

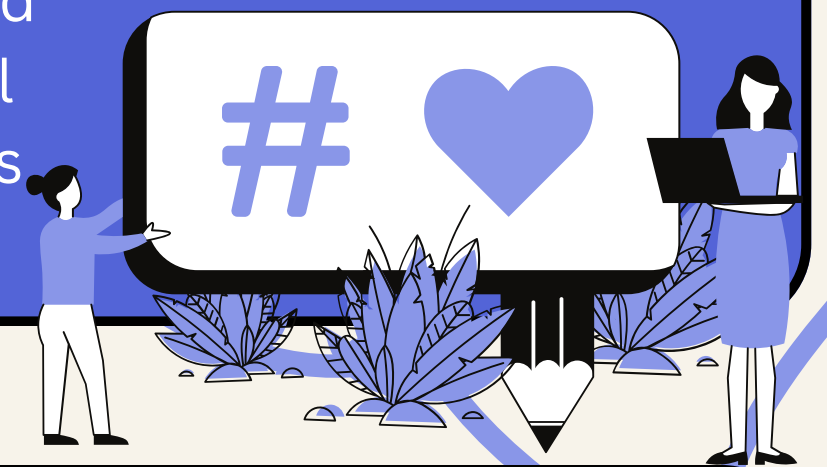
# First-time ANZAHPE Conference attendees

## Hints and tips

Attending an ANZAHPE conference can be an enlightening but also overwhelming experience! Here are some hints and tips from our members about how to get the most out of the conference:

### Staying in the know via Social media at ANZAHPE

#ANZAHPE2024 is the hashtag to be used across Facebook, Twitter (X) and LinkedIn! ANZAHPE might even re-share your post! If you want to know all the goss from the sessions, follow this hashtag and keep up to date across the socials during your time at the conference!



### How to get the most out of the timetable

Trying to attend too many sessions can be overwhelming and may cause you to fatigue quickly during the conference! Instead, review the conference program ahead of time to determine which streams are most relevant to you.

1. Select 2-3 key streams that are of interest to you (a la carte) OR sample from a range of topics (buffet)
2. Consider whether there are speakers you've wanted to chat with and attend their sessions
3. Engage with a range of presentation formats – oral presentations, poster sessions, and PeArLs (which offer a structured opportunity to network with others around a specific topic!)



### Network with your peers

ANZAHPE conferences offer a great opportunity to connect with educators from different professional backgrounds and workplace settings. Heed opportunities to meet new people, exchange ideas, and build connections – including outside of your workplace setting and profession! The ANZAHPE crowd are very friendly, so don't be shy! A highlight of ANZAHPE is making new connections with those outside of your regular network.

### Things to do in Adelaide

There are an array of things to do in Adelaide during Winter! Not only have the ANZAHPE Local Champions Team created a document of restaurants to dine at, wineries and breweries to visit or recreational activities to try (which can be found here:

<https://eventstudio.eventsair.com/anzahpe-2024/things-to-do-in-adelaide>), we also have a few links here that you might like to look at!

South Australia Website:

<https://southaustralia.com/destination/s/adelaide/what-s-on>

Experience Adelaide

<https://www.experienceadelaide.com.au/visit/whats-on/>

What's On In Adelaide

<https://whatsoninadelaide.net.au/>

Kids in Adelaide

<https://kidsinadelaide.com.au/>

### ANZAHPE Conference Dinner - Bring your dancing shoes

ANZAHPE Conference dinners are not for faint hearted! It's common to find the dance floor occupied before the entrees hit your table! If you love to boogie (or even if you're more of a spectator), this part of the conference should not be missed!

