



## PRELIMINARY PROGRAMME AS AT 30 APRIL 2026

### FRIDAY 1 MAY 2026 – WORKSHOPS

Registration to attend the workshops will be an additional charge.

|                   |  |   |  |
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| 7.30am            | Registration desk open<br>Heaphy Pre Function, Claudelands Events Centre   |   |  |
|                   | <b>Concurrent Workshops</b>  |   |  |
| 8.30am – 10.00am  | <b>Workshop A - Later Medical Abortion Care</b><br>Venue: Brooklyn 2<br><i>Minimum/maximum numbers apply</i>   | <b>Workshop B - LARC Training</b><br>Venue: Brooklyn 1<br><i>Minimum/maximum numbers apply</i>  | <b>Workshop C - Vasectomy</b><br>Venue: Brooklyn 3<br><i>Minimum/maximum numbers apply</i>   |
|                   | <b>Facilitator: Maggie Walker Mendez (she/her)</b><br><br>Please join us for a candid and compassionate discussion of medical abortion care after the first trimester, including advanced gestations. This talk coincides with the roll-out of the NZCSRH’s final abortion education module: Later Medical Abortion, and will focus on the practical aspects of abortion provision.<br>Topics will include the consenting process; person-centred care, language use; medications; managing pain and discomfort; considerations for expulsion/delivery; complications; management of products of conception/peepi/taonga/fetal remains; and aftercare. | <b>Facilitators: Helen Paterson (she/they), Katie McCullough (she/her/ia) and Luci Montgomerie</b><br><br>We will be running a workshop covering: LARC counselling, informed consent, insertion and removal with simulation, and management of complications and complex cases. | <b>Facilitator: Phoebe Hunt (she/her)</b><br><br>Do you want to improve your contraception counselling?<br><br>Come along to this workshop where we will cover vasectomy basics – details on the procedure, patient selection/counselling, and common complications and their management.<br><br>Questions are encouraged – there are no stupid questions! |
| 10.00am – 10.30am | <b>Collab Break with the Industry - Morning tea</b>  |   |  |

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| 10.30am – 12.30pm | <b>Workshop D - Abortion Training   Early Surgical</b><br>Venue: Brooklyn 2<br><i>Minimum/maximum numbers apply</i>  | <b>Workshop B – LARC Training Continued</b><br>Venue: Brooklyn 1<br><i>Minimum/maximum numbers apply</i>  | <b>Workshop E - Erectile Dysfunction / Premature Ejaculation Update - Clinician Toolkits in Primary Care</b><br>Venue: Brooklyn 3<br><i>Minimum/maximum numbers apply</i>  |
|                   | <b>Facilitators: Coleen Caldwell (she/her) and Rachel Rapkin (she/her)</b><br>This hands-on workshop provides practical training in first-trimester uterine aspiration for the surgical management of abortion and miscarriage. Designed for health care professionals involved in early pregnancy care, the session combines concise evidence-based review with skills-focused simulation. Participants will learn patient selection, counselling and consent, pain management options, infection prevention, step-by-step procedural technique (including manual and electric vacuum aspiration), and complication recognition and management. | <b>Facilitators: Helen Paterson (she/they) and Katie McCullough (she/her/ia)</b><br><br><i>Continued.</i>   | <b>Facilitators: Luke Wee (he/him) and Ryan Sunde (he/him)</b><br>Revisit practical evidence-based consultation approaches to erectile dysfunction and premature ejaculation in primary care. This workshop will provide an overview of men's sexual health, pathophysiology of common male sexual dysfunctions, clinical and psychosocial management, indications for specialist referrals and hands-on demonstration of common treatment modalities. |
| 12.30pm – 1.00pm  | <b>Collab Break with the Industry - Lunch</b>  |   |  |
| 1.00pm – 2.30pm   | <b>Workshop F - Later abortion workshop: Surgical abortions &gt;14 weeks</b><br>Venue: Brooklyn 2<br><i>Minimum/maximum numbers apply</i>  | <b>Workshop G – Abnormal Uterine Bleeding</b><br>Venue: Brooklyn 1<br><i>Minimum/maximum numbers apply</i>  |  |
|                   | <b>Facilitator: Rachel Rapkin (she/her)</b><br>Surgical abortion training is not routinely provided O&G or GP training in Aotearoa New Zealand, yet patients have a legal right to obtain an abortion <20 weeks by their desired method. This session provides an overview of later abortion care, then details the ins and outs of later surgical abortion provision. The session concludes with a hands-on simulation session.   | <b>Facilitators: Helen Paterson (she/they) and Katie McCullough (she/her/ia)</b><br>Come to learn about PALM COEIN - when should you do what? Who is really going to benefit from a Mirena and do you really need to do that pipelle? Then what do you do when the result comes back with ... disordered endometrium !!!! |  |
| 2.30pm – 3.00pm   | <b>Collab Break with the Industry - Afternoon tea</b>  |   |  |

