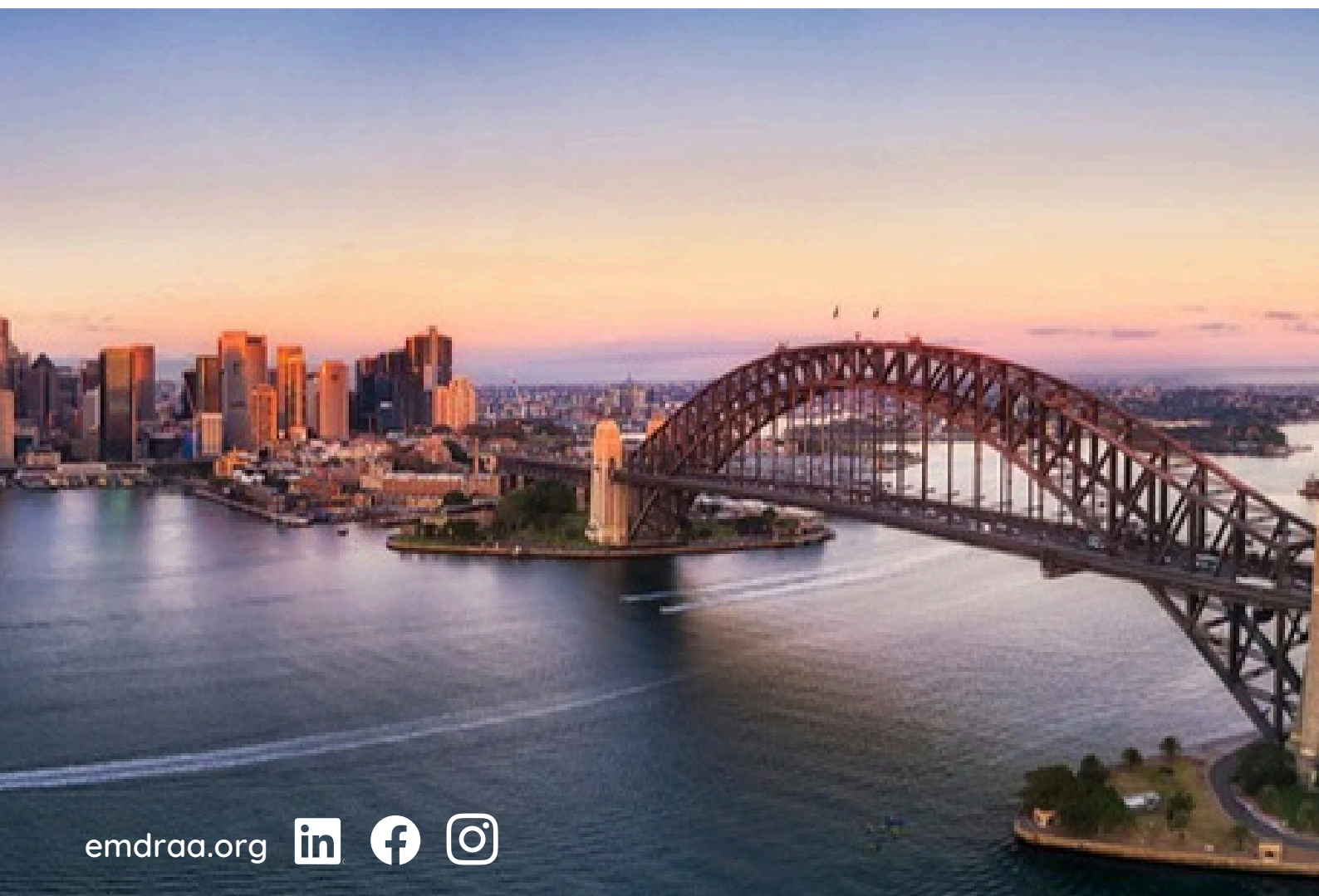




EMDR Association of Australia Conference **SCIENTIFIC PROGRAM**

Sofitel Sydney Wentworth

1 - 2 MAY 2026



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#EMDRAA2026



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Provisional Scientific Program

Program correct at the time of publication, however the organising committee reserves the right to change the program without notice. All times are listed in Australian Eastern Standard Time (AEST)

Pre-Conference Events

Wednesday 29 April

09:00am - 05:15pm **Consultants' Day**
Adelaide Room

Thursday 30 April

09:00am - 05:00pm **Pre-Conference Workshop - EMDR with Children and Adolescents**
Renee Beer
Melbourne Room

08:30am - 12:30pm **Pre-Conference Workshop - Cognitive Interweaves: Skills and Confidence**
Vania Miteva
Sydney & Perth Room

01:30pm - 05:30pm **Pre-Conference Workshop - EMDR and Chronic Depression**
Chris Lee
Sydney & Perth Room



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Provisional Scientific Program

Friday 1 May 2026

All times are listed in Australian Eastern Standard Time (AEST).

