

Transdisciplinary assessment models: Making the most of the allied health workforce

Aleysha Martin
aleysha.martin@mater.org.au



Acknowledgements

























Redesign roles around patient needs Blend perspectives

Exchange knowledge & skills

Integrate elements of assessment

One team member assesses across multiple domains of function



Clinical study at Mater



22 month pre-/post- study

Profession-specific vs transdisciplinary stroke assessment

Assessment time (manual timing, two-sample t-test)

Assessment duplication (audit of allied health assessments)

Number of OTs and PTs involved (medical record audits, Pearson's chi-squared test)



Key outcomes

65 minutes (p<0.001)

→ Saved allied health time

54.6% tasks/questions

→ Reduced service duplication

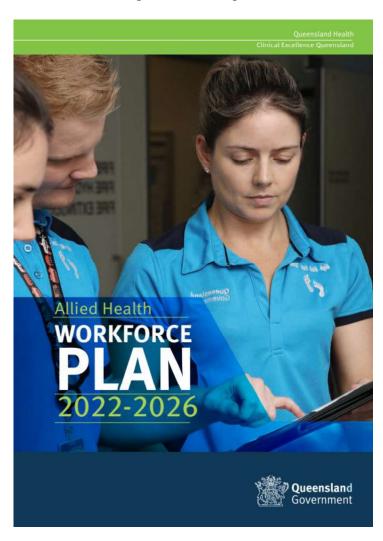
PT 100% to 84.5% (p<0.001)
OT 100% to 87.1% (p=0.003)

→ Changed service provision

Existing workforce provide efficient and extra services

mater

Policy implications



Supported by existing policy

Vision

To optimise the allied health workforce and service models to contribute to the broader healthcare team, and provide high value, efficient and person-centred services





Translate from the acute stroke unit:

Identify patient groups

Co-design with stakeholders

Formal competency training

Technology, electronic health records Make use of resources

AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



Case example

Patient: 70-year-old woman, osteoporosis, back pain, impacting daily activities

Setting: GP practice, co-locate allied health services (e.g., physiotherapy)

Transdisciplinary model: electronic assessment tool to determine allied health needs/referrals



Outcome:

- 1) Home exercise plan & pain management education
 - 2) MAC referral for social work
 - 3) MAC referral for occupational therapy



Thank you

<u>aleysha.martin@mater.org.au</u>