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| 3.00pm – 5.00pm |           | <b>Workshop J - Management of Prolapse</b><br>Venue: Brooklyn 1<br><i>Minimum/maximum numbers apply</i>  | <b>Workshop K – Vulval Dermatology</b><br>Venue: Brooklyn 3<br><i>Minimum/maximum numbers apply</i>   |
|                 |           | <b>Facilitator: Helen Paterson (she/they)</b><br>This interactive workshop equips health practitioners with the essential skills to confidently assess, support, and manage pelvic organ prolapse in a primary care setting. A blend of theory, case studies, and practical demonstrations makes this session ideal for nurses seeking to expand their scope and strengthen access to pelvic health services within their communities. | <b>Facilitator: Amanda Oakley (joining us online)</b><br>Vulval dermatology - an interactive session on symptoms, lesions and conditions.<br><br>Vulval skin conditions cause itch, pain, and worry in all ages. The workshop will cover non-infectious inflammatory conditions such as lichen simplex, lichen sclerosus, lichen planus, and benign and malignant tumours assessed clinically and by dermoscopy. I plan to encourage audience participation using an online interaction tool: turn on your mobile device! |
| 5.00pm          | Day Close |  |   |

## SATURDAY 2 MAY 2026 - CONFERENCE

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| 7.30am           | Registration desk open<br>Heaphy Pre Function, Claudelands Events Centre   |
| 8.20am           | Please ensure you have visited the Registration desk by 8.20am, collected your name badge and <b>promptly</b> be seated in the Heaphy Room prior to 8.25am. The Mihi Whakatau will commence at 8.30am. |
| 8.30am           | Mihi Whakatau<br>Heaphy 1  |
| 8.40am – 8.45am  | Welcome and Conference Opening<br><b>Brenda Stebbings (she/her)</b>  |
| 8.45am – 9.45am  | <b>Plenary 1</b><br><i>Chairperson: Jo Lambert (she/her/ia)</i>  |
| 8.45am – 9.45am  | Tai Timu Tai Pari - Currents of Change in Māori Sexual and Reproductive Health<br><b>Jade Le Grice (she/her)</b>   |
| 9.45am – 10.15am | <b>Collab Break with the Industry - Morning Tea</b>  |

