



CATE

Ngā Kaitohutohu Rapuara Aotearoa
Careers and Transition Education Association NZ

Reflect, Reset, Connect – Learning Together as New Career Advisors

MONDAY 1ST DECEMBER 2025



Workshop Objectives

- Share your “wins” – the moments that made a real difference for your students.
- Discuss your “wobbles” – the situations that challenged you or left you looking for solutions.
- Identify the professional development and support that would help most in the year ahead.
- Co-design ideas for an ongoing **community of practice** – a network to continue sharing and learning from each other beyond the conference.



Ice Breaker

Activity: Small groups of 3–4

Prompts:

- *“What surprised you in your first week?”*
- *“One thing I wish I’d known when I started...”*

Wins and Wobbles



Win – a moment that made a difference for a student

Wobble – a challenging moment or situation

Tool/Resource – something that helped you survive

Themes/Tricks/Tips

“What common themes came up?”

“Any resources, tools to recommend?”



How can
we support
you?



How can we support you?

Toolkit Design

Design an Ideal Support Toolkit

- Learn Anytime (videos, guides)
- Learn Together (webinars, online workshops)
- Peer Community (WhatsApp/Facebook/Teams)
- Practical Tools (templates, checklists)
- Mentoring & Shadowing

G-	What is one area of practice I want to develop?
R-	What is the current situation?
O-	What's one new idea I want to try?
W-	What is one challenge I'll explore further?
T-	What strategies will help me?
H-	Which peer will I follow up with for ongoing support?

My Next Step Plan Using the GROWTH Coaching Model



Final Reflections and Connections

ONE THING I'M TAKING AWAY:
ONE PERSON I'LL CONNECT WITH AGAIN:
ONE THING I WILL TRY NEXT WEEK:

Reach Out

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