07:45am - 05:30pm	Day 1 Registration Open Level 3 Foyer	
7:45am - 08:30am	Arrival Tea & Coffee Level 3 Foyer	
08:30am - 10:00am	Day 1 Opening Plenary Session Wentworth Ballroom	
08:30am - 08:40am	Welcome to Country, Michael West	
08:40am - 08:50am	Conference Opening, Housekeeping, Gee Bilal	
08:50am - 10:00am	International Keynote Address A Transdiagnostic Approach for Patients with Eating Disorders: Could EMDR be the Jewel in the Crown? Renee Beer	
10:00am - 10:30am	Morning Tea, Exhibition and Poster Viewing Level 3 Foyer	
	Concurrent Session Melbourne Room	Concurrent Session Sydney & Perth Room
10:30am - 11:30am	Applying Eco-centric and Indigenous Perspectives to EMDR to Enhance Culturally Responsive Trauma Treatment Jennifer Marchand and Lacey Poltorasky	EMDR in a Field hospital: Fast, focused and efficient EMDR therapy Arienne Struik, Raquel Cukierman, Staci England

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Provisional Scientific Program (cont'd)

Friday 1 May 2026

All times are listed in Australian Eastern Standard Time (AEST).

	Concurrent Session Melbourne Room	Concurrent Session Sydney & Perth Room
11:40am - 12:40pm	It's never too late to heal: EMDR with an Elderly Woman Living with Dissociative Identity Disorder Jenny Dwyer	Mapping the Mind: Trauma-Sensitive Pathways for EMDR Case Conceptualization Ytji van Pelt and Jiska Weijermans
12:40pm - 01:40pm	Lunch, Exhibition and Poster Viewing Level 3 Foyer	
	Concurrent Session Melbourne Room	Concurrent Session Sydney & Perth Room
01:40pm - 02:40pm	Innovating Betrayal Trauma Care: Advancing Post-Traumatic Growth Through EMDR for Survivors of Sexual Betrayal Trauma Rebecca Higgins	When the Trauma Does Not End: Adapting EMDR for the Sustained, Ongoing Collective Trauma in Gaza Catherine McCarthy, Michele Bowes, Amy English
02:50pm - 03:50pm	"I can still smell it now": Dealing with Disgust and Grappling with the Grotesque in EMDR with First Responders Jillian Harrington	From Disconnection to Connection: Transforming Pre-Verbal Trauma with EMDR and the Family System Janine Manderfeld
03:50pm - 04:20pm	Afternoon Tea, Exhibition and Poster Viewing Level 3 Foyer	

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Provisional Scientific Program (cont'd)

Friday 1 May 2026

All times are listed in Australian Eastern Standard Time (AEST).

04:20pm - 05:40pm	Day 1 Closing Plenary Session Wentworth Ballroom
04:20pm - 05:20pm	Invited Speaker When Control Replaces Safety: An EMDR Perspective on OCD and Complex Trauma Dolores Mosquera
05:20pm - 05:40pm	EMDRAA Board Update, Anthony Hurst
05:40pm - 07:10pm	Welcome Reception Level 3 Foyer

Thank you to our Keynote and Invited Speakers



Renée Beer



Dolores Mosquera



Chris Lee

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Provisional Scientific Program (cont'd)

Saturday 2 May 2026

All times are listed in Australian Eastern Standard Time (AEST).

09:30am - 10:00am	Day 2 Morning Tea, Exhibition and Poster Viewing Level 3 Foyer	
09:30am - 05:15pm	Day 2 Registration Open Level 3 Foyer	
	Concurrent Session Melbourne Room	Concurrent Session Sydney & Perth Room
10:00am - 11:00am	EMDR-centered intervention enhanced with lifestyle and cognitive strategies to support the complex mental health needs of peri and menopausal women Kerri Fort and Heather Irvine-Rundle	Befriending the Child and Their System: Integrating Attachment, Dissociation, Polyvagal and Somatic Foundations into EMDR for Children Sarah Schubert and Kelly Gibson
11:10am - 12:10pm	Jewish Cultural Safety in EMDR Practice: Responding to Identity-Based Trauma in the Post-Bondi Context Danny Simons, Sue Miller	Between Evidence and Experience: Legal Precedents and Emerging Research on Memory in EMDR Larissa Meysner and Chris Lee
12:10pm - 01:10pm	Day 2 Lunch, Exhibition and Poster Showcase Level 3 Foyer The lunch break will feature a Poster Showcase highlighting the high-quality posters being presented at the conference. The showcase offers a welcoming, informal setting for presenters and delegates to connect, discuss the posters, and network.	

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Provisional Scientific Program (cont'd)

Saturday 2 May 2026

All times are listed in Australian Eastern Standard Time (AEST).