| Concurrent Sessions      |  |   |
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| <b>10.15am – 12.15pm</b> | <b>Concurrent Session 1A – Community</b><br>Venue: Heaphy 1<br><i>Chairperson: Katie McCullough (she/her/ia)</i>   | <b>Concurrent Session 1B - Reproductive Justice</b><br>Venue: Brooklyn 1<br><i>Chairperson: Jo Lambert (she/her/ia)</i>   |
| 10.15am – 10.35am        | What happens 20 years after taking Menopausal Hormone Therapy?<br><b>Helen Roberts (she)</b>   | Wahine Lead Māori Nursing Team<br>Well Women & Family Trust<br>Indigenous workforce / Training <a href="https://www.wellwomenandfamily.co.nz/">https://www.wellwomenandfamily.co.nz/</a><br><b>Te Aniwa Makoare</b> |
| 10.35am – 10.45am        | NZCSRH Training Opportunities<br><b>Helen Paterson (she/they)</b>  | <b>10.35am – 10.55am</b><br>Embodiment as central to sexual health of intersex people<br><b>Rogena Sterling</b>   |
| 10.45am – 11.15am        | To pipelle or not to pipelle<br><b>Sue Tutty (she/her)</b>   | <b>10.55am – 11.15am</b><br>Taitamawahine narratives of abortion<br><b>Fern Smith</b>   |
| 11.15am – 11.35am        | Prolapse and pessaries: Managing well in the community<br><b>Claire Baker (she/her)</b>  | Mate Whenua - Follow up after early medical abortion in Aotearoa New Zealand: A randomised controlled trial<br><b>Michelle Wise (she/her)</b>   |
| 11.35am – 11.55am        | Discussion   | Discussion  |
| 11.55am – 12.05pm        | Pregnancy risk assessment and provision of an emergency intrauterine device after recent sexual assault<br><b>Anne Laking (she/her)</b>                              | Advocacy to increase access to abortion – International learnings<br><b>Daile Kelleher (she/her)</b>  |
| 12.05pm – 12.15pm        | Advancing women’s health through an interdisciplinary team model within Kaupapa Māori, pacific, and primary care services<br><b>Kathy Le Haavre and Claire Baker</b> | Clinical outcomes and patterns of care in mid-trimester pregnancy loss in Aotearoa New Zealand<br><b>Norah Lee (she/her)</b>  |
| <b>12.15pm – 1.15pm</b>  | <b>Collab Break with the Industry – Lunch</b>  |   |
| Concurrent Sessions      |  |   |
| <b>1.15pm – 3.05pm</b>   | <b>Concurrent Session 2A – Sex   Pleasure</b><br>Venue: Heaphy 1<br><i>Chairperson: Jo Lambert (she/her/ia)</i>  | <b>Concurrent Session 2B – Gender Affirming Care</b><br>Venue: Brooklyn 1<br><i>Chairperson: Brenda Stebbings (she/her)</i>   |
| 1.15pm – 1.35pm          | Rough Sex and Sexual Choking: Trends, Risks, and Implications  | Gender Affirming Care   |

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|                        | <b>Nikki Denholm</b> (she/her), <i>The Light Project</i>  | <b>Eva Gregory</b> (they/she)   |
| 1.35pm – 1.55pm        | Testosterone and libido: What is the evidence for treatment in women?<br><b>Maritza Farrant</b> (she/her)   | Vasectomy in trans people<br><b>Luke Wee</b> (he/him) and <b>Ryan Sunde</b> (he/him)  |
| 1.55pm – 2.35pm        | The Chemistry of Us - Sexual Relationships through a Biopsychosocial Lens<br><b>Jo Robertson</b>  | <b>1.55pm – 2.15pm</b><br>Genitourinary symptoms in trans men<br><b>Eva Gregory</b> (they/she)  |
|                        |   | <b>2.15pm – 2.35pm</b><br>Abortion for Gender Diverse Populations<br><b>Lauren Abern</b> (she/her)  |
| 2.35pm – 2.55pm        | Discussion  | Discussion  |
| 2.55pm – 3.05pm        | When algorithms silence sexual health: Navigating digital censorship to drive real-world STI testing outcomes<br><b>Rebecca Atkinson</b> (she/her)              | Expanding access to long-acting reversible contraception (LARC) through the AUSLARC scholarship program: An evaluation of barriers, implementation and impact<br><b>Anum Khan</b> (she/her) |
| <b>3.10pm – 3.40pm</b> | <b>Collab Break with the Industry - Afternoon Tea</b>   |   |
| <b>3.40pm – 5.00pm</b> | <b>Plenary 2 –Where are the currents taking us? Sexual and Reproductive Health Research</b><br>Venue: Heaphy 1<br><i>Chairperson: Helen Paterson (she/they)</i> |   |
| 3.40pm – 4.00pm        | Wāhine Māori Experiences of Sexual and Reproductive Healthcare<br><b>Chelsea Harris</b> (she/her)   |   |
| 4.00pm – 4.20pm        | Women’s Sexual and Reproductive Health Online: Implications for Clinical Practice<br><b>Victoria Egli</b>   |   |
| 4.20pm – 4.40pm        | Te Tātai Hauora o Hine - translational research in real time<br><b>Jane MacDonald</b>   |   |
| 4.40pm – 4.55pm        | Panel discussion  |   |
| 4.55pm – 5.00pm        | Conference Close  |   |