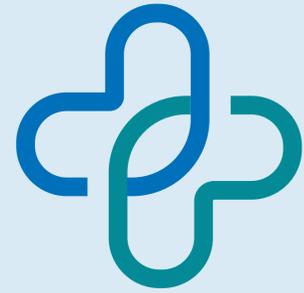


# Yearly health checks for people with intellectual disability



People with intellectual disability generally have poor health. The Government helps to pay for a yearly health check with a GP for people with intellectual disability. The Government provides a tool called the 'CHAP' to make health checks easier.

## Yearly health checks

People with intellectual disability can get a health check each year from their doctor.

This is sometimes called an 'Annual Health Assessment'.

This is an important appointment with your doctor, even if you are feeling well.

It can help to find any problems early and keep you healthy.

Medicare will help to pay for some or all of the appointment.

## The CHAP

There is a tool that doctors and people with intellectual disability can use to make yearly health checks easier. The tool is called the Comprehensive Health Assessment Program (the 'CHAP').

- Part 1 is for the person with intellectual disability to fill in before their appointment, with help from supporters.
- Part 2 is to help the doctor do the health check and make an action plan so everyone knows what to do to keep you healthy.

## It's Doctor Time!

Inclusion Australia has developed resources to help people know about yearly health checks and the CHAP.

### For more information:

Scan the QR code below to read about yearly health checks and the CHAP. This information is available in Easy Read.



### Contact details:

IntellectualDisability@Health.gov.au