

Better support through your regular GP

MyMedicare is **free and voluntary**. It helps you formally register with your chosen general practice so your GP and care team can better coordinate your health needs. Seeing the **same GP regularly** supports better health outcomes and a smoother experience for people with disability, families, carers and communities. You can nominate a **preferred GP** and still see any GP at the practice. MyMedicare is a **registration model only**—it **doesn't store your clinical records**. Your privacy is protected.



Many general practices across Australia are registered with MyMedicare to help them offer tailored care to their regular patients. Registering signals who your usual practice and GP are, so your care can be better coordinated and more person-centred.

- **Stronger relationship:** A formalised connection with your general practice/GP, which is linked with better health outcomes.
- **Longer telehealth:** Access to longer Medicare-funded telehealth consultations with your GP.
- **Better support in aged care:** More regular GP visits and improved care planning for people living in residential aged care.
- **Who benefits most?** Longer telehealth can be especially helpful for people seeking mental health support, people with disability, older Australians, and those in rural or remote areas.

Explore how MyMedicare can support better continuity of care, longer telehealth and stronger relationships with your usual GP. Visit www.health.gov.au/mymedicare for easy information, resources and registration steps.

Contact:

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