: Venue: The Hub	
10.45am – 11.15am	Te Ūkaipō Audrey Robin	
11.15am – 12.15pm	The Digital Landscape for Rangatahi: Understanding Experiences and Responding in Practice Nikki Denholm, The Light Project and Kate Whitaker, Classifications Office	
12.15pm – 12.20pm	Rangatahi reflections	
12.20pm – 1.15pm	Industry Exhibition and Lunch Venue: The Hub	
12.45pm – 1.15pm	Te Kāhui Korowai Rangatahi Youth Health Aotearoa Annual General Meeting Venue: The Hub	
1.15pm – 2.45pm	Concurrent Session	
	1A: School Health Chair: Venue: The Hub	1B: Research Chair: Venue: Wharenui
1.15pm – 1.35pm	Surveillance of Kids and Youth with Automated Continuous Glucose Monitoring Knowledge for Early Response (The Skywalker Study): A Randomised Controlled Trial Ameila Butler, L Chepulis, H Crocket, M de Bock, R Paul	Conducting Research with Young People at the Margins – Lessons Learned in Four Participatory Youth Health Studies in Cambodia, India, Sweden and Zambia Kaaren Mathias, F Jonsson, P Pat, C Mulubwa, B Jegannathan
1.35pm – 1.55pm	Maximising Collaboration for Supportive School Environments: Addressing Youth Self-Harm Linda Bowden, S Fortune, S Hetrick, T C Clark	‘It’s Like Exercise for the Soul’: Creative Ways to Youth Wellbeing Amber Walls

1.55pm – 2.15pm	Addressing the Gap in Concussion Recognition and Response in New Zealand Schools <i>S Mowbray, Katya Old</i>	Trends in Premature and Preventable Mortality in Young New Zealanders Compared to Young Populations in Other High-income Countries <i>Jessica Kerr, KF Francis, M O'Connor, P Azzopardi</i>
2.15pm – 2.30pm	KaRangaTahi: Youth Lived Experience <i>Liam Teichmann, Benjamin Phillips</i>	Young People as Partners in Mental Health Research: Reflections on Participatory Methods from the I'M YOUTH Research Project <i>Rebecca Mitchell, Merene Davies, K Mathias</i>
2.30pm – 2.40pm	Sexual Wellbeing	
2.40pm – 2.45pm	Rangatahi reflections	Rangatahi reflections
2.45pm – 3.15pm	Industry Exhibition and Afternoon Tea <i>Venue: The Hub</i>	
3.15pm – 5.15pm	Plenary 3 <i>Chair:</i> <i>Venue: The Hub</i>	
3.15pm – 3.45pm	Asthma Foundation – Vaping Workshop <i>Sharon Pihema</i>	
3.45pm – 4.15pm	NZ Drug Foundation - Update on What's New/Hot including Peptides <i>Emily Hughes</i>	
4.15pm – 4.55pm	ADHD update <i>David Chinn, Lucia Griffith, Charlie Zonneville</i>	
4.55pm – 5.15pm	Te Ūkaipō – The “Walking-Together” Art of Doing It <i>Maryjane Pratt, Sara Moeke, V S Shaw</i>	
5.15pm – 5.20pm	Rangatahi reflections	
5.20pm - 6.20pm	Whakawhanaungatanga – Connection	
	Free evening	

Saturday 10 October		
8.00am – 8.30am	Registration Opens	
	Plenary 4 <i>Chair:</i> <i>Venue: The Hub</i>	
8.30am – 9.30am	Youth Appropriate Care <i>Simon Denny, Kya Hurihanganui</i>	
9.30am – 10.00am	Youth Disability Voice <i>Eleanor Rawson, Pinky Solitude, Liv Fountain</i>	
10.00am – 10.30am	Industry Exhibition and Morning Tea <i>Venue: The Hub</i>	
10.30am – 12.00pm	Concurrent Session	
	2A: Mental Health <i>Chair:</i> <i>Venue: The Hub</i>	2B: <i>Chair:</i> <i>Venue: Wharenui</i>
10.30am – 10.50am	Engagement in Early Psychosis Engaging “Hard-To-Reach” Youth in Mental Health <i>Sheridan McIsaac, Fiona Stokes</i>	What's Missing for Siblings? Insights from an Audit and a Youth Advisory Group <i>Julie Blamires, Kelsy Shearer, J Gardiner, M Mitchell, C Hofer, B Eagles, C Collmat, A Davies</i>
10.50am – 11.10am	Exploring Filipino Young People's Experiences of Disclosing Mental Health Diagnoses <i>Lovely Dizon, V Sharma, R Ramalho, R Peiris-John</i>	Open Closed Doors: Implementing the Bergen 4-Day Treatment for OCD in Aotearoa New Zealand <i>Marthinus Bekker, Emma Chapman</i>

11.10am – 11.30am	Aoake Te Rā: Supporting Young People Bereaved by Suicide <i>Eve Leonard, B Morrison</i>	Five-Year Trends in Adolescent Eating Disorder Inpatient Admissions: Reviewing the Impact of Introducing an Eating Disorders Team in 2024 <i>Catherine Scott, Charlotte Stanczuk</i>
11.30am – 11.50am	Oho Mauri: Awakening Rangatahi Potential Beyond the Deficit Model <i>Lizana Tuake</i>	Titoki: An Innovative Global-First Initiative Empowering Rangatahi with FASD Through Connection, Confidence, and Advocacy in Aotearoa <i>Anna Gundesen</i>
11.50am – 11.55am	Rangatahi reflections	Rangatahi reflections
11.55am – 12.50pm	Industry Exhibition and Lunch <i>Venue: The Hub</i>	
	Plenary 5 <i>Chair:</i> <i>Venue: The Hub</i>	
12.50pm – 1.10pm	The Youth Hub CHCH Evaluation <i>Sue Bagshaw, Tony O'Connor</i>	
1.10pm – 2.10pm	Already Decided? Rangatahi Rising Above the Reality of Health Inequity <i>Megan Hakaraia, Casey Stokes</i>	
2.10pm – 2.40pm	Industry Exhibition and Afternoon Tea <i>Venue: The Hub</i>	
	Plenary 6 <i>Chair:</i> <i>Venue: The Hub</i>	
2.40pm – 3.20pm	Eating Disorders <i>Anganette Hall</i>	
3.20pm – 4.00pm	Gender affirming care <i>Steven Lillis</i>	
4.00pm – 4.25pm	Fostering Safe and Affirming Relationships with Pacific Rainbow+ Young People <i>Letavai Faava Tuigamala, Penni Wolfgramm</i>	
4.25pm	Rangatahi reflections	
4.30pm	Conference Close	

POSTER PRESENTATIONS	
1	All Things Sex- 90-Minute In-Depth Sexual Health Education for Senior Students Delivered Outside of the RSE Curriculum <i>Tessa Cameron, ND Drake</i>
2	Provision of School-Based Health Services in the Waikato - A Descriptive Regional Desk Audit <i>Kelly Berentson-Taratoa, S Heath, L Wall, J Whitehead, B Wagner</i>

THANK YOU FOR YOUR SUPPORT

CONFERENCE PARTNERS



EXHIBITORS

Ara Taiohi
Cardiac and Respiratory Foundation NZ
Rainbow YOUTH

Mental Health Foundation of New Zealand

Royal Australian College of Physicians
Sexual Wellbeing Aotearoa
Te Aho: Aoake te Rā