	Concurrent Session Melbourne Room	Concurrent Session Sydney & Perth Room
01:10pm - 02:20pm	The AIP model as a Neurological Construct Uta Herzog	Strong Beginnings: Perinatal and Child-Focused EMDR Approaches through an Aboriginal Lens Stacey McMullen
02:30pm - 03:00pm	Transforming Trauma and Relationship - Integrating Attachment Informed EMDR and Parts Work with Couples Tracy Lynch	02:30pm - 03:40pm Working with Trauma in the Perinatal Period: Conceptual Challenges and Clinical Adaptations Lucy Frankham
03:10pm - 3:40pm	Beyond the Protocol: A Phase-Specific Framework for Virtual Reality Augmented EMDR Tony Nguyen	
03:40pm - 04:10pm	Day 2 Afternoon Tea, Exhibition and Poster Viewing Level 3 Foyer	

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Provisional Scientific Program (cont'd)

Saturday 2 May 2026

All times are listed in Australian Eastern Standard Time (AEST).

04:10pm - 05:20pm	Day 2 Closing Plenary Session Wentworth Ballroom
04:10pm - 05:10pm	Closing Keynote Address 35 years of EMDR research and practice: What we know and what we don't know Chris Lee
05:10pm - 05:20pm	Conference Close, Gee Bilal

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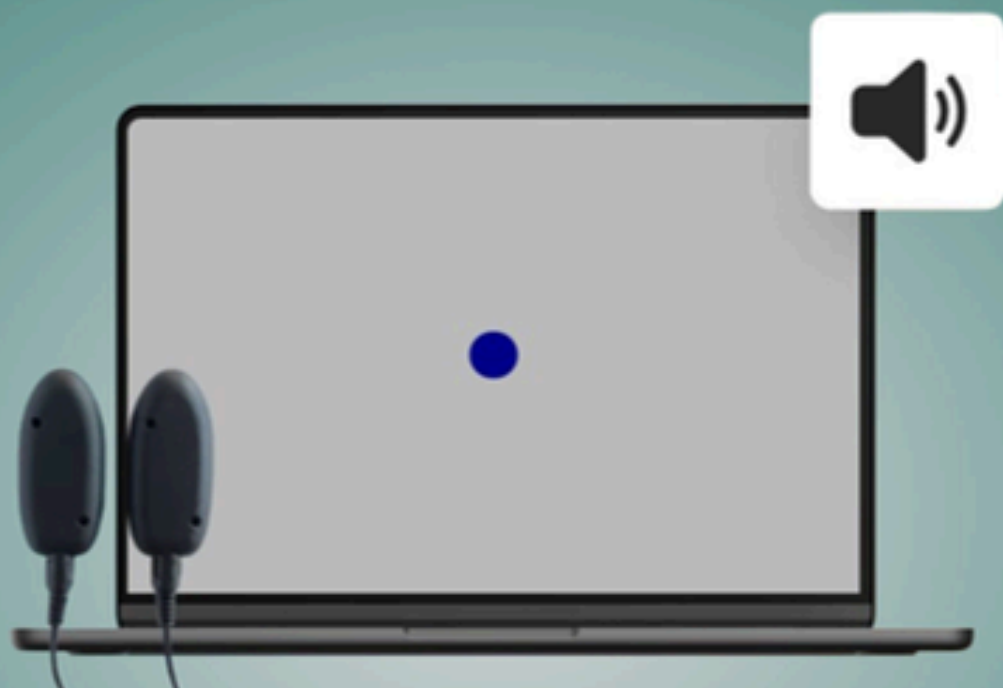


Poster Presentations

Accessible for in-person viewing at the conference and available on-demand via the Attenee App, and Virtual Conference Portal.

EMDR Intensives in Private Practice: Early Evidence for a Feasible and Effective Model of Care, Emily Incledon	1
Integration of Body Awareness in EMDR: Experiential Workshop With Ready-to-Use Interventions, Manon van der Lee	2
Readiness for Trauma Processing: EMDR Therapists' Perspectives on Adults with Complex Trauma, Kim Golda	3
The use of EMDR with dissociative systems: A call to neurodivergent-affirming practice, Miro Rainsford	4
Integrative Approach to Treating Moral Injury with EMDR, Lee Brient	5
Investigating the Confidence and Experience of EMDR Clinicians Treating Dissociation, Isabella Young	6
Transforming Intergenerational Trauma: EMDR therapy in Rebuilding a Mother-daughter Relationship, Syeda Rubab Hasnain	7
Healing Early Bonds: A protocol for Early Attachment Trauma, Madeleine Jablonski	8

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Pre-Recorded Presentations

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Adapting EMDR for the Perinatal Period: A Dyadic and Attachment-Informed Lens to Case Conceptualisation and Treatment

Jacinta Hatton

EMDR Therapists Doing the Work: Fostering Safety, Empowerment and Belonging in the Community

Catherine Hynes and Liam Spicer

If you have any questions about the program or conference activities, please contact us at conference@emdraa.org